



Silk Painting Workshop



Alameda County leaders mourn supervisor's death



Yes, there are dogs in the library!

What's Happening

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BY DHOHA BARECHE

Tuesday, February 14, 2023, marks the most romantic time of the year - Valentine's Day. It's become common practice for couples, friends, and family to express their love and affection to one another via cards, chocolates, roses, and more. However, this day wasn't always associated with romance. It dates back to the Roman pagan holiday of Lupercalia - a fertility festival dedicated to the Roman God of Agriculture as well as the founders of Rome, Romulus and Remus - which later became Christianized and associated with Saint Valentine of the third century. It wasn't until the Middle Ages that February 14th became a celebration of romance that continues to this day. From the U.S. to South Africa, Valentine's Day has become a universal holiday, observed in many cultures.

While this romantic holiday is known to be associated with Saint Valentine, there's confusion regarding his true identity.

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## Local Food Truck Does Community Outreach

BY CHARLENE DIZON  
PHOTOS COURTESY OF 5SIKHSEVA

At the height of the pandemic, two Bay Area Sikh families decided to create 5SikhSeva, a non-profit organization whose sole purpose was to provide free meals to first responders via a food truck. Since then, 5SikhSeva has served over 20,000 meals in various communities and remains steadfast in continuing its journey of assisting those facing food insecurity.

5SikhSeva was catapulted into motion when Madan family founders and CEO Manmeet Singh had a conversation in 2020 with first responders at Washington Hospital. The first responders revealed that heading out for lunchtime was not a simple task. Staff had to follow a specific safety protocol—changing out of scrubs and personal protective equipment (PPE), sanitizing, and putting it all back on upon their return—that took well over an hour. 5SikhSeva

member Kamal Anandpuri states, "Because we wanted to help the hospital staff, we decided to get a food truck that would be on site and provide free meals. This way, they would not have to travel as far and undergo that hour-long process."

Thus began 5SikhSeva's visits to Washington Hospital and eventually Kaiser Hospital. Expert chef Rajinder Singh was selected to drive the food truck out and cook fresh, hot meals. Soon enough, the team began preparing to expand its services. More members were onboarded, including Kamal Anandpuri, Jaskaran Hothi, and Prabhneet Singh. After various logistical details were established, 5SikhSeva officially registered itself in February 2021 as a California non-profit charity.

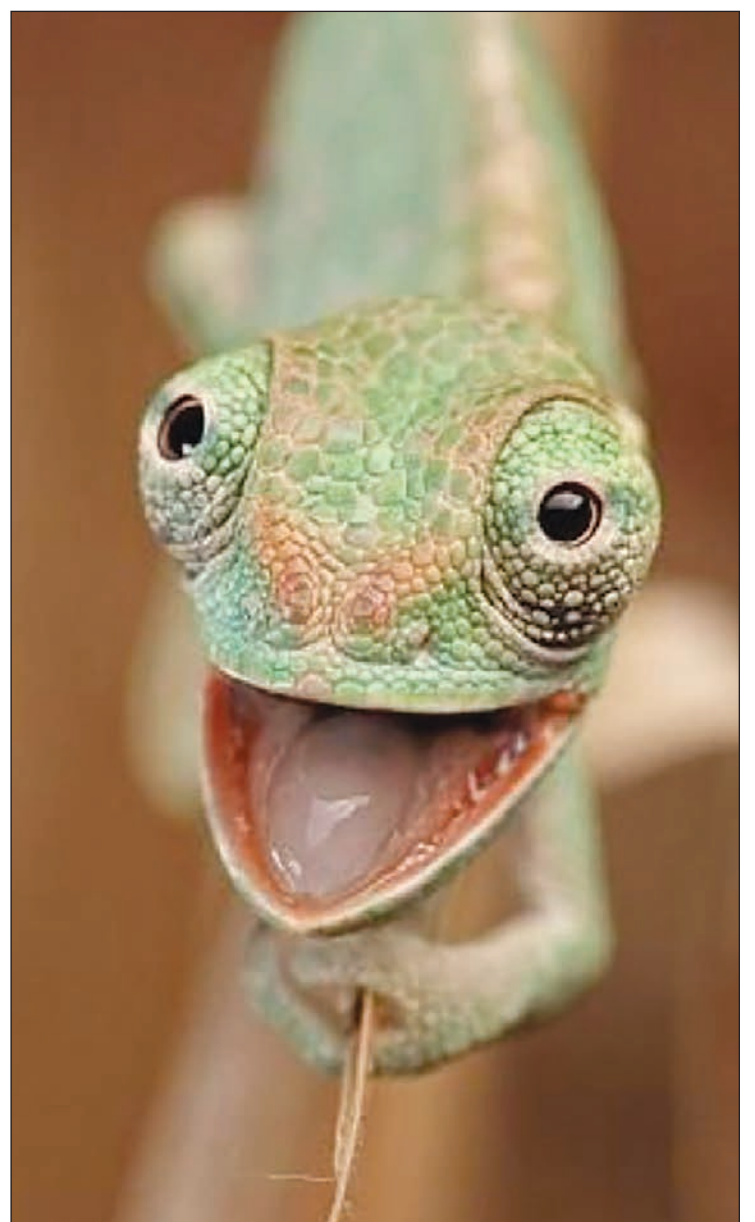
The organization's name connects to Sikhism. Anandpuri explains, "The '5' represents the five rivers of Punjab and 'seva' means to selflessly serve. It ties back to our heritage in Sikhism, where the

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## NORCAL REPTILE EXPO

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# Does Your Child Have a Cold or the Flu? When to Visit the Doctor

Local pediatrician offers tips on children's health

It's cold and raining outside. The flu bug is going around and it seems like much of the neighborhood is down with a winter cold or the flu. What guidelines should a parent follow when a child becomes ill?

A child who has been sick should only return to school or daycare when his/her fever has been gone for at least 48-72 hours without the use of any fever-reducing medicine, and received a negative COVID test according to Dr. Bhaskari Peela, a pediatrician with Washington Township Medical Foundation in Warm Springs.

Children should also be kept out of school or daycare if the child doesn't feel well enough to participate comfortably in activities. Dr. Peela adds, "Certainly, the child should be seen by a physician if he/she appears to be severely ill, with symptoms including: difficulty breathing; irritability; lethargy; poor fluid intake or not urinating normally; or a rash that has not been evaluated."

Children who are at high risk of flu complications should see a doctor for even suspected influenza of any severity, Dr. Peela emphasizes. These are children under the age of 5, particularly those under the age of 2. This would also include any children with chronic medical conditions, including asthma.

Siblings of children who are younger than 6 months or those having chronic medical conditions that put them at

risk of complications of influenza, should be brought in if they have flu-like symptoms so they do not pass it on to the more vulnerable group.

Additionally, the vulnerable group can get antiviral medications to prevent them from contracting the flu, if they have been exposed. Antiviral treatment is most effective if started within 48 hours of noticing symptoms. Even outside the 48-hour mark, the medication could still be considered if the illness is severe or progressive. "Although children with mild illness who are not at high risk of flu complications may also be treated, most children who are otherwise healthy and get the flu do not need to be treated with antiviral drugs. So we use these meds for severe illnesses, hospitalized children, or the children who are at risk to get complicated flu," Dr. Peela notes.

Dr. Peela explains that viruses can be spread by children without symptoms and by children who no longer show symptoms of the illness. "People with the flu may be able to infect others beginning one day before symptoms develop and five to seven days after becoming sick."

While mainly spread by sneezing, coughing or through air contact, viruses also may be spread by touching surfaces exposed to the virus. "That means hand-washing is extremely important and surfaces that may have been exposed to the virus must also be cleaned thoroughly," she says.

Dr. Peela offers several suggestions for keeping children healthy including: a healthy diet, good quality and adequate amounts of sleep, sufficient exercise, avoiding close contact with those who are sick, having a child cover his/her nose and mouth with a tissue when coughing or sneezing, washing hands often with soap and water, as well as keeping surfaces such as door knobs, handles, keyboards, etc., clean and disinfected. Everyone older than 6 months should be vaccinated against the flu.

As a final note, Dr. Peela counsels, "Wellness is not simply physical health including nutrition, exercise, and vaccinations. To maintain overall health, in addition to the physical health, emotional, spiritual and social dimensions of health also need to be well. These are mutually dependent."

Information about children's health issues may be obtained from the American Academy of Pediatrics (AAP) website. Washington Hospital and WTMF offer COVID testing in the tent of the parking lot at 2500 Mowry Ave. Call 510.248.8200 for an appointment.

For more information about WTMF physicians and services, please visit mywtmf.com



## InHealth Your YouTube Channel



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Join the 36,000 subscribers of Washington Hospital's YouTube page.

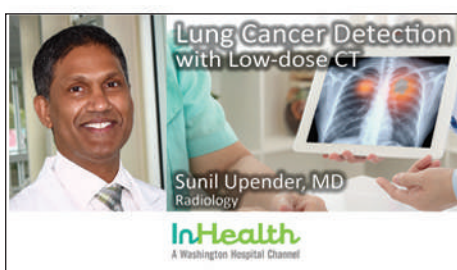
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### NEW! Heart Attack? We're Here for You

The cardiology team at Washington Hospital hopes you never need them, but if you do, they're prepared. Watch this video to better understand the emergency treatment for patients with heart-related events.



### Lung Cancer Detection with Low-Dose CT Thursday, Feb. 16, 3:30 p.m.

Lung cancer is the second most common cancer in both men and women. Dr. Sunil Upender will discuss the importance of early detection and how a low-dose CT scan works. This presentation includes a powerful survivor story from a community member.



### Staying Heart Healthy Thursday, Feb. 23, 3 p.m.

Join cardiologist Rohit Sehgal, MD, as he presents the importance of heart health and what you can do to improve yours.



### Tips for Overcoming Anxiety

Anxiety can creep up at any time due to over-extended schedules, family demands and work commitments. Here are some helpful tips to help manage your anxiety and stress levels. Presented by Psychiatry Behavioral Science specialist, Dr. Seema Sehgal.

### Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

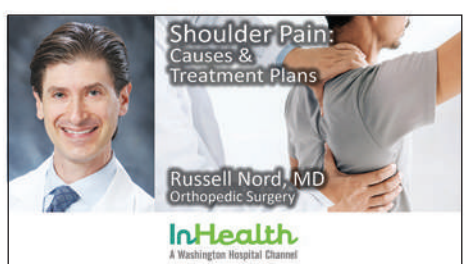
- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!

### Events Information

For more information or to register for events, call 800.963.7070 or visit [whhs.com/events](http://whhs.com/events).

### Visit Us!

[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)



### Shoulder Pain: Causes and Treatment Plans

Medical Director of Washington Sports Medicine and orthopedic surgeon, Russell Nord, MD, explains reasons for shoulder pain and treatment options for each type of condition.



PART 1 OF 3-PART SERIES: TAVR

# Minimally Invasive Procedure for Heart Valve Replacement

What is a TAVR and how does it help patients get back to normal activity?

You've been experiencing fatigue after the simplest of activities, and have now been diagnosed with a serious heart problem. The valve that pumps the blood through your heart isn't working efficiently. It has thickened and calcified with age and doesn't open and close the way it should. Your cardiologist has told you the aortic valve will have to be replaced. What does this mean? Will you require major heart surgery that might take months to recover?

For many patients, a relatively new, minimally invasive heart valve replacement procedure is available at Washington Hospital. With this procedure, transcatheter aortic valve replacement (TAVR), patients have a short, one- to two-day stay in the Hospital and return to normal activities within a few days.

"One of the main benefits of TAVR, particularly for older patients (75 years plus), is the elimination of open-heart surgery with the heart-lung machine and a reduction in the recovery period of several weeks," says Dr. Ramin Beygui, one of two UCSF cardiothoracic surgeons performing the procedure at the Hospital. He and Dr. Teng Lee, also a cardiothoracic surgeon, practice at Washington Hospital, providing academic-level care with the convenience for patients of undergoing surgery in the local community.

How does TAVR work? A new bioprosthetic valve, made from bovine (cow) or porcine (pig) tissue, is placed in the heart, supplanting the existing valve. The insertion is made either through an artery in the groin or through an artery connecting to the heart from the chest. In either instance, only a small incision is made to access the artery, the new valve is inserted and placed over the old damaged valve, and wedged into place, Dr. Lee explains.

The aortic valve must be replaced if it isn't allowing the blood to come through it efficiently after the heart pumps. Dr. Beygui notes. "Aortic stenosis cannot be treated with medication; the condition



Sudden shortness of breath may be an indication of something more serious.

requires some type of surgery to replace the valve. If the valve is not replaced, heart failure will occur."

The method of replacement — whether with TAVR or by open-heart surgery — is determined following a risk assessment of the patient and other factors affecting the aortic valve and the heart. The risk assessment considers the patient's age and other existing medical conditions, and is conducted by one cardiothoracic surgeon and one cardiologist, as required by the U.S. Food and Drug Administration.

"TAVR is a good option for older patients for whom surgery has a higher risk," Dr. Lee adds. Open-heart surgery requires a heart-lung machine which may pose a

higher risk for older patients. For younger patients when a mechanical valve might be more appropriate, it can only be placed with surgery. However, patients with mechanical valves will need to use blood thinners for the remainder of their lives.

TAVR surgery is comparatively short, only two hours in and out, and requires only moderate sedation. Patients with surgical valve replacements stay in the Hospital for four-to-five days and take up to three months to fully recover. "TAVR is a very good option for older, sicker patients as they recover much more quickly from the procedure. It is important for patients to get up and move around as soon as possible."

TAVR was introduced in the United States in 2011 and has been in use at UCSF since 2013, according to Dr. Beygui. Washington Hospital has offered TAVR for the past two years. Evaluation of TAVR as compared to other aortic valve replacement options is continuing, Dr. Beygui says. He adds: "I believe TAVR will become the standard for aortic valve replacements when the follow-up studies have been completed."

To learn more about TAVR and other cardiovascular procedures performed at Washington Hospital, visit [whhs.com/Heart](http://whhs.com/Heart).

Next week: Local woman shares her TAVR experience.



## Virtual Health & Wellness

[facebook.com/WashingtonHosp](https://facebook.com/WashingtonHosp)  
[youtube.com/whhsInHealth](https://youtube.com/whhsInHealth)

**Wednesday, March 8**  
**1:30 p.m.**

### Life After Stroke

Recovering from a stroke can be overwhelming. Medical Co-director of Washington Hospital's Stroke Program, Dr. Prabhjot Khalsa, will address the health complications that may arise. This presentation will cover the importance of rehabilitation programs and home adaptations.



**Prabhjot Khalsa, MD**  
 Neurology

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## Exotic Bird Mart and Expo returns

SUBMITTED BY  
EXOTIC BIRD MART & EXPO  
PHOTOS COURTESY OF  
EXOTIC BIRD MART & EXPO  
WEBSITE

Experience a market like no other and socialize with hundreds of bird enthusiasts! The "Exotic Bird Mart and Expo" aims to create a fresh and unique experience for long time pet lovers, while attracting the new interest of clientele through education, shopping, and fun. Shop hundreds of accessories, get educated, and make friends.

We are dedicated to encouraging conservation, education, and research on avian

behavior. Birds presented at our shows are companion pet birds. Our vendors consist of pet/bird store owners, bird product manufacturers, veterinarians, aviculturists, and more.

Tickets are sold only at the door.

**Exotic Bird Mart & Expo**  
**Sunday, Feb 19**  
**10 a.m. – 3 p.m.**  
**Alameda County Fairgrounds**  
**Gate 8 off Valley Ave.,**  
**Pleasanton**  
<http://www.exoticbirdmart.com/>  
<https://alamedacountyfair.com/>  
**Tickets: \$10 (ages 1+)**  
**Parking: \$10**



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## SUNDAY AFTERNOON



### The 32nd Season ARTS SERIES

The League of Volunteers and  
The Newark Arts Council  
Present

#### Fremont Christian Traditional Jazz Band

The Fremont Christian Traditional Jazz Band was formed in 2007 under the direction of Thomas Banuelos. Mr. Banuelos draws upon his personal experience performing traditional jazz to help inspire a new generation of musicians. The band can be heard performing an eclectic repertoire ranging from traditional jazz standards to "jazzed up" versions of pop tunes. Along performing locally, this group has most notably performed at international jazz festivals in Switzerland, Germany, France and Italy.

#### Creators

Originally called the 700 club, Creators are dedicated to promoting the hip hop culture through a close-knit interconnected community of dancers. They openly teach anyone willing to dance and at the end of the day, are just having fun.



**Sunday Feb 26, 2023**  
**2:00PM**

**Suggested Donation**  
**Adults: \$10**  
**Seniors & Students: \$7**

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**Sunday Afternoon**  
**Art Series - 32nd Season**

**February 26th**  
Fremont Christian Traditional Jazz Band  
Creators

**March 19th**

The Cool Tones Big Band  
Enjoy the Music with 18 Musicians & Vocalists

**April 23rd**

Laura Ellis a Los Angeles based Jazz Singer  
"Lets Live Again" featuring Class Jazz Melodies of the  
Radio Era

**May 21st**

Broceliande Golden Brough - Trio  
Celtic, Medieval and Renaissance Music

## Age Well Center holds annual crab feed

FROM PATCH.COM

In 2023, the always-popular "Crab Feed" provides the best of both worlds in 2023, consisting of a drive-thru AND dine-in event. Funds from this event benefit the Age Well Center's affordable meal program. This is the only major fundraiser of the year! Both the drive-thru and dine-in crab feed will take place at the Age Well Center at Lake Elizabeth on Friday, February 17.

For those who enjoyed eating the crab at home last year with whom they choose, the drive-thru meal pick-up time will be 12 noon - 1 p.m. One-and-a-half pounds of succulent crab with all the fixings will be provided.

Likewise, for those who enjoy being around the energy of others, purchasing adult beverages and trying their luck at our raffles, doors open at 5:30 p.m., and dinner will be served at 6 p.m. The crab dinner will be all-you-can-eat, like in years past. No outside alcohol is allowed, but we will have adult beverages for sale at the dine-in event.

Each crab dinner is \$75. To purchase your meal, go to the Age Well Centers page on [Fremont.gov](http://Fremont.gov), stop by the center between 8 a.m. and 3 p.m. Monday to Friday, call (510) 790-6600 or email [agewellcenters@fremont.gov](mailto:agewellcenters@fremont.gov). Credit cards only.

**16th Crab Feed**  
**Friday, Feb. 17**

**Drive-Thru Pickup**  
**12 noon - 1 p.m.**

**Dine-In**  
**Doors open 5:30 p.m.**  
**Dinner 6 p.m.**

**Age Well Center at Lake Elizabeth**  
**40086 Paseo Padre Pkwy., Fremont**  
<https://www.fremont.gov/government/departments/human-services/age-well-centers>  
**Meals: \$75**



## Newark resident appointed to state dental board

SUBMITTED BY GOVERNOR'S PRESS OFFICE

California Governor Gavin Newsom announced February 6 that Naleni Tribble-Agarwal, 52, of Newark, has been appointed to the Dental Hygiene Board of California.

Tribble-Agarwal has worked as a dental hygienist at various Bay Area dental offices since 2007. In her appointed position, which does not require Senate confirmation, the compensation is \$100 per diem.

# AlgoSTEM: Nurturing students worldwide

BY PRIYANKA SHAH

Although AlgoSTEM has now grown to be a non-profit enriching students worldwide, it began as a small initiative from two students. Akshaj Gupta and his sister Arushi began their tutoring efforts in March of 2020, not knowing how large their outreach would become. An idea sparked in them when students weren't able to access the adequate resources for distance learning. Additionally, many classes were canceled due to the vast change in learning environments.

The siblings were driven to alleviate learning challenges that students were facing, and decided to create a YouTube channel called Algorhythm. Their videos were aimed at helping students, and even experts, learn more about STEM subjects. Previous STEM experience helps the Guptas provide guidance: Akshaj qualified

for the American Invitational Mathematics Exam and receive a Mathematical Association of America distinction award, while Arushi has research experience in machine learning and competed in the USA Computing Olympiad Gold Division. But they didn't know the success and reach that their YouTube channel would gain. "Our channel grew rapidly and hit 1000 subscribers within a few months, and we realized how big of an impact our tutoring services could have on the world," Akshaj said.

As their YouTube channel began to grow and gain a wider reach, the siblings began publishing their courses and lessons on Udemy, a company that serves as a platform for virtual learning and teaching. "These courses focus more on teaching specific algorithms and techniques rather than just problem-solving. We also expanded our content to include biology,



physics, math, computer science, and more," Gupta explained.

With thousands of students nationwide viewing AlgoSTEM's courses and tutoring sessions, they were finally established as a non-profit organization. Who knew that a small project dedicated to their school during quarantine would mature into a major non-profit organization, educating and enriching students throughout the world? It was hard for the Guptas to believe as well, and although their mission was fulfilled, they had many more ideas in the works. Currently, AlgoSTEM has 58,000 students on Udemy from more than 180 countries and more than 1,400 subscribers on YouTube. They have also coached more than 400 students in their virtual classes.

There are many unique skills that students gain from attending courses and camps hosted by AlgoSTEM. For example, several courses are inclusive of people from all age groups. Courses like "Mastering Coding Interviews & Competitions" and "Python for Beginners" teach students about basic syntax, data structures, various functions, and other techniques.

On April 4th, AlgoSTEM is hosting "The AlgoSTEM Mind of Gold Tournament," a math tournament created for under-resourced schools to immerse their students in STEM subjects, specifically math. This is a twenty-five-minute test, consisting of twelve math questions, that will be given to students during their lunch period. Students can participate in the tournament through the sign-up form on AlgoSTEM's website. There are further instructions on the website, but if students want to participate, they can inform their school's math club or a faculty member, who will then register for the student.

The Guptas plan to continue in their efforts with AlgoSTEM throughout college and hope to organize future events and activities to enrich the education of students from all around the world. This is only the beginning of AlgoSTEM's impact on education as they still have much to offer for the future.

AlgoSTEM  
www.algoSTEM.org

## Help is available for filing tax returns

SUBMITTED BY CITY OF FREMONT

Tax season is quickly heating up and this year's April 18 deadline to file returns is around the corner. And with new tax laws in place, along with changing deductions and income levels, completing the forms can be a challenge for some taxpayers. But help is available.

