**Emerald Wine Basil** 



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Cranberry Hibiscus



Beach Mint

Rare Food Plants from Around the World Marino Cilantro

# Welcome to our 2013 Catalogue



Come to our free seminars! We have many more at richters.com/events

FEB 3 PROSPECTING FOR HERBS with Conrad Richter, Richters Herbs 2-3pm

FEB 10 MAKING YOUR OWN TINCTURES with John Redden, RH, Viriditas Herbal Products, Toronto 2-3pm



MAR 3 DRUMMING IN THE HEARTBEAT OF MOTHER EARTH with Adele Racine Passmore, Thirteen Moons, 1–3pm

MAR 24 SEABUCKTHORN -ONTARIO'S LOCAL CITRUS! with Marlene Wynnyk, The Healing Arc, Teeswater 2–3 pm





FEB 17 ADVENTURES WITH WILD EDIBLES with Mieke Schipper, Gamiing Nature Centre, Peterborough 2-3pm

FEB 24 PERMACULTURE AND FOREST GARDENING with Travis Philp, Greenshire Eco Farm 1-3pm



APR 21 FIGS APLENTY– GROWING YOUR OWN with Steven Biggs, Award Winning Food & Garden Writer 2-3pm

APR 28 OUR COMMON ROOTS – HEALING WITH HERBS with Chad Cornell, Master Herbalist, Hollow Reed Holistic 1-3pm

# MAY 5 NATIONAL HERB DAY Honouring Elderberry

"Herb of the Year for 2013" Join us for a celebration of elder, the super food and super medicine. Demonstrations, cordials, recipes, and more. Free! 1-5pm

Feature presentations:

GROWING ELDERBERRY FOR FUN, FOOD & MEDS

with Conrad Richter, Richters Herbs 2-3 pm

ELDERBERRY FOR HEALTH & HEALING with John Redden, RH, Viriditas Herbal Products 3–4 pm

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SeedZoo<sup>TM</sup> is a project to preserve traditional and indigenous food plants from around the world. Teaming up with botanical explorers and ethnobotanists, we are searching for rare and endangered food plants that home gardeners can grow and enjoy, and help preserve for future generations. We sent plant explorers across the world in search of rare beans, squashes, melons, greens, and grains. Many of the rare and exotic plants they bring back are found in only one region or one village. These seeds are sold on a "first come, first served" basis. Once they sell out they may never be available again. Shown here are just a few of the seeds available. See the complete SeedZoo<sup>TM</sup> list online at www.SeedZoo.com. We'll be adding more varieties so check the website regularly.

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# **AVAKLI BEAN**

Vigna unguiculata 'Avakli'

A traditional favourite of the Ewe people of the Volta region of West Africa. Harvest time is eagerly anticipated when the beans, along with maize and groundnuts, are cooked in seasonal dishes such as avibli and avikple. The mottled beans are commonly cooked whole or they are first roasted and ground and then cooked to make nutritious stews and breakfast porridge. Drought resistant and sweeter tasting than other beans. Traditionally planted in May or June and harvested in August. S9393 Seeds: Pkt/\$6



# **HAGHARTSIN SQUASH**

Cucurbita pepo 'Haghartsin landrace'



S9402 Seeds: Pkt/\$6



# **CAROSELLO MEZZO LUNGO DI** POLIGNANO

Cucumis melo 'Mezzo Lungo di Polignano' ßE This special carosello, or vegetable melon, from Polignano is one of the delightful melons grown in southern Italy for salad use. The immature fruits are slightly velvety. Used like cucumbers in salads, they add a unique "perfumed" taste that is more flavourful than a regular cucumber. Carosello melons are a traditional crop of southern Italy and are virtually unknown everywhere else. 59419 Seeds: Pkt/\$6



# YEREVAN LIMA BEAN Phaseolus lunatus 'Yerevan Lima'

This large lima bean is from a market in Yerevan, Armenia. Although the bean is similar to an old American heirloom variety called the "Christmas Lima" it does not seem to be the same bean. The woman selling the beans said that they were used in soup and were quite rare even though they had been grown in Armenia for a long time. 59428 Seeds: Pkt/\$6

# **CRANBERRY HIBISCUS**

P Hibiscus acetosella Z10 6 A dazzling plant from Africa with bold copper and burgundy foliage and a popular vegetable in Cameroon and the Congo. The leaves and flowers have a pleasant tart taste and are eaten raw or cooked. Add them to salads, stews, or to any dish you want to liven up with a little tartness. Will grow in most sunny gardens in full or partial sun. Start seeds indoors for spring planting outdoors. Ht. 1m/3ft.

S9531 Seeds: Pkt/\$6

# Herbs Seeds, Plants, and Plug Packs

# ACONITE

#### Aconitum napellus

(Monkshood; Wolfsbane) Striking bright blue flower spikes. Recognized as a poison since antiquity, especially to poison arrows. Contains aconitine, a useful sedative for many conditions. Not to be used without medical supervision.

S1010 Seeds: Pkt/\$5, 1g/\$7, 10g/\$45

P1010 Plants (Mar-June shipment): \$6.25

# **ADONIS**

#### Adonis aestivalis

**O D E** According to Greek legends, this flower sprang from the blood of Adonis. Formerly used as a cardiac stimulant like digitalis but is much stronger. Brilliant crimson and black flowers in June-July. S1011 Seeds: Pkt/\$2.25, 100g/\$18, 1kg/\$110



# AGASTACHE, APRICOT SPRITE

Z7-10 SE

Р Agastache aurantiaca 'Apricot Sprite' P Z7-10 SE "A staggering display of apricot spikes... erupting like flames," is how the breeder describes it. Indeed, this is one very impressive herb from England, excellent for flower beds, borders and containers. It is compact, reaching a height of only 45cm/18", and very quick growing, flowering in its first year from June on. A fine aromatic herb suitable for tea and beverages.

S1011-200 Seeds: Pkt/\$3.75, 1g/\$25, 10g/\$180

#### AGASTACHE, SUMMER FIESTA Agastache 'Summer Fiesta'



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Outstanding variety with dense masses of orange red spikes in summer. It stands up beautifully to hot weather. Even when the flowers drop the spikes covered in red calyces persist for weeks giving the impression the plants are still in bloom. Needs good drainage. Ht. 70cm/28".

P1011-750 Plants: \$8.25

# AGRIMONY

#### Agrimonia eupatoria

(Sticklewort) Tea has great reputation as a wash for healing wounds and skin eruptions. Internally, tea is useful for liver, kidney and bladder problems. Produces yellow, gold and green dyes. S1012 Seeds: Pkt/\$3, 10g/\$10, 100g/\$63, 1kg/\$420

### **AJOWAN**

Carum copticum

An important commercial spice crop in India where the pungent, aromatic seeds are in great demand in curries, pickles, confectionery and beverages. Used medicinally for sore throat, bronchitis and cough. Grows like cumin or dill; do not disturb roots when transplanting. Ht. 30-100cm/1-3ft.

S1016 Seeds: Pkt/\$3, 100g/\$24, 1kg/\$150

# ALFALFA

Z4-8 SGE Medicago sativa Ρ Well known fodder plant. Infusion with mint is an excellent nutritious tea for daily use; rich in easily assimilated vitamins, minerals and trace elements. Alfalfa sprouts are popular in

sandwiches and salads. 🛟 S1020-001 Seeds: Pkt/\$2.25, 100g/\$7, 1kg/\$28, 10kg/\$190 ALKANET

Anchusa officinalis B 74-9 (Bugloss) Root decoction has blood cleansing action. Once used to treat rabies. Also used as a diuretic and to induce perspiration. S1040 Seeds (Not to OR): Pkt/\$3, 10g/\$24, 100g/\$170

# ALLHEAL

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# Prunella vulgaris

Z4-9 SGE (Selfheal; Woundwort) As name suggests, infusion is effective medicine for most internal and external wounds due to its astringent action. Also as a gargle for sore throat.

P

S1100 Seeds: Pkt/\$2.25, 10g/\$13, 100g/\$90 S1100-001 Seeds: Pkt/\$3

P1100 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# ALOE VERA

Aloe vera

Z10-11+

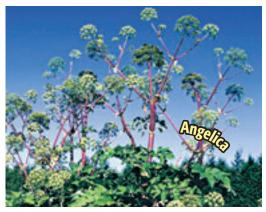
ßF

The famous healing plant. Fresh leaves can be split and gel applied to treat minor burns, sunburn, wrinkles, insect bites, minor cuts, scratches, and skin irritations. The juice is also used internally for ulcers. Grow indoors in good light. P1121 Plants: \$4.25

# **ANDROGRAPHIS**

#### Andrographis paniculata

(Kalmegh) In Scandinavia this is the main herb used to fight the common cold, flu, and upper respiratory infections. Clinical trials have shown that this herb really works. Like echinacea, it works by boosting the immune system. It has adaptogen-like properties, it has anticancer activity, it is a bitter tonic, and it is an antioxidant that has been shown to protect the liver. Easy to grow. S1127 Seeds: Pkt/\$3, 10g/\$7, 100g/\$30, 1kg/\$220



# ANGELICA

Angelica archangelica

#### ◍╞ॾ Z4-9 SGM

Р Best known for candied stems, having flavour similar to licorice. Leaves, fresh or dried, make a pleasing tisane, resembling China tea. Lives only 2-3 years if flowerheads are not removed early. S1130 Seeds: Pkt/\$3, 10g/\$6, 100g/\$40, 1kg/\$270

P1130 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

### ANISE



Best known for flavouring liqueurs such as anisette. Seeds are used in baked and confectionary goods. Fresh chopped leaves are appealing in soups, stews, sauces and salads. Aids digestion and eases couah.

S1140 Seeds: Pkt/\$1.75, 100g/\$12, 1kg/\$65

# ANISE-HYSSOP

Р Z4-9 SGE

Agastache foeniculum Attractive honey plant; produces abundant nectar which yields a light fragrant honey. Strongly anise-scented; delightful for tea or as culinary seasoning. Showy purple flowers.

😳 S1145-001 Seeds: Pkt/\$3, 10g/\$39, 100g/\$290, 1kg/\$1900 P1145 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12







Z5-9 **GM** 









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# **ANISE-HYSSOP, SNOW SPIKE**

Z6-9 SB Agastache foeniculum 'Snow Spike' Showy white version of the anise-scented tea and honey herb. Ht. 1m/40"

S1145-900 Seeds: Pkt/\$3.75

## **ANNATTO**

#### Bixa orellana

р Z11+

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Seeds are source of natural bright-yellow food colouring, used in butter, margarine, cheese and other foods. Used by South American Indians to paint their bodies red. Easy to grow shrub or small tree; nice compact bushy habit.

S1128 Seeds: Pkt/\$3, 100g/\$10, 1kg/\$75

#### **ARNICA, AMERICAN** Arnica chamissonis

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The Vienna Pharmacognostic Institute found that this plant has the same medicinal action as the European variety, Arnica montana. Easier to grow.

P1149 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## **ARNICA, EUROPEAN**

Arnica montana

-Z6-9 SGE

Famous Swiss herb used externally for bruises, burns and inflammations. Grows best in acid soil. S1150 Seeds: Pkt/\$3.75, 1g/\$10, 10g/\$45, 100g/\$320

P1150 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



# **ASHWAGANDHA**

Withania somnifera

Highly regarded Ayurvedic (Indian) medicine herb sometimes called "Indian ginseng." It is the primary strengthening tonic in Ayurveda; used for everything from general weakness, rheumatism, insomnia, infertility, impotence and "weakness of the mind."

