



STORRINGTON GLEBE SURGERY & PPG NEWSLETTER

2nd EDITION - JANUARY 2020



PPG UPDATE

Firstly, may I wish you all a Happy New Year, I hope you have all had a wonderful time over the festive season and that you enjoyed reading our first newsletter and found it interesting and informative.

In a recent patients' survey for the whole of West Sussex GP practices, it was wonderful to see that the Glebe Surgery came 2nd. This is a real achievement considering the upheaval and disruption there has been during the current building works.

We would like to thank Waitrose & Partners for providing us with the opportunity to raise some funds through their Community Matters Initiative. November saw us as one of the local groups vying for those little green tokens!! Thank you to everyone who chose us. We are delighted to have received a cheque from Waitrose to the value of £540.00. This money will help fund the purchasing of new medical equipment.

I would also like to thank Fowlers Estate Agents for kindly agreeing to fund the production of our Newsletter going forward. This kind of community support is very much appreciated.

We are still actively looking for new members to join our small group, we meet on a quarterly basis and if you would be interested please contact the surgery for further information.

Tony Sewell (Chairman)



NEW SURGERY UPDATE

Progress continues with our new surgery, however, due to the inclement weather and a few material delays, this has unfortunately impacted on our completion date which will now be at the beginning of March 2020.

Paul Spells, Business Development Manager

SOCIAL PRESCRIBING

Social Prescribing – a new support for patients

Sometimes how we feel is determined by a wide range of social, economic and environmental factors. We might feel 'low' because we are lonely, inactive or struggle with poor self-confidence and anxiety.

So, when a 'non-clinical' diagnosis is an option doctors will soon be able to refer patients to a Social Prescribing Link Worker. The social prescriber will meet with the individual to talk over opportunities to access a local community-based activity or local service which could help them. Some examples may include things like linking up with a befriender, starting an exercise class or volunteering at a local gardening group.

Here at the Glebe our new Social Prescribing Link Worker will be part time between the Glebe and Billingshurst Surgeries.

Social prescribing aims to support individuals to take greater control of their own wellbeing in a more holistic approach to health care.

Typically social prescribing schemes involve activities provided by voluntary and community sector organisations as well as other health care professionals. Storrington Community Partnership are supporting this new role by setting up a Health Connections webpage on the Storrington community website (www.storrington.org.uk). The page will provide a directory of local activities and services matched to health conditions.

Liz Burt & Andy Castle – PPG Members

**FOR URGENT MEDICAL PROBLEMS THAT
CANNOT WAIT UNTIL THE SURGERY
RE-OPENS PLEASE TELEPHONE THE NHS OUT
OF HOURS SERVICE ON 111**



TRAVEL PLAN



We are asking patients to complete a short questionnaire regarding their travel arrangements when visiting the surgery. This will be available on reception from mid-January.

WELCOME TO OUR NEW ANP

I joined The Glebe at the beginning of October 2019 in the role of Advanced Nurse Practitioner. I was already familiar with the practice as for the last 10 years, as a Diabetes Specialist Nurse, I was visiting monthly to do collaborative diabetes clinics with the practice nurses. With several years of nursing experience and post graduate study under my belt, I am looking forward to my new role with the team at The Glebe.

I am impressed by the friendly welcome I have received from both Glebe staff and the people of Storrington and I already feel settled, despite the upheaval of preparing to move to a new premises.

I am very much looking forward to meeting more of you in the coming years.

Nicola Middleton - Advance Nurse Practitioner



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PARKING VOLUNTEERS

A "Special Thanks" to all our volunteers who have helped with parking issues during the building works. Your efforts have been greatly appreciated.

Sue Platt, Dorothy Langler, Peter Twigg, Maggie Church, Christine Bolingford, Dave Bolingford, Inka Wismont-Lesinka, Pegi Shrove, Ralph Soundy, Penny Thornton, Elaine Hunt, Ann Salmon, Angela Reynolds, Stephen Whyley, Bonnie Tse, Peter Herbertson.

APPOINTMENT NON ATTENDANCE

OCT 187

NOV 134

DEC 143

**GP APPOINTMENT?
CAN'T MAKE IT?
DON'T NEED IT?
CANCEL IT!**

PLEASE PHONE - 01903 742 942

***** THANK YOU FROM THE GLEBE *****

We would like to say thank you very much to all those patients who have donated funds for the new surgery, we are very grateful for your continued support.

STAFF TRAINING DAYS

We currently have the following Staff Training Days booked and the surgery will be closed on -

Thursday 16th January 2020 12.30 pm – 4.00 pm

Tuesday 4th February 2020 12.30 pm – 5.00 pm

WHERE TO GET YOUR NEWSLETTER

You can pick up a copy of this newsletter in the waiting room at the surgery, at the Storrington Library or the Ashington Pharmacy. For those who would like to read it online, it will also be available on the surgery website glebesurgerystorrington.nhs.uk. If you would like to make a donation or help the PPG in any way, please contact the surgery for further information.