Most taxpayers or households that made less than \$75,000 during 2022 are eligible for free income-tax preparation assistance provided by trained volunteers from the IRS Volunteer Income Tax Assistance (VITA) program.

In Fremont, in-person, drop-off and virtual services are

being offered through April 18 at the Fremont Family Resource Center on Liberty Street, near City Hall. Additionally, in-person only tax preparation services are available in Newark at the Newark Senior Center and in Union City at Union City Family Center. All services are by appointment only.

For details, visit the Fremont Resource Center tax help page at <http://city.fremont.gov/taxhelp> or call (510) 250-2606.

## Park It: Black Diamond Mines Wildflowers

BY NED MACKAY

One of the East Bay Regional Park District's best venues for wildflowers is Black Diamond Mines Regional Preserve in Antioch. And although it may seem a bit soon in the year to be talking about wildflowers, several varieties are early bloomers.

At this time of year, manzanita puts out its small, delicate white or pink blossoms at Black Diamond Mines and other open space throughout the East Bay. And under the manzanita, you will often find Indian warrior, a magenta-colored flower that looks a bit like the pompon on a band uniform cap. Indian warrior is an interesting plant. It is semi-parasitic -- it relies on the roots of manzanita and other shrubs to provide supplemental nutrients, although it can also flourish independently. To see both Indian warrior and manzanita in bloom at Black Diamond Mines, climb up the Chaparral Loop Trail to the Ridge Trail and turn left toward the ridge top.

Besides Black Diamond Mines, another great place to see both manzanita and Indian warrior is the aptly named Manzanita Loop trail at Sobrante Ridge Botanic Regional Preserve in El Sobrante. Sobrante Ridge and Huckleberry Botanic Regional Preserve in Oakland are home to the rare and endangered Alameda or pallid manzanita.

Naturalist Kevin Dixon will lead an "Early Bloomers" hike from 12:30 p.m. to 2:30 p.m. on Sunday, February 19 at Black Diamond Mines. The hike is for ages eight and older; parent participation is required. The path may be steep and rocky, so wear sturdy shoes.

This is a free, drop-in program; registration is not necessary. Meet Kevin in the parking lot at the end of Somersville Road, 3½ miles south of Highway 4 in Antioch and about a mile past Black Diamond Mines' entrance kiosk. There's a parking fee of \$5 per vehicle when the kiosk is attended. For information, call (510) 544-2768.

Drop by Big Break Regional Shoreline in Oakley for a Delta-themed story time from 10:30 a.m. to 11 a.m. on Saturday, February 18 with naturalist Miriam Klingler. Bring a blanket and a snack. This is a free program and registration is not required. It's for all ages; parents must accompany children.

Or you can become a volunteer community scientist by joining in a project tracking the health of the delta by testing Big Break water samples. Testing is from 9 a.m. to 10 a.m. every Sunday morning. No registration is necessary; parent participation is required. Staff is on hand to help out. Meet at the visitor center for either program. Big Break Regional Shoreline is at 69 Big Break Road off Oakley's Main Street. For information, call (510) 544-3050.

Many waterbirds spend the winter on East Bay shorelines. You can see some of them during an easy walk from 10:00 a.m. to 11:30 a.m. on Sunday, February 19 at Radke Martinez Regional Shoreline in Martinez with naturalist Jessica Kauzer. It's free and no registration is necessary. Meet Jessica in the first parking lot off North Court Street, across the railroad tracks from downtown Martinez. Bring binoculars if you have them; a few will be available for loan. For information, call Black Diamond Mines at (510) 544-2750.

Martin Luther King Jr. Regional Shoreline in Oakland will be the venue of a naturalist-led "Hikes for Tykes" activity from 10:30 a.m. to 11:45 a.m. on Tuesday, February 21. This is an easy half-mile walk for parents and their small children at Arrowhead Marsh, to see squirrels and watch for shorebirds. Bring a snack. Tools for exploration will be provided. Rain cancels the program.

No registration is needed. Meet at Arrowhead Marsh, whose entrance road is on Swan Way off Doolittle Drive near the Oakland airport. For information, call (510) 544-3187.

Vintage technology will be put to work during a rope making and hay hoisting program from 10:30 a.m. to 11:00 a.m. on Sunday, February 19 at Ardenwood Historic Farm in Fremont. Find out how rope is made from natural fibers, using a machine that is more than 100 years old. Then work as a team to lift and swing a 75-pound bale of hay into the Ardenwood barn.

Programs at Ardenwood recreate life on a 19th century farming estate. The farm is located at 34600 Ardenwood Boulevard, just north of Highway 84. Admission fees apply; parking is free. For information, call (510) 544-2797.

These are just some of the many programs scheduled in coming days in the East Bay Regional Parks. For a complete list, go to [www.ebparks.org/things-to-do](http://www.ebparks.org/things-to-do).

# 2023 Kia EV6: A Real Sweetheart

BY MICHAEL COATES

Humans have been anthropomorphizing their automobiles since the first Olds Curved Dash left the assembly line in 1901. We name them. We decorate them. I suppose getting a valentine for one is not that much of a stretch. If so, I've picked my valentine for 2023—it's the all-electric Kia EV6.

This relatively new SUV EV has been drawing attention since it was introduced a little more than a year ago. For me, it was love at first sight. The car is a stunner, a testament to Kia's focus on design as a leading feature on its cars. I got to spend a week with my intended valentine and it just reinforced that she is not just a pretty face. The rear-wheel drive Wind trim EV6 felt like a good-looking, but normal car. Everything worked well.

Acceleration was crisp from the 225 horsepower (with 258 foot-pounds of hard-pulling torque) electric motor driving the rear wheels. Freeway merging and passing was seamless and handling was similarly sharp, aided by the stability from the 77.4 kilowatt-hour (kWh) lithium-ion battery back stashed below in the chassis. All-wheel drive is an option.

### So much to love

Not only was the EV6 fast off the line, but it was speedy at the electric vehicle's equivalent of the pump. With internal hardware and software designed to handle the fastest 800-volt DC fast-charging systems, the EV6 can potentially add 217 miles of range in an 18-minute pit stop. Of course, it will also charge up overnight on a home 240-volt system.

The EPA rates the range of the EV6 Wind I drove at 310 miles, a comfortable margin for all but long-distance drives. With its charging capability and the growth of the DC fast-charging network, the EV6 seems poised to be a real choice for those interstate trips as well. Around town or out on the road, the EV6 shines in its efficiency. On some of my trips I averaged more than 4.0 kW/mile, which is exceptional.

Technology is sexy, too, and the EV6 is loaded with it. I was impressed with its lane-keeping capabilities, which seemed on par with Tesla's, currently one of the benchmarks for the class. The steering wheel gave good feedback on backroads and highways. As with many EVs, the only noise on the road was



the radio and a slight hum from the tires.

### Not blind to her faults

Like with even the best sweethearts, I wasn't blind to the shortcomings in the Kia EV6. Those good looks do come with a price. Our Wind edition had a sticker of \$48,710 delivered. The only paint option was the Glacier Pearl. That's the EV6 starting price. Add all-wheel drive, move up to the GT-Line or the new GT and you're quickly topping \$50,000 – \$60,000. Incentives are available locally and statewide. Federal incentives are still being worked out, so check with your dealer on those.

The EV6 did have some quirks. That sweet design created some blind spots in the rear. All of the technology on board created a massive amount of info on the car's screens, which can be confusing. The exterior design had some interesting details like ribs around the wheels, but with a sweetheart like this, you can look past these little blemishes.

While I was smitten by the EV6, I was aware it had some cousins that have also drew suitors—the Hyundai Ioniq 5 and Genesis GV60. All share the new Hyundai Group EV platform, but have their own execution when it comes to exterior design and interior features. I was all fine with my

favorite until I heard about the EV6's new sister model—the GT. It claims a 3.4-second 0-60 time, 576 hp and is dressed with cool neon green brake calipers on its 21-inch wheels. Now I'm conflicted and can't wait until next Valentine's Day.

## Auto Review



Michael Coates is an experienced automotive writer, who is also editor and publisher of the Clean Fleet Report online magazine ([www.cleanfleetreport.com](http://www.cleanfleetreport.com)) that focuses on advanced automotive technology. He lives in the Bay Area with his wife.

[kmcoates@gmail.com](mailto:kmcoates@gmail.com)  
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## Mission Peak Village members meet the neighbors

SUBMITTED BY EVELYN LATORRE AND JANE MUELLER

Cohousing is all about neighborliness, so it follows that Mission Peak Village, which will be the first cohousing community built in Fremont, is reaching out early to its future neighbors.

Recently, the group mailed letters to owners and residents in the immediate area around the future site on High Street in the Irvington District. In the letters, they introduced themselves as the people who will eventually live in the condominiums they will be building. They described the plans that are being submitted to the City of Fremont. Neighbors who live close by on High Street and Lincoln Street also received the offer to have Mission Peak Village members stop by in person on February 18 with renderings of the designs they are submitting. Members will answer whatever questions their future neighbors might have.

"I have been wondering what will be happening on the property," says Indy, one of the High Street neighbors. "I'm glad they will be sharing the inside track on information with us."

Interest in the cohousing concept has been growing, especially in areas where demand for housing falls short of supply. As the *Monitor*, a publication of the League of Women Voters of the Bay Area, points out: "The Bay Area housing affordability crisis is changing single-family home ownership as residents explore variations on the dream, turning to creative solutions like cohousing that offer community and cost-of-living advantages."

Cohousing—or collaborative housing—is a design in which people live in private residences and benefit from shared spaces like workshops, gardens, and a common house with a large kitchen and dining area for parties and occasional shared meals. The design emphasizes settings where people can interact casually or intentionally and get to know each other. Especially in the wake of



L to R: Caroline Harris, Walter LaTorre, Maria Caluag, Donna Schroder, Jane Mueller, and Doug Ford

pandemic isolation, the sense of community has become a valued attribute.

PatZy Boomer, an eight-year resident of Mountain View Cohousing, says she would have been miserable trying to survive COVID in her previous house, where she and her husband knew none of the neighbors. She considered it a blessing to be able to step outside her door in her current neighborhood, appropriately distanced, and work alongside her neighbors in the garden.

"When we go knocking on doors on February 18, we will already be familiar faces to some," remarks Caroline Harris, who will be moving to Mission Peak Village from her present home just three

blocks away. "Maybe we will find a few more families who want to join us."

*This article is part of an ongoing series on cohousing. To learn more on the topic of cohousing, visit [www.cohousing.org](http://www.cohousing.org).*

*Mission Peak Village is a group of friends forming Fremont's first cohousing community. Memberships are still available. Call Kelli at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or the [www.missionpeakcohousing.org](http://www.missionpeakcohousing.org) website, where you can register for a monthly walk to explore the neighborhood around the future site.*



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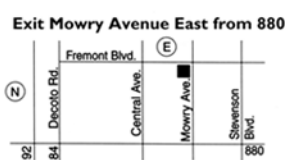
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Admission is free for both club members and the public. Bring your friends!

**Preschool and Enrichment Fair**  
**Saturday, Feb 25**  
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**Centerville Presbyterian Church**  
**4360 Central Ave, Fremont**  
**Admission is free**

continued from page 1

**Local Food Truck Does Community Outreach**

first Sikh Guru emphasized the importance of feeding others and treating everyone equally. We follow and practice these teachings."

With this in mind, 5SikhSeva volunteers are hands-on in ensuring nutritious vegetarian meals are served. The options offered are diverse, consisting of burgers, burritos, pasta, rice, and beans. The menu is seasonal and changes depending on availability of local produce. The organization visits not only local hospitals but homeless and women's shelters, schools, and special city events upon request.

The Family Resource Center has been a particularly beneficial collaboration. Anandpuri says, "The center is a great place with resources focused on family outreach that align with our values. We engage with them whenever they have events or conferences." 5SikhSeva provides three hundred meals at these events, along with passing out free produce and groceries, from canned goods to sealed beverages. Uniting with other like-minded

organizations has been a wonderful avenue for spreading awareness and increasing accessibility to the community. 5SikhSeva hopes to participate in more events focused on assisting those facing food insecurity, as Kamal adds, "Please reach out to us for collaboration with any local events occurring in the community that can benefit from our services."

The operations of 5SikhSeva have largely been maintained thanks to the help of investors as well as donations. "Our investors and founders have had the heart to fund our non-profit for two years now and not once have they hesitated. They are fully committed to our goal to help feed the hungry," Anandpuri states. Donations are just as encouraged and appreciated. 5SikhSeva accepts a variety of foods, from canned goods to produce to grains. Online donations may also be made. These funds and provisions go directly toward the meals and supplies offered to the community.

Starting a non-profit has been a heartwarming experience for 5SikhSeva. Many families and individuals experience

food insecurity daily. "The Fremont community is supportive and generous with what we do, and we truly appreciate that," Anandpuri shares. "To see the smiles on people's faces is all the proof we need that our services are beneficial." With 5SikhSeva's dedicated and passionate team, many communities have the opportunity to prosper and persevere.

**For more information about 5SikhSeva, please visit [5sikhseva.org](http://5sikhseva.org). Donations are accepted at [5sikhseva.org/donation/](http://5sikhseva.org/donation/). For questions, please contact [donate@5sikhseva.org](mailto:donate@5sikhseva.org).**



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## News and Notes FROM AROUND THE WORLD

SUBMITTED BY  
THE ASSOCIATION OF  
MATURE AMERICAN  
CITIZENS

### The Grubhub Kid

Remember that old TV show, "Kids Say the Darndest Things"? They are also likely to do the darndest things, says the Association of Mature American Citizens (AMAC). Take the Grubhub Kid in Chesterfield Township, Michigan, better known as 6-year-old Mason Stonehouse. His dad, Keith, let him play with his cell phone one evening unaware that he had left his Grubhub app open. All of a sudden, a stream of delivery drivers were knocking at the door with arrays of fast-food orders -- some \$1,000 worth of shrimp dishes, pita wraps, French fries and lots and lots of ice cream and pizzas. According to CNN, it took Keith a while but he finally figured it out and confronted his son. "I was trying to explain to him that this wasn't good," he said. But, he added, Mason put his hand up and interrupted him saying, "Dad, did the pepperoni pizzas come yet?" I had to walk out of the room. I didn't know if I should get mad or laugh." See video of food deliveries on YouTube: [www.youtube.com/watch?v=n92qz2LZSqQ](http://www.youtube.com/watch?v=n92qz2LZSqQ).

### It was a very close call

There they were, the Sasaki family, getting ready for an evening of TV in their new home in Honolulu when the unthinkable happened, according to AMAC. Three giant boulders came rolling down a hill and one

of them smashed through a wall, causing havoc and narrowly missing Caroline Sasaki just as she made her way into the living room to watch TV. It was a close call but no one was injured. How big was the boulder? It was big enough to crash through a cinderblock outer wall, hit the family car, break through a glass door into the living room and then break through another wall, winding up in a bedroom. See video of the aftermath of the boulder crash on YouTube: [www.youtube.com/watch?v=5iNpJ1N5AuM](http://www.youtube.com/watch?v=5iNpJ1N5AuM).

### A dream come true

Nine-year-old Molly Sampson of Calvert County, Maryland dreams of becoming a paleontologist when she grows up; she wants to study the history of life on Earth, reports AMAC. Meantime, she likes to search the local beaches for sharks' teeth and recently came across a rather large tooth that belonged to the biggest shark that ever lived -- a giant 15-million-year-old shark known as a Megalodon. She took it to the Calvert Marine Museum on Solomon's Island where the paleontology department confirmed her find. See video of the massive shark's tooth on YouTube: [www.youtube.com/watch?v=Go7qCqP71\\_o](http://www.youtube.com/watch?v=Go7qCqP71_o).

*The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at [www.amac.us](http://www.amac.us).*

## Snail slime

BY PAT KITE

I have tried to like snails. They emerge from damp brush piles, leaving silvery mucus slime trails easing their path over rough spots. I tell myself they are nature's creatures and have their place in nature's world. Snails are nature's garbage destroyers, using saw-like teeth to reduce garden garbage. Snails also used their teeth-tongue to eliminate seedlings.

Sometimes I try to nicely tell my 60 trazon burping snails to go away. Snails look at me via their light sensitive upper tentacles, or eye parts. They continue grinding. This is war. I step on a few. Squish. Snails being related to oysters, they are mostly water. The other snails pause. A few stick out their lower tentacles...their tasting parts. The ones that like my tomato seedlings seem to signal others. I step on a few more. Squish. I feel guilt.

Over the years, I have tried kinder alternatives. I put out

trays of cheap beer so snails will drown. My snails get tiddly, crawl out, and disappear into brush piles. In the morning, there is not a single snail in my beer trap. Once I did get a slug. Slugs are snails without a visible shell. A very small shell is there hidden by the body. There are 40,000 snail types. Did you know the biggest snail, the Giant African land snail, is eight inches long. The smallest? Less than 0.3 inches.

For readers who like stories, "Ureongi gaksi" or "the Snail Bride" is a Korean folktale. Once upon a time, there was a poor rice farmer who lived with his mother. He became lonesome. The man saw a snail shell in his rice paddy. He took it home and kept it in a jar. From that day on, some invisible being cooked a meal for the man and mom. Curious, he hid to see where the meal came from. A beautiful maiden snuck out of the snail shell and cooked. The farmer ran out, asking the maiden to marry him. She agreed. However, one day the wife was delivering lunch when local judge came riding by. The wife hid. The local judge still saw her and carried her away. The rice farmer looked all over. He became so sad, he died. He was reborn as a blue bird. His wife

also died. She became a fine-tooth comb.

One garden snail can have 430 offspring. They hatch from eggs. Each can live up to five years. Predators include rats, mice, turtles. Want to get rid of snails? Try sprinkling cinnamon or coffee grounds. Suggestions welcome.

## Pat Kite's Garden



PAT KITE

*L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.*

## Fremont waterpark team receives safety award

SUBMITTED BY CITY OF FREMONT

Water Safety Team members at Fremont's Aqua Adventure Waterpark have been awarded the Gold International Aquatic Safety Award for 2022 by a national aquatic safety organization.

The award from lifeguarding agency Jeff Ellis & Associates followed a series of unannounced audits that included undercover observations of lifeguards and staged simulated emergencies to observe how Aqua Adventure Waterpark's teams recognize, respond, and render aide to various staged emergencies.



Aqua Adventure Waterpark Credit: City of Fremont

City officials said the award places Aqua Adventure Waterpark in the top 20% of aquatic facilities throughout the world.

### Honor Roll

Clarkson University,  
New York

Fall 2022 graduate

- Emilie Wong of Milpitas

The Citadel,  
South Carolina

Fall 2022 Dean's List

- Austin Miles-Curtsinger of Newark

Hamline University,  
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Fall 2022 Dean's List

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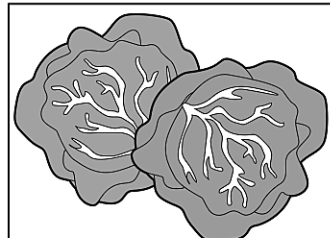
Kid Scoop Together

## Cabbage Confetti

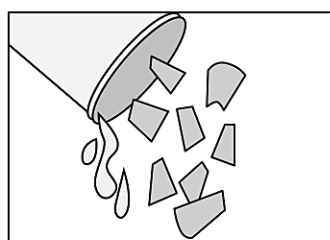
Gather the ingredients for a healthy dish.

Work with an adult to make this refreshing, crunchy, sweet treat!

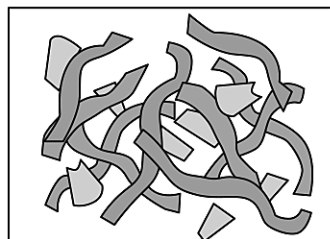
- 1 small green cabbage
- 1 small red cabbage
- 20 oz can of crushed pineapple with 100% juice
- salt & pepper



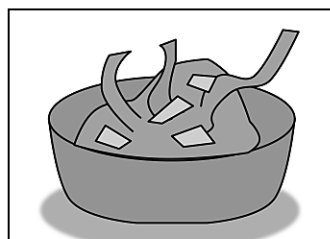
Chop cabbages into thin strips.



Drain pineapple, reserving 1/4 cup of juice.

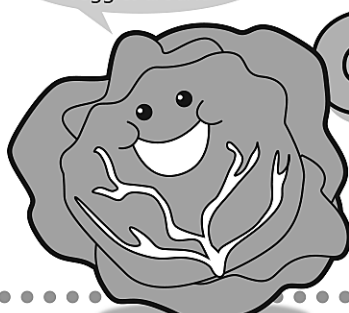


Mix cabbage strips with pineapple and juice.



Add salt and pepper to taste, toss and chill for 30 minutes.

I'm one of the healthiest veggies around!



February 17 is National Cabbage Day

## CABBAGE

About how many different types of cabbage are grown throughout the world? Do the math to find out!

$25 + 13 + 7 + 25 + 30 =$  \_\_\_\_\_

### Head of Cabbage History

Replace the missing words in this article.

Nearly 3,000 years ago, wild cabbage from Asia and the Mediterranean was \_\_\_\_\_ to Northern Europe by the Celts and later the Romans.

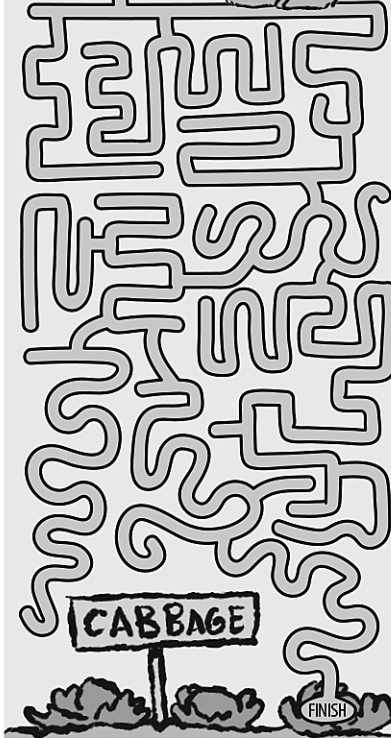
Able to be stored for long \_\_\_\_\_ of time, cabbage was a staple item of Europeans in the Middle Ages. Its juice was commonly used to heal wounds and as a \_\_\_\_\_ remedy. In 1541, French \_\_\_\_\_, Jacques Cartier, introduced cabbage to North America.