S1210-001 Seeds: Pkt/\$3, 100g/\$18, 1kg/\$110 P1210 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# ASTER, NEW ENGLAND

Z4-9 SGE Symphyotrichum novae-angliae Native people have used the roots of this plant for fever, catarrh and pain. The Iroquois used it as a 'love medicine' and as a 'smudging' herb to revive the unconscious. This showy North American native displays its deep violet flowers in the fall. S1220 Seeds: Pkt/\$3, 10g/\$21, 100g/\$150

# **ASTRAGALUS**

Astragalus membranaceus

(Chinese milkvetch; Huang qi) One of the most important Chinese medicinal herbs, especially for its immune enhancing properties. Tonifies the spleen, especially in cases of fatigue. Boosts and tonifies chi. Cardiotonic; lowers blood pressure and blood sugar; improves circulation. Beneficial effect on kidneys, liver, and endocrine system. S3991 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55, 1kg/\$400

😳 S3991-001 Seeds: Pkt/\$3.75

P3991 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### AVENS

Geum urbanum

Р Z5-9 SGE

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Z5-8 SGE

(Herb bennet) Infusion is used to treat diarrhea and indigestion. Also as an external application to wounds. Formerly used to add unique flavour to ale.

S1230 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55



# AZTEC SWEET HERB

Z11-11+

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Phyla dulcis P Mexican herb used since at least the time of the Aztecs for coughs, colds, bronchitis, asthma, and colic. Leaves contain the intensely sweet compound hernandulcin, but high camphor content makes them unsuitable as a sugar substitute. Low creeper, with small white flowers; excellent in hanging baskets.

P1232 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# **BABY'S BREATH, MANCHURIAN**

Z4-9 SBE Gypsophila oldhamiana (Yin-chai-hu) Attractive light pink sprays of flowers. Root is used in Chinese medicine for jaundice, lung disease, rheumatism and typhoid fever. Used in cases of yin deficiency, especially in cases involving chronic low grade fever.

P1235-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# BACOPA

#### Bacopa monniera

Improves mental clarity and memory! (Brahmi; Thyme-leaved gratiola) The true medicinal bacopa, not to be confused with the ornamental bacopa (Sutera) commonly used in hangling baskets. The whole plant is medicinal: a nerve and cardiac tonic with a tranquilizing action similar to resperine. In India it is used for the treatment of debility, nervous breakdown, epilepsy, hysteria, and insanity. Easy to grow in pots or outdoors as a summer annual. P1235-600 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# **BAI ZHI**

Z5-8 **SGE** Р

Root used in Chinese medicine to treat toothache and headache and externally for mastitis and infected wounds. Has antipyretic, analgesic and antibacterial action.

S1236 Seeds: Pkt/\$3.75, 10g/\$7, 100g/\$35 😳 S1236-001 Seeds: Pkt/\$5

# **BALLOON FLOWER**

Ρ Z4-9 SGE

Platycodon grandiflorus Interesting profuse blue flowers resemble balloons just before opening. Important herb of the Orient: cough remedy is prepared from the roots; wholesome young foliage added to salads.

**S1237 Seeds:** Pkt/\$3, 100g/\$25, 1kg/\$150 S1237-001 Seeds: Pkt/\$3.75









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(Ocimum)

# Sweet Group (O. basilicum)

Familiar sweet-scented types. Sweet basil has particular affinity for tomatoes, and no tomato dish should be served without it. A few leaves of fresh basil in tomato salad, soup or sauce will bring words of praise.

Note: Some varieties of this group are not 100% true to name. Some variation in leaf form and growth habit is to be expected.

**New! JOLINA BASIL** Ocimum basilicum 'Jolina'



A commercial Italian variety bred for compactness and uniformity. Its leaves are dark green leaves, somewhat smaller than standard sweet varieties. Very attractive. Excellent for pot production or for field production.

\$1265-001 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$150



## MEDINETTE BASIL

**GØE** 

Ocimum basilicum 'Medinette' Compact variety with leaves larger than bush basil but not as large as Genovese. Excellent for potplant production, reaching only 30-35cm/12-14" high. 'Medinette' is slow to bolt, especially in hot conditions, and because of this trait it is often preferred over Genovese varieties where the summers are hot or in hot greenhouses.

S1267 Seeds: Pkt/\$3, 10g/\$7, 100g/\$27, 1kg/\$170

### NAPOLETANO BASIL

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**6**0 Ocimum basilicum 'Napoletano' Standard lettuce-leaf type grown in Italy. Large ribbed leaves, strong flavour.

S1268-100 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$260

### SWEET BASIL

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Ocimum basilicum Long time popular variety. Large foliage. Prolific. S1270 Seeds: Pkt/\$1.75, 100g/\$7, 1kg/\$45, 10kg/\$360 \$1270-001 Seeds: Pkt/\$2.25, 100g/\$22, 1kg/\$135, 10kg/\$1000

# **NUFAR F1 BASIL**

Nufar

**6**0E Ocimum basilicum 'Nufar' The original fusarium-resistant variety of sweet basil! This hybrid has shown very good resistance to fusarium in laboratory tests conducted for us by Dr. Robert Wick, the leading U.S. authority on fusarium in basil.

\$1273-301 Seeds: Pkt/\$3.75, 10g/\$9, 100g/\$65, 1kg/\$420



(Melissa)



¶∎∎\* Z5-9 6 C CE

Standard variety. S1240 Seeds: Pkt/\$1.75, 10g/\$8, 100g/\$38, 1kg/\$250 S1240-001 Seeds: Pkt/\$3, 10g/\$9, 100g/\$60 P1240 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

### **CITRONELLA BALM**

Z5-9 S C E Melissa officinalis 'Citronella' P Most fragrant variety available. Has double the oil content of other varieties, up to 0.4%. Suited for home gardens and for commercial pot plant and field production. Uniform, compact, erect form, 25-30cm/10-12" high with medium-large to large leaves. Mildew resistant.

S1240-200 Seeds: Pkt/\$2, 10g/\$9, 100g/\$60, 1kg/\$400

### **LEMONELLA BALM**

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Ρ Z5-9 S C E Melissa officinalis 'Lemonella' An improved, more aromatic selection similar to 'Citronella'. S1240-300 Seeds: Pkt/\$2, 10g/\$12, 100g/\$80

# **OUEDLINGBURGER LEMON**

Р Z5-9 9 9 0 E Melissa officinalis 'Quedlingburger' Taller variety, up to 50-60cm/20-24" high. Good oil content at about 0.2%. Suited for bulk herb field production. S1240-500 Seeds: Pkt/\$3, 10g/\$7, 100g/\$50, 1kg/\$320

### **LIME BALM**

Melissa officinalis 'Lime'



Very similar to lemon balm in appearance and growth but the scent is closer to lime. A new twist! Uses for tea and medicine are much the same

P1240-900 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# BALSAM

Impatiens balsamina

(Tou gu) Familiar garden annual. A medicinal herb in China where it is used to clear obstructions in the throat. Flowers mixed with alum are used to paint fingernails. Double and semi-double flowers in a wide colour range.

S1248 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$31, 1kg/\$200

### **BAN XIA**

Pinellia ternata



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Hardy aroid herb with light green tripartite leaves; 30cm/12" high. Tubers used in Chinese traditional medicine to combat conditions characterized by dampness and phlegm. Also used to regulate the upward flow of chi and to control vomiting. Contains ephedrine. P1250 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75





# Genovese Group (O. basilicum)

Classic large-leaf type from the Genoa area of Italy, the pesto capital of the world. Excellent for fresh or frozen use.

# **GENOVESE BASIL**

Ocimum basilicum 'Genovese' A Standard large-leaf variety. \$\$ \$1273-001 Seeds: Pkt/\$3.75, 100g/\$25, 1kg/\$150 P1273 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# **COMPATTO FT BASIL**

Ocimum basilicum 'Compatto'

Compact form of the Genovese variety. Suited for growing in home gardens and for the potted plant market.

**\$1273-200 Seeds:** Pkt/\$3, 10g/\$12, 100g/\$85, 1kg/\$600

# **DOLLY BASIL**

Ocimum basilicum 'Dolly'

Truly in a class

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**Biggest yields!** Dolly is such heavy yielder that she is truly in a class all by herself. In a trial, Dolly produced 15% more fresh herb than the next most productive variety, and 50% more than standard Genovese varieties. Very uniform, large leaved and fast growing. Has improved tolerance against low temperatures. Leaf colour is a little lighter than other varieties. Best suited for outdoor gardens and field production.

\$1273-211 Seeds: Pkt/\$3, 10g/\$7, 100g/\$34, 1kg/\$240

# **EDWINA BASIL**

Ocimum basilicum 'Edwina'

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Fast growing Genovese type suited for year round pot production. Leaves are medium large to large with dark green colour. Uniform, erect habit.

\$1273-221 Seeds: Pkt/\$3, 10g/\$7, 100g/\$35, 1kg/\$230

# **EMILY BASIL**

Ocimum basilicum 'Emily'

A very compact variety suited for both fresh cut production and for pot production. Has large leaves with bright medium green colour. Has long shelf life in pots or fresh cut in bags or bunches. S1273-231 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40, 1kg/\$240



# **GECOFURE BASIL**



Ocimum basilicum 'Gecofure' A SOLE The breeder's choice of variety name 'Gecofure' is an unimaginative contraction of 'GEnovese COmpatto FUsarium REsistant'. But what the breeder has done to the variety's performance, leaf quality and disease resistance is far more inspired. Excellent uniformity, aroma and flavour. Perfect for pot production. Ht. 30-35cm/12-14". S1273-250 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$290

# **ENVIGOR™ BASIL**

Ocimum basilicum 'Envigor'

The first disease resistant Genovese basil! Resistant to three debilitating and often fatal diseases: alfalfa mosaic virus, tomato spotted wilt virus, and cucumber mosaic virus. Excellent genovese basil with large leaves and intense flavour. RICHTERS EXCLUSIVE. **S1273-500 Seeds:** Pkt/\$3, 10g/\$7, 100g/\$42, 1kg/\$280



# SUPERBO BASIL

Ocimum basilicum 'Superbo'



An improved 'Genovese classico' variety developed in Italy for the pesto industry. The main breeding goals were to improve uniformity and to reduce the unwelcome mintiness often found in Genovese basils. Plants are medium compact with large, brilliant dark green leaves of intense scent and flavour. The delayed onset of flowering helps to boost pesto production.

S1273-800 Seeds: Pkt/\$3, 10g/\$8, 100g/\$50, 1kg/\$330

# Bush Group (O. basilicum minimum)

# **BUSH BASIL**

Ocimum basilicum minimum

A SOL leaves. Ideal for pot

Standard bush variety. Dwarf, bush form. Fine leaves. Ideal for pot culture. New and improved. Now more uniform. **\$1255 Seeds:** Pkt/\$2.25, 10g/\$5, 100g/\$28, 1kg/\$200

# **GREEK BUSH BASIL**

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Ocimum basilicum minimum 'Greek' A SOE Improved bush basil variety with smaller leaves, tight compact bushes, and uniform growth. Excellent as pot plants.

S1255-100 Seeds: Pkt/\$3.75, 10g/\$13, 100g/\$90, 1kg/\$590 P1255-100 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# SPICY GLOBE BASIL

Ocimum basilicum minimum 'Spicy Globe' A SOE A most attractive form of bush basil with larger leaves (1 cm) and uniform dense globular little bushes. Plants tend to be a little stronger and more uniform than other bush varieties. Best variety for pot plant sales.

**S1256 Seeds:** Pkt/\$3, 10g/\$25, 100g/\$180, 1kg/\$1200 **P1256 Plants:** \$3.25, 3+/\$2.45, 12±/\$1.95



# GLOBETTE BASIL

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Ocimum basilicum 'Globette' A SOL Neat compact bush habit, only 10-15cm/4-6" high, with medium sized dark green leaves. Very aromatic. Excellent for pot culture. S1256-200 Seeds: Pkt/\$3

# GREEN GLOBE BASIL

Ocimum basilicum minimum 'Green Globe' A SOCE A spectacular refinement of bush basil from Italy where the variety is known as *Finissimo Verde a Palla* ("very fine green, like a ball or globe"). Forms dense globular little bushes 50-70cm/20-28" across so perfectly uniform they look pruned. Good spicy flavour. **S1258 Seeds:** Pkt/\$3, 10g/\$7, 100g/\$38, 1kg/\$250

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# **PISTOU BASIL**

# Ocimum basilicum 'Pistou'

Bush type with small leaves and a highly uniform dwarf compact habit. Excellent for pots and borders. Ht. 20cm/8". S1258-500 Seeds: Pkt/\$3, 10g/\$31, 100g/\$220

# MARSEILLES BASIL



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Ocimum basilicum 'Marseilles' Superb dwarf basil with large leaves. More uniform than other varieties. Excellent for pots and for borders. Ht. 25cm/10". S1266-300 Seeds: Pkt/\$3, 10g/\$24, 100g/\$170

# Purple Group (O. basilicum)

# **ARARAT BASIL**

Ocimum basilicum 'Ararat'

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Striking foliage infused with purple markings. Strong sweet flavour with a licorice overtone. Perfect for salads, pestos, tomato dishes, and as a garnish.