Since cabbage contains lots of vitamin C, other explorers, including Captain James Cook, \_\_\_\_\_ with it in order to prevent scurvy. Scurvy is a terrible \_\_\_\_\_ caused by a diet lacking in vitamin C. Cabbage rapidly spread across the North American \_\_\_\_\_.



### Cabbage Crunchers

Rabbits love cabbage. Help this rabbit find the cabbage patch.



### Crunchy, Cruciferous Cabbage

Crunchy cabbage is full of good things your body needs. It has vitamin C and vitamin K. It's a **cruciferous** (crew-si-fur-us) vegetable.

Cruciferous vegetables are plants that contain phytochemicals with possible anti-cancer properties. Other cruciferous vegetables are bok choy, broccoli, Brussels sprouts, cauliflower, collard greens, kale, Swiss chard and turnips.

Do the math to label each cruciferous vegetable.

- |                  |                  |
|------------------|------------------|
| 11 = ARUGULA     | 22 = HORSERADISH |
| 15 = BOK CHOY    | 18 = KALE        |
| 14 = BROCCOLI    | 17 = KOHLRABI    |
| 16 = CABBAGE     | 19 = RADISH      |
| 26 = CAULIFLOWER | 21 = WASABI      |
| 20 = DAIKON      | 23 = WATERCRESS  |

17+5	8+7	12+7	15+8
8+8	7+7	12+8	12+6
18-7	18+8	<b>Extra! Extra!</b>	
26-5	24-7	<b>Hard C and Soft C</b>	

Sometimes the letter C is a *soft C* and is pronounced as an S, as in *cell* and *celery*. Sometimes the letter C is a *hard C* and is pronounced as a K, as in the word *cabbage*. Look through the newspaper and cut out six words starting with the letter C. Group them into **Hard C** and **Soft C** groups.

Standards Link: Identify letter sounds.

### Kid Scoop Puzzler

#### Cooling with Cabbage

One of the greatest baseball players in the history of the game had an unusual trick for keeping cool. He would place a chilled cabbage leaf under his hat on hot days to beat the heat! He would replace the cabbage leaf with a new one every two innings. Circle every third letter to reveal this famous baseball player's name.



R D B C J A T M  
B W D E G P R N  
B U A S T V W H  
B \_\_\_\_\_  
\_\_\_\_\_

### Double Double Word Search

- ARUGULA
- ASIA
- CABBAGE
- DIET
- GOOD
- JUICE
- KALE
- PLANTS
- RADISH
- TURNIPS
- VITAMIN
- WASABI
- WILD
- WORDS
- WORLD

Find the words in the puzzle. How many of them can you find on this page?

L S W T V A I S A H  
J D A U V R C I E H  
A R S R I U P H L M  
L O A N T G L U A C  
R W B I A U A J K A  
A D I P M L N U B B  
D R I S I A T I G B  
I L A E N P S C O A  
S Z I O T H N E O G  
H N V W W O R L D E

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

### Kid Scoop VOCABULARY BUILDERS

This week's word: **CRUCIFEROUS**

The adjective **cruciferous** describes a plant or vegetable that is a member of the cabbage family.

Cabbage, broccoli, kale, cauliflower and turnips are **cruciferous** vegetables.

Try to use the word **cruciferous** in a sentence today when talking with your friends and family members.

### FROM THE Kid Scoop LESSON LIBRARY

#### Healthy Mealtime

Look at the grocery ads in the newspaper. Select items and make a healthy meal menu. Cut out the pictures and names of the foods in your meal, and paste them on a sheet of paper to display on your refrigerator.

Standards Link: Reading Comprehension. Follow written directions.



### How do rabbits travel around in New York City?

ANSWER: In text! Cabbages!

### Write On!

#### What's the best way to eat cabbage?

In coleslaw? As sauerkraut? Roasted? Or? Give other kids ideas on how to best enjoy eating cabbage!



# The Fremont CONNECTION



## Announcing Special Event Sponsorship Program for Fiscal Year 2023/2024

The City of Fremont is pleased to announce the Special Event Sponsorship Program (SESP) for community events to be held from July 1, 2023 to June 30, 2024. To be considered for sponsorship, event organizers must meet all eligibility criteria and apply to the program. The deadline to submit your SESP application, along with your special

event permit application and all relevant materials, is Wednesday, March 29, 2023, at 12:00 pm. The final allocation of sponsorship funds will be determined and announced following the City's Fiscal Year 2023/24 budget adoption in June 2023.

For more information about this program visit [city.fremont.gov/sesp](http://city.fremont.gov/sesp).



## The Impact of Our Afghan Refugee Help Fund

In August 2021, our City launched the Afghan Refugee Help Fund (ARHelp Fund) to support refugees fleeing Afghanistan and arriving in our local area. With generous donations from 1,213 donors, the fund raised \$482,901, which was used to support housing and basic needs, after-school programs, case management, mental health support, and more. We're proud to share the Afghan Refugee Help Fund Final Report, which further details the incredible impact these donations had. We encourage everyone to read the report at [city.fremont.gov/arhelpreport](http://city.fremont.gov/arhelpreport) and learn how our nationwide effort made a lasting impact on our Afghan residents.



## Fremont Projects Awarded Important Funding under Federal FY2023 Omnibus Bill

With Congress' recent passage of the FY2023 Omnibus Bill, Fremont was awarded over \$2 million for projects that will bring great benefits through innovation and collaboration for the city and local region. The City of Fremont was awarded \$1.5 million to strategically deploy community Wi-Fi zones in Fremont's six commercial district plazas. The plazas are located in the following districts: Centerville, Irvington, Niles, Mission San Jose, Warm Springs, and Downtown City Center. The new citywide Wi-Fi zones will help address the digital divide issues in these areas by allowing for equitable access among residents and small businesses who may otherwise not have access to high speed Wi-Fi internet access.

City staff has been working in close partnership with East Bay Community Energy (EBCE) on a project to procure solar plus battery storage at six City facilities. EBCE was awarded \$2 million under the FY2023 Omnibus Bill to support this project and a similar project in Hayward. The federal dollars will be used to partially offset the cost of the systems, which will significantly lower the ultimate cost to the City.

The City of Fremont expresses its great appreciation to federal representatives, Congressman Ro Khanna, Senator Alex Padilla, and staff for their leadership in advocating for these important, long-term impactful projects to be included for funding.

## City Council Adopts 2023-2031 Housing Element for Fremont



On January 10, the Fremont City Council voted unanimously to adopt the 2023-2031 Housing Element ([fremont.gov/home/showpublisheddocument/12323](http://fremont.gov/home/showpublisheddocument/12323)) for Fremont. The Housing Element is an eight-year plan to meet the housing needs of everyone in the community. Under State law, all local governments in California are required to adopt a Housing Element as part of their General Plan and update it every eight years.

The City will now submit the adopted Housing Element to the State Department of Housing and Community Development (HCD) to review for certification. HCD is responsible for reviewing all local jurisdiction housing elements to determine whether they comply with the requirements of state law. The City will provide an update to the community once HCD's review is complete.

For more information visit the City's website at [fremont.gov/housingelement](http://fremont.gov/housingelement).

## Final Results of the Keep Fremont Housed Program

With many renters facing economic challenges and layoffs stemming from the COVID-19 pandemic, the City of Fremont received Federal and State Emergency Rental Assistance funding to assist local tenants and landlords. The City used these funds to create the Keep Fremont Housed Program, which offered up to 12 months of rental and utility assistance for each approved applicant. From April 1, 2021 through November 30, 2022, the program approved 1,450 applications for a total of \$17.2 million in rental and utility assistance.

To learn more about how this program supported our most vulnerable minority communities, small mom-and-pop landlords, and low-income tenants, read the full report at [city.fremont.gov/keepfremonthousedreport](http://city.fremont.gov/keepfremonthousedreport)



## Apply to be a City of Fremont Commissioner or Advisory Board Member

Looking for a way to make a difference in the Fremont community? Consider serving the City of Fremont as a commissioner or an advisory board member! Current board and commission vacancies include the following:

### Economic Development Advisory Commission

Vacancy: *One Commercial/Industrial Representative*

### Environmental Sustainability Commission

Vacancy: *One Development/Construction Representative*

### George W. Patterson House Advisory Board

Vacancy: *One At Large Representative*

Vacancy: *One Mission Peak Heritage Foundation Representative*

Vacancy: *One Washington Township Historical Society Representative*

### Library Advisory Commission

Vacancies: *Two*

Vacancy: *One Friends of the Library Representative*

### Recreation Commission

Vacancy: *One*

### Rent Review Board

Vacancy: *One Landlord Representative*

Vacancy: *One Third Party-Alternate Representative*

### Senior Citizens Commission

Vacancies: *Seven*

(The Senior Citizens Commission no longer has enough members to hold a meeting due to lack of a quorum.)

The City Clerk's Office welcomes applications for all Boards, Commission, and Committees throughout

the year. For more information about each board and commission, or to download an Advisory Body application, visit [city.fremont.gov/boardcommission](http://city.fremont.gov/boardcommission). You may also obtain an application from the City Clerk's Office at 3300 Capitol Ave., Building A in Fremont.

For questions or additional information, please contact the City Clerk's Office at 510-284-4060 or [cclerk@fremont.gov](mailto:cclerk@fremont.gov).



## Aqua Adventure Waterpark Receives 2022 Gold International Aquatic Safety Award

The Water Safety Team at Aqua Adventure Waterpark has been awarded the Gold International Aquatic Safety Award for 2022 by Jeff Ellis & Associates, Inc.

Each season the waterpark receives three unannounced audits by the City of Fremont's lifeguarding agency Jeff Ellis & Associates. These audits include undercover observations of lifeguards and staged simulated emergencies to observe how Aqua Adventure Waterpark's teams recognize, respond, and render

aid to various staged emergencies. This award places Aqua Adventure Waterpark in the top 20% of aquatic facilities throughout the world.

Congratulations to the Aqua Adventure Water Safety Supervisor, Coordinator, Leads, and the entire water safety team for all that they do each season to ensure guests have a safe and fun experience at Aqua Adventure Waterpark!

Visit the Aqua Adventure Waterpark website to learn more at [goaquaadventure.com](http://goaquaadventure.com).





## Silk Painting Workshop

SUBMITTED BY WENDY SPELLMAN

Olive Hyde Art Guild's next mini workshop is silk painting on Tuesday, February 21 from 10 a.m. to 1 p.m. Artist Walter Stevenson will be giving a beginners lesson that covers an overview of the silk painting medium, showing how specially manufactured dyes work on silk and how resist may be used to articulate sharp lines. Each participant will have their own 8 piece silk stretched on a hoop along with dye sets to experiment for themselves. This is a free workshop.

Stevenson works with dyes on silk, watercolor, pen and ink, and tempera. He applies the bright colors that echo the freshness of nature. Stevenson resides in San Francisco with wonderful access to the beauty of the California coast and he spends his summers in South Lake Tahoe taking in the beautiful scenery, fascinating local artifacts, and

brehtaking views of the lake and its mountain terrain. His work is enhanced by his study of Shibori and other dye restraint art processes. He has studied under David Foster and Addie Chernus of South Lake Tahoe.

Visit the following website to sign up for the workshop: <https://olivehydeartguild.org/news-events/upcoming-programs/>

### Silk Painting Workshop

Tuesday, Feb 21

10 a.m. to 1 p.m.

Olive Hyde Art Gallery

123 Washington Blvd., Fremont

(510) 791-4357

<https://olivehydeartguild.org/news-events/upcoming-programs/>



### LETTER TO THE EDITOR

## Join the Third Act

It's time for the Third Act! That's when older Americans perform and change some things for the better. We have the life skills and resources to make huge positive differences.

If you have money in the bank or the bank bond system, chances are that your money is bankrolling climate destruction. That's because some of our biggest banks are funding coal, gas and oil companies.

Chase, Wells Fargo, CitiBank and Bank of America have decided to continue these practices,

but we can send them the message to STOP! How about transferring your credit cards to other banks? Maybe this ACT will wake them up to the changes they need to make to protect the future. Go to [ThirdAct.org](http://ThirdAct.org) to learn more about the power of mature people who don't want their career money used to destroy our planet.

**The Green Team**  
Niles Discovery Church

**NEW** New Smart Combo Test  
**Covid-19, RSV, Influenza A/B**  
 MY CARE LABS TESTING MADE EASY (\$0 w/ any insurance)

- Four results from a single swab
- NO COST w/ any insurance
- SAME DAY or 24-hour results
- Travel, Work, School, Medical, Mobile

Call or book online  
**(800) 790-4550**  
[mycarelabs.com](http://mycarelabs.com)

**Fremont Lab: 5500 Stewart Ave, Ste 108**  
 • Mon-Fri, 8:30am-6:00pm

**Union City Drive-Thru: 34800 11th St (BART)**  
 • Mon, Wed, Fri, 8:30am-4:00pm

**Covid-19, RSV, & Flu A/B survival tips**  
 Send questions to [TCV@mycarelabs.com](mailto:TCV@mycarelabs.com)

**Tips to avoid getting sick and making others sick this winter**

- wash hands with soap & warm water for 20 seconds
- avoid touching your face (eyes, nose, mouth) w/ unwashed hands
- disinfect high traffic surfaces: cell phone, steering wheel, door knobs and handles (when did we all last do this?)
- stay home if you're sick! Happy New Year!

@mycarelabs

continued from page 1

## NORCAL REPTILE EXPO

SUBMITTED BY  
 ALAMEDA COUNTY  
 FAIRGROUNDS  
 PHOTOS COURTESY OF  
 NORCAL REPTILE EXPO

will feature bugs, plants, terrariums and vivariums, and paleo art. Note: Some vendors may be CARD ONLY while others take cash; please come prepared.

On February 18 – 19, the "NorCal Reptile Expo" returns to Alameda County Fairgrounds for two days of family-friendly fun. Formerly known as the Bay Area Reptile Expo, this event brings a unique variety of vendors including specialized breeders, wholesale supplies, cages, plus amazing animal displays and activities for children.

In addition to snakes, geckos, and chameleons, the 40+ vendors

**NorCal Reptile Expo**  
 Saturday, Feb 18 – Sunday, Feb 19  
 Sat: 10 a.m. – 5 p.m.  
 Sun: 10 a.m. – 4 p.m.  
 Alameda County Fairgrounds  
 Enter Gate 8 off Valley Ave., Pleasanton  
[alamedacountyfair.com](http://alamedacountyfair.com)  
[norcalreptileexpo.com](http://norcalreptileexpo.com)  
 Tickets: \$15 adults, \$7 children ages 6-12  
 Parking: \$15 – Credit Card Only



### LETTER TO THE EDITOR

## Authors needed for animal welfare legislation

Friday, February 17 is the deadline for introduction of new bills in Sacramento. Most legislators keep a "gut-and-amend" bill handy for emergency situations. Here are three in need of an author:

- Amend current rodeo law, Penal Code 596.7, so as to require on-site veterinarians at all rodeos and Mexican charreadas. The "on-call" vet option allows for much animal suffering and under-reporting of injuries. Racetracks, horse shows, endurance rides and the PRCA all require on-site veterinary care. So should all rodeos and charreadas.
- Ban the charreada's brutal "steer tailing" event, already outlawed in Alameda and Contra Costa Counties, Los Angeles and the State of Nebraska. The steers' tails are routinely stripped to the bone, even torn off. "Steer tailing" is not a standard ranching practice anywhere in the U.S.
- Ban the importation of non-native frogs and turtles for human consumption. All are diseased and/or parasitized. The majority of the bullfrogs carry a chytrid fungus (Bd), responsible for the extinctions of 100+ amphibian species worldwide in recent years.

Email pattern for all state legislators:

- [senator.lastname@senate.ca.gov](mailto:senator.lastname@senate.ca.gov)
- [assemblymember.lastname@assembly.ca.gov](mailto:assemblymember.lastname@assembly.ca.gov)

Let them hear from you!

**Eric Mills, coordinator**  
 Action for Animals  
 Oakland

# Home & Garden

## Can't help falling in love (with these 5 plants)

By DANIEL O'DONNELL

Bouquets of flowers are given to lead Broadway actors after spectacular musical productions, to Tour De France athletes after grueling stage wins, and prima ballerinas after mesmerizing dance performances. There are many other times that athletes, performers, friends, and loved ones are given bouquets of flowers, including Valentine's Day. Unfortunately, these displays soon dry out and die even though the admiration for the recipients lives on. One way to keep appreciation and love going long after Valentine's Day has passed is to give not a bouquet of cut flowers, but a living plant that symbolizes the ongoing affection and devotion felt for that person.

Valentine's Day is marked by giving friends, family, and significant others chocolate, love letters, and flowers. Giving flowers has a long-rooted history in Western culture. One of the earliest examples is in Greek mythology. It claims that red roses were created by Aphrodite's tears and her lover Adonis' blood spilling on the ground where he died. Red roses henceforth became a symbol of love until death. There are many traditions explaining why flowers are given on Valentine's Day. Giving a live plant symbolizing love is a modern-day tradition that is more sustainable and longer lasting.

Below are five plants that can be given on or around Valentine's Day to symbolize love, appreciation, and devotion. The admired recipient will enjoy the gesture for not only a week or two around Valentine's Day, but year after year.

**Love Lies Bleeding** (*Amaranthus caudatus*) might not sound



like the most romantic plant to give someone on Valentine's Day until the meaning of its name is understood. The botanical name was derived from ancient Greek meaning "unfading flowers" because they last a long time. Over time, the deep red panicles began to symbolize endless love pouring out of the heart. Although the plant is an annual, it is still longer lived than cut flowers. A single plant can produce enough seeds to share with wild birds, harvest for culinary purposes, and still have some left over for planting the next year.

**Bleeding Heart** (*Dicentra spectabilis*) is another plant with a not-so-romantic



sounding name. However, the name is quickly forgotten when many of the plant's arching stems are covered in dangling pink heart-shaped flowers. Each flower has a white petal that looks like a droplet falling from the bottom of the heart, hence the name Bleeding Heart. This shade-loving plant can bring life and color to corners of the yard which do not get much love from the sun.

**Chocolate Cosmos** (*Cosmos atrosanguineus*) has a great name



that represents the symbolic giving of chocolate and flowers on Valentine's Day. Although the plant produces many dark maroon to brown daisy-like flowers, their chocolate color is not the inspiration for its name. The name comes from the flower's chocolate-like fragrance, which is created by a compound called vanillin that the plant produces. Chocolate Cosmos flowers will keep the garden smelling sweet well into summer—unlike a box of chocolates which will satisfy a sweet tooth for only a few days or a week.

**Sweetheart Hoya** (*Hoya kerrii*), also known as Valentine plant, is a succulent vine with green heart-shaped leaves. One would think that giving a mature vine full of green hearts would be the more impressive gift but many choose instead to give a single heart shaped Hoya leaf in a small pot for Valentine's Day. Perhaps the best thing about giving this plant to someone is that



Courtesy of Kurt Andreas

the "heart" leaf comes with very few strings attached. Since it is a succulent, it needs little care to keep beating.

**Purple Eastern Redbud** (*Cercis canadensis*) is a North American



tree that has dark maroon heart-shaped leaves. There are a number of different varieties. It is the perfect plant to express a growing and forever love for someone. Although it drops its heart-shaped leaves every winter, each year it comes back with more. Just before the leaves open, clusters of showy magenta flowers bloom in early spring. The tree can get up to 30 feet tall and have thousands of heart-shaped leaves, which can symbolize a lot of love!

Valentine's Day comes once a year and it is a nice way to remind people of the love and devotion that is felt towards them. Traditional gifts of cut flowers and chocolates are always appreciated but will be gone soon after February 14th. Giving a living Valentine-themed plant will not only be a reminder of those emotions throughout the year but will also grow like your love for that person.

*Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com*

## THE ACWD CONNECTION

### Lawn Be Gone Rebate Program

ACWD customers that convert lawns to water-efficient landscaping may be eligible for a rebate up to \$2 per square foot of lawn converted.

Low water use landscapes are beautiful and can save money on water bills, fertilizers, pesticides and maintenance.

For an application, program information and requirements, visit: [acwd.org/rebates](http://acwd.org/rebates).



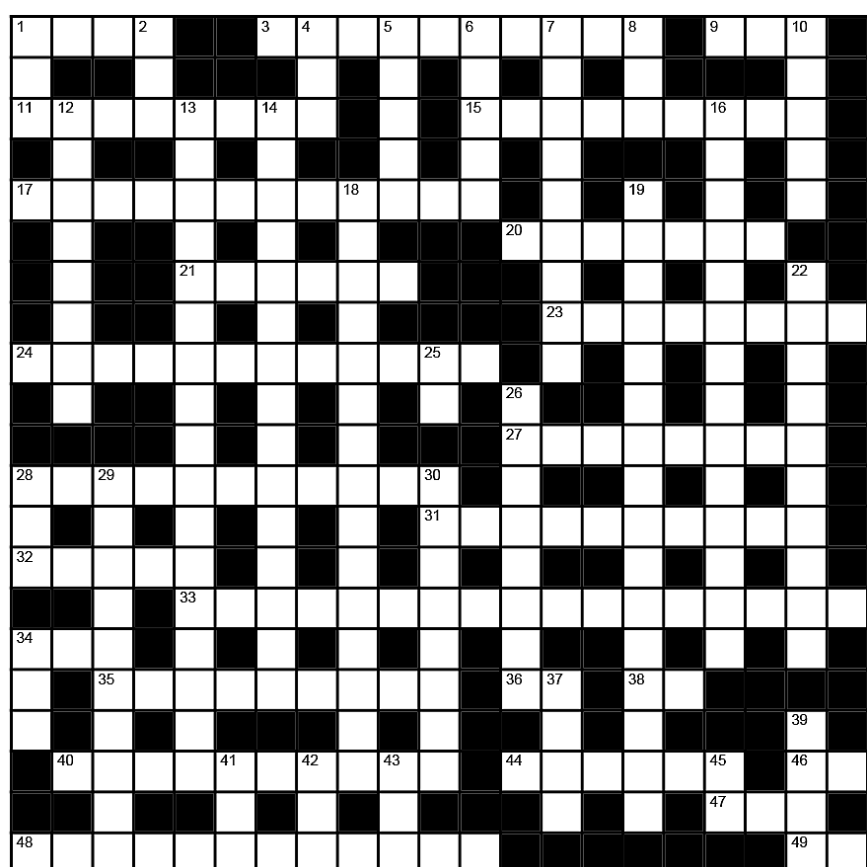
Applicants must apply prior to beginning work.

Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



# Mind Twisters

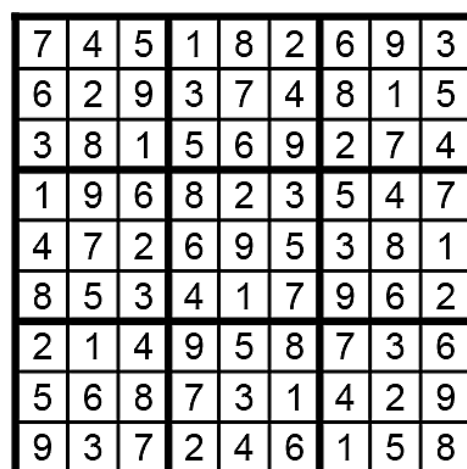
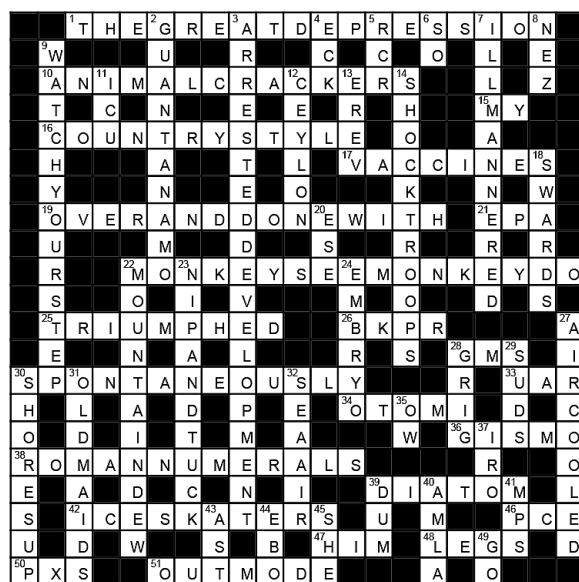
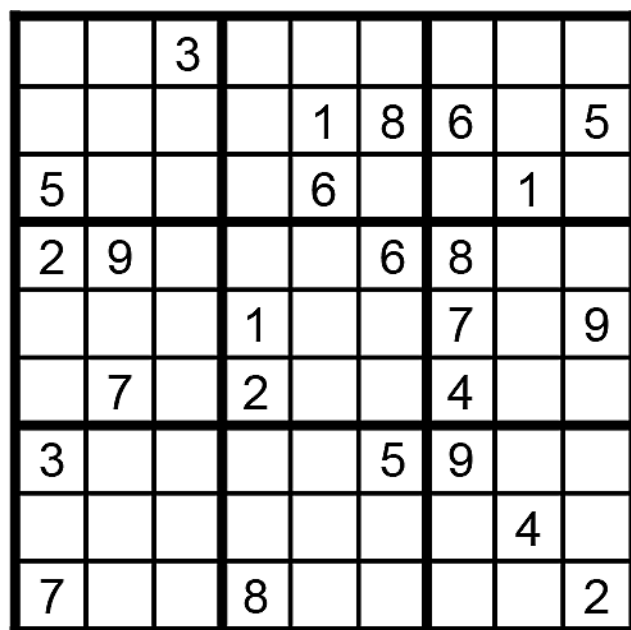
## Crossword Puzzle



- |        |                                      |   |   |                    |  |
|--------|--------------------------------------|---|---|--------------------|--|
| Across | 36                                   | "Captain ___" (1986 Michael Jackson role) (2) | 8   | Teacher's deg. (3) |  |
| 1      | Desire (4)                           | 38  | *Part of Georgia named for a relative of baseball legend Ty (2) | 10                 | Toll (5)                               |
| 3      | Beethoven's Piano Sonata No. 8 (10)  | 40  | Gets one's goat (10)  | 12                 | Fela Kuti's genre (8)                  |
| 9      | River into the Severn. (3)           | 44  | Cordwood units (6)  | 13                 | Fun? (12,5)                            |
| 11     | Some couples (8)                     | 46  | Above (2)   | 14                 | Where to drop, during a fire (4,2,3,6) |
| 15     | Easy to scale, for a mountaineer (9) | 47  | Tiebreakers, briefly (3)  | 16                 | "Hush!" (4,4,6)                        |
| 17     | Meritorious (12)                     | 48  | They can't be readily cashed in (6,6)                           | 18                 | Kind of shower (4,6,5)                 |
| 20     | Property recipient, at law (7)       | 49  | 3.1415926 (2)   | 19                 | Special attention (6,6,4)              |
| 21     | Indoor soccer sport (6)              | Down  |   | 22                 | Eliminated, in a way (7,3)             |
| 23     | 2.5 stars, maybe (8)                 | 1   | "The Magic Flute" composer, initially (3)                       | 25                 | Belonging to (2)                       |
| 24     | Child's toy (4-2-3-3)                | 2   | "___ Town Too" (1981 hit) (3)                                   | 26                 | Hardly chic (8)                        |
| 27     | Copies (8)                           | 4   | Years, to Yves (3)  | 28                 | 200-300 for bebop: Abbr. (3)           |
| 28     | Auto safety feature (6,5)            | 5   | Verb with thou (5)  | 29                 | Tend (8,2)                             |
| 31     | Like matzoh (10)                     | 6   | Cheap (5)   | 30                 | Believers in good and evil (8)         |
| 32     | ___-arms (5)                         | 7   | Plaster ingredient (9)  | 34                 | How-___ (3)                            |
| 33     | Umberto Eco novel (9,8)              |   |   | 37                 | "@#%&!," e.g. (4)                      |
| 34     | Boob tubes (3)                       |   |   | 39                 | Astrological transition point (4)      |
| 35     | Garment that lacks a waistline (4,5) |   |   | 41                 | Canterbury can (3)                     |
|        |                                      |   |   | 42                 | Checkup sounds (3)                     |
|        |                                      |   |   | 43                 | Dolly, for one (3)                     |
|        |                                      |   |   | 45                 | Therefore (2)                          |

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



## Tri-City Stargazer FOR WEEK: FEBRUARY 14, 2023

All Signs: It's Valentines on Tuesday, which begins in an upbeat way but could shrivel into petty arguments by the end of the night. Wednesday is dreamy and romantic. Thursday is productive; while Friday and Saturday are energetic times to socialize! (Some might schedule Valentine's festivities for the weekend, when the vibes are better.) Meanwhile, this week the Sun moves into Pisces to stay for four weeks, which makes us more sensitive and altruistic. Pisces loves light spectacles, music and mood enhancers. We will dream of future possibilities and "what ifs."

### Aries the Ram (March 21-April 20):

Right now, your personal year (birthday to birthday) is ending. However, your new year won't begin until your birthday arrives. This means the next four weeks are an "in between" limbo time. This is why many of you will choose to keep a low profile and work alone or behind the scenes. It's a good time to reflect about the signals you send out to the world. This is a good time to check out childhood behavior patterns that might surface, and the perfect month to take stock.

### Taurus the Bull (April 21-May 20):

You're entering a popular four weeks ahead! Not only will you enjoy the company of good friends, you will also be involved more than usual with groups and organizations. As you enjoy this increased interconnection, you might examine the role these people play in your life. To a large extent, your friends are a reflection of who you are. Look around you. Are these your people? Your idealism is also aroused, which is why you might give more thought to your future goals. What do you want to accomplish?

### Gemini the Twins (May 21-June 20):

Once a year the Sun sits at the top of your chart for four weeks. That time has arrived. Turn your attention to your career and your role in society. For starters, examine the direction that your life is going. Meanwhile, the symbolism of the Sun at the top of your chart is that you are in the limelight. People will ask you to

take on increased responsibilities because they see you as capable. Fear not, you won't have to do anything special to impress them. Good lighting is everything!

### Cancer the Crab (June 21-July 21):

Your desire to travel, get further education and training, or do anything to enrich your life will be strong in the next four weeks because you want to broaden your horizons. Take up a new study. Go somewhere where you can learn something. Travel will be rewarding and satisfying. Some of you might be more involved with the law. You might also have an increased interest in metaphysical, religious and spiritual ideas. Do anything that gives you a broader perspective on your world.

### Leo the Lion (July 22-August 22):

The next four weeks will be more passionate than usual. Perhaps you will deal with inheritances or money from the government. You might have an increased focus on taxes and insurance issues. Discussions about shared property might come up. You might also notice that deep compulsions seem to surface leading to behavior you don't understand. Basically, you have a stronger desire now to experience life on a feeling level, and not just in an abstract intellectual way. You might attract a powerful person to you who triggers some psychological self-inquiry within you.

### Virgo the Virgin (August 23-September 22):

For the next four weeks, the Sun is opposite your sign. This happens

only once a year, and it gives you a chance to learn more about yourself through one-to-one interactions. Examine these relationships, especially marriages and professional partnerships. Is your partner is filling your needs? Meanwhile, you must be as good for your partner as they are for you. In addition, because the Sun is your source of energy and symbolically, it is now as far away from your sign as it can get all year – you will be more tired.

### Libra the Scales (September 23-October 22):

You've decided it's time to pull your act together. This is why you will use the next four weeks to manage your life better. You will work hard to do what needs to be done because you're ready to be as efficient and productive as possible. This high standard will extend to your health as well, which is why many of you might go on a diet, or begin a new exercise regime. You might find you have to work on behalf of someone else during this time.

### Scorpio the Scorpion (October 23-November 21):

You are powerful, disciplined and playful! You will be pleased to know that the next four weeks are one of the best windows in the entire year when you can do what you want and set your own priorities. Enjoy amusing recreations, time out with friends, sports events and fun activities with kids. In particular, you will love movies, theatre and the arts! Your attitude toward your relationships will be lighter and more fun-loving. Romance will be rewarding. Very timely for Valentine's week!

### Sagittarius the Archer (November 22-December 21):

This is the time of year when your concerns about private life will be important. You will enjoy cocooning at home and being more involved with family, relatives and parents. Family discussions will be significant. However, many of you will also choose to go off by yourself because this is the classic time for self-evaluation, especially thinking about how your childhood and family affected who you are today. An example? A cautionary tale? Either way, you might see patterns of behavior that you exhibit that are related to your past.

### Capricorn the Goat (December 22-January 19):

You will notice the pace of your days accelerating in the next four weeks. Short trips, errands, appointments, visits (especially with siblings and relatives) plus increased reading, writing and studying will all combine to give you a busy schedule. You will like this busyness because you're eager to learn new things, see new places and meet new faces. It's a good time to take a course, or slip away on a vacation because you are curious about your surroundings.

### Aquarius the Water Bearer (January 20-February 18):

Money and personal belongings will become a stronger focus for you in the next four weeks. At a more subtle level, you will also have the opportunity to examine your relationship to the things you own and the money you earn. Does your wealth serve your needs? Or are you becoming a slave to what

you own? For that matter, when you think about it more deeply, what do you really value? One thing is certain: you want to feel that you have greater control of your life through what you own.

### Pisces the Fish (February 19-March 20):

The Sun is in your sign for the next four weeks. It happens only once a year, and it is your chance to recharge yourself for the year to come. You will be able to project your personality with more force and energy, which means this will be an excellent time to make a great impression on others. You will feel a need to express yourself. This is one of those times when your first duty is to yourself and if you don't fulfil that, you will be of little use to anyone.



By Georgia Nicols  
www.georgianicols.com.

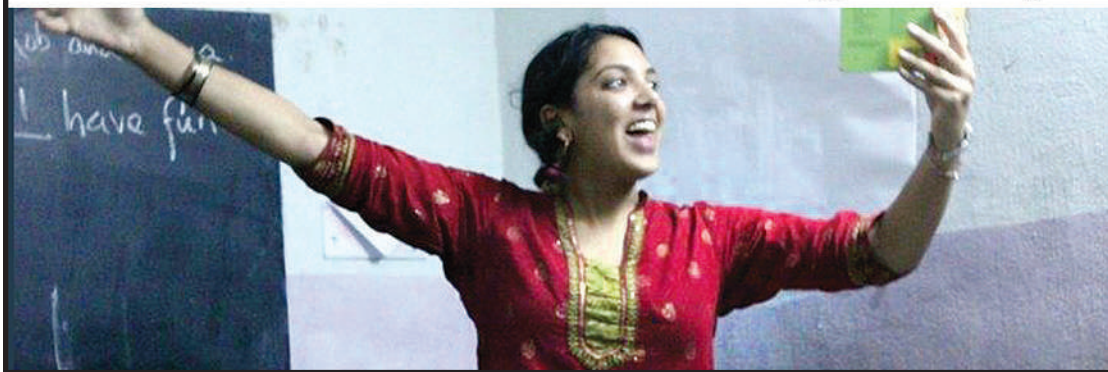


## Hindi for High School Language Credits

**MBK's High School Hindi Program is approved by FUSD, Pleasanton, San Ramon, Milpitas, Palo Alto, Cupertino, Saratoga, Mountain House (Lammersville) and Irvine USD**  
Credits and grades are accepted by all colleges and universities.

**Hindi For Credit Offerings**  
Hindi I  
Hindi II  
Hindi III  
Hindi IV

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Madhu Bhasha Kendra  
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## Visit Old Mission San Jose for President's Day

SUBMITTED BY GARY DORIGHI

Old Mission San José will be open President's Day, Monday, February 20.

Your kids are out of school for the holiday and you are off work. Why not bring them to the Mission? Get all the information they need to complete their school project, or simply take an interesting tour. Our Museum and Gift Shop will be open the entire President's Weekend, February 18, 19, and 20 for your convenience.

Remember, February is Student Mission Model Month, and we have the best Mission San José models on display to help you visualize your school project. And Our Mission San José 4th Grade Packet has everything you need for your assignment: *The Story of Mission San José* booklet, five color postcards, Mission Church guide sheet, and welcome brochure. The packet is available in the Gift Shop or online. We also have educational material for all the California Missions.

While you're here, take a self-guided tour that explores the Mission Museum, Church, and historic cemetery, concluding in our beautiful garden. Mission San José, 14th of the 21 California Missions, has been recognized by the National Register of Historic Places and the California State Historic Landmarks Commission. The history is explained in our 18-minute educational video.



The museum was formerly the living quarters or *Convento* for the padres. Constructed in 1809, it is the oldest standing adobe building in Alameda County and displays historical treasures from the pre-Columbian era, Mission era, and Rancho period. Many consider the beautifully reconstructed 1809 Church to be the highlight of their visit, and it includes many original artifacts. You can follow our handy guide sheet to identify its many treasures. A walk through the historic cemetery reminds us of prominent early settlers such as Livermore, Bernal, and Alviso. And the Garden contains plants primarily from the Mission period including 200-year-old olive trees.

**Old Mission San Jose President's Day hours**  
**Monday, Feb 20**  
**10 a.m. – 3 p.m.**  
**Old Mission San Jose**  
**43300 Mission Blvd., Fremont**  
**(510) 657-1797**  
<https://missionsanjose.org>

## Alameda County leaders mourn supervisor's death

BY STAFF

In the days following longtime Alameda County Supervisor Richard Valle's death on Tuesday, February 7, colleagues and community leaders throughout the region shared their memories of him and his contributions in the community.

Valle, 73, was elected as District 2 Supervisor in 2012 to represent residents in Hayward, Newark, Union City and parts of Fremont. Prior to that he served 13 years on the City Council in Union City where he was instrumental in developing a business model for Tri-CED Community Recycling that is based on employing and providing job training for disadvantaged youth.

**Here are portions of some statements released by local leaders:**

**• Alameda County Supervisor Nate Miley:**

"I am devastated to learn of the passing of my colleague and friend. Richard Valle was a champion for his District, especially his hometown of Union City. During his 10 years of service on the Board of Supervisors Richard fought for safety-net services, mental health programs and was a tireless supporter of Saint Rose Hospital. He uplifted community volunteers through a highly successful annual volunteer appreciation event, promoted walkable neighborhoods through the Niles Canyon Stroll and Roll and educated the community



Alameda County Supervisor Richard Valle Credit: Alameda County

about STEM programing through Science in the Park."

**• Alameda County District Attorney Pamela Price:**

"We are saddened to hear about the passing of Alameda County Supervisor Richard Valle. My Office sends its condolences to his family, friends, colleagues, and all those who knew him in Alameda County. Rest in peace Supervisor."

**• Union City Mayor Carol Dutra-Vernaci:**

"While it saddens me to have lost a neighbor, friend, and fellow colleague, his kindness and dedication touched the lives of countless individuals as Richard always worked to improve the lives of others. He advocated for those whose voices might not have been heard. He has certainly left a lasting imprint on our community and will be missed by all that knew him."

**• Hayward Mayor Mark Salinas:**

"While Supervisor Valle's main office was in Oakland, he always

had one of his district offices in Hayward. He did this because he was committed to Hayward and although he lived in the Decoto Neighborhood in Union City, he was a champion for Hayward kids, families, and all the agencies responsible for serving children and families. One of his biggest recent contributions to Hayward is negotiating with Kaiser Hospital the seed money that launched the beginning of development of The Stack Center in South Hayward... Supervisor Valle's legacy in Hayward will be millions of dollars of investments in programs, services, and buildings that ensure healthy and strong kids and families into the future."

Additionally, members of the Newark City Council and Alameda County Water District Board of Directors expressed their gratitude to Valle and his work during their regular meetings held Thursday, February 9.

Valle's cause of death was not immediately released.

## Yes, there are dogs in the library!

BY STAFF

The hardworking dogs of Ohlone Humane Society's (OHS) pet therapy program are known for providing moral support for hospital patients and staff. But they don't stop there! At the Read-to-a-Dog program, kids get the chance to practice their reading skills to a friendly and non-judgmental furry audience. According to the website for Pet Partners Therapy Animal Program, "Children who are learning to read are often hesitant about their reading abilities. Many kids feel more at ease reading to pets, who are simply there to listen—not to judge how well they are reading."

At Read-to-a-Dog, trained therapy dogs attend with their handlers. Kids can choose a book from the library, or bring one

from home. The event is free; arrive 15 minutes early to receive a ticket.

Masks are required in the library for humans ages two and up.

**Read to a Dog program**  
**Fremont Main and Centerville libraries**

**Second Saturdays**  
**11 a.m. – 12 noon**  
**Centerville Library**  
**3801 Nicolet Ave., Fremont**  
**(510) 795-2629**  
<https://aclibrary.org/>

**Third Tuesdays**  
**4 p.m. – 5 p.m.**  
**Fremont Main Library**  
**2400 Stevenson Blvd., Fremont**  
**(510) 745-1400**  
<https://aclibrary.org/>



## Fremont police chief to be honored

SUBMITTED BY  
CITY OF FREMONT

Fremont Police Department Chief Sean Washington has been selected as one of State Assembly District 24's Black History Month honorees.

Washington will be honored during a one-hour ceremony starting at 11:30 a.m. Saturday, February 18 at South Bay Community Church in Fremont. Assemblymember Alex Lee, Senator Aisha Wahab and Fremont City Councilmembers Teresa Cox and Desrie Campbell will be participating in the celebration which is open to all.



Fremont Police Department Chief Sean Washington

**Black History Month celebration**  
**Saturday, Feb 18**  
**11:30 a.m. – 12:30 p.m.**

**South Bay Community Church**  
**47385 Warm Springs Blvd., Fremont**  
**(408) 262-2501**



# Arts & Entertainment

\$ = Entrance or Activity Fee  
 R= Reservations Required  
 Schedules are subject to change.  
 Call to confirm activities shown in these listings.

## CONTINUING EVENTS

### Tuesdays

#### Bilingual (English/Spanish) Tiny Tot Story Time

9:30 am -11:00 am  
 Kinder readiness class for 0-5 years old  
 Union City Family Center  
 725 Whipple Rd, Union City  
 (510) 476-2770  
[bit.ly/3GaTamI](http://bit.ly/3GaTamI)

### Tuesdays

#### Practice Your English-Tuesday Chat! R

4:00 pm -5:00 pm  
 Improve your English by talking with native speakers  
[bit.ly/3jqnz86](http://bit.ly/3jqnz86)  
[jlui@aclibrary.org](mailto:jlui@aclibrary.org)

### Tuesdays & Thursdays

#### Spectrum Fall Prevention Presents "Enhance Fitness" R

9:30 am, 11:00 am  
 Program to energize & empower 60+ adult  
 San Leandro Senior Community Center  
 13909 E 14th Street, San Leandro  
 (510) 577-3462  
[SpectrumCS.org](http://SpectrumCS.org)  
 Register in person or call (510) 881-0300 x 270

### Wednesdays

#### Zumba Gold \$

11:30 am -12:30 pm  
 Workout while dancing  
 Age Well Center at South Fremont  
 47111 Mission Falls Ct, Fremont  
 (510) 742-7529

### Wednesdays

#### Tropics Bingo

7:00 pm  
 Flash games  
 Tropics Mobile Home Park  
 33000 Almaden Blvd, Union City  
 (510) 471-8550  
[the-tropics.net](http://the-tropics.net)

### Thursdays

#### Chair Yoga R

10:00 am -11:00 am  
 Consists of breathing & stretching techniques  
 Age Well Center at South Fremont  
 47111 Mission Falls Ct, Fremont  
 (510) 742-7529  
[bit.ly/3DXhsyW](http://bit.ly/3DXhsyW)

### Thursdays

#### International Folk Dancing in Mandarin R\$

11:30 am -12:50 pm  
 Age Well Center at South Fremont  
 47111 Mission Falls Ct, Fremont  
 (510) 742-7529  
[bit.ly/3DXhsyW](http://bit.ly/3DXhsyW)

### Thursdays

#### Chronic Pain Support Group (online)

12:30 pm -2:30 pm  
 Group guidance from Stanford Pain Management Clinic  
 (510)-790-6600  
[agewellcenters@fremont.gov](mailto:agewellcenters@fremont.gov)  
 Email for zoom link

### Thursday -Sunday

#### Animal Feeding

3:00 pm -3:30 pm  
 Feed livestock & learn about their favorite food  
 Ardenwood Historic Farm  
 34600 Ardenwood Blvd, Fremont  
 (888) 327-2757  
[ebparks.org/parks/ardenwood](http://ebparks.org/parks/ardenwood)

### Fridays & Saturdays

#### Telescope Viewings

7:30 pm -10:30 pm  
 Experience the awe & wonder of the universe  
 Chabot Space and Science Center  
 10000 Skyline Blvd, Oakland  
 (510) 336-7300  
[chabotspace.org](http://chabotspace.org)

### Fridays

#### Knit & Crochet Circle

2:00 pm -4:00 pm  
 Come & learn knitting & crocheting  
 Milpitas Public Library  
 160 N Main St, Milpitas  
 (408) 262-1171  
[scld.org](http://scld.org)

### Saturdays

#### Laugh Track City \$

8:00 pm  
 Improvised games & scenes  
 Made Up Theatre  
 4000 Bay St suite B, Fremont  
 (510) 573-3633  
[madeuptheatre.com](http://madeuptheatre.com)

### First & Third Saturdays

#### Pacific Bus Museum \$

10:00 am -2:00 pm  
 Open house  
 Pacific Bus Museum  
 37974 Shinn St, Fremont  
[pacbus.org](http://pacbus.org)  
[info@pacbus.org](mailto:info@pacbus.org)

### Mondays

#### Advanced Math + Science Tutoring

5:30 pm -7:00 pm  
 Free high school & college-level tutoring  
 Castro Valley Library  
 3600 Norbridge Ave, Castro Valley  
 (510) 667-7900  
[aclibrary.org](http://aclibrary.org)  
[castrovalley@aclibrary.org](mailto:castrovalley@aclibrary.org)

### Mondays, Tuesdays, Thursdays & Fridays

#### Showers for Adults 55+ R

1:00 pm -2:30 pm  
 One shower per day  
 Age Well Center at South Fremont  
 47111 Mission Falls Ct, Fremont  
 (510) 742-7529  
 AND  
 Age Well Center at Lake Elizabeth  
 40086 Paseo Padre Pkwy  
 (510) 790-6606

### Mondays, Wednesdays, & Fridays

#### Spectrum Fall Prevention presents "Enhance Fitness" R

9:30 am, 11:00 am, and 1:00 pm  
 Program to energize & empower 60+ adult  
 Cherryland Community Center  
 278 Hampton Road, Hayward  
 (510) 626-8522  
[SpectrumCS.org](http://SpectrumCS.org)  
 Register in person or call (510) 881-0300 x 270

### First Thursday, December 1 - April 6

#### Bill Savings Assistance with Spectrum

3:00 pm -5:00 pm  
 In-person assistance on completing the 2022 LIHEAP and/or LIHWAP application forms  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[bit.ly/3gWsjfq](http://bit.ly/3gWsjfq)

### Wednesdays, December 7 - November 22

#### Qi Gong Meditation & Exercise Classes

2:00 pm -4:00 pm  
 Relieve stress & anxiety by joining Falun Dafa classes  
 Milpitas Public Library  
 160 N Main St, Milpitas  
 (408) 262-1171  
[scld.org](http://scld.org)

### Thursdays, December 8 - June 8

#### Cover to Cover Book Discussion

1:00 pm -2:30 pm  
 Newark Public Library  
 37055 Newark Blvd, Newark  
 (510) 284-0675  
[bit.ly/3DyAJaM](http://bit.ly/3DyAJaM)

### First & third Friday, December 16 - Jun 16

#### Mobile Food Distribution

10:30 am -11:30 am  
 Available for first 80 families, please bring your own reusable bag  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[aclibrary.org/locations/FRM](http://aclibrary.org/locations/FRM)  
 Line starts at 9:30

### Tuesday, January 3 - May 30

#### Baby Bouncers Lapsit

11:30 am -11:45 am  
 Nursery rhymes, lap bounce, songs & picture books for 12 months & younger  
 Milpitas Public Library  
 160 N Main St, Milpitas  
 (408) 262-1171  
[scld.org](http://scld.org)

### Tuesdays, January 17 - May 16

#### Read to a Dog

4:00 pm -5:00 pm  
 Come and read to trained therapy dogs  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[aclibrary.org/locations/FRM](http://aclibrary.org/locations/FRM)  
 Mask required for 2+

### Thursday - Saturday, January 19 - March 18

#### Tree talk

12:00 pm -5:00 pm  
 Art works & poems by Dotti Cichon & Nelly Capra  
 Olive Hyde Art Gallery  
 123 Washington Blvd, Fremont  
 (510) 791-4357  
[olivehydeartguild.org](http://olivehydeartguild.org)

### Thursdays, January 19 - April 20

#### Health services for people experiencing homelessness

1:30 pm -3:00 pm  
 Get help with checkup, medications, appointments, referral & food assistance  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[aclibrary.org/locations/FRM](http://aclibrary.org/locations/FRM)

### Monday - Thursday, January 23 - March 16

#### Embracing the World

9:00 am -5:00 pm  
 Multicultural & multimedia works from various artists  
 John O'Lague Galleria  
 Hayward City Hall  
 777 B street, Hayward  
 (510) 538-2787  
[haywardartscouncil.org](http://haywardartscouncil.org)

### Saturdays, January 28 - March 25

#### Saturday English Conversation

10:00 am -12:00 pm  
 Open English conversation for all skill level  
 Newark Public Library  
 37055 Newark Blvd, Newark  
 (510) 284-0675  
[bit.ly/3DyAJaM](http://bit.ly/3DyAJaM)

### Tuesdays, January 31 - February 28

#### Tag/Teen Tuesdays R

4:00 pm -6:00 pm  
 Join the teen advisory group, play, make art & poetry  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[bit.ly/3kO3Krm](http://bit.ly/3kO3Krm)

### Wednesdays, February 1 - February 22

#### Black History Month - Little Bookworms Storytime

11:30 am -12:00 pm  
 Let's read sing & honor black resistance together  
 Cherryland Community Center  
 278 Hampton Road, Hayward  
 (510) 626-8522  
[aclibrary.com](http://aclibrary.com)  
 Mask required for 2+

### Thursdays, February 2 - February 23

#### CleanStart Mobile Hygiene Unit

12:00 pm -2:00 pm  
 Access to a shower & laundry for people experiencing homelessness  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[aclibrary.org/locations/FRM](http://aclibrary.org/locations/FRM)

### Saturdays, February 4 - April 15

#### Free Tax Assistance from VITA


1:00 pm -4:00 pm  
 Trained volunteers prepare & file taxes for households earning less than \$66,000 in 2022  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
[aclibrary.org.earnitkeepitsaveit.org](http://aclibrary.org.earnitkeepitsaveit.org)

### Sundays, February 12 - April 9

#### Dove Gallery Competition Exhibit

12:00 pm -3:00 pm  
 Eclectic showcase of local artist  
 Dove Gallery at Park Victoria Baptist Church

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## Hayward Animal Shelter



**510-293-7200**  
[www.HaywardAnimals.com](http://www.HaywardAnimals.com)  
 16 Barnes Court, Hayward  
 (Near Soto & Jackson)  
*Connecting rescued animals with loving homes!*



**Ms. Frizzle is a female guinea pig who loves playing in her guinea pig castle and exploring her guinea pig tunnels. To adopt call Hayward Animal Shelter (510) 293 - 7200.**



**Holmes is a handsome 5 year old male German Shepherd mix who loves playing with tennis balls, tug ropes, and squeaky toys. He knows "Sit" and likes spending time with his favorite people. His adoption is FREE sponsored by SantaCon Hayward. To adopt call Hayward Animal Shelter (510) 293 - 7200**

875 S Park Victoria Dr, Milpitas  
 (408) 464-5011  
 dovegallery.com  
 Dove@ParkVictoria.org

**Wednesdays, February 15 - June 7**

**Youth basketball clinic R**  
 4:30 pm - 5:30 pm  
 Free basketball clinic for Hayward students ages 12 - 17  
 Matt Jimenez Community Center  
 28200 Russ Rd, Hayward  
 (510) 887-0400  
 hayward-ca.gov/pal

**UPCOMING EVENTS**

**Tuesday, February 14**

**Tot Time for Ages 0-2**  
 8:30 am - 9:30 am  
 10:00 am - 11:30 am  
 Kinder readiness program Room B8  
 Barnard White Middle School, Room B8  
 725 Whipple Rd, Union City  
 (510) 471-5363

**Tuesday, February 14**

**Free Haircut for Valentine's Day**  
 10:00 am - 12:00 pm  
 Hair cut offered on a first come, first served basis.  
 Washed hair only  
 Age Well Center at South Fremont  
 47111 Mission Falls Ct, Fremont  
 (510) 742-7529

**Tuesday, February 14**

**Valentine's Day Celebration \$**  
 11:00 am - 1:00 pm  
 Enjoy a special meal & live performance with your loved ones.  
 Age Well Center at South Fremont  
 47111 Mission Falls Ct, Fremont  
 (510) 742-7529

**Tuesday, February 14**

**One Mystery at a Time Book Club R**  
 4:30 pm - 5:30 pm  
 Book discussion groups for 4th & 5th grade  
 Fremont Main Library  
 2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
 bit.ly/3RnWKh4

**Wednesday, February 15**

**Diversity Circle**  
 10:00 am - 12:30 pm  
 Enjoy inspiring lectures, discussions, film, music & more  
 Age Well Center at Lake Elizabeth  
 40086 Paseo Padre Pkwy, Fremont  
 (510) 790-6606  
 bit.ly/3Y6nvjO

**Wednesday, February 15**

**Career Ready: Perfecting the Interview R**  
 1:30 pm - 2:30 pm  
 Workshop on getting career ready  
 Fremont Main Library

2400 Stevenson Blvd, Fremont  
 (510) 745-1400  
 bit.ly/3jMzfc7

**Thursday, February 16**

**How to manage weeds safely & effectively R**  
 5:00 pm  
 Learn techniques to ensure fewer weeds  
 Register: bit.ly/3JWldZs

**Thursday, February 16**

**Story time with Pamela Adler**  
 10:30 am  
 Reading of "Maddy & Mia: TriPaw Tales"  
 Banter Bookshop  
 3768 Capitol Ave Ste.F, Fremont  
 (510) 565-1004  
 banterbookshop.com

**Friday, February 10 – Friday, March 3**

**Black History Month Art Showcase**  
 4:00 pm - 7:00 pm  
 Photography, paintings/drawings, ceramics/sculptures  
 Studio 11  
 34626 11th St, Union City  
 (510) 675-5825  
 instagram.com/studio11gallery

**Friday, February 17**

**16th Annual Crab Feed Fundraiser \$R**  
 Dine in: 6:00 pm  
 Drive through pickup: 12:00 pm - 1:00 pm  
 1.5 pounds of succulent crab with all the fixings  
 Age Well Center at Lake Elizabeth  
 40086 Paseo Padre Pkwy, Fremont  
 (510) 790-6600  
 Drive through pickup registration: bit.ly/3YhXjM8

**Friday, February 17 – Sunday, February 19**

**Vex Robotics Tournament**  
 10:00 am - 4:00 pm  
 Signature Championship High School  
 India Community Center  
 525 Los Coches St, Milpitas  
 (408) 934-1130  
 indiacc.org

**Saturday, February 18**

**We all scream for ice cream**  
 1:00 pm - 2:00 pm  
 Learn how ice cream is made in an old-fashioned way  
 Ardenwood Historic Farm  
 34600 Ardenwood Blvd, Fremont  
 (888) 327-2757  
 ebparks.org/parks/ardenwood

**Saturday, February 18 – Saturday, February 25**

**Free Camp Open House R**  
 1:00 pm - 2:00 pm  
 Get the scoop on new 2023 camps & clubs  
 Code Ninjas Fremont/Warmsprings  
 46525 Mission Blvd, Fremont  
 (510) 400-1466  
 bit.ly/40yq2hg

**Saturday, February 18**

**Investigating Space \$R**  
 10:00 am - 3:00 pm  
 Our big bright universe  
 Coyote Hills Visitors Center  
 8000 Patterson Ranch Rd, Fremont  
 (510) 544-3220  
 bit.ly/3xeBeCd

**Saturday, February 18**

**Scavenger Hunt Hike for All Ages**  
 10:30 am - 12:00 pm  
 Find natural & seasonal treasures on the trail  
 Coyote Hills Visitors Center  
 8000 Patterson Ranch Rd, Fremont  
 (510) 544-3220  
 bit.ly/3HUjOj8

**Saturday, February 18**

**Black History Month online presentation R**  
 10:00 am - 11:00 am  
 Black Resistance by VP "Black women organized for political action"(BWOPA)  
 bit.ly/3jOV7gk

**Saturday, February 18**

**Author Event (Eugenia Yoh & Vivienne Chang) R**  
 3:00 pm - 4:00 pm  
 Meet the author of "Not My Home"  
 Newark Public Library  
 37055 Newark Blvd, Newark  
 (510) 284-0675  
 bit.ly/40F4TSy

**Saturday, February 18**

**Music Hour at the Library**  
 2:30 pm - 3:30 pm  
 Relax & enjoy the music with your favorite book  
 Union City Library  
 34007 Alvarado-Niles Rd, Union City  
 (510) 745-1464  
 aclibrary.org/locations/UCY

**Saturday, February 18**

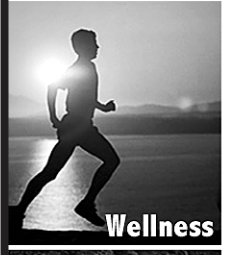
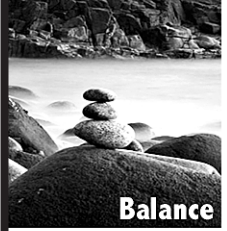
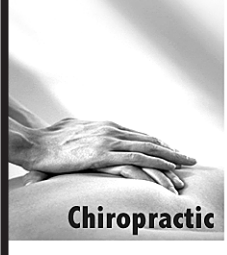
**Story Time**  
 10:30 am - 11:00 am  
 Book reading for kids  
 Banter Bookshop  
 3768 Capitol Ave Ste.F, Fremont  
 (510) 565-1004  
 banterbookshop.com

**Saturday, February 18**

**Track & Field Mini-Clinic \$R**  
 9:00 am - 2:00 pm  
 Events: Racewalk, hurdles, javelin, triple jump and more  
 Chabot College  
 25555 Hesperian Blvd, Hayward  
 (510) 304-7172  
 lwebb@nhusd.k12.ca.us  
 bit.ly/3lhrowI  
 Reg: 8:00 am - 9:00 am

**Saturday, February 18**

**Spring Into Reading**  
 10:00 am  
 Pick up a game board to join reading challenge  
 Castro Valley Library  
 3600 Norbridge Ave, Castro Valley  
 (510) 667-7900

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6170 Thornton Ave., Ste H Newark

aclibrary.org  
 castrovalley@aclibrary.org

**Saturday, February 18**

**Jose Mari Chan & The Company love concert \$R**  
 7:30 pm  
 Spectacular night of music  
 Historic BAL Theatre  
 14808 E 14th St, San Leandro  
 (510) 614-7700  
 bit.ly/3laArbW

**Saturday, February 18**

**Chabot/Redtail Ridge Trail Run \$R**  
 7:30 am  
 50K, 30K, 1/2 Marathon, 10K, 50K race  
 Lake Chabot Regional Park  
 17600 Laker Chabot Rd, Castro Valley  
 (888) 327-2757  
 bit.ly/3jPbsla  
 8.5 hour time limit for the 50K

**Saturday, February 18**

**Book Sale \$**  
 10:30 am - 3:30 pm  
 Pop into the bookstore on the 1st floor  
 Hayward Public Library  
 888 C St, Hayward  
 (510) 293-8685  
 hayward-ca.gov/public-library

**Sunday, February 19**

**Marsh Adventures**  
 10:00 am - 11:00 am  
 Walk through the marsh & discover the plants & animals residing there  
 Coyote Hills Visitors Center  
 8000 Patterson Ranch Rd, Fremont  
 (510) 544-3220  
 bit.ly/3UGfdGr

**Sunday, February 19 – Monday, February 20**

**VEX Robotics Tournament**  
 10:00 am - 4:00 pm  
 Signature championship middle school  
 India Community Center  
 525 Los Coches St, Milpitas  
 (408) 934-1130  
 indiacc.org

**Tuesday, February 21**

**House of Samba Kids Drumming R**  
 12:30 pm - 1:30 pm  
 Interactive children's music  
 Castro Valley Library  
 3600 Norbridge Ave, Castro Valley  
 (510) 667-7900  
 bit.ly/3YCL38L  
 castrovalley@aclibrary.org

**Tuesday, February 21**

**Silk painting workshop R**  
 10:00 am - 1:00 pm  
 Beginners lesson about an overview of silk painting medium  
 Olive Hyde Art Gallery  
 123 Washington Blvd, Fremont  
 (510) 791-4357  
 bit.ly/3KfVlbd

**Tuesday, February 21**

**Stop Asian American & Pacific Islander (AAPI) Hate R**  
 6:30 pm  
 Learn about how you can help stop hate  
 Castro Valley Library  
 3600 Norbridge Ave, Castro Valley  
 (510) 667-7900  
 bit.ly/3RP1b55  
 castrovalley@aclibrary.org

# Aarna Nair wins student speakers contest

SUBMITTED BY JAMES VARGHESE

Aarna Nair, a 10th grade student at Valley Christian High School, San Jose, has taken the first step to winning scholarships for college by winning a local competition sponsored by the Lions Club of Hayward Silicon Valley.

Nair was among five selected contestants in the annual California Lions Student Speakers Club Level Contest organized by the Lions Club of Hayward Silicon Valley. This program is sponsored by Multiple District 4 (the California division of Lions Clubs International) to emphasize the importance of public speaking as a critically important life skill.

"The Lions Club Speaker Contest was very well organized and I really enjoyed how much the organizers and attendees cared about the topic," the 16-year-old from San Jose said. The speech was evaluated by a panel of judges Dr. Ajit, Priya, Jibu, Maya and Suja (all experienced in judging speaker contests) on originality, supporting evidence, strong conclusion, enunciation, poise, logic, organization, persuasiveness, and adhering to the topic, "Social Media: Connects us or Isolate us?" The judging was held on February 4 at California Cross Point Academy in Hayward.

Lions Club of Hayward Silicon Valley President Khush said he was impressed by the expression and creativity of the students at the contest. "It is obvious that these young people have strong ideas about current events. I'm so proud that we were able to provide them with the opportunity to share their views and skill."



Left to Right: Koshy John (Speaker Contest Chair), Khush Bodhan (Lions Club President), James Varghese (Past District Governor) Aarna Nair (winner) and Skip Zhender (District Chair)

Aarna Nair will advance to the Zone Level contest, which will be conducted on March 5 in Veterans Memorial Hall in Hayward. Fifteen District Level winners will receive \$4,500 each, four Area Level winners will receive \$6,500 each, and the final winner will receive a total of \$21,000 in scholarships. Lions Clubs California Student Speaker Foundation spends over \$100,000 every year promoting public speech for students, former District Governor James Varghese said.

"Our club is proudly promoting Ms. Aarna Nair as she advances in the competition, and we hope that her self-expression and independent thinking inspires the public's perspective on this topic," speaker contest chairperson Koshy John said.

Besides the winner Arna Nair, other talented contestants Yashica Agadi, Adalie Miller, Jay Yu, Anthony Zuo were also honored for their participation.



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## Higher energy costs impacting many utilities customers

SUBMITTED BY PG&E

Pacific Gas and Electric Company (PG&E) officials know that higher energy costs this winter has been a challenge for many of its customers and is sharing why bills are higher and how the company is supporting its customers.

The increased cost of natural gas on the West Coast and colder-than-normal temperatures have caused a spike in energy bills. Gas price increases this winter have been driven by higher demand and tighter supplies in California, Oregon and Washington, as customers use more natural gas for heating during colder temperatures. Power plants are also using more natural gas to meet electricity demand. More cold and dry weather is expected this week with daytime highs forecast below normal and chilly overnight lows in PG&E's service area.

Like other utility companies,

PG&E does not control the market prices it pays for gas and electricity nor does PG&E mark up the cost of the energy it purchases on behalf of its customers.

As of January 25, PG&E projects that residential combined-use gas and electricity bills will be about 32% higher from November to March, compared to the same months last winter. Bills for individual customers vary based on factors including how much energy they use. However, if gas prices fall and weather warms, bill impacts could be less severe.

**Why natural gas prices are up**

Natural gas prices change daily and have been much higher on the West Coast than the rest of the country since November. Between January 19 and 25, California's average daily prices were five times higher than the U.S. benchmark prices and those in New York and Chicago, according to the U.S. Energy Information Administration.

Colder temperatures in the West have caused customers to turn up the thermostat and use more energy. PG&E customers have used more natural gas this winter than the past five-year historic average, with November usage 20% higher, December 10% higher, and January to date about 3% higher.

**Bill relief from California Climate Credit**

PG&E is actively engaging with federal and state regulators, policymakers, and lawmakers on ways to provide bill relief. On February 2, the California Public Utilities Commission authorized an earlier distribution of California Climate Credits to residential customers impacted by recent increases in natural gas prices. Part of the state's efforts to fight climate change, the credit is administered by PG&E and other California utilities. Residential customers who receive both gas and electric services from PG&E would receive a total bill credit of \$91.17.

Separately, more than 300,000 customers who

experienced financial hardships during the pandemic were to receive an automatic one-time bill credit before Feb. 3 under the California Arrearage Payment Program. Customers don't need to apply for the credit and amounts will vary.

**Meanwhile, here are three tools that customers can use now to manage winter bills:**

- Keep bills predictable. Level out monthly payments and offset high seasonal bills with Budget Billing, a free tool that averages your annual energy costs to help manage monthly bills.
- Flexible payment arrangements. Extend your bill due date or make a payment arrangement. Access your online account for details.
- Customers may also qualify for financial assistance programs including the LowIncome Home Energy Assistance Program (LIHEAP), a federally-funded assistance program overseen by the state that offers one-time residential utility bill payment.

**Here are three ways customers can lower energy use to save money:**

- Dial down your thermostat. You can save about 2% of your heating bill for each degree that you lower the thermostat (if the turndown lasts a good part of the day or night). Turning down from 70 to 65 degrees, for example, saves about 10%.
- Lower your water heater temperature. By setting your water heater temperature to 120 degrees Fahrenheit you can reduce the amount of energy it takes to produce and maintain hot water
- Keep areas around vents open. Furniture and carpet can block heating vents, which makes heating systems work harder and prevents rooms from heating quickly.

## Free pass programs available for state parks

SUBMITTED BY CALIFORNIA STATE PARKS

With the spring season and warmer weather coming soon, California State Parks and California Natural Resources Agency officials are reminding Californians about three park pass programs that allow visitors free access to many state parks.