\$1253-001 Seeds: Pkt/\$3, 10g/\$8, 100g/\$57, 1kg/\$400



#### DARK OPAL BASIL Ocimum basilicum 'Dark Opal'

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Dark purplish-bronze foliage. Excellent for seasoning, and for basil vinegar which turns a beautiful red colour. Former All-American award winner, famous for its pure dark purple foliage, but in recent years it has become about 25% green. S1260 Seeds: Pkt/\$1.75, 10g/\$5, 100g/\$36, 1kg/\$250 \$1260-001 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$50, 1kg/\$350



#### New! EMERALD WINE™ BASIL Ocimum basilicum 'OC12'

Like a fine wine this is a basil with character that lingers. The foliage with its wine-red veins encircled by an emerald-green border is a visual delight to the eye. So rich is the visual complexity that this is a basil one needs to appreciate up close, in pots on a windowsill or in a table centrepiece. The leaves and overall size are smaller than standard sweet basil.

RICHTERS EXCLUSIVE. Emerald Wine is a trademark of Richters; all rights reserved.

P1260-200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **OSMIN BASIL**



**ROSIE BASIL** Ocimum basilicum 'Rosie'



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No green offtypes. Intense dark purple-red colour with no green at all. Other purple basils often have some green offtypes with partly green leaves; this one doesn't. Compact, upright growth habit. Has stronger stems and does not sprawl like 'Rubin' basil \$1260-451 Seeds: Pkt/\$3, 10g/\$8, 100g/\$50, 1kg/\$320

# **RUBIN BASIL**

Ocimum basilicum 'Rubin'

Α Significant improvement over the Dark Opal variety. Leaves nearly

pure purple-bronze; very little green. Fine flavour and aroma. S1260-500 Seeds: Pkt/\$3, 10q/\$11, 100q/\$80, 1kg/\$525 P1260-500 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# PURPLE DELIGHT BASIL

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Ocimum basilicum 'Purple Delight' Excellent purple basil. Dark purple with little or no green colouration, much like the Dark Opal variety was before it deteriorated to

greenish-purple. Medium sized leaves. Growth is stronger, more

upright than Rubin. Strong flavour and scent. S1260-800 Seeds: Pkt/\$3.75, 10g/\$11, 100g/\$80, 1kg/\$520

# PURPLE RUFFLES BASIL

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Ocimum basilicum 'Purple Ruffles' An All-American winner. Large heavily ruffled and fringed dark purple leaves and pinkish-purple flowers make this a striking new addition to the herb garden or flower border. S1261 Seeds: Pkt/\$2.25, 10g/\$12, 100g/\$85, 1kg/\$580



#### **RED GENOVESE BASIL** Ocimum basilicum 'Freddy'

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First purple-leaf Genovese! As far as we know this is the first purple leaf basil of the Genovese type. And what a looker it is! Has the same convex leaf shape as you find in the regular green Genovese basils, and the same aroma and flavour. Just imagine what gorgeous pestos you can make with this! \$1273-700 Seeds: Pkt/\$3

# **Other Basils** (O. spp.)

# **INDIAN BASIL**

Ocimum basilicum 'Subja'

(Subja; Barbari tulsi) Has showy purple inflorescences emanating out of a sea of meter-high shiny green foliage. Seeds are used in India to make a popular milkshake called falooda. Seeds are soaked in water to form a gel and stirred into milk along with rose syrup and crushed ice. The seeds have no aroma or taste but they add to the cooling effect of the drink and are believed to boost body strength. Also used in Unani medicine for the control of intestinal worms, acidity and coughs.

S1259 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$85

# **ANISE BASIL**

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Ocimum basilicum (Licorice basil) Originally from Persia, this gem has an endearing sweet anise fragrance and flavour. Purplish foliage. S1277 Seeds: Pkt/\$3, 10g/\$7, 100g/\$42, 1kg/\$280



# **CINNAMON BASIL**

### Ocimum basilicum



From Mexico. Growth habit is similar to that of regular sweet basil, with a distinctive cinnamon taste and odour. Mexicans like to place a vase of fresh cut herb on the dinner table to ward off insects. Curiously, they do not seem to use it much in cuisine, despite its superb flavour. Deserves experimentation!

# S1278 Seeds: Pkt/\$3, 10g/\$7, 100g/\$32, 1kg/\$200



## **AFRICAN BLUE BASIL**

Ocimum 'African Blue'

P Z11+

Devotees of this variety love its attractive purplish-blue cast, strong growth habit, and sweet camphor scent. Leaf veins, flower spikes and stems are purple while the rest is green. The unusual flavour and odour definitely grow on you.

P1280 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

## **AFRICAN SPICE™ BASIL**

#### Ocimum 'Vev701'

(M) × P Z11+

Sweet and spicy! Imagine a blend of spices and florals, with a hint of citrus. That's what the scent and flavour of this variety are like. Delicious in pestos, salads, soups, drinks, tea, etc. Grows like lemon basil (O. americanum) with similar smallish, smooth leaves, small white flowerspikes, and short stature. We found this growing on the coastal savanna of West Africa in 2007 and it has since done well in pots in our greenhouses. Ht. 30cm/12"

RICHTERS EXCLUSIVE. African Spice is a trademark of Richters; all rights reserved.

P1280-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **LEMON BASIL** Ocimum americanum



Intensely fragrant of lemon. Ideal for tea and potpourri. Compact bush habit.

S1283 Seeds: Pkt/\$3, 10g/\$7, 100g/\$20, 1kg/\$120

\$1283-001 Seeds: Pkt/\$3.75, 10g/\$7, 100g/\$31, 1kg/\$200



# PESTO PERPETUO BASIL

# Ocimum 'Pesto Perpetuo'

Looks smart, tastes great! Its dense columnar growth and white variegated leaves give this basil a majesty and appeal like no other. Derived from a plant of Lesbos basil found with white margins on the leaves, it has become one of the most popular boutique basils in America. The scent is a compelling floral blend of spice and lemon, and the leaves can be used in pestos, soups, salads, on fish and in desserts. Because it never flowers, it never slows down, as basils usually do when they flower and set seed. Ht 1m/40". Propagation prohibited. U.S. patent (USPP#16260)

P1283-900 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### LIME BASIL Ocimum americanum



**60** 

Wonderful lime-scented version of lemon basil from Thailand. \$1284-001 Seeds: Pkt/\$3, 10g/\$8, 100g/\$51, 1kg/\$340

### SACRED BASIL

Ocimum tenuiflorum

(Tulsi, Holy basil) The true sacred basil grown in houses, gardens and near temples all over India. Mildly intoxicating clove-scented leaves are used in salads and other cold dishes. Note that much of what is sold as sacred or holy basil is actually spice basil, listed separately.

-GREEN Sri tulsi or Rama tulsi.

S1285-100 Seeds: Pkt/\$3, 10g/\$6, 100g/\$14, 1kg/\$100

PURPLE Krishna tulsi. Attractive purple leaf form grown throughout India.

S1285-500 Seeds: Pkt/\$3, 10g/\$7, 100g/\$25, 1kg/\$130 P1285-500 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **ORIENTAL BREEZE BASIL**



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Ocimum basilicum 'Oriental Breeze Outstanding showy basil equally at home in the flowerbed as it is in the herb garden. Showy purple flowerheads perched on bright green foliage appear from June to September. As a cutflower it reaches 80cm/28in while it is a more restrained 30-40cm/12-16" in pots. Strong spicy basil scent and flavour. Fleuroselect winner. S1286 Seeds: Pkt/\$3.75, 1M/\$20, 10M/\$150

# SPICE BASIL

Ocimum sp.

**60** А Interesting form of basil with strong spicy fragrance and flavour. Possibly a natural hybrid between O. canum and O. basilicum. Although recognized as sacred by Hindus, this variety is often confused with sacred or holy basil (O. sanctum). S1289 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$16, 1kg/\$90

#### THAI BASIL Ocimum sp.



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Similar to anise basil, but the flavour and fragrance is less licoricelike. True strain used in Vietnamese and Thai cooking. Essential fresh cut accompaniment to many Vietnamese dishes, including pho, a famous beef or chicken noodle soup. Addictive! S1290 Seeds: Pkt/\$3, 10q/\$7, 100q/\$30, 1kg/\$190

P1290 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# **QUEENETTE THAI BASIL**

Ocimum sp.

In our trials it was rated as the most aromatic and flavourful of the Thai basils

S1290-500 Seeds: Pkt/\$3, 10g/\$13, 100g/\$90, 1kg/\$620

### SIAM QUEEN THAI BASIL



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Ocimum sp. 'Siam Queen' All-American winner for 1997. Has very regal looking dense deep purple inflorescences contrasting with the dark green leaves. Spicy anise-licorice aroma and flavour; excellent served fresh in such dishes as Thai green curries and Vietnamese noodle soups. S1290-700 Seeds: Pkt/\$3, 10g/\$21, 100g/\$150, 1kg/\$1100

# WEST AFRICAN BASIL

Z11+

Ocimum viride (Adefetue) Scent and flavour resemble thyme. Used throughout Africa for fevers. Popular general tonic and remedy for diarrhea, and used to repel insects. Leaf oil is highly antiseptic due to thymol content which explains its use as a gargle, dressing for wounds and treatment for conjunctivitis.

P1292 Plants: \$4.25. 3+/\$3.20. 12+/\$2.55





#### () **+** O Р Z8-10 SM

Like wine, thyme and leeks, bay leaf is a foundation flavour of French cuisine. Meat, fish and poultry dishes almost always have a touch. Frost-sensitive small trees; best grown in tubs that afford easy movement indoors during winter. Note: Bay seeds will not germinate if they dry out too much in storage.

S1300 Seeds (Mar-June shipment): Pkt/\$7, 100q/\$30, 1kg/\$180, 10kg/\$1500

P1300 Plants: \$7.25, 3+/\$5.45, 12+/\$4.35

#### BAYBERRY

**BAY LAUREL** Laurus nobilis

#### ΗÖ P Z5-9 **SGM**

Myrica pensylvanica Aromatic shrub, native to the Maritimes. Astringent action of root bark abates diarrhea and hemorrhages; and as a gargle, soothes sore throat. Wax-covered berries are used to make aromatic candles and soap. Berries are boiled in water, liberating the wax which floats on top. Berries produce blue dye and with various mordants, leaves produce yellow, gold and greyish-green dyes. Seeds germinate more readily if wax is removed and seeds are exposed to 6 weeks of moist cold treatment.

S1298 Seeds: Pkt/\$3, 10g/\$12, 100g/\$80 P1298 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### **BEDSTRAW, YELLOW**

Galium verum

# Z3-8 SGE

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(Lady's bedstraw) Tops and roots are sources of yellow and red dyes. Decoction is useful for bladder and kidney complaints, and has the ability to curdle milk (hence its other name, cheese rennet). S1335 Seeds: Pkt/\$2.25, 10g/\$13, 100g/\$90 P1335 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

## **BEET, SUGAR**

Beta vulgaris 'Beta 1127'

A traditional source of molasses and sugar. Although the process is lengthy it is possible to extract molasses, and even sugar, at home from sugar beets grown in your garden. Sow in open ground in May; pull roots in October. Cool weather crop; roots attain maximum sugar content in the fall.