**They include:**

**California State Park Adventure Pass**

This is the second year of the three-year pilot program made possible by Assembly Bill 148, signed by Governor Newsom in July 2021. To date, more than 26,000 passes have been provided to families.

Championed by the First Partner Jennifer Siebel Newsom, whose California for All Kids initiatives support children's physical, mental and social-emotional well-being, the California State Park Adventure Pass Program expands the opportunity for fourth graders and their families to enjoy the benefits of connecting with nature, each other and their communities. The pass for this school year's fourth graders is valid until August 31, 2023.

Obtaining a free pass online at ReserveCalifornia.com is simple. All that is needed is for a parent and/or guardian to provide a name, address, phone number and email address. Individuals who do not have access to a smartphone, computer or printer, and/or do not have an email address, can still request a pass by visiting a State Parks Pass Sales Office or by calling (800) 444-7275.

**California State Park Library Pass**

In partnership with the California State Library, State Parks launched the California State Park Library Pass in

April 2022 with a total of 5,000 passes distributed to 1,184 public libraries across the state. As part of a three-year pilot program, each library jurisdiction received an average of at least four special day-use hangtags to circulate, allowing library cardholders to check out the pass for the allotted number of days allowed by the local library.

State Parks and the California State Library recently announced that an additional 28,000 park library passes are being distributed statewide to all public libraries, bringing the average number of passes available at each branch to 24.

The Library Pass program is being expanded to also include tribal libraries throughout the state. The pass is valid for entry of one passenger vehicle with a capacity of up to nine people, or one highway-licensed motorcycle, at more than 200 participating state park units. The program also includes grant funds for public libraries to host programs and conduct outreach in their communities to promote the passes, state parks and the benefits of the outdoors.

**Golden Bear Pass**

State Parks and the California Department of Social Services made it easier for CalWORKs families to receive a free, annual vehicle day-use pass for use at more than 200 state parks and beaches.

Created in 1977, the Golden Bear Pass Program was relaunched last spring with the goal to directly notify approximately 300,000 families receiving CalWORKs about their eligibility and the overall health benefit of spending time in the outdoors. To date, more than 35,000 Golden Bear Passes have been distributed since the relaunch. Individuals participating in SSI and low-income adults 62 and over can apply for Golden Bear Passes online at ReserveCalifornia.com, by mail, or in person. Additionally, all adults 62 and older can apply for a Limited Use Golden Bear Pass, for off-season access.

More information about all three State Park Pass programs is posted on the Outdoors for All Initiative webpage at [parks.ca.gov/OutdoorsForAll](https://parks.ca.gov/OutdoorsForAll).

# Community Bulletin Board

**10 lines/\$10/ 10 Weeks  
\$50/Year**

510-494-1999 tricityvoice@aol.com

**Shout out to your community**

Our readers can post information including:

- Activities**
- Announcements**
- For sale**
- Garage sales**
- Group meetings**
- Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

**The "NO" List:**

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

**FREMONT COIN CLUB**  
Established 1971  
Meets 2nd Tues in person 7pm  
Meets 4th Tues with Zoom 7pm  
At the Fremont Elks Lodge  
38991 Farwell Dr., Fremont  
Guests Always Welcome,  
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A church of the Unaltered Augsburg Confession AD 1530 and The Book of Concord AD 1580/1584  
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711 Old Canyon Road, Fremont (Niles District)  
  
The FIRST MONDAY of Every month in 2023  
Doors Open @ 6:00 PM Games Start @ 7:00 PM  
  
\$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers

**SAN LEANDRO HISTORICAL RAILWAY SOCIETY**  
is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499

**President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills.**  
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Al-Anon and Alateen Family Groups are here to help!  
Al-anon has but one purpose, to help families and friends of Alcoholics.  
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**LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK?**  
**Fremont Area Writers (FAW) is here to HELP!**  
Zoom meeting 4th Saturday of the month (off July & Dec)  
2:00-4:00 PM  
Great speakers! \* All genres! \* Critique groups available!  
Email [scottfrombayside@yahoo.com](mailto:scottfrombayside@yahoo.com) for Zoom link before the meeting.  
Writers' Salon meets 4th Monday of the month (occasional exceptions)  
Join us via Zoom 7:00-9:00 PM Read, discuss or just listen.  
Email [up.dragonfly.com@gmail.com](mailto:up.dragonfly.com@gmail.com) for Zoom link before the meeting.  
Everyone is welcome! [www.cwc-fremontareawriters.org](http://www.cwc-fremontareawriters.org)

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Groups of six or more need to make a reservation  
Groups of five or less are welcome without a reservation  
We will enforce current local CDC Guidelines  
All tours are Docent led and last about one hour.  
More information and large group reservations call: (510) 795-0891

**THE WASHINGTON HIGH SCHOOL ALUMNI FOUNDATION AND WHS ASSOCIATED STUDENT BODY**  
**2023 Hall of Fame Ceremony & Dinner Saturday, May 20**  
For information about the Hall of Fame, visit [www.whsaf.org](http://www.whsaf.org)  
This year's inductees are: Louis Costin Bufkin (Posthumously) Teacher & Coach 1961-1987 Education Ed Neumeister, Class of 1970 - Arts & Entertainment  
Mike Jacinto, Class of 1971 (Posthumously) - Lifetime Recognition  
Denise Jacinto, Class of 1972 - Lifetime Recognition  
Swiss Park, 5911 Mowry Avenue (across from NewPark Mall), Newark. Doors open 5pm dinner 6pm  
Order Tickets: <https://www.eventbrite.com/e/515144098867>

**TRI-CITIES WOMEN'S CLUB**  
Meets on the third Tuesday  
Elk's Club on Farwell Drive  
9:15 - Cards & Games  
11:30 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club.  
For more info, call 916-217-3074

**Want to see a collection of vintage buses?**  
Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. [www.pacbus.org](http://www.pacbus.org)

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See our website to meet us on Zoom

**Newark Memorial High School 40th Reunion - Class of 83**  
**June 10, 2023 - 6:00pm - 10:00 pm**  
**Massimos Italian Restaurant (Includes Dinner)**  
**5200 Mowry Ave., Fremont Ca**  
Tickets: \$99 if purchased in advance \$110 at the door  
Venmo: @NMHS83 (last 4 digits of phone number: 1197)  
Website: [www.newarkmemorial83.com](http://www.newarkmemorial83.com)  
Email: [newarkmemorial83@gmail.com](mailto:newarkmemorial83@gmail.com)  
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is looking for 6th - 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at [EvelynMarieLittle@gmail.com](mailto:EvelynMarieLittle@gmail.com) for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark"

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**Credit and Money Mgmt. Workshop**  
Presented on Zoom  
For dates, go to our website  
Please register at [www.a1chs.org](http://www.a1chs.org) call 510.674.9227

**Afro-American Cultural & Historical Society**  
Sharing our culture and history in the Tri-Cities and surrounding area  
Meetings: Third Saturday 5:30-7:30pm begin in October  
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37101 Newark Blvd. Newark  
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[aachstricity.org](http://aachstricity.org)

**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES**  
protecting and preserving your benefits  
**Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth**  
Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved.  
For info: [www.NARFE.org](http://www.NARFE.org) or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6237.

**Senior Social Activities**  
Friendly & fun group open to men & women.  
Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more.  
Free newsletter. For information 925-803-1313

**NEWARK TROOP NEWARK TROOP 186**  
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What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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**WILLIAM MARSHAK**

Next week, the third Monday in February, a consolidated holiday, Presidents' Day, will be observed. What began as a celebration of the commander of the continental army during the American Revolution and first U.S. President, George Washington's birthday (February 22), expanded to include recognition of the 16th U.S. President, Abraham Lincoln's birthday, February 12th. Their legacies have withstood the test of time, even when filtered by the scrutiny of historians. Washington is known as the "Father" of our country, while Lincoln is best remembered for the Emancipation Proclamation of 1862 and a brief speech at the 1863 dedication of a national cemetery at Gettysburg, Pennsylvania.

Observance of Presidents' Day has now broadened to include all U.S. Presidents. The long lens of time often reveals a different perspective than that of their contemporary partisans. Many popular presidents have either faded into honorable threads of the national tapestry or, in hindsight, crouched in the shadows as flawed and irregular blemishes. Of the 46 presidents (Grover Cleveland counts twice since

## A Long Lens

he was elected in non-consecutive cycles), enduring legacies are difficult to maintain.

Living generations tend to concentrate on current events with little regard for historical context. Although we benefit from the accomplishments of former administrations at all levels of government prior to our lifetimes, the names of those responsible are often left to historians, street signs, buildings and bridges. Current enthusiasm for a particular leader or their own sense of self-importance may prevail for a decade or two, but wither into obscurity or, worse, infamy over time. What remains are the values and practical results left to future generations. Some presidents are well known and venerated for their life work prior to holding office but less so while in office. John Adams (#2) and Thomas Jefferson (#3) signed the Declaration of Independence, but what were their accomplishments as president?

How will our current and immediate past presidents fare when the long lens of time focuses on them? After the veil of populism and political chicanery is removed, what lasting achievements will remain? The same scrutiny applies to local and regional politicians as well.

**Addendum:**

The recent loss of Alameda County Supervisor Richard Valle is a reminder of the fragility of life given to each of us. Supervisor Valle was a valued member of the local leadership team and a genuinely sincere and honest person. I had the pleasure of knowing him as an engaging and genuine human being, dedicated to the health and welfare of his local communities. RIP Richard.

**William Marshak**  
**PUBLISHER**

**Try matching the following presidents to their legacies:**

- |                            |                             |
|----------------------------|-----------------------------|
| James Monroe (5)           | Interstate Highway System   |
| James K. Polk (11)         | Watergate                   |
| Theodore Roosevelt (26)    | Teapot Dome scandal         |
| Warren G. Harding (29)     | New Deal                    |
| Franklin D. Roosevelt (32) | National Parks              |
| Richard M. Nixon (37)      | Berlin Wall                 |
| Ronald Regan (40)          | Westward expansion doctrine |
| Dwight D. Eisenhower (34)  | California & New Mexico     |

## Arroyo beats San Lorenzo on Senior Night

**BY ANDREW JOSEPH**

The Arroyo High Dons basketball team beat the San Lorenzo Grizzlies 60-38 at home in the last game of the season Friday, February 10 in a Western Alameda County Conference (WACC) game.

Leading scorers for the Dons include sophomore Jeremiah Faumuina with a team high 22 points, Miles Pollard with 14 points, and Khaleed Odumuyiwa who added eight points. The Grizzlies were

led by senior Manny Cabiltes with a game high 25 points and Aja Bynum's five points.

"The mindset heading into tonight was to get the win for our seniors on senior night," said Pollard. "Last year on senior night we were heartbroken losing by two points so this win feels good."

San Lorenzo opened the game with a 3-pointer for the first points of the game. Their last lead of the game was 3-2 in the first quarter. Arroyo's perimeter shooting and finishes at the rim helped them gain the lead and maintain it. Pollard scored the last shot from the field at the end of two quarters, including a layup in transition after a defensive steal. The Dons went into halftime with a 30-21 advantage. "We made some adjustments defensively at halftime to put more pressure on them," said Arroyo head coach Mike Budge.



Arroyo went on a 20-5 run in the third quarter that was fueled by great energy and efficiency on their defensive end. They were able to get to the free-throw line seven times in the second half and scored many of their points in transition. "Our intensity really stepped up in the third quarter and helped us get the big lead," said Pollard.

Turnovers became a problem for San Lorenzo, giving the Dons more opportunities to score fast-break buckets. Arroyo's largest lead of the game was

24 points. The fast-paced play and dominant score proved to be too much for the Grizzlies. The Dons sweep their conference rivals this season, beating San Lorenzo in their first meeting 75-54.

"We doubled our wins from last season and I'm happy with the way we finished," said coach Budge. Arroyo finishes the season at 13-13 and 3rd place in the WACC conference. San Lorenzo ends with a 7-19 season record and just 2-8 in conference play.

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What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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# Investigating Space: Our Big, Bright, Universe

SUBMITTED BY  
CHABOT SPACE AND  
SCIENCE CENTER

How do space telescopes see more than what meets the eye? Scientists measure the light of the electromagnetic spectrum as radio waves, ultraviolet, infrared, gamma rays, microwave, visible and x-ray. Join the expanded "Investigating Space" program on February 19 for a constellation of demos, hands-on activities, workshops, films and talks that will demonstrate each of these unseen phenomena.

### Light Lab

**10:30 a.m., 2:30 p.m. (Theater)**

In this lab, uncover the nature of light to understand what light is, where it comes from, and how the electromagnetic spectrum can reveal the invisible universe.

**Beyond the Violet With Ron Hipschman 11:30 a.m. (Theater)**

When you make light waves shorter than violet, we can no longer perceive them with our eyes. Ultraviolet waves can still cause things to glow, and can still burn you.

**Seeing Stars: Using Visible Light to**

**Study the Cosmos With Gerald McKeegan 12:30 p.m., 2:30 p.m. (Nellie Telescope, Observation Deck)**

How do astronomers use visible light to study planets, stars, clouds in space, and galaxies? Learn about spectroscopy, absorption lines, and redshift. See how astronomers form beautiful Astro photos.

**First Results from NASA's James Webb Space Telescope With Alex Filippenko 1 p.m. (Theater)**

The 21-foot diameter James Webb Space Telescope was launched in December 2021, and in July 2022 the first images were released. So far, the results from this telescope, which is sensitive to heat radiation, have been spectacular!

**The Milky Way in X-rays With Ben Coughenour 3 p.m. (Studio 3)**

There are nearly 100 million black holes in the Milky Way Galaxy. We typically only see black holes when they're eating – material falling in heats up to millions of degrees and shines in X-rays! To study them, we rely on satellite X-ray telescopes in orbit.

**Gamma rays With Wenbin Lu 3:30 p.m. (Theater)**

Gamma rays from the universe are blocked by the Earth's atmosphere. Dr. Lu will discuss the many secret ways GRBs affect human life — prehistoric extinction events, nutrition, nuclear weapons, batteries, noble metals, clocks, and more.

### ACTIVITIES, WORKSHOPS, AND DEMOS

**The Microwave Secrets of Our Universe, Young and Old With Anton Baleato Lizancos 10 a.m. – 1 p.m. (Studio 3)**

See the Universe through the eyes of a microwave telescope with these immersive visualizations of real data from the ESA Planck space observatory.

**Space in Your Face! presents RADIO WAVES! With Julie DeMarines and Howard Isaacson 11 a.m., 12 noon, 2 p.m. (Lab 2)**

Join Julia DeMarines and Howard Isaacson to explore radio

waves, radio telescopes, and what the universe looks like in radio light. Bring something that transmits radio waves (garage door opener, car key fob, or walkie-talkie) to add to our live demonstration.

**What's in a rainbow? Exploring optics and astronomical imaging With Sophia Risin 11 a.m. – 1 p.m. (Studio 3)**

Join Sophia Risin, astrophysics undergraduate at UC Berkeley, to build your own telescope or spectrograph and learn about how astronomers build telescopes to see into the distant cosmos.

**Peeking Inside a Microwave Oven With Zeke Kossover 1:30 p.m. (Studio 3)**

Ever wondered how microwave ovens cook food? Join us for some experiments in our trusty microwave oven that will help us separate fact from fiction.

**With Galaxy Explorers student volunteers**

**Uncovering Color 10 a.m. – 4 p.m. (Studio 2)**

Enter a room where a special light bulb has removed all the colors. Learn about how this Low-Pressure Sodium vapor lamp emits visible electromagnetic

radiation in a very narrow band of the spectrum, about 589nm (one nanometer = one billionth of a meter), making your eyes perceive grayscale.

**Spectra Cart 10 a.m. – 4 p.m. (Studio 2)**

What are rainbows? How do astronomers identify distant gases? The answer is spectra! Look at different light sources with a special tool to split their light into different colors.

**Build a Spectroscope 10 a.m. – 4 p.m. (Studio 2)**

Build your spectroscope! Learn how diffraction grating divides light into its component colors.

**Solar Viewer 10 a.m. – 4 p.m. (Observation Deck)**

It's dangerous to look directly at the sun unless you have the right technology! Different materials block different amounts and kinds of light.

**Investigating Space: Our Big, Bright, Universe Saturday, Feb 18 10 a.m. - 3 p.m.**

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## Meet Senator Wahab

BY STAFF

State Senator Aisha Wahab was elected in 2022 representing the cities of Hayward, Union City, Newark, Fremont, Milpitas, Sunnyvale and Santa Clara.

Aisha is a community leader. In 2018 when she won her seat on Hayward City Council, Aisha made national headlines as the first Afghan-American woman elected to public office in the United States. As Mayor Pro Tempore & City Council Member of Hayward, Aisha has implemented policies that reduce economic inequality, expand homeownership opportunities, support small businesses, and strengthen safety nets for seniors, women, children and working families.

Aisha was placed in foster care after her father was brutally murdered and her mother died at an early age. Her experiences inform her understanding of the struggles many silently face. Senator Wahab was fortunate to be adopted by a young, self-employed

couple in the Bay Area who taught her the values of hard work, perseverance, and pride in their American identity.

Aisha and her family have struggled with the cost of living. In 2011, her family home was foreclosed, her parents lost their business, her father's health began to deteriorate, and Aisha was laid off from her job. After being priced out of their community, Aisha and her family moved to Hayward where she began to attend council meetings and advocate for affordable housing.

Aisha entered public life to amplify the voices of renters and build a community that everyone can afford to call home. As a Senator, she continues to work as an advocate and organizer for seniors, women, and children. Aisha is dedicated to addressing issues including housing affordability, civic engagement, education, and economic inequality.

Aisha previously served as the Chair of the Alameda County



Photo source: assembly.ca.gov

Human Relations Commission and a Board Member for the nonprofits Afghan Coalition, Abode Services, and Tri-City Volunteers. She has served as an Alameda County Public Health Commissioner, speaker at the Bay Area Women's March, and was selected to join the White House Roundtable of Afghan-American Leaders. Prior to her career in public service, Aisha worked at non-profits, community organizing, and technology.

### Consent Calendar

In November 2016 voters approved Measure F1, a \$250 million bond to update, repair and maintain local parks, facilities, and trails and construct and acquire sites and facilities. With the passage of Measure F1 the District agreed to establish, populate and empower an independent Citizen's Bond Oversight Committee to provide citizens an opportunity to oversee that the language on the ballot measure be carried out. The Committee will review recommendations for expenditure of bond proceeds to ensure conformance with the bond measure. The Committee will also annually review the audits and reports of expenditures of bond proceeds and inform the public concerning the same. The Board President appoints the Committee members with the concurrence of the Board of Directors. Total membership on this Committee is five residents of the District. The District received three applications for the vacant seats. President Hatcher has reviewed the eligible applicants and is recommending the following residents to serve on the Committee: Brian Foster; Peter Hempel; Linda Schmid.

President Rick Hatcher Aye  
Paul Hodges Aye  
Peter Rosen Aye  
Louis Andrade Aye  
Sara Lamnin Aye

## Alameda County Water District Board

February 9, 2023

### Action Items:

- Delivery of Groundwater Monitoring Report and Survey Report; adopt resolutions relating to the Replenishment Assessment Act. Motion unanimously adopted.

- Public hearing and board vote to consider revisions to ACWD water rates, fee schedules, drought surcharges, private fire service rates, customer assistance program and other fees and charges.

### Item split for voting into three segments:

- Authorize revisions to fee schedules and miscellaneous charges. Motion unanimously adopted.

- Authorize amendments to Help on Tap customer assistance program, and reflect previously approved adjustments to facilities connection charges. Motion unanimously adopted.

- Authorize a drought surcharge fee of 4% effective March 1, 2023 and 4% in 2024 and commodity charges and updates to drought surcharges and private fire service rates. Motion adopted 4-1; Weed voting no.

### Consent Calendar:

- Approve minutes from January 12 regular board meeting and January 26 special meeting.

- Ratify payment of audited demands dated January 6, 13, 20 and 27.

- Reaffirm a State of Emergency resolution pursuant to Assembly Bill 361 regarding COVID-19 pandemic health and safety concerns that impact the ability for meetings to be held safely in person.

- Resolution honoring Rebecca Swann upon her retirement from ACWD.

- Authorize a boiler replacement at ACWD headquarters.

- Authorize a change order for the Advanced Metering Infrastructure Project.

- Authorize a funding agreement application with California Department of Water Resources for ACWD Urban Community Drought Relief Projects.

- Authorize an amendment to a professional services agreement for groundwater modeling of Alameda County Flood Control and Water Conservation District's low-flow channel modification.

Paul Sethy, President Aye  
John Weed Aye; 1 Nay  
Aziz Akbari Aye  
James Gunther Aye  
Judy Huang Aye

## Hayward Area Park and Recreation District Board of Directors Meeting

February 6, 2023

### Public Comments

- Support was voiced for increased education programs and staffing at Sulphur Creek Nature Center.

### Agenda Items

- Acceptance of Sorensdale Park ADA Improvement Project and approval of a budget change to cover the total project cost. The Five-Year Capital Improvement Program 2020-2025 (CIP) includes \$1.89 million for Sorensdale Park ADA Renovation Project. Passed 5-0
- Approval of Castro Valley Unified School District agreement with Bothman Construction for Canyon Middle School Sports Fields Project. Passed 5-0
- Approval of an emergency vehicle access easement for Madrone Terrace Project. Passed 5-0
- Approval of a task order with Sandis Engineers, Inc. for stormwater consulting and Qualified Stormwater Practitioner (QSP) services for San Lorenzo Community Center Project. Passed 5-0

## Newark City Council

January 26, 2023

### Business Items

- Adopt resolution proceeding the formation of Area Improvement District No. 35 for Lindsay Tract, providing approval of the Engineer's Report, declaring intention to order formation of the assessment district and to levy and collect assessments, establishing Property Owner Assistance Program for City -Sponsored Assessment Districts, and setting a public hearing date of March 23, 2023.

Not passed 2-1-1, nay Bucci; abstain Freitas, Collazo.

- Adopt a resolution terminating the local emergency due to COVID-19 effective February 28, 2023. Passed 3-0-2; recused Freitas and Collazo.

### Consent Calendar

- Approval of audited demands.
- Acceptance of the Annual Comprehensive Financial Report for the period ended June 30, 2022.

Mayor Michael Hannon Aye  
Vice Mayor Collazo Aye  
Luis Freitas Aye  
Mike Bucci Aye  
Matthew Jorgens Aye

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## Chabot College president to retire

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After a 36-year community college career, including 11 years as a college president, Chabot College President Dr. Susan Sperling is retiring July 31. Sperling is the ninth president in Chabot's 61-year history, the second female president and the second-longest-serving president following founding President Dr. Reed Buffington.

During her time as president, the college passed two bond measures, securing funding for major infrastructure projects across the campus. Under her leadership, Chabot saw the establishment of the Dream Center for undocumented students, the Black Cultural Resource Center and more than a dozen agreements and partnerships with feeder K-12 school districts.

"In a society that continues to be challenged by inequity, the California Community Colleges represent



Chabot College President Dr. Susan Sperling; credit: Chabot-Las Positas Community College District

the democratic vision of equal access to education and a better future for all Californians," said Sperling. "It has

been my great honor to lead Chabot College in bringing that vision to reality for our students and communities."

Sperling first arrived at Chabot as an anthropology instructor and, in that role, developed a new program curriculum. Over the years she served in a variety of faculty leadership roles, including faculty union president, college curriculum chair and dean of social sciences.

An anthropologist by training, Sperling received her doctorate at the University of California, Berkeley, and later completed postdoctoral research at the University of California, San Francisco. This led to early career academic posts at UC Berkeley, San Jose State University and several community colleges.

"President Sperling's dedication to Chabot College and its surrounding community will be felt for decades to come," said Chabot-Las Positas Community College Board of Trustees President Tim Sbranti. "Her ability to advocate for funding and build critical partnerships will ensure that prospective students in our community have a path to higher education and a rewarding career."

A nationwide search for a successor to Sperling is underway.

# LIFE CORNERSTONES

Birth

Marriage

Obituaries

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## Ronald J. Azevedo

Benicia California

June 23, 1929 to February 4, 2023



Born on June 23, 1929 of humble beginnings to Joseph Azevedo and Eldura Mae Silva. Ronald was the brother to three elder sisters, Eleanor Mae Azevedo Maloney (William), Doris Azevedo Rasner (Gustav), Jean Marie Azevedo Medley (Clifford) and younger sister Wilma Teague Vinson (Cal). His father Joseph immigrated to Hawaii from Madeira, Azores. In October 1918, one month prior to the end of WWI. Joseph was drafted into the U.S. Army, Company C, Hawaiian Territory Infantry. Several years later, Joseph met and married Eldura Mae Silva in Benicia. She was daughter to a prominent Benicia Portuguese immigrant family, Manuel F. and Mary Dondrado Silva.

The Joseph Azevedo Benicia Family home was located at 932 West 2nd Street in Benicia. Ronald's mother Eldura lovingly nurtured and cared for her young growing family, all while his father Joseph provided for the family as a boiler-maker at the Vallejo Shipyards. Educated at Benicia schools, each child eventually moved on to begin their own families.

Ronald remained close to his Benicia roots. He attended Benicia High School, Class of 1947. He competed on the tennis team, earned the Marching Band Drum Major position, and acted as "Biff" in his Senior Play, "Sing for Your Supper". After high school and prior to the Korean War, Ronald served for three years in the U.S. Army, attaining the rank of Corporal. He served as a drum major and lodge member of the Solano County Independent Order of Red Men (IORM). In 1955 he married Margaret Diane Lameneth in a large ceremony and reception attended by many family members and Benicia residents. Margaret served as IOKA Pocahontas, Council 30 of the IORM Lodge.

A charitable and successful civic-minded member of his community, Ronald campaigned and was elected as the Solano County Recorder from 1963 to 1990. During his tenure he uncovered historical manuscripts and numerous documents from Benicia and Solano County dating back to the 1800's, ensuring the collection to the Benicia Library. From 1977 to 1978, he served as Secretary-Treasurer for the County Recorders Association of California.

A gregarious and fun-loving uncle to his many nieces and nephews, Uncle Ronnie was quite naturally the center of all family gatherings. He loved the RV motor home outdoor life traveling with his sister Jean and brother-in-law Cliff, throughout the country visiting family members along the way. Alongside family and friends, he and Jack Daniels shared a passion for cheering on the Giants, 49ers, A's, Raiders and the Warriors. Throughout the years, joyful celebrations with family and friends were his trademark. His 80th and 90th birthdays were no exception. Thanks to the generous and gracious hospitality of the Pasalacqua Family, and The Lodge at Glen Cove in Vallejo. These events have a very special place in the hearts and minds of all family members and friends of Ronald J. Azevedo. Very special love, thanks and blessings to them for supporting Uncle Ronnie during his final months.

A Vigil Service was held on Thursday at 5 p.m., February 9, 2023 at St. Dominic's Catholic Church in Benicia. A Mass of Christian Burial was held at 10 a.m., on Friday February 10, 2023. Burial took place at St. Dominic's Catholic Cemetery in Benicia.

Descanse em Paz Tio Renaldo  
- Rest in Peace Uncle Ronald

## Faye Cantieni

January 1, 1934 – February 10, 2023

Resident of Fremont



Faye Cantieni of Fremont, CA passed away February 10th at the age of 89 surrounded by her children. She is survived by her sons Dennis and Randal Cantieni, her daughter Lorrie Peterson (Alan); grandchildren Derek Cantieni

(Riki), Cassandra Cantieni-Delgado (Jaime), Dennis Cantieni Jr., Eric Peterson (Rachel), Katie Walt (John), Lindsey Stratton, Randal Cantieni Jr., Cody Cantieni, Ethan Cantieni, and Jackie Cantieni; great grandchildren Mia, Maisie, Kinsley, Kaslyn Cantieni, Nathan Delgado, Elsie, Nora and Ruby Peterson, Zamira, Isaiah and Dorian Walt, Lily Murphy as well as other nieces, nephews, great nieces and nephews. Faye is preceded in death by her beloved husband John D Cantieni, and her parents Oren and Zeila Mae Culpepper. Faye's most important job throughout her life was loving

her family and friends. She was always ready to listen and support. As an avid painter, she loved to create art and share her paintings with others. She leaves behind a large hole in the hearts of those who loved her, but we are thankful to know she is united with her heavenly father.

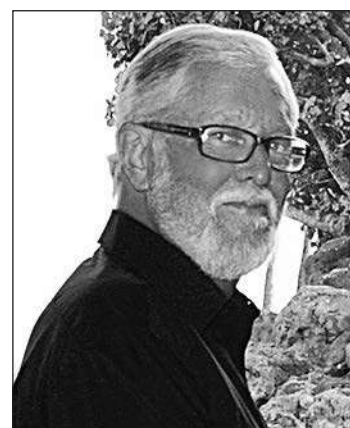
Service will be held at Grace Church, 36060 Fremont Blvd., Wednesday, Feb 15th at 11:00am, with a light lunch following. Visitation 1 hour prior to service. In lieu of flowers please consider a donation to [compassionnetwork.org](http://compassionnetwork.org).

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## Dannie Lee Selvidge

Dannie Lee Selvidge, 78, of Newark, California, passed peacefully Tuesday, February 7, 2023. He was born on June 2, 1944 to Garnett and Jesse Selvidge in Anderson, Indiana. He is survived by his wife of 43 years, Betty; two daughters, Angela and Christina; two sons, David and Kristopher; eight grandchildren, Keaton, Samantha, Riley, Reese, Liam, Kim-Ly, Atlas and Kellan. He is also survived by two brothers, William and Edwin, and sister Beth Ann.

Dannie enjoyed 47 plus years in the packaging industry, developing long term friendships with many wonderful customers. He loved his 49ers and Warriors, and especially the game of golf.



His kindness, sense of humor and sharp wit will be greatly missed.

There will be a viewing on Wednesday, 2/15/23 @ 5pm-8pm, at Chapel of the Angels at 40842 Fremont Blvd., Fremont, CA 94538.



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	<b>R. L. JOHNSON ATTORNEY AT LAW</b>		

**38750 Paseo Padre Parkway Suite C-7, Fremont**  
 M-F 10-7  
 Evening & Weekends  
 By Appointment

**Pedro "Pete" Saenz Jr**  
 March 23, 1954 - January 18, 2023  
 Resident of Manteca

Pedro "Pete" Saenz Jr, 68, of Manteca, California, passed away January 18th, 2023 peacefully in Manteca.

He was born in Oakland, California, to Ylaria and Pedro Saenz on March 23rd, 1954. He grew up in Fremont and lived in the Manteca area, for 26 years and was the youngest of six children. He attended Irvington High School and had 2 beautiful children with Eileen Nancy Jones: Marcella and Andy.

He worked many jobs including working with his dad Petes Construction Clean-up. He enjoyed watching movies, listening to music and talking with friends. He loved his family and made an appearance for every holiday.

He was a devoted father and grandfather who created a nickname for everyone. His grandchildren were affectionately known as Monkey Girl and Logan Wolverine. He looked forward to visits from his daughter and grandkids and often cooked them delicious breakfasts on Sundays with lots of



laughs and hugs. He had an amazing sense of humor and always had the best one-liners.

He is survived by his mother, Ylaria Saenz two brothers: Jose Saenz, Leo Saenz and one sister: Gloria Fierro; daughter: Marcella Straub; grandchildren: Brianna and Logan Straub; as well as beloved nieces, nephews, and dear friends. He was preceded in death by his father Pedro Saenz, his brother Raymond Saenz, his sister Mary Helen Saenz and his son Andy Saenz.

Services have been held.

**Fremont Memorial Chapel**  
 510-793-8900

**Lety Maribel Gonzalez Ramirez De Hernandez**  
 September 5, 1973 - February 3, 2023  
 Resident of Union City

Nació el 5 de septiembre de 1973, en Tejutla, San Marcos, Guatemala. Sus padres Angel Gerardo Gonzalez Muñoz y Eusebia Ramirez Ramirez. Quienes tuvieron en 12 hijos en su matrimonio de Los cuales Lety es la numero 11. La 1 es Elizabeth, 2- Israel, 3-Edwin, 4-Esau, 5-Hiram, 6-Aman, 7-Norma, 8-Marilu, 9-Mildred, 10-Angel, 11-Let Maribel, y 12- Nohemi.

La vida de Lety, está colmada de experiencias lindas, desde su nacimiento hasta este momento. Pues nació en un hogar cristiano, en donde servir a Dios, bajo una vida de constante búsqueda de Él, era el pan de cada día fomentando en Ella un profundo amor y temor de Dios. Al punto de haber tenido un encuentro personal con Dios a los 17 años, más adelante se internó en una Escuela de Evangelismo para servir de lleno a Dios. El 04 de

Julio de 1998, contrajo matrimonio con Osman Ruben Hernandez Fernandez, quien tenía varios años de pastorear. De ese matrimonio nacieron tres hijos varones: Osman Josue Hernandez Gonzalez (19 años), Osman Caleb Hernandez Gonzalez (17 años) y Osman Angel Ruben Hernandez Gonzalez (14 años.).

Podríamos resumir la vida de Lety, como la gran Pastora Lety, una guerrera, que no se amedrentaba ante los ataques del enemigo, y que su pasión siempre fue: Temor y Consagración a Dios para servirle mejor. Su amor y dedicación a su familia para ser el modelo y trabajo perseverante la iglesia para el avance del evangelio. Su Lema siempre fue: Soy Bendecida, Bendiciendo!

Adiós Letita, mi Chica, en el tiempo de Dios nos reuniremos contigo en Los Eternos brazos de nuestro Padre Celestial. (San Juan



11:25 y 14:1-6.).

Service and viewing from 5pm - 10 pm on Saturday, February 18, 2023 at Luz Del Valle Church located at 2751 Sleepy Hollow Ave., Hayward, Ca 94545.

Donations: gofundme Lety Maribel Gonzalez Ramirez

**Fremont Chapel of the Roses**  
 510-797-1900

**JoAnne Richardson**  
 January 12, 1947 - February 2, 2023  
 Resident of Niles, CA



a sister, an aunt, a grandmother and a great grandmother. She loved to sing karaoke, go fishing, camping and gambling at the casinos. She was the most wonderful and sweetest person. Everyone loved her.

Visitation will be held on Monday, February 20, from 1-3pm with a Chapel Service starting at 3pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536.

**Fremont Chapel of the Roses**  
 510-797-1900

JoAnne is survived by her 4 children- Michael Richardson, Lynda Payne, Gustava Rego and Stephanie Muns. She was a mom,

**Donna Jo Lopez**  
 January 16, 1946 - February 2, 2023  
 Resident of Newark



Donna Lopez, of Newark, passed away peacefully at her home on February 2, 2023. She was surrounded by many loved ones. She is survived by her five children, Wendell, Bill (Tina), Olivia (Ruben), Gloria (Kirk), Anthony Sr. (Angela); grandchildren: Adrian, Jesse (Myra), Anthony Jr., Jeanette, great granddaughters: Autumn and Avery. Donna is also survived by brothers: Ronnie, Wade (Kim), Darryl (Debbie), Jimmy (Lori), and sister Dean (Jim). As well as numerous loving nieces, nephews and great nieces and nephews.

Brother-in-law Taurino and Concha Lopez, and their family, remained such a special part of Donna's life and were with her until the end. She was preceded in death by Bartolome Lopez, her husband of 52 years, her parents, John and June Looney, brother: Johnny, sisters: Freda Nixon and Christine Terry.

Donna grew up in Oklahoma, the oldest of nine children, in an era where everyone helped to pick cotton as part of the family income. She often shared stories about the hard work, and strong family bond created in these tough times. She moved to California in 1962, after she and Bart were married. Donna was a stay-at-home mother while her kids were young. She proved not only to be "mom" to her children but also a second mother to so many other neighborhood children. This was supported by the number of neighbor "kids", who visited her throughout the decades and especially when her health began to decline. She often baked cakes and cookies for all the kids, and this was topic of

conversation on many of these occasions. Donna visited Oklahoma in 2020 for a Looney Family Reunion part 2. Donna was unable to attend the original reunion, so her siblings held a second one when she could make it. She enjoyed being treated like a queen by her siblings, in-laws, and so many nieces and nephews. Her brother-in-law Richard Nixon played the guitar and sang George Jones classics as they all visited on the porch. Donna was an avid lover of country music and especially enjoyed listening, laughing, and talking about her favorite songs. She was a beautiful soul, who left many loving memories.

Her Celebration of Life will be held on Friday, February 17, 12pm at Fremont Chapel of the Roses, 1940 Peralta Blvd, Fremont CA 94536. Burial will follow at Irvington Memorial Cemetery in Fremont CA.

**Fremont Chapel of the Roses**  
 510-797-1900

**Alice Ann Becker**  
 March 7, 1937 - February 1, 2023  
 Resident of Fremont

Alice Ann Becker, 85, of Fremont, CA passed away surrounded by her loving family. She is survived by children Ken Becker and wife Tammy, Janelle Schilling and husband Scott, 5 grandchildren, and 3 great grandchildren. She is preceded in death by her husband Alvin Becker.

She was born and raised in Sonoma County. She graduated from Sonoma Valley High School in 1955 and made the move to Fremont in 1960. Alice was a meticulous homemaker and worked as a medical assistant. She attended Holy Spirit Church and was a good friend to many.

Friends and family are invited to the Memorial Service on Saturday, February 18, 11am at



Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA. In lieu of flowers, please support the charity of your choice.

**Fremont Memorial Chapel**  
 510-793-8900

**LETTERS POLICY**

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. [tricityvoice@aol.com](mailto:tricityvoice@aol.com)

PUBLIC NOTICES

CIVIL

AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Superior Court of California, County of ALAMEDA Petition of: JAY B BISEN for Change of Name TO ALL INTERESTED PERSONS: Petitioner JAY B BISEN filed a petition with this court for a decree changing names as follows: JAY B BISEN to JAY BHARATISINGH BISEN...

CNS-3666569#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Superior Court of California, County of ALAMEDA Petition of: FATIMA MOKHAMMAD BASYR for Change of Name TO ALL INTERESTED PERSONS: Petitioner FATIMA MOKHAMMAD BASYR filed a petition with this court for a decree changing names as follows: FATIMA MOKHAMMAD BASYR to FATIMA AMIRI...

CNS-3661604#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): LINA BEAUTY SPA, 44825 INDUSTRIAL DR., FREMONT, CA 94538, County of ALAMEDA MAILING ADDRESS: 4063 CRESTWOOD ST., FREMONT, CA 94538...

CNS-3669217#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): TRANSPORTN, 11501 DUBLIN BLVD #200, DUBLIN, CA 94568, County of ALAMEDA MAILING ADDRESS: PO BOX 3, BOULDER CREEK, CA 95006...

CNS-3669209#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): PRETTY FOOD MOVEMENT, 869 HANCOCK ST #712, HAYWARD, CA 94544, County of ALAMEDA...

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law...

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): DIN DING DUMPLING HOUSE, 3768 CAPITOL AVE STE J, FREMONT, CA 94538 County of ALAMEDA...

CNS-3666563#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): FAMILY DENTAL CENTER, 34399 ALVARADO ROAD, UNION CITY, CA 94587, County of ALAMEDA...

CNS-3667128#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): DERMA ESTHETIC CARE, 43334 BRYANT ST STE 8, FREMONT, CA 94539; MAILING ADDRESS: 34768 HEMET COMMON, FREMONT, CA 94555, County of ALAMEDA...

CNS-3666568#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): TELADANTA, 39300 CIVIC CENTER DRIVE SUITE 390, FREMONT, CA 94538 County of ALAMEDA...

CNS-3666567#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the fictitious Business Name(s): The Fictitious Business Name Statement filed on 5/2/2018 in the County of Alameda...

OLIVE CHILDREN FOUNDATION, 40963 OLMSTEAD TER, FREMONT, CA 94538 (CALIFORNIA) Business conducted by: A CORPORATION...

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): TRI-CITY PHYSICAL THERAPY, 34278 LENNOX CT, FREMONT, CA 94556, County of ALAMEDA...

CNS-3666563#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): SACRED SPACE, 1401 RED HAWK CIRCLE E305, FREMONT, CA 94538, County of ALAMEDA...

CNS-3663361#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): SHIVA SUBRAMANIAN RAJARAM, 1401 RED HAWK CIRCLE E305, FREMONT, CA 94538, County of ALAMEDA...

CNS-3662023#

GOVERNMENT

Notice is hereby given that this is an Online Bid Process; only bids submitted through the online portal will be accepted. Please login or register at https://e2sourcing.acgov.org/...

CNS-3668547#

NOTICE TO CONTRACTORS FY 2021-2022 CITYWIDE PARK PATHWAYS RESURFACING FOR ADA ACCESS PROJECT NO. 1297

The City Council of the City of Newark invites sealed bids for the construction of public improvements for FY 2021-2022 Citywide Park Pathways Resurfacing for ADA Access, Project 1297, City of Newark, Alameda County, California...

CNS-3666393#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF EDWARD LOUIS CERDA

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: EDWARD LOUIS CERDA A PETITION FOR PROBATE has been filed by ELIZABETH A. DIXON in the Superior Court of California, County of Alameda...

who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available...

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code...

Attorney for Petitioner: DANIEL A. HUNT (SBN: 262943), LAW OFFICES OF DANIEL A. HUNT, 798 UNIVERSITY AVE., SACRAMENTO, CA 95825, Telephone: (916) 488-9788

CNS-3669528#

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAIXIANG CHEN

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DAIXIANG CHEN A Petition for Probate has been filed by TONG LIAO in the Superior Court of California, County of ALAMEDA...

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)

A hearing on the petition will be held in this court on 3/6/23 at 9:45 A.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code...

CNS-3668395#

NOTICE OF PETITION TO ADMINISTER ESTATE OF MINH NGUYEN

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: MINH NGUYEN A Petition for Probate has been filed by BE LE in the Superior Court of California, County of ALAMEDA...

The Petition for Probate requests that BE LE be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)

A hearing on the petition will be held in this court on MARCH 13, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code...

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.



## Jones joins Newark School Board

BY STAFF

Katherine Jones has been involved in education for over 40 years. She graduated from Cal Poly in San Luis Obispo with a BS in Home Economics focusing on Interior Design and Textiles. She went into business for 4 years, before attending Santa Clara University, where she received her teaching credential.

Jones began teaching for Newark Unified School District (NUSD) in 1988 and retired in June of 2022. Throughout her career, she worked in curriculum development, sales, and staff development facilitation. Jones was a key member in the creation

of the district's sophisticated Educator Effectiveness and Evaluation (E3) system, a process which includes evaluation and self-reflection for educator growth and improvement.

Jones also completed Cal State East Bay's Educational Leadership Academy in 2000. As a lifelong educator, she understands the needs of teachers, classified staff, and students. She has worked with many parents, listening to their concerns and promoting open communication with all stakeholders. Jones has been a resident of Newark since 2000 where her two children attended NUSD beginning in elementary school.



Photo source newarkunified.org

She looks forward to helping the district reach its goal of creating a world-class education for all students and a respected environment for the staff to work there. Elected in November, the freshman Board member's term ends December 2026.

## Newark elects Nancy Thomas as School Board President

BY STAFF

Nancy Thomas was elected to the Board of Education in November 2022, having previously served on the Board from 2002 to 2019. She received her BS degree from San Jose State University and her MS degree from Stanford University, both in Electrical Engineering. She retired from Hewlett Packard after 25 years. During the latter she helped develop the company's K-6 Hands on Science Program in which Newark Unified participated.

During her 17 years on the school board, Thomas developed a deep understanding of the issues facing school districts. She was a 10-year member of the California School Board Association (CSBA) Delegate Assembly and served as CSBA's representative to the California Interscholastic Federation for five years. She participated in



Photo source newarkunified.org

many CSBA professional development courses including their comprehensive Masters in Governance program.

President Thomas' community involvement includes memberships in the Newark Rotary Club and Newark Optimist Club. Thomas has lived in Newark for 50 years. She is a widow with three adult children and five grandchildren. She enjoys cycling, playing bridge, and traveling with her family.

## San Leandro City Council

February 6, 2023

### Action Items

- Approve an exception to the 180-Day waiting period for post-retirement employment for Sandra Colwell. Passed unanimously.

- Approve a proposal from Municipal Resources Group to evaluate City Clerk reporting options and direct the City Attorney to negotiate a consulting services agreement. Failed 3-4; nay Ballew, Bowen, Gonzalez, Reynes.

### Consent Calendar

- Nominate Joseph Trujillo as the District 3 Representative to the Community Police Review Board for term ending December 31, 2023.