S1340 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$300

# **BELLADONNA**

Atropa belladonna



Source of atropine, valuable in treating eye diseases and spasms. External applications lessen local inflammation and pain. Do not use without medical supervision. S1345 Seeds: Pkt/\$3, 10g/\$19, 100g/\$130

P1345 Plants: \$4.25. 3+/\$3.20. 12+/\$2.55

(Monarda)

# Beebalm Group (M. didyma)

# BERGAMOT



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Monarda didyma Ρ A showy mixture of scarlet, pink, salmon and crimson flowers. S1380 Seeds: Pkt/\$5, 1g/\$18, 10g/\$120, 100g/\$870 P1380 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# **BLUE STOCKING**

P Z4-10 Monarda didyma Enormous violet-purple flowers; keeps blooming until frost. Ht. 75cm/30"

P1380-050 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

# MARSHALL'S DELIGHT

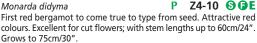
Monarda didyma



Pink. Superb mildew-resistant strain developed in Canada. Ht. 70cm/28"; this variety is hardy to zone 3. Price includes royalty fee to the breeder.

P1380-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

PANORAMA RED SHADES Monarda didyma



S1380-550 Seeds: Pkt/\$7, 1g/\$57, 10g/\$400



#### **ROSE-SCENTED** Monarda didyma

#### (M) 🛨 Z4-10

(40) 🕂

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It's easy to fall in love with this one! Has an amazing rose-like scent owing to its high geraniol oil content. Excellent for potpourri and tea. Robust growth habit. Lavender-coloured flowers. This variety arows best in zones 4-8.

P1380-800 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15



# **RED BERGAMOT**

(M) 🕂 🛛 Z4-10 SGE

р Monarda didyma Showy flower in a mixture of red tones. Leaves and flowers make a pleasant, soothing tisane. S1381 Seeds: Pkt/\$5

P1381 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

# Other Monardas (M. spp.)

# LEMON BERGAMOT

Monarda citriodora

Attractive native of the American southwest with pink-purple flowers. Young foliage is strongly lemon-scented and excellent in tea. Leaves used by Hopi Indians to flavour wild game. S1382 Seeds: Pkt/\$3.75, 10g/\$6, 100g/\$18, 1kg/\$110

# **BERGAMO BERGAMOT**

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Monarda x hybrida 'Bergamo' Impressive annual variety with intense rose-purple flowers arranged in spikes. The flowers start earlier than other bergamots and last through August. The mass of colour is so striking Bergamo was awarded the Fleuroselect Gold Medal for 2008. The leaves have a pleasant mild lemon scent and flavour. Mildew resistant. Ht. 45-60cm /18-24"

S1383 Seeds: Pkt/\$5, 1M/\$30, 10M/\$210

# WILD BERGAMOT

Monarda fistulosa Lavender flowers; strong fragrance. Used for tea and for flavouring meat. Frequently seen along roadsides in eastern Canada and U.S. S1385 Seeds: Pkt/\$3, 10g/\$19, 100g/\$135





# **BETHROOT**

Trillium erectum

(Red trillium; Birthroot; Wakerobin) Important native American herb. Tea made from the roots was used for menstrual problems, to induce labour, for menopause, and as an aphrodisiac. Also for coughs, bowel complaints, hemorrhages, asthma, lung disorders and for skin irritations. Woodland perennial, 15-40cm/6-16" high, with deep red flowers in spring.

P1389 Plants (Apr-June shipment): \$8.25, 3+/\$6.20, 12+/\$4.95

# BETONY

+ **E**Ö Z4-8 SGE

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Stachys officinalis Good substitute for black tea; infusion resembles the taste and is caffeine-free. Helps relieve headache, and has general tonic action. S1390 Seeds: Pkt/\$3, 10g/\$16, 100g/\$110 P1390 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

**BISHOPSWEED:** See LACEFLOWER

# **BLACK-EYED SUSAN**

#### Rudbeckia hirta

Z3-10 SE B One of the most loved wildflowers. Golden-orange daisies, brown

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centres: July-Sept. Ht: 60cm/24". The plant and root have both been used by North American native tribes to treat a wide range of ailments — from worms in children to snakebites and earaches. S1437 Seeds: Pkt/\$2.25, 10g/\$6, 100g/\$17, 1kg/\$100

# **BLOODFLOWER**

#### Asclepias curassavica

Handsome ornamental with showy orange crimson flowers. Used to induce vomiting and to expel worms. Has digitalis-like action on the heart. Interestingly, birds find monarch butterflies feeding on this plant to be foul tasting, and never eat another again! S1440 Seeds: Pkt/\$2.25, 10g/\$5, 100g/\$35, 1kg/\$240



#### **BLOODROOT** Sanguinaria canadensis



One of our most beautiful woodland wildflowers. Conspicuous white flowers, 5cm/2" across, appear in early spring. Important dyeplant: roots yield red-orange colour for dyeing wool. Indians dyed their bodies and clothes with bloodroot.

S1450 Seeds (July shipment): Pkt/\$10

P1450 Plants (Apr-June shipment): \$6.25, 3+/\$4.70, 12+/\$3.75

R1450 Rootlets (Apr-May shipment) (Can,US only): 100/\$200, 1000/\$1300

# **BO-TREE**

#### Ficus religiosa

#### Z10B-11+ 🔞 M Р

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(Pipal) Sacred tree of Hindus and Buddhists; Buddha meditated nonstop for 7 years under a bo-tree until he reached liberation. Has anti-bacterial properties. Fine houseplant like Ficus benjamina. S1468 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$300 P1468 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# BONESET

#### Eupatorium perfoliatum



Eastern North American native found in swampy areas and along streams. White flowers; 30-150cm/1-5ft high. Excellent remedy for colds and intermittent fever, especially for flu. Medical evidence suggests that it enhances the immune system. Caution: contains pyrrolizidine alkaloids; not recommended for long term use. S1467 Seeds: Pkt/\$3, 1g/\$6, 10g/\$40

P1467 Plants (June-Aug shipment): \$4.25, 3+/\$3.20, 12+/\$2.55



# BORAGE

Borago officinalis Known as the Herb of Gladness for its exhilarating effect. Try adding chopped young leaves and flowers to salads or summer

drinks. On those sweltering summer days, cool off with iced borage tea, adding honey and lemon juice to taste.

S1470 Seeds: Pkt/\$1.75, 100g/\$18, 1kg/\$130, 10kg/\$1000

# **BORAGE, BIANCA**

## Borago officinalis 'Bianca'

Compact habit, white flowers! A big improvement on an old

favourite. Plants are more compact and sturdier than the standard blue variety. Grows only 30-50cm/12-20" tall, which makes it suitable

for pots as well as the garden. S1471 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40

BOXWOOD

Buxus sempervirens



Evergreen shrub. Formerly used to treat malaria, but no longer commonly used because excess doses can be poisonous. Very attractive hedging and topiary plant, frequently used in formal knot gardens. Winter mulching recommended. Use fresh or dried in

P1480 Plants: \$4.25. 3+/\$3.20. 12+/\$2.55

# **BROOM, DYER'S**

Z4-7 **SGM** Genista tinctoria Since earliest times used to dye wool bright yellow. Formerly recommended for gout and rheumatism. S1520 Seeds: Pkt/\$3, 10g/\$23, 100g/\$160

#### **BROOM, SPANISH** Spartium junceum

Z7-10 🚺 M

Said to be 5-6 times more potent medicinally than Scotch broom. Shrub of Mediterranean climatic zones; naturalized in California. Fragrant flowers yield a yellow dye.

S1528 Seeds (Not to MT, OR): Pkt/\$2.25, 10g/\$14, 100g/\$100

### BUCKWHEAT

Fagopyrum esculentum

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Z3-9

Well known as a grain, cover crop and beeplant; not so well known is its medicinal value. The infusion made from the flowering tops is high in rutin which combats arteriosclerosis (hardening of the arteries and veins).

S1555 Seeds: Pkt/\$1.75, 100g/\$6, 1kg/\$15, 10kg/\$100

# **BUGLE, BRONZE**

Ajuga reptans 'Atropurpurea'

Attractive low growing ground cover with bronze purplish leaves. Astringent and mildly-analgesic aromatic herb used to treat wounds. Traditionally used to cleanse the liver. P1557 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **BUGLOSS, VIPER'S**

(Not to ID) 🛨 Z4-8 SCE

В Echium vulgare (Blueweed) Bristly native of Europe with brilliant blue flowers from June til frost. Thrives in dry, poor soils. Infusion of leaves is helpful for fevers, headaches and nervous complaints. S1560 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$45





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Roots of this common wildplant are said to have "blood-purifying" properties. Useful for skin diseases, including eczema. Recent medical evidence supports folkloric use for tumours. One of four herbs in the Essiac® anti-cancer formula.

S1567-100 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$48, 1kg/\$320



# **BURDOCK, JAPANESE**

Arctium lappa 'Takinogawa Long'



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(Gobo) Japanese vegetable with powerful medicinal properties. Long, slender, smooth-skinned roots have a delightful oyster-like flavour similar to salsify, but stronger. Japanese research shows that this variety has potent anti-tumour effects. Commonly used as a blood purifier.

S8370 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$32, 1kg/\$200 P8370 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **BURNET, SALAD**

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Poterium sanguisorba Nut-cucumber flavour of leaves is welcome in all salads with French dressing or mayonnaise. Also in soups, casseroles, herb vinegars and cream cheeses. Improves skin in facial treatments. S1570 Seeds: Pkt/\$1.75, 100a/\$29, 1ka/\$180

P1570 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

BUTTERFLY WEED: See PLEURISY ROOT



(Calendula)

# **CALENDULA**

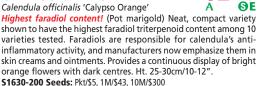
#### Calendula officinalis

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(Pot marigold) Flower petals give delicate flavour and strong colour to salads, omelettes and cheese, and is used as a saffron substitute. Invaluable in first-aid skin lotions and ointments. **S1630 Seeds:** Pkt/\$1.75, 100q/\$14, 1kg/\$70, 10kg/\$450 S1630-001 Seeds: Pkt/\$2.25, 100g/\$21, 1kg/\$160

**CALYPSO ORANGE** 

Calendula officinalis 'Calypso Orange'



# ERFURTER ORANGE CALENDULA 🛞 🛨 💻 🧩

Calendula officinalis 'Erfurter Orangefarbige' (Pot marigold) Commercial strain used for medicinal flower production in Europe. Has superior medicinal action. S1630-400 Seeds: Pkt/\$2.25, 100g/\$16, 1kg/\$100 🛟 S1630-401 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70

**CANDYTUFT, BITTER** 

#### Iberis amara

British wildflower used for gout, rheumatism, asthma, bronchitis, dropsy and cardiac ailments. Attractive garden annual with masses of white flowers.

S1640 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$33

#### **CAPER BUSH**

Capparis spinosa inermis



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Z5-8 SGE

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A fixture of Mediterranean cuisine for 2000 years, the unopened flower buds of this plant are pickled in strongly salted wine vinegar to develop their characteristic flavour. A straggly, slow growing shrub of dry, rocky areas of the Mediterranean and North Africa. S1645 Seeds: Pkt/\$3.75, 10g/\$23, 100g/\$160 P1645 Plants: \$10

**CAPSICUM:** See CAYENNE CHILE PEPPER

# CARAWAY

Carum carvi

Spicy caraway seeds add European character to all cabbage dishes, including coleslaw and especially sauerkraut. Traditionally used in ryebread, buns and cakes, as well as in soups and stews. Fresh leaves, used as a garnish, add flavour to vegetables. Anti-flatulent. S1650 Seeds: Pkt/\$1.75, 100g/\$12, 1kg/\$90, 10kg/\$720

# CARDAMOM

Elettaria cardamomum



Ρ Ground seeds are essential in Indian cuisine. Cardamom's perfumed flavour is delicious in lassi, and in Indian spiced tea. Scandinavians use it liberally in pastries. Leaves are used in curries in Trinidad. Makes an appealing houseplant with its perfumed leaves, even if it is difficult to coax into bloom.

P1658 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

CARDINAL FLOWER: See LOBELIA, RED

**CARNATION:** See CLOVE-PINK

CATMINT: See FAASSEN'S CATNIP

#### (Nepeta)

#### CATNIP Nepeta cataria

· ∎\* Z3-9 **SGE** Р

Favourite of cat lovers, for cats relish the intoxicating leaves. Tea is a popular nightcap, as it induces a good night's sleep. Remedy for colds and fevers.

S1670 Seeds: Pkt/\$2, 100g/\$14, 1kg/\$80 \$1670-001 Seeds: Pkt/\$2.25, 10g/\$14, 100g/\$95, 1kg/\$675 P1670 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

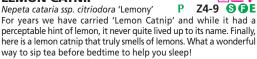
# FAASSEN'S CATNIP

Р Z3-9 **SGE** Nepeta x faassenii (Catmint) Smaller ornamental form of catnip with lavender-blue flowers and grey-white foliage. Excellent for massing, as ground cover or in rockeries. Does not attract cats despite its stronger, more pleasant scent.

51671 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$65 P1671 Plants: \$3.25. 3+/\$2.45. 12+/\$1.95

Order by email at orderdesk@richters.com Order online at www.richters.com

# LEMON CATNIP



S1671-510 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55, 1kg/\$350

#### CATSFOOT Antennaria dioica

Z4-7 **SGM** 

**6** 

Ameliorates the appetite for it stimulates bile flow, gastric juices and pancreatic secretions. Petite woolly rosettes of leaves resemble a cat's foot. Lovely in rock gardens. S1672 Seeds: Pkt/\$3.75

Р



#### CELANDINE Chelidonium majus



Latex juice mixed with vinegar is said to remove warts and corns. Decoction is useful for stomach pains and inflammation of the bilary duct. New research indicates it has potent anticancer properties.

S1673 Seeds: Pkt/\$2.25, 10g/\$25, 100g/\$170 P1673 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



# **CELERY, AMSTERDAM**

Apium graveolens secalinum



(Y) 🕇

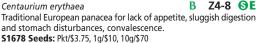
A very nice leaf celery with finely cut, dark green glossy leaves. Use it like parsley and surprise your guests with its rich celery flavour and aroma. More compact than other leaf celeries, reaching only 25-50cm/10-20" in height.

S1677-100 Seeds: Pkt/\$3, 10g/\$7, 100g/\$33

# **CELERY, CURLED**

ΘE Apium graveolens 'Zwolsche Krul' Outstanding curled leaf variety from Holland that is both ornamental and delicious to use in the kitchen like parsley. Aromatic leaves are used to season soups and stews, and like parsley they can be used as a garnish. No blanching required. Ht. 30cm/12". S1677-500 Seeds: Pkt/\$2.25, 10g/\$26, 100g/\$180

# CENTAURY



(Matricaria, Chamaemelum)

# ENGLISH CHAMOMILE

Z5-8

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ßF

Chamaemelum nobile 'Treneague' Non-flowering form of the Roman variety; suited for lawns and pathways.

P1679 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15 **+\_:**\*0

#### **GERMAN CHAMOMILE** Matricaria recutita

ΘE Annual (reseeds itself). The most prolific producer of flowers. S1680 Seeds: Pkt/\$2, 10g/\$7, 100g/\$41, 1kg/\$270

S1680-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$50, 1kg/\$320

# **BODEGOLD CHAMOMILE**

Matricaria recutita 'Bodegold'

+

Improved tetraploid strain of German chamomile for commercial production. Erect, sturdy growth habit and larger flowers containing up 0.7% essential oil high in bisabolol and other medicinal compounds. Flowers are large and dry yields can be as high as 800 kg/ha/700 lbs/acre.

S1680-100 Seeds: Pkt/\$3, 10g/\$7, 100g/\$35, 1kg/\$230

#### **ROMAN CHAMOMILE** Chamaemelum nobile

**₽**\*0 Z5-9 SGE P Traditional ground cover in English gardens and pathways, where

it is cut like grass. S1682 Seeds: Pkt/\$1.75, 10g/\$14, 100g/\$100, 1kg/\$700 P1682 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

DYER'S CHAMOMILE: See MARGUERITE, GOLDEN

# **CHAPARRAL**



Ρ Larrea tridentata (Creosote bush) Effective antibiotic against bacteria, viruses and other parasites. Has been included in remedies for cancer. S1710 Seeds: Pkt/\$2.25, 100g/\$14, 1kg/\$75



#### CHASTETREE Vitex agnus-castus

#### Р Z7-10 SM

(Chasteberry; Vitex) So named because the seeds reputedly subdue the sexual urge, although some suggest the aromatic seeds do exactly the opposite! German studies indicate that seed extracts regulate menstrual bleeding. Women who stop oral contraception use chastetree to re-establish normal menstruation and ovulation. S1712 Seeds: Pkt/\$5, 10g/\$11, 100g/\$80

# **CHERVIL, CURLED**

# Anthriscus cerefolium 'Crispum'

ឲាធ Luscious green leaves have special subtle flavour. Traditionally used in all spring soups and salads. Can improve every dish in which parsley is used. Curled leaves make a handsome garnish. S1720 Seeds: Pkt/\$2, 100g/\$15, 1kg/\$90, 10kg/\$720

### CHIA

#### Salvia hispanica



Incredible supergrain! (Mexican chia; Chia sage; Spanish sage) The Aztecs called chia the "running food" because messengers could run all day on just a handful of seeds. An ounce of seeds has as much omega-3 as 8 ounces of Atlantic salmon, as much calcium as a cup of milk, as much fibre as 1/3 cup of bran, as much iron as 1/3 cup of spinach leaves, as much vitamin C as 2 oranges, and as much potassium as half a banana. Seeds can be added to cereals and baked goods or just chewed raw like the Aztecs did. Ht. 1m/3ft.

😳 S1725-001 Seeds: Pkt/\$3, 100g/\$9, 1kg/\$45

# CHICKWEED

### Stellaria media

#### (40)+ A or B Z8-11+ SE

A decoction is used to treat constipation. Fresh leaves used as a poultice for inflammations, ulcers, abscesses. Fresh leaves are eaten as a delicacy in salads or cooked like spinach. Can be invasive. S1730 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$50, 1kg/\$370



# **CHICORY, WILD**

## 90 **-**Z3-10 SGE

В Cichorium intybus A food plant going back to the ancient Egyptians, Greeks and Romans who used the roots and the young shoots in spring like dandelion. Has diuretic, tonic and laxative properties, and is said to protect the liver. Lovely clear blue daisy flowers. S1740 Seeds: Pkt/\$3, 100g/\$12, 1kg/\$65

# **CHINABERRY**

Melia azedarach

+0 Z7-10 🔞 M

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(Bead tree) Beautiful tree, native of China and India; much cultivated in southern U.S. Bark used as an emetic and to expel worms. Hard nuts are used for making rosaries. Hardy along southern B.C. coast. S1760 Seeds: Pkt/\$5, 100g/\$29, 1kg/\$190

# hives

(Allium)

# CHIVES

Allium schoenoprasum

Regular onion chives. Besides using the leaves, try the pretty purple flowers, separated into florets, in salads for colour and flavour. S1790 Seeds: Pkt/\$1.75, 10g/\$6, 100g/\$25, 1kg/\$150

\$1790-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$260

P1790 Plants (Not to ID): \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# **GROLAU CHIVES**

P Z3-9 SOUE Allium schoenoprasum 'Grolau' (Windowsill chives) Swiss strain developed for greenhouse forcing. Excellent, strong flavour and thick, dark green leaves. Suitable for indoor culture; less susceptible to turn yellow or leggy. Produces best when cut continuously.

S1790-300 Seeds: Pkt/\$2, 10g/\$7, 100g/\$45, 1kg/\$300

P1790-300 Plants (Not to ID): \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# **NELLY CHIVES**

Allium schoenoprasum 'Nelly'



Leaves are fine to medium in thickness and dark blue-green in colour. It is uniform, upright, and very vigorous. Highly resistant to diseases and is tolerant of thrips and leaf tip burn. Excellent for the fresh, processing, and potplant markets.

😯 S1790-501 Seeds: Pkt/\$3, 10g/\$9, 100g/\$63, 1kg/\$420



# **PROFUSION® CHIVES**

73-9

Allium schoenoprasum 'Sterile' Ρ Wonderful strain of chives noted for its prolific production of flowers and tender leaves. Flowers do not develop seeds. Ideal for commercial edible flower producers. Best variety for potted plant and indoor growing.

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P1790-700 Plants (Not to ID): \$6.25, 3+/\$4.70, 12+/\$3.75

# **STARO CHIVES**

**()**+\* P Z3-9 SGE

Allium schoenoprasum 'Staro' High yielding variety for the processing, fresh-cut, forcing, and potplant markets. Leaves are extra thick and dark green. \$1790-801 Seeds: Pkt/\$3, 10q/\$9, 100q/\$63, 1kg/\$420

# **GARLIC CHIVES**

Р Z3-9 **SGOE** Allium tuberosum Flat leaved variety from Japan. Irresistable combination of garlic and chives. Has become popular wherever regular chives are used. Showy white flowers.

S1793 Seeds: Pkt/\$2, 100g/\$21, 1kg/\$130

S1793-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$48, 1kg/\$310

P1793 Plants (Not to ID): \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **KOBOLD GARLIC CHIVES** Allium tuberosum 'Kobold'

(4) + P Z3-9 SG@E

Kobold is a more compact, more uniform variety of garlic chives. White flowers. Ht. 30cm/1ft.

S1793-300 Seeds: Pkt/\$3, 10g/\$7, 100g/\$37, 1kg/\$240



**MAUVE GARLIC CHIVES** Р Z3-9 **S** Allium sp. Has the same great garlic flavour as the previous form but features attractive mauve flowers. P1794 Plants (Not to ID): \$4.25, 3+/\$3.20, 12+/\$2.55

Z3-9 **SG** 

(YD) 🕂

#### **CICELY, SWEET** Myrrhis odorata

#### Р Z3-7

Sugar saver. Sweet, anise-scented leaves and stalks (fresh or dried) add delightful flavour to sweets and desserts, saving about half the sugar. Of particular interest to diabetics.

S1798 Seeds: Pkt/\$5, 10g/\$11, 100g/\$59, 1kg/\$400 P1798 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

# CLARY

Salvia sclarea

¶**∃**\*0 Z4-9 SGE B

(Clary sage) Seeds soaked in water produce mucilaginous eye bath which safely removes particles, hence its name 'clear eye' or 'clary'. Used as a fixative in potpourris. Handsome aromatic flowers. S1800 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55, 1kg/\$370 P1800 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **CLARY, MEADOW**

₽≵ Z3-8 SB

Salvia pratensis (Meadow sage) Large, very showy, bright blue flowers. Sometimes used like clary sage. Aromatic.

S1805 Seeds: Pkt/\$2.25, 10g/\$12, 100g/\$90

### **CLOVE-PINK**

Р Z5-8 SGE Dianthus caryophyllus 'Grenadin' (Carnation) Clove-scented flowers were once used to flavour ales and wines, especially celebration cups at coronations, hence its name "carnation". Fragrance is valuable in potpourris and herb sachets. Clove-pink syrup, made by infusing the petals in a hot sugar syrup, is delectable on fruit salads or stewed fruits. 'Grenadin' is a mixture

of pink, red and white double flowers.

S1825 Seeds: Pkt/\$2, 10g/\$9, 100g/\$60, 1kg/\$400

P1825 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12



# **CLOVER, DRAGON'S BLOOD**

Trifolium repens 'Dragon's Blood'

+ (") Р Z4-9

Was Godzilla slain on a field of clover? This striking clover from Japan has green and white variegated leaves splattered with what looks for all the world like blood-red droplets on each leaf. On a less gory note, this species was once used by the Delaware and Cherokee Indians to treat colds, fevers and coughs. Excellent ground cover for sun or partial shade. Ht. 13cm/5"

P1829 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15



**CLOVER, RED** Trifolium pratense

Z3-8 SGE

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Many herbalists assert that the flowers taken as an infusion help prevent and even cure cancer. In his legendary book, Back to Eden, Jethro Kloss wrote, "Red clover is an exceedingly good remedy for cancer on any part of the body." Red clover is also efficacious for bronchial troubles, whooping cough, gastric troubles and ulcers. S1830 Seeds: Pkt/\$1.75, 100g/\$6, 1kg/\$20, 10kg/\$160

🛟 S1830-001 Seeds: Pkt/\$2.25, 100g/\$9, 1kg/\$25, 10kg/\$200

### **CLOVER, SWEET: See MELILOT**

# CNIDIUM

Cnidium monnieri

(She chuang) Chinese stimulant and aphrodisiac used to treat impotency. Also used as a vaginal wash against trichomoniasis, and to treat scabies and fungal diseases.