- Authorize amendment #3 to the existing consultant services agreement with Fehr & Peers for On-Call Transportation Engineering Services.

- Authorize a consulting services agreement with HF&H Consultants, LLC to develop a procurement process for solid waste recyclables, and organics services contracting.

- Adopt a Resolution Extend the confirmation of a Proclamation of Local Emergency and declare its termination in line with the termination of the Governor's State of Emergency.

- Approve a Communication and Integrity Policy for solid waste contract procurement.

Mayor Juan Gonzalez

Bryan Azevedo

Celina Reynes

Victor Aguilar

Fred Simon

Xouhoa Bowen

Pete Ballew

Aye

Aye

Aye

Aye

Aye

Aye

Aye

## Fire department welcomes new deputy chief

SUBMITTED BY  
FREMONT FIRE DEPARTMENT

Heather Mozdean, a veteran firefighter with nearly two decades of experience in the profession has been named the newest Deputy Fire Chief with Fremont Fire Department.

Mozdean joined the department in January after serving with Oakland Fire Department in various capacities including firefighter/emergency medical technician, lieutenant, captain, battalion chief and deputy fire chief of operations.

Mozdean was selected from a wide field of candidates based on her experience and ability to

foster strong partnerships with city government officials and community-based agencies.

Additionally, Mozdean is an advocate for women in fire through her participation in various professional groups including California Firefighter Joint Apprenticeship Committee, I Women, Driven to Serve and the NorCal Women in the Fire Service Girls Fire Camps.

She is a graduate from University of California at Berkeley and also holds State of California Company and Chief Officer certifications and is working on the Center for Public Safety Excellence Chief Fire Officer Certification.

## Newark Police Log

SUBMITTED BY NEWARK PD

### Sunday, January 1

- At 11:43 a.m. Officer McCuin investigated a hit and run collision in the 39000 block of Cedar Blvd.

- At 12:07 p.m. Officer Taylor arrested a 41-year-old man in the area of Sycamore Street and Rich Avenue on suspicion of possessing drug paraphernalia a probation violation. He was booked into Santa Rita Jail.

### Tuesday, January 3

- At 10:53 a.m. officers investigated a report about a bomb threat in the 6000 block of NewPark Mall Road. The threat was determined to be unfounded.

### Friday, January 6

- At 3:05 a.m. officers responded to a vehicle collision into three parked vehicles in the

36000 block of Walnut St. Officer Rivas arrested a 27-year-old Hayward man on suspicion of DUI. He was booked into Santa Rita Jail.

### Saturday, January 7

- At 10:35 a.m. Officer Jackman investigated a report about a tree down on Thornton Avenue. While at the scene, officers found a vehicle license plate that indicated the tree was felled by a vehicle collision. Officers located the driver, a 27-year-old Hayward man and forwarded a complaint to the District Attorney's Office for charging.

- At 8:17 p.m. officers located a stolen vehicle in the 39000 block of Cedar Blvd. While there, they contacted two Oakland men, ages 29 and 26. During their investigation, officers located a loaded "ghost gun." Both men were arrested on suspicion of possessing stolen property, carrying a loaded firearm in public, parole violation and being a convicted felon in

possession of ammunition respectively. They were booked at Santa Rita Jail.

### Monday, January 9

- At 8:45 p.m. officers responded to a report about a collision involving two vehicles in the area of Thornton Avenue and Cedar Boulevard. Officers arrested a 37-year-old Fremont man on suspicion of DUI. He was booked into Santa Rita Jail.

### Tuesday, January 10

- At 5:21 p.m. officers responded to a report about a person using a flashlight to look into resident's windows in the 38000 block of Aralia Dr. Upon arrival, officers found and arrested a 21-year-old Union City man on suspicion of possessing a concealed dagger, a controlled substance, drug paraphernalia and a probation violation.

### Thursday, January 12

- At 9:34 p.m. officers started to investigate reports of multiple overnight thefts of catalytic converters in the north end of the city.

## Fremont Police Log

SUBMITTED BY  
AMY GEE, FREMONT PD

### Tuesday, January 31

- A 911 caller from manufacturing company reported that employees saw an unknown person driving a white van and threatening to shoot people walking on Quantum Drive. Arriving officers check the area but did not find the van or any crime victims. About two hours later, officers responded to a similar call where a reporting party indicated a person in a white van was brandishing a firearm near Quantum Drive. Later, another person called 911 reporting someone in a white van brandished a black rifle and threatened to shoot him. Officers located the suspect vehicle on at Innovation/Ambition streets and made an enforcement stop. The suspect, an adult Fremont resident, was arrested. Officers seized a black pellet rifle from the vehicle.

### Wednesday, February 1

- Officers responded to a report about a jewelry swap at an apartment complex on

Fremont Boulevard. A victim was sitting in the courtyard when two people approached her and showed them pieces of fake jewelry. Then they placed a fake gold necklace over the victim's neck and simultaneously stole the victim's real gold necklace. The subjects fled in a black Jeep Grand Cherokee with no license plates. The case is under investigation as a grand theft.

### Saturday, February 4

- Officers responded to a report about a residential burglary on Capulet Circle. The male occupant said he was asleep and awoke to sounds of someone rifling through his personal belongings. He confronted the suspect and an argument ensued. Soon, the intruder left and the victim was not injured. Police said the intruder entered through an unsecured living room window.

### Monday, February 6

- Officers spotted a suspicious truck near an apartment complex on Fremont Boulevard and stopped to investigate. The truck had two occupants; the driver tried to walk away from the vehicle as soon as he saw the officers. Officers determined the vehicle was stolen and detained and later arrested the driver and the passenger on various charges. Both were adult males from Fremont.

## Five teens arrested in Castro Valley armed robbery spree

SUBMITTED BY ALAMEDA COUNTY SHERIFF'S OFFICE

Over the weekend of February 4 deputies responded to three armed-robbery reports in Castro Valley involving multiple victims.

Robberies were reported in the 4300 block of Omega Ave., the 19700 block of Center St. and the 20300 block of Forest Avenue. Victims walking in those areas told Sheriff's Department dispatchers they were held at gunpoint (gun concealed in a jacket) while their cellular phones, car keys and other personal items were taken. They said the suspects fled in a red sedan and appeared to be juveniles.

Sheriff's Office officials said that after the robbery on Forest Avenue, the juveniles used a set of keys taken during from one of the victims to steal the victim's unoccupied black 2016 Hyundai Tucson. The vehicle was later recovered.

Deputies later spotted the suspect's red sedan near Omega Avenue and tried to make an enforcement stop. The driver sped away, but eventually crashed into barriers in the roadway on Redwood Road.

Inside the vehicle deputies found three juveniles, personal effects from the robberies, and a P-80 lower receiver ghost gun with a laser. Two more juveniles who matched the descriptions provided by the victims were located on foot near the Castro Valley BART station.

The suspects, who were all identified by the victims, ranged in age from 13-17. A record check showed they all had prior robbery histories in Oakland, Berkeley and Pleasanton. They were arrested on various felonies and taken to the Alameda County Juvenile Justice Center.



## BART Police Log

SUBMITTED BY  
LES MENSINGER AND  
BART PD

### Monday, February 6

- At 10:38 a.m. a woman identified by police as Emma Grace Malone, 26, of Vacaville was arrested at Bay Fair station in San Leandro on suspicion of possessing a controlled substance and drug paraphernalia. She was booked into Santa Rita Jail.
- At 7:19 p.m. a person identified by police as Harmony Powers, 31, was arrested at Bay Fair station in

San Leandro on suspicion of battery on an officer and resisting arrest. Powers was issued a prohibition order and booked into Santa Rita Jail.

### Wednesday, February 8

- At 5:23 a.m. a man identified by police as Anthony Aguilar, 25, of Oakland was arrested in the parking structure at Hayward station on suspicion of possessing a concealed dirk or dagger and a probation violation. He was booked into Santa Rita Jail.
- At 6:05 p.m. a person identified by police as Deshawn Laverne, 38, of San Francisco was arrested at Bay Fair station in San Leandro on suspicion of battery on a transit worker. Laverne was issued a prohibition order and booked into Santa Rita Jail.

## Hayward Police Log

SUBMITTED BY  
HAYWARD PD

### Monday, January 30

- At 7:30 a.m. a male was walking near the intersection of Panjon Street and Huntwood Avenue when he was approached by several people in a vehicle. The driver exited the car, brandished a handgun and demanded property from the victim. The suspect then fled the scene in their vehicle.
- At 8:38 p.m. a person entered a business near the

27000 block of Hesperian Blvd. and used force to try and take property from a store employee. As the suspect fled, officers arrived on scene. The suspect tried to run away but was taken into custody a short distance later.

### Saturday, February 4

- At 4:03 a.m. a person entered a business near the 100 block of Harder Road and brandished a handgun, then took property from the business and fled the scene by unknown means.

### THEATRE REVIEW

## Feed the Beast at Chanticleers Theatre's Little Shop of Horrors

BY HUGO VERA  
PHOTOS COURTESY OF  
JACOB RUSSELL-SNYDER

Horror meets comedy in the Chanticleers Theatre's production of *Little Shop of Horrors*. Based on the 1982 and 1986 musical adaptations of the 1960 film, Director Sue Ellen Nelson's retelling of the story expertly blends macabre concepts with slapstick-humor and real-world commentary about the dangers of ambition.

Set in the "Skid Row" neighborhood of Los Angeles in the 1950s, Mr. Mushnik (played by C. Conrad Cady) struggles to keep his flower shop afloat while his timid, adoptive son Seymour (Julian Hensley) tries to rescue his distressed coworker and crush Audrey (Eva Li) from an abusive relationship with a sadistic dentist named Orin (Ray Holt). Seymour then comes into possession of an exotic alien plant with a hunger for human blood—which he then names "Audrey II." As the strange plant propels Seymour and the shop to success, Seymour must then choose between the pursuit of fame, fortune and love, or protecting those around him by putting an end to Audrey II's bloodlust before it's too late.

Accompanying the core cast are the musical's "Greek-chorus" style narrators Chiffon (Chelcy Hedgspeth) and Crystal (Willow Mae) as well as Curtis Pollard who plays the 'bit parts.' While the entire cast brings iconic tracks such as "Dentist!" and "Feed Me" to life,

it is Hedgspeth and Mae's rendition of "Don't Feed the Plants" that delivers an ending which is both open-ended yet satisfying all at once.

Hensley's portrayal of Seymour is a masterclass in comedic acting as his mannerisms and demeanor expertly convey Seymour's willingness to compromise his morals in order to achieve what he believes is the greater good. Eva Li stuns as Audrey, giving a character that is otherwise seen as a stereotypical 'damsel in distress' a compelling backstory that relates to the struggles that many women endure to this day. Veteran stage-actor C. Conrad Cady excels in painting Mr. Mushnik as a paternal figure to Seymour but one whose greed and ego ultimately backfires. Audiences will simultaneously be repulsed and charmed by Ray Holt as the chameleon of an actor seamlessly plays a plethora of characters ranging from the primary antagonist to an old lady, a Dick Tracy/detective-type character and many more.

The breakout performances, however, come from two actors whom audiences will not even see until curtain call. Curtis Manning, the voice of Audrey II, steals the show with his immaculate singing talent and swagger which makes the carnivorous plant every bit as charismatic as it is intimidating. Max O. Chang, who puppets the various forms of Audrey II, ingeniously moves every flap, vine and part of Audrey II in sync with Manning's voice acting which is clearly no easy feat given the scale of production.

The crux of any retelling of *Little Shop of Horrors* is the physical presence of Audrey II, and artistic director Jacob Russell-Snyder and the entire Chanticleers team of puppet masters, costumes, stage and lighting deliver tenfold. Through their efforts, Mr. Mushnik's flower shop transports audiences to the seedy atmosphere of 1950s Skid Row



## Pioneer Softball wins both games in Concordia Kickoff Classic

SUBMITTED BY  
CSUEB ATHLETICS  
COMMUNICATIONS

The second day of the Concordia Kickoff Classic took place Saturday, February 4 at Great Park. The Cal State East Bay softball team won both of its games on Saturday, including an 8-3 win over Central Washington followed up with an 11-6 win over UH Hilo.

### Cal State East Bay 8, Central Washington 3

In the bottom of the first inning, the Pioneers started with five runs. Sarah Duran led off with a single, and after reaching scoring position on a wild pitch, scored on an RBI double from Cynthia Carrillo. Runs continued to score in the inning from an RBI single from Ysabella Cortez, sacrifice fly from Serena Cadena, RBI single from Jeslyn Cuellar and a run was scored by Gabriela Rivera on a throwing error.

The Wildcats scored a pair of runs in the top of the second, but in the bottom of the third, Carrillo delivered a bases clearing

double, driving in three runs for an 8-2 lead.

Although one more run was scored for CWU in the top of the sixth, the Pioneers finished with their first win of the season, 8-3 over the Wildcats.

### Cal State East Bay 11, UH Hilo 6

With the bases loaded in the top of the first, Annelise Garcia doubled to drive in a pair of runs for a 2-0 lead. The lead grew to 3-0 on an RBI single from Rivera.

Two more runs were added to CSUEB's lead in the second inning. Duran scored on a wild pitch and Sydney Littles was driven in on an RBI single from Garcia.

The Pioneers' offense continued to show its presence in the fourth inning with their bats and capitalizing on miscues in the field by the Vulcans. The first run in the inning was a result of an RBI single from Garcia.

Adriana Martinez and Garcia scored off fielding errors, then Sarissa Block tripled to drive in a pair of runs. The final run of the inning was when Block scored on a wild pitch.



Sarah Duran

UH Hilo scored five runs in the bottom of the fourth, greatly reducing the possibility of a loss by run rule. Dyon Garcia hit a two-run home run and Kanoe Piltz hit a bases clearing double. Through four innings, CSUEB led 11-5.

The Vulcans added a run in the bottom of the sixth on a wild pitch, but the Pioneers prevailed with an 11-6 win.

Claire Sua-Amundson, head coach of the Pioneers, following Saturday's victories:

"I am happy we were able to bounce back and pick up two wins. We had some great offensive performances from [Sarah Duran], [Adriana Martinez] and [Cynthia Carrillo]. [Anamaria Beard] was really efficient in her outing."

## MVAL Wrestling Championship Showdown

BY ERIC DONATO

Newark Memorial High School hosted one of the most anticipated local high school wrestling events of the year this past Saturday, February 11.

The Newark Memorial school gym was abuzz with excitement as local high schools' wrestling teams, and individual athletes had their eyes on the prize for the 2023 Mission Valley Athletic League (MVAL) boys, girls, and junior varsity (JV) wrestling championship titles.

MVAL is a collaboration of eight schools, seven of which are in the Tri-City, with one in Hayward. MVAL is part of the Bay Shore Conference in the North Coast Section (NCS). The participating schools in the weekend's MVAL championships included James Logan (Union City), Kennedy (Fremont), Mission San Jose (Fremont), American (Fremont), Washington (Fremont), Irvington (Fremont), and Newark Memorial (Newark).

The boy's championship bracket battled across fourteen weight classes while the girls had twelve weight classes. The JV championship finals were in three weight classes. The James Logan Colts displayed dominance by winning half of the first-place titles throughout several weight classes in the boys' brackets. Likewise, the American Eagles took the overall lead in the MVAL girls' division with their number of first-place titles across the weight divisions. The 2023 MVAL Girls Wrestling championship trophy was also awarded to the American Eagles, who edged the Colts in total team points and overall titles.

### Boy's championship first-place results:

- 108 lbs - Kevin Ruiz Perez (James Logan)
- 115 lbs - Nick Francisco (James Logan)
- 122 lbs - Devin Dimapasoc (James Logan)
- 128 lbs - Isaiah Davis (James Logan)



American Eagles took overall lead in the MVAL girls' division.

- 134 lbs - Alex Chiu (James Logan)
- 140 lbs - Casey Jackson (Kennedy)
- 147 lbs - Elijah Sudaria (Kennedy)
- 154 lbs - Michael Pickett (Kennedy)
- 162 lbs - Xavier Vargas (American)
- 172 lbs - Andrew Kwok (Irvington)
- 184 lbs - Dominic Debo (James Logan)
- 197 lbs - Jayden Tadeo Gosal (Kennedy)
- 222 lbs - Anthony Kangas (Mission San Jose)
- 287 lbs - Geovanni Valverde (James Logan)

### Girl's championship first-place results:

- 103 lbs - Kyla Mease (James Logan)
- 108 lbs - Alyse Domingo (Washington)
- 113 lbs - Mitali Sarnobat (American)
- 118 lbs - Mia Maharaj (American)
- 123 lbs - Kristy Zhu (American)
- 128 lbs - Teagan Rees (American)
- 133 lbs - Mariam Wahba (American)
- 139 lbs - Harshana Jawahar (Irvington)
- 152 lbs - Mahlyah Sao (Newark Memorial)
- 162 lbs - Kathy Bjornson (Kennedy)
- 172 lbs - Kira Bjornson (Kennedy)
- 237 lbs - Daniela Gomez (James Logan)

### Junior varsity championship results:

- 122 lbs - Miguel Rodriguez (James Logan)
- 128 lbs - Alex Perez (James Logan)
- 134 lbs - Gurtej Deol (Irvington)

while the ever-increasing size of puppets representing Audrey II convey the creature's metaphorical and literal growth.

Catered to teenage and adult audiences, fans of the original 1960 film as well as the 1986 musical starring Rick Moranis will surely enjoy the Chanticleers production of what many consider to be the first horror-comedy.

**Chanticleers Theatre's  
Little Shop of Horrors**  
Friday, February 10 – Sunday,  
March 5  
Thursdays: 7 p.m.  
Fridays/Saturdays: 8 p.m.  
Sundays: 2 p.m.  
Castro Valley Community Park  
Center  
3683 Quail Ave., Castro Valley  
Tickets: \$30 general,  
\$25 Senior/Student, \$15 Youth  
12 and under  
Tickets and general info:  
[www.chanticleers.org](http://www.chanticleers.org)



Seymour (played by Julian Hensley) and Audrey II

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**Fremont Education Foundation**

**Gandy Land Theme**

**Excellence in Education Gala**

**February 24, 2023 6:00 PM**

**COMMUNITY HONOREE: GRIPPSMAS PLAGE**

**FUSD HONOREE: CURRICULUM & INSTRUCTION DEPARTMENT**

**Fremont Downtown Event Center**  
[www.fremont-education.org](http://www.fremont-education.org)



## Alameda County Library launches new tool lending collections

SUBMITTED BY ALICIA REYES

As a Valentine's Day gift to library members, Alameda County Library announces two new tool lending collections at the Irvington and Centerville Libraries. Imagine a book library with tools; instead of purchasing tools that might be used once, or a couple of times a year, library members can borrow them for free.

"With free access to tools, we are removing cost barriers and creating opportunities for our communities to learn, build, restore and cultivate sustainable neighborhoods. Much like book lending, tool lending encourages the reuse and sharing of resources that reduce our environmental footprint," said Cindy Chadwick, County Librarian.

**Each tool lending collection is unique:**

The Irvington Tool Lending Library has tools to tinker, repair,

make, and build with. Tools in this collection include a ladder, pipe wrench, heat gun, orbital sander, multi-bit screwdriver, claw hammer, and mechanics tool set. The collection can be used for home, car, and phone repairs as well as DIY projects like building a fence. Irvington Library also has a makerspace. As the makerspace expands, it will include sewing machines, 3D printers, a heat press, a die cutting machine, and more. Unlike the tool lending library, the makerspace equipment is for indoor library use only and cannot be borrowed.

The Centerville Gardening Tool Lending Library has gardening tools to dig, plant, pick, weed, prune, and trim with. Funded by the California State Library, the collection has a sustainability focus that features electric and battery powered garden equipment and hand tools to reduce noise and air pollution.

Tools in this collection include a shovel, hoe, weed popper, tree pruner, fruit picker, manual lawn edger, lawn aerator, and battery-powered leaf blowers and string trimmers. The collection will lower the cost of garden maintenance, reduce waste by sharing resources, assist communities in adopting greener technology tools, and improve outdoor spaces. This summer the library will host educational programs to teach members how to use the tools and create greener neighborhoods.

These collections are small to start with, but will grow as the library collects feedback from members.

**How tool lending works:**

- An Alameda County Library card and signed waiver is required before borrowing tools.
- Tools can be borrowed for up to three weeks and cannot be renewed or placed on hold.
- Tools must be picked up at and returned to the owning library.

*The Centerville Gardening Tool Lending Library is supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.*



Irvington Tool Lending Library



Tools from Centerville Gardening Tool Library

**Centerville Library**  
Tues: 10 a.m. – 5 p.m.  
Wed: 1 p.m. – 8 p.m.  
Thurs: 11 a.m. – 6 p.m.  
Sat: 10 a.m. – 5 p.m.  
Mon, Fri, Sun: CLOSED  
3801 Nicolet Ave., Fremont

(510) 795-2629  
<https://aclibrary.org/>

**Irvington Library**  
Wed – Fri: 12 noon – 6 p.m.  
41825 Greenpark Dr., Fremont  
(510) 795-2631  
<https://aclibrary.org/>

## VA mobile medical outreach team to visit Hayward Veterans Memorial Hall

SUBMITTED BY HECTOR M. VILLASEÑOR

Hayward Public Library, and American Legion Post 68 will host the VA Palo Alto Mobile Medical Outreach Team at the Hayward Veterans Memorial Hall. They will facilitate examinations, consultations, and referrals for veterans who are enrolled in VA healthcare system onsite. VA resource information will be available.

Veterans uncertain of their benefits eligibility are encouraged to visit as

requirements have changed, and VA health care may complement current medical coverage. VA representatives will also provide information or assistance with questions and enrollment for VA healthcare.

Veterans should bring military discharge papers (Form DD-214) and a list of current medications. For more information or assistance obtaining proof of service documents prior to the event, contact the library's information desk, (510) 881-7980, or email

Hector Villaseñor at [hector.villaseñor@hayward-ca.gov](mailto:hector.villaseñor@hayward-ca.gov).

**VA Mobile Medical Outreach Team**  
Thursday, Feb 16  
10 a.m. – 1 p.m.  
Hayward Veterans Memorial Hall  
22737 Main St., Hayward  
(510) 881-7980  
[www.facebook.com/haywardlibrary](http://www.facebook.com/haywardlibrary)

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