S1831-100 Seeds: Pkt/\$3, 10g/\$7, 100g/\$49, 1kg/\$320 S1831-101 Seeds: Pkt/\$3.75

#### COCKSCOMB Celosia cristata (Childsii)

ßF Brilliant orange or red crested flowers resemble a rooster's comb. Used in China for stopping hemorrhages and diarrhea. Also helps to clear vision. Fine garden annual, easily grown. S1832 Seeds: Pkt/\$2.25, 10g/\$19

# **COHOSH, BLACK**

Cimicifuga racemosa

Ρ Z3-8 🕄 🕻

North American woodland plant with estrogenic, hypoglycemic, sedative, and anti-flammatory properties. Seeds require a warm period (20°C/70°F), followed by cold (5°C/40°F), for successful germination, and then again warm to develop properly. P1839 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

R1839 Rootlets (Apr-May shipment) (Can, US only): 10/\$30, 100/\$250



#### **COHOSH, BLUE** Caulophyllum thalictroides

Р Z3-9 🔁 🗖

Much esteemed by the Amerindians to aid labour, check excessive menstruation, and treat abdominal and urinary problems. Has potential as a contraceptive on account of its estrogenic properties. P1840 Plants: \$8.25, 3+/\$6.20, 12+/\$4.95

R1840 Rootlets (Apr-May shipment) (Can, US only): 10/\$35, 100/\$215

# COLTSFOOT

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Z3-7 **SD** Tussilago farfara Popular remedy for coughs, colds, hoarseness, bronchitis and bronchial asthma. Also useful in herbal smoking mixtures designed for the relief of asthma and bronchitis. Seeds can be slow to germinate. Flowers and leaves in combination with mordants yield yellow, gold, tan, grey and taupe dyes.

P1848 Plants (Not to OR): \$3.25, 3+/\$2.45, 12+/\$1.95

# COLUMBINE

Z3-8 **SGE** 

Aquilegia vulgaris Long-time garden favourite with exotic drooping flowers in various shades of red, blue, yellow and white. Formerly used for treating running sores and urinary and liver ailments. Has narcotic properties;

not to be used without medical supervision. S1850 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55

P1850 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



# **COMMON COMFREY**

Z3-8 **SGOE** Symphytum officinale Ρ Variety known and used for centuries. Purple, rose or white flowers. S1870 Seeds: Pkt/\$3.75, 1q/\$8, 10q/\$57, 100q/\$400 P1870 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95









# **BOCKING 4 COMFREY**

Ρ Z4-9 Symphytum x uplandicum 'Bocking 4' Russian type recommended for fodder, especially for pigs and poultry. Has highest concentration of protein. Rust-resistant. P1876 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## **BOCKING 14 COMFREY**

Р Z4-9 Symphytum x uplandicum 'Bocking 14' Preferred russian type for home, garden and medicinal use. Has highest allantoin content. Rust resistant. P1877 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## **CONEFLOWER, YELLOW**



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B or P Ratibida columnifera Native wildflower used by the Navajo and Cheyenne Indians as an analgesic for chest pains, wounds and fevers. Also used as a treatment for poison ivy. Yellow, droopy daisy-like flowers in summer. Height 30-100cm/12-40"

S1879-500 Seeds: Pkt/\$3, 10g/\$7, 100g/\$37

# COREOPSIS

Coreopsis tinctoria

Important dyeplant: flowerheads yield bright yellow-orange shades for fabrics. Cheery garden plants. S1880 Seeds: Pkt/\$2.25, 100g/\$14, 1kg/\$80

# Coriander, Cilantro

(Coriandrum)

# **LEISURE CILANTRO**

Coriandrum sativum 'Leisure' **O G**E (Chinese parsley) High yielding commercial variety with attractive glossy green leaves, uniform growth habit, and consistent quality. Tolerates summer heat well and is bolt-resistant. Excellent choice for fresh cilantro. Ready for harvest in 28 to 80 days depending on the season. This variety is also used for sprouting.

Seeds are tested for bacterial leaf spot (Pseudomonas syringae pv. coriandricola).

S1890-200 Seeds: Pkt/\$3, 100g/\$8, 1kg/\$35, 10kg/\$250

### **New! MARINO CILANTRO**

Coriandrum sativum 'Marino'



(Chinese parsley) Excellent commercial variety for fresh production in the field or greenhouses. Quick to establish and slow bolting. Yields are higher than Santo and other standard varieties. 🛟 S1890-401 Seeds: Pkt/\$3, 100g/\$13, 1kg/\$75



# POT CILANTRO

Coriandrum sativum '99057' (Chinese parsley) Compact selection for potted plant production. Sow direct in pots.

S1890-700 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$110

#### SANTO CILANTRO Coriandrum sativum



(Chinese parsley) Best variety for fresh herb production. Slowest to bolt, even in hot weather, very uniform, with good flavour and dark green colour.

S1890-500 Seeds: Pkt/\$1.75, 100g/\$12, 1kg/\$65, 10kg/\$480 \$\$\$ \$1890-501 Seeds: Pkt/\$2.25, 100g/\$20, 1kg/\$130

# SPICE CORIANDER

◍ੋੋ∎ँ **OGE** 

Coriandrum sativum Variety grown for its seeds. Seeds add fresh, spicy flavour to soups and stews. Main ingredient in chili sauces, curries and exotic dishes. S1890 Seeds: Pkt/\$1.75, 100g/\$11, 1kg/\$60, 10kg/\$450 \$1890-001 Seeds: Pkt/\$2.25, 100g/\$15, 1kg/\$100, 10kg/\$720



# CORIANDER, MEXICAN

# Z8-11 SOM

Eryngium foetidum (Culantro; Thorny coriander; Ngo gai) Native to Central America, but now cultivated throughout Southeast Asia and Latin America. Favoured where the true coriander (Coriandrum sativum) does not do well because it can stand hot, steamy weather. Leaves are tough, but if sliced and then chopped they are quite tasty. Unlike other corianders, this variety dries well, retaining good colour and flavour, and it can stand some cooking.

S1892 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55, 1kg/\$390 P1892 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# **CORIANDER, VIETNAMESE**

(f) 🕂 🌒 Z11+

Polvgonum odoratum (Rau ram) Tired of growing coriander from seed several times a year? This is your answer; this remarkable herb from Vietnam has excellent flavour. Grow this perennial indoors in good light.

P1891 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# CORNFLOWER

**O G E** 

Centaurea cyanus Striking brilliant blue blossoms, infused in water, have both curative and calming action for nervous disorders. Eyewash is reputed to strengthen weak eyes.

S1896 Seeds: Pkt/\$2.25, 100g/\$9, 1kg/\$45

# COSTMARY



Tanacetum balsamita (Bible leaf) The sweet-scented leaves may be used for tea or in herb pillows. Fresh leaves, picked before flowering, used in salads, sauces, soups and in cold drinks where a little goes a long way. P1900 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# COTTON

Gossypium herbaceum

(Not to US) 😗 🛨 😒 🧿 B Z9-10 🚯 E

Source of the eminently useful cotton fibre. The rootbark once gained notoriety as an abortifacient in the U.S. South. Contains gossypol which has important anti-parasitic and antiviral effects, and has shown promise as a male anti-fertility drug in studies conducted by the World Health Organization. Can be grown for interest as a pot plant in a bright window or greenhouse. S1920 Seeds: Pkt/\$3, 10q/\$7, 100q/\$32

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#### COWSLIP Primula veris

A most attractive English wildflower with bright yellow sweetsmelling, drooping blossoms in early spring. Tea made from any part of the plant was once a common remedy for pain and insomnia. S1950 Seeds: Pkt/\$3, 10g/\$25

P1950 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# Cress

#### **CURLED CRESS**

Lepidium sativum 'Crispum'

Sow every 14 days indoors or out for a continuous supply of fresh leaves. Ready to use when seedlings have 3 or 4 leaves. Delightful companion to mustard cress #4150.

S2010 Seeds: Pkt/\$1.75, 100g/\$9, 1kg/\$40, 10kg/\$290

# WATERCRESS

### Nasturtium officinale

(40) 🕇 Z5-9 **S** 

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Best grown along streams where water is shallow and calm. Will succeed, however, in gardens or in pots, provided soil is kept moist. S2020 Seeds: Pkt/\$1.75, 10g/\$10, 100g/\$65, 1kg/\$430

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### UPLAND CRESS

Barbarea verna

B Z5-9 S C E (Winter cress; Land cress) Resembles watercress in flavour and often grown in place of it. Easy to grow indoors or out. S2032 Seeds: Pkt/\$1.75, 100g/\$20, 1kg/\$140



#### **AFRICAN POWER CRESS** Spilanthes filicaulis

Power to influence! (Brazil cress; Wolikpekpe) In West Africa this plant helps to develop the powers of persuasion and influence. Chewing on a few fresh flowers or leaves is said to help make one's talk smooth and harmonious, and local leaders are known to use it before important meetings. Leaves and the yellow button flowers produce a lemony tingling sensation on the tongue. The effect is probably due to spilanthol, a mild analgesic agent that is found in other Spilanthes species. Some of the world's top chefs are experimenting with Spilanthes cresses in salads for an "electric" tingling effect. Try a few flowers or chopped leaves in tossed salads and see what happens! A beautiful low creeper that grows into mats. Grows happily indoors in pots for your persuasive needs! P2035 Plants: \$6.25

# **TOOTHACHE CRESS**

Spilanthes oleracea



Z11+

(Spilanthes; Australian cress) Leaves have a mild anesthetizing effect and are useful for toothaches. Also used as an antibiotic against candida. The fresh leaves are edible and are eaten like cress. S6530 Seeds: Pkt/\$3, 10g/\$7, 100g/\$26, 1kg/\$160

# **CROWN VETCH**

Coronilla varia



Ground cover for any unsightly barren patches, south-facing slopes, etc. Mounds of lacy leaves topped all summer long by a profusion of pink or white flowers. The plant is being tested as a substitute for purple foxglove in the treatment of heart disorders. Used in folk medicine to treat disorders of the prostate. Should not be used without medical supervision.

S2040 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$150

# **CUCUMBER, CHINESE**

Trichosanthes kirilowii



(Gua lou; Tien hua fen; Chinese snake gourd) Source of anti-HIV agent, Compound Q (GLQ223), which was once thought to have promise for AIDS treatment because it selectively kills infected cells, leaving healthy cells untouched. Used in China to treat angina pectoris, to reduce phlegm, and to induce abortions. S2045 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$300

#### CULANTRO: See CORIANDER, MEXICAN

## CUMIN

Cuminum cyminum

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Seeds are important in many international cuisines, including those of India and Mexico. Flavour resembles caraway but is hotter. Used in soups, cake, bread, cheese, and is a standard ingredient of commercial curry powders. Requires a long warm growing season;

should be started indoors in colder climates.

S2050 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$150

CUMIN, BLACK

Nigella sativa (Fennel flower; Russian caraway; Black caraway) Commonly featured in Indian dhals and equally at home in Russian rye bread! Aromatic black seeds resemble fennel in aroma and taste something like peppery nutmeg. Seeds can be ground and used with near abandon like black pepper. Its legendary healing powers are summed up in the Arab proverb, "In the black seed is the medicine for every disease except death."

S2055 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$150

OUTIVEE

#### CURRYLEAF Murraya koenigii

(Not to US)

(Mitha-neem) The source of the distinctive flavour of South Indian and Sri Lankan cooking. Anyone who has savoured dosas - thin pancakes with a spicy curryleaf-drenched filling - will know how wonderful this herb is. A typical South Indian curry is made with mustard seeds, shallots and fresh curryleaf. The leaves have a strong curry aroma when bruised. Best used fresh, added at the last stage of cooking. Does well in pots. Requires a minimum temperature of 15-18C. P2059 Plants: \$15

### CURRYPLANT

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Helichrysum italicum Delightfully curry-scented foliage. The essential oil is used to enhance fruit flavours in confections and perfumes. P2060 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **CURRYPLANT, MINIATURE**

Z11+ Helichrysum italicum microphyllum Smaller version of the previous. Lovely compact bushy growth habit, reaching only 30cm/12in high. Scent is stronger too. P2061 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

### DAISY, ENGLISH

Bellis perennis

# B Z6-10 SGE

Charming button flowers appear from early spring until late autumn. Tea is employed as a gentle laxative; also for stomach and intestinal problems. Helps heal inflamed swellings and burns. S2080 Seeds: Pkt/\$2.25, 10g/\$11, 100g/\$80





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# DAISY, OX-EYE

Chrysanthemum leucanthemum

Ρ Z3-10 SGE Familiar wildflower found in meadows and along roadsides. Employed to relieve chronic cough, asthma and nervous excitability. S2090 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$25

## DANDELION

#### Taraxacum officinale

(4) 🕂 🖝 Z3-10 SGE

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(Not to ID) 🛨

Universally despised as a pesky weed, the lowly dandelion is actually one of the more useful herbs around. Dried roots are very popular as a coffee substitute. Promotes bile secretion. S2100 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$39, 1kg/\$250

# **DANDELION, FRENCH**

Z3-10 😏 🔂 🛛 E Taraxacum officinale sativum 'Thick-leaved' This strain of the lowly dandelion boasts tender fleshy leaves, topping all other fruits and vegetables for iron content. Enjoy in a spring salad, or cooked like spinach. Treat as a biennial - sow one year, pick the next.

S8310 Seeds: Pkt/\$1.75, 10g/\$19, 100g/\$130, 1kg/\$900

### **DEAD-NETTLE, PURPLE**

Lamium purpureum

(Purple archangel) Attractive beeplant and medicinal herb with purple-tinged foliage and purple-red flowers. Unlike its nasty distant cousin, the stinging nettle, this nettle does not sting which explains the name. Flowers and foliage stop hemorrhages; tea is useful against chills as it acts on the kidneys and induces sweating. S2120 Seeds: Pkt/\$3, 10g/\$20, 100g/\$140



### (Anethum)

# MAMMOTH DILL

(¶ 🛨 🗖 😳 S 🔇 E Anethum graveolens 'Mammoth' Α Finely cut foliage. For fresh use as "dillweed", or allowed to go to seed for dill pickles. Ht. 1m/40". S2140 Seeds: Pkt/\$1.75, 100g/\$10, 1kg/\$40, 10kg/\$280 😳 **S2140-001 Seeds:** Pkt/\$1.75, 100g/\$15, 1kg/\$100, 10kg/\$800

# **BOUQUET DILL**

Anethum graveolens Dwarf, compact version of the above. Ht. 75cm/3ft. S2141-001 Seeds: Pkt/\$3, 100q/\$15, 1kg/\$85 S2141 Seeds: 100g/\$9, 1kg/\$42, 10kg/\$290

# **DUKAT DILL**

Anethum graveolens



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greener than most dills. S2141-500 Seeds: Pkt/\$1.75, 100g/\$17, 1kg/\$120, 10kg/\$950

**FERNLEAF DILL** 

# Anethum graveolens

**G Ø E** A Unique dwarf plants 45cm/18"; dark green leaves. Slow to bolt. Excellent for dillweed production and potted plants. All America Winner for 1992.

S2142 Seeds: Pkt/\$3, 10g/\$28, 100g/\$190

#### **GREEN SLEEVES DILL** Anethum graveolens 'Green Sleeves'



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Uniform, dark green variety for fresh market production. Very resistant to bolting. Suited for both field production and yearround greenhouse production.

🔅 S2143-001 Seeds: Pkt/\$3, 100g/\$17, 1kg/\$120

#### HERCULES DILL Anethum graveolens



Heavy yielding tetraploid strain. Slow to flower so foliage stays green and succulent longer. Best variety for the fresh leaf market. S2145 Seeds: Pkt/\$3, 100g/\$21, 1kg/\$150

# **MONIA DILL**

(40) 🕇 6) (D E

Anethum graveolens 'Monia' A Sturdy compact variety. Shorter uniform plants are easier to harvest for the fresh market. Dark green foliage. Best variety for pots, but

is also well suited for field production. S2146 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$100

# TETRA LEAF DILL

Anethum graveolens A Excellent for dillweed production. Dark green leaves, bushy habit, and slow to bolt. Ht. 1m/40". S2150 Seeds: Pkt/\$1.75, 100g/\$18, 1kg/\$110

# **DITTANY OF CRETE**



Origanum dictamnus (Hop marjoram) Woolly-leaved relative of oregano with similar spicy scent and uses. The beautiful chartreuse and pink flowers may be steeped for tea. Excellent for hanging baskets. P2170 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

# DOCK, BLOODY

Z4-9 SGE

Ρ Rumex sanguineus (Red-veined dock; Bloodwort) A British native with rosettes of striking light green leaves marked with bright maroon-coloured veins. Very interesting new salad green! Young leaves are used like spinach, fresh in salads or blanched a few seconds in boiling water. Has been used medicinally for cancer and for various blood diseases. S2182 Seeds: Pkt/\$3.75, 10g/\$25, 100g/\$190

P2182 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### DOCK, CURLED Rumex crispus

74-8 **G** 

(Yellow dock) Ointment for skin eruptions and itchy skin is made by boiling roots in vinegar, then mixing softened pulp with lard or petroleum jelly. Various plant parts used with mordants yield yellow, green, gold and tan dyes. S2185 Seeds: Pkt/\$2.25

# DRAGONHEAD



Dracocephalum moldavica ΘE (Moldavian Balm) Scented leaves; showy blue flowers; fine beeplant. Ht. 45cm/18".

S2200 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$33, 1kg/\$220

# **DUSTY MILLER**

# Senecio cineraria

Р Z6-10 SE One or two drops of fresh juice dropped into the eye is said to remove cataract. Silver-white foliage is popular for grey gardens.

# Echinacea

# (Echinacea)

# Purpurea Group (E. purpurea)

S2250 Seeds: Pkt/\$1.75, 10g/\$27, 100g/\$190

# **ECHINACEA**

Echinacea purpurea

Z3-10 8 BE

Р (Coneflower) Standard variety. Rich reddish-purple daisies appear from July to September. Roots are the most potent part, but leaves and seeds are also used in herbal medicines. S2280 Seeds: Pkt/\$2, 100g/\$30, 1kg/\$190

\$2280-001 Seeds: Pkt/\$3, 10g/\$5, 100g/\$35 P2280 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# MAGNUS ECHINACEA

Echinacea purpurea 'Magnus'

Z3-9 SGE

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Beautiful variety with rose-purple petals that don't droop as much as wild echinaceas. Developed in the 1980s by Swedish echinacea breeder, Magnus Nilsson. Was the Perennial Plant of the Year for 1998. Excellent longlasting cutflower. Ht. 1m/40". S2280-200 Seeds: Pkt/\$3.75, 1g/\$6, 10g/\$29, 100g/\$200

#### FRAGRANT ANGEL ECHINACEA Echinacea purpurea 'Fragrant Angel'

Ŧ D Z4-9

Hard as it is to imagine improving the wonder herb echinacea, here is a plant that does just that. It has majestic scented white flowers with layered, overlapping, nearly horizontal petals and huge yellow cones. And its branching habit and long blooming season through to fall makes this a perfect herb, cutflower and garden plant all in one! Ht. 75cm/30"

Propagation prohibited. U.S. patent (USPP#16054). P2280-300 Plants: \$15

# PRIMADONNA DEEP ROSE ECHINACEA 🗄

Echinacea purpurea 'Primadonna Deep Rose' P Z3-8 S 🕞 E Impressive variety from Germany with abundant large flowers, 10-12cm/4-5" across. Excellent cutflower. Attracts butterflies. Good heat and drought tolerance. Ht. 70-80cm/28-32". S2280-350 Seeds: Pkt/\$5



Z3-8 S Like the previous variety with white petals and dark eye. Same impressive large flower size. S2280-360 Seeds: Pkt/\$5



# **RUBY GIANT ECHINACEA**

Z4-9

Echinacea purpurea 'Ruby Giant' Outstanding variety developed from a single remarkable plant discovered in Europe in the garden of the son of echinacea breeder, Magnus Nilsson. Has huge fragrant flowers, up to 18cm/7" across, with striking upcurved clear pink petals. Ht. 75cm/30". P2280-400 Plants: \$12

#### WHITE SWAN ECHINACEA Echinacea purpurea 'White Swan' Z4-10 8 BE P

Showy white variety. Medicinal activity has not been tested but is likely to be similar to the purple variety. S2280-500 Seeds: Pkt/\$3.75, 10g/\$20, 100g/\$140

P2280-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# **Other Echinaceas**

# NARROWLEAF ECHINACEA

P Z3-9 **SGM** Echinacea angustifolia Medicinally more active than the previous species. Slow to germinate, rarely exceeding 50%; requires 30-90 days at 5°C/40°F to germinate. Studies suggest that treatment with the hormone Ethrel quickens germination.

S2281 Seeds: Pkt/\$3, 10g/\$17, 100g/\$125, 1kg/\$950 P2281 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

# PALE-PURPLE ECHINACEA

Р Z5-9 SGM Echinacea pallida Similar to the narrowleaf species in both appearance and medicinal action. The taller (1m/40") and the paler of the two, and may, in fact, be the more important commercially because much of what is sold as *E. angustifolia* may actually be this species. Germination rates are often less than 40% and may benefit from pretreatments suggested for E. angustifolia.

S2282 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$295

#### YELLOW ECHINACEA Echinacea paradoxa

Z3-8 **S** 

(Yellow coneflower) The only yellow-flowering echinacea. Flowers are 7cm/3" across with a chocolate brown centre. Roots contain medicinal constituents similar to those found in E. pallida. Traditionally used like other echinaceas for its antiviral, antiinflammatory and immune-boosting effects. Requires cold stratification for 1-2 months to break seed dormancy. Prairie native of the Missouri and Arkansas Ozark regions. Ht. 75cm/30". S2283 Seeds: Pkt/\$3, 10g/\$28, 100g/\$190

# FLAME THROWER ECHINACEA

Z4-9 Echinacea 'Flame Thrower' Elegant two-toned orange and yellow flowers blanket the sturdy, well-branched plants. Flowers are sweet scented too. Great choice for borders or along fences and sunny walls. One of the earliest to bloom, and keeps blooming all summer. Easy to grow. Ht. 1m/40". Propagation prohibited. U.S. patent (USPP#21,932) P2284-250 Plants: \$15

# MAC N CHEESE ECHINACEA

Echinacea 'Mac N Cheese'



Do the flowers with golden rays fading to yellow at the tips conjure up memories of a popular pasta dinner? Maybe. Or maybe not. But the gorgeous colour is a welcome addition to any sunny landscape. Try them next to the orangey-red 'Tomato Soup' echinacea for a summertime feast. The lovely floral scent of the flowers is a bonus. Vigorous, upright habit, up to 26" tall. Propagation prohibited. U.S. patent (USPP#19464).

P2284-500 Plants: \$15



#### **MAUI SUNSHINE ECHINACEA** Echinacea 'Maui Sunshine'

Z4-9

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Large sweet scented blooms with showy orange cones and bright yellow rays, maturing to a soft yellow. Excellent for cutting and drying. Vigorous, well-branched upright habit. Ht. 120cm/48". Propagation prohibited. U.S. patent applied for. P2284-520 Plants: \$15

# TANGERINE DREAM ECHINACEA

Echinacea 'Tangerine Dream'

Z4-9 Honey scented! Large 4" flowers with wide overlapping petals awash in a clear orange colour. Colour holds well in the heat unlike other varieties. Strong stems and nice wide branching habit. Excellent choice for cut flowers. Ht. 90cm/30"

Propagation prohibited. U.S. patent (USPP#21,773) P2284-750 Plants: \$15

# **TIKI TORCH ECHINACEA**

Echinacea 'Tiki Torch'



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Spectacular orange colour! Masses of deep orange, spice-scented flowers. They are large, up 11 cm/4.5" across, and they last for weeks. Outstanding cross between 'Ruby Giant' and the yellow-flowered Echinacea paradoxa. Excellent for cutflowers and sunny borders. Ht. 90 cm/36".

Propagation prohibited. Protected by U.S. patent (USPP#18839). P2284-800 Plants: \$15



#### TOMATO SOUP ECHINACEA Echinacea 'Tomato Soup'

Z4-9 Colour just like tomato soup! Amazing orangey-red colour is unique among echinaceas, reminding admirers of a famous brand of tomato soup. Flowers are huge, to 15cm/5" wide, and keep coming till frost. Excellent vigour. Ht. 80cm/32".

Propagation prohibited. Protected by U.S. patent (USPP#19427). P2284-830 Plants: \$15

# **EDELWEISS**

Leontopodium alpinum



No plant symbolizes the Alps of Europe quite like edelweiss. To the Swiss, Austrians and Bavarians, the white-woolly flowers are instantly emblematic of a simple, wholesome mountain lifestyle. Edelweiss has important medicinal and cosmetic uses, and is now a cultivated crop in Europe. Traditionally used as a tea for diarrhea, dysentery and respiratory problems, today it is used to neutralize free radicals and block the formation of superoxides associated with aging. Also strengthens the walls of capillaries and veins and can be used for varicose veins and hemorrhoids. Ht. 15cm/6". S8860 Seeds: Pkt/\$3, 10g/\$35

P8860 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



Unassuming and often overlooked for years, elder is undergoing a welcome reappraisal. We all know about elderberry wine, pie and jelly, but how many know that elderberries possess extraordinary powers as virus and bacteria fighters? Studies show that elder extracts provide powerful relief of the symptoms of colds and flus. Indeed elderberry extracts have been shown to deactivate the protein the flu virus needs to attach itself to cells. With the resurgence of interest in the humble shrub it is fast turning into a hot crop in America. Led by the efforts of Missouri researchers to transform elder into a profitable crop, many farms growing elder by the acre are springing up in America. Not only is the plant incredibly versatile, it grows happily from northern Quebec to sub-tropical America.

**New! AMERICAN ELDER** 

73-11

Sambucus canadensis (Elderberry; S. nigra canadensis) The hardy native form grown from seeds collected in southern Ontario. Very hardy, very adaptable. For food and medicinal use. P2295 Plants: \$12



# New! BOB GORDON ELDER

Z3-11

P Sambucus canadensis 'Bob Gordon' (Elderberry; S. nigra canadensis) Best berry producer! A truly superior variety developed for commercial elderberry production. Yields were almost triple that of other varieties in trials conducted in Missouri. Large berries are borne on inverted heads that help to protect the berries from birds. P2296 Plants (June-Nov shipment): \$12

# EUROPEAN ELDER

Ρ

Z3-11 **SGD** 

Sambucus nigra (Common Elderberry) Very similar to American elder in appearance and used in the same ways. It is hardier than its American cousin, surviving in the far north, and throughout Europe and even parts of north Africa. It has been introduced successfully in many parts of the world including North America, East Asia, Australia and New Zealand.

S2300 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$150

#### **ELECAMPANE** Inula helenium



Dried root preparations quiet coughing, stimulate digestion, and tone the stomach. Flowers yield yellow and orange dyes. S2320 Seeds: Pkt/\$2.25, 10g/\$25, 100g/\$180 P2320 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

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### **EPAZOTE**

Chenopodium ambrosioides

(Wormseed; Mexican tea) Strong scented foliage highly esteemed in Mexico and Guatemala for seasoning corn, black beans, mushrooms, fish and shellfish. Wormseed oil is frequently prescribed to expel intestinal parasites.

S2350 Seeds: Pkt/\$2.25, 10g/\$22, 100g/\$170, 1kg/\$1200

# **EPHEDRA, AMERICAN**

Ephedra nevadensis

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ΘE

(Mormon tea; Desert tea; Joint-fir) Unusual native of the southwestern U.S. desert regions. Foliage resembles that of the horsetail plant. Makes a pleasant refreshing beverage tea, an excellent substitute for coffee or tea. Contains traces of ephedrine, a nerve stimulant resembling adrenaline. Has tonic effects, improves kidney action, and relieves asthma. Prefers dry, alkaline soil.

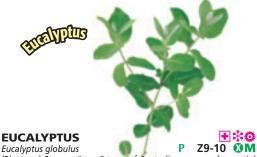
S2353 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$180 P2353 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## **EPHEDRA, CHINESE**

Ephedra sinica

Z5-8 **G** 

(Cao ma huang) Chinese ephedra is a powerful stimulant herb containing the alkaloid ephedrine, the main inspiration for today's popular over-the-counter antihistamine drugs. Traditionally used in Chinese medicine for conditions characterized by wind and cold, such as chills, fever, headache, cough and wheezing. Excellent for colds, congestion, and asthma. In children used to control bed wetting, nose bleeding and diarrhea. Very hardy; prefers dry, welldrained location with full sun exposure. Ht. 30-50cm/12-20". S3820 Seeds: Pkt/\$5, 10g/\$11, 100g/\$75, 1kg/\$510



(Bluegum) Famous "gum" trees of Australia, sources of essential oils used in perfumery and medicine. Cough drops and sore throat lozenges are made with the oil. Powerful antiseptic. Helps deodorize the air when grown indoors. Despite the enormous height they normally attain, they can be grown indoors with occasional pruning to maintain a manageable size.

S2360 Seeds: Pkt/\$3, 10g/\$20, 100g/\$140 P2360 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# EUCALYPTUS, LEMON



+\*0 Z9-10 🚺 M

#### (Lemon gum) Crushed leaves emit a delightful lemon scent, popular in potpourris and perfumes, and to freshen the air indoors. Its oil is the major ingredient in some plant-based insect repellents, and a scattering of the leaves crushed or whole repels cockroaches and silver fish around the house.

S2361 Seeds: Pkt/\$3, 10g/\$16, 100g/\$100 P2361 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# **EUCALYPTUS, SILVER DOLLAR**

Eucalyptus cinerea 'Pendula' 79-10 (Dollar leaf gum) Silvery rounded leaves are used by florists for arrangements.

#### S2374 Seeds: Pkt/\$3 P2374 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# **EVENING PRIMROSE**

Oenothera biennis

Oil in seeds contains gammalinolenic acid (GLA), a precursor of prostaglandin E1 that is very active, biologically regulating such functions as the vessel and immune systems. By supplementing the diet with GLA, one can bypass a blockage of prostaglandin E1 production caused by aging, poor diet, or alcoholism. Chronic complaints such as PMS disappear. Roots can be eaten as a vegetable; shoots as a salad.

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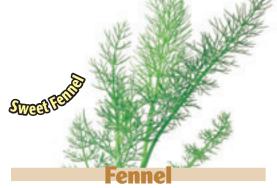
S2380 Seeds: Pkt/\$1.75, 10a/\$11, 100a/\$80, 1ka/\$530 P2380 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **EVERLASTING**

### Helichrysum arenarium

P Z5-7 **SGE** 

European wildflower with cute yellow flowers resembling cat's paws. Spicy, aromatic dried flowers keep colour well; often added to commercial herbal teas for colour. Useful for dyspeptic disorders S2385 Seeds: Pkt/\$3.75, 1q/\$7



### (Foeniculum)

# SWEET FENNEL

Foeniculum vulgare dulce

Ρ Z5-11+ SE Chopped leaves are used with oily fish, such as mackerel, eel and salmon, to improve digestibility. Also in soups, salads and stews. Fennel tea is given to infants for its calming and anti-flatulent effects. S2420 Seeds: Pkt/\$2, 100g/\$19, 1kg/\$120, 10kg/\$840

### **BRONZE FENNEL**

Foeniculum vulgare dulce 'Rubrum' Ρ Z5-11+ SE Highly decorative form of fennel with bronze-red, lacy foliage.

Leaves can be used like green fennel. S2425 Seeds: Pkt/\$3.75, 10g/\$18, 100g/\$125, 1kg/\$900 P2425 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **FLORENCE FENNEL** Foeniculum vulgare azoricum

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P Z6-11+ SGE

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(Finocchio) Unlike sweet fennel, this produces a bulbous base of delicate anise flavour and crisp texture. Superb sliced raw in green salads, sauteed, or quartered in chicken casseroles. Does best in cool weather: sow direct in July to mature by fall or start early indoors and plant out in spring.

\$8340-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$44, 1kg/\$290 **P8340 Plants: Plug pack: 12/\$12** 

# FENUGREEK

Trigonella foenum-graecum

Common ingredient of curry powder. Used in oriental sauces, soups, stews, and for seasoning and preserving butter. Enjoys much commercial use for making imitation maple, vanilla, caramel and butterscotch flavours.

S2460 Seeds: Pkt/\$1.75, 100g/\$15, 1kg/\$80, 10kg/\$550





Z4-8 SGE



## (Tanacetum, Chrysanthemum)

#### **FEVERFEW**

Ρ Z5-9 GE

Tanacetum parthenium A medical survey in England indicates that 1 to 4 leaves of feverfew infused in a tea or eaten in a sandwich daily reduce the number and severity of migraine attacks in some sufferers. It even has pleasant side effects including a sense of well-being, lack of tension and relief from arthritis. Approx. 0.4% parthenolide.

S2480 Seeds: Pkt/\$2, 10g/\$8, 100g/\$55, 1kg/\$360 P2480 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

### WHITE POMPON FEVERFEW

Tanacetum parthenium 'White Pompon' P Z5-9 SE Dense double white pompon type. Long stems, suitable for cutflowers. Ht: 60cm/2ft. Contains 0.3% parthenolide. S2485-800 Seeds: Pkt/\$3, 1g/\$10, 10g/\$60, 100g/\$440

#### WHITE STARS FEVERFEW

Z5-9 SE P Tanacetum parthenium 'White Stars' Masses of double white flowers on neat, compact plants 18cm/7" high. Lovely in fresh or dry bouquets and arrangements. Good container plant and for edging. Low parthenolide. S2485-900 Seeds: Pkt/\$3, 1g/\$6, 10g/\$27, 100g/\$190

# **FIG, HARDY CHICAGO**

Ficus carica 'Hardy Chicago'

Z8-11 The rotund fig and its fabled leaf go back at least 5,000 years as enduring symbols of sinful pleasure and lost innocence. The ancients and latter day fig-cognoscenti have known the hedonistic delight of fresh sun-ripened, honey-dripping figs, and know all too well the impatient wait for fig season to arrive in late summer. Many people assume that fig trees can't grow in North America, and if this describes you, then you need to rip your figurative fig leaf off and order this plant! With protection and the right care fig trees grow successfully in zones as low as 4. And they do well in containers so no one need be without the fresh fig. 'Hardy Chicago' has brown-purple fruits and luscious strawberry-coloured flesh. Brought to Chicago by Sicilians from Mount Etna and has been grown there by dedicated fans of figs ever since. P2520 Plants: \$6.25

### FIGWORT



Scrophularia nodosa Ρ English herb used mainly for skin problems. Also sprains, swellings, inflammation, burns, even gangrene. S2530 Seeds: Pkt/\$3, 10g/\$19, 100g/\$120



# FISH MINT



Houttuynia cordata (Vap Ca) Vietnamese herb used fresh on meat dishes and in soups. Unusual, but interesting fish-like flavour. Very easy to grow. Shade tolerant

P6605 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# FISH MINT, CHAMELEON

(4) 🛨 76-10

Houttuynia cordata 'Chameleon' Vietnamese herb used fresh on meat dishes and in soups. Unusual, but interesting fish-like flavour. Striking red, green and white variegated ground cover for shady areas. Very easy to grow. Shade tolerant.

P6605-100 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### FLAG, LICORICE Acorus gramineus 'Licorice'

(\*\*)+\* Р Z7-10

All parts of the plant burst with an absolutely stunning licorice scent when squeezed. Used in Thai cooking, and deserving of experimentation wherever a new flavour twist is desired. Important Chinese medicinal herb used to treat lack of appetite, gastritis, and depression. Prefers full or partial sun in wet soil or in water garden. Grows 20-30cm/8-12"; grass-like foliage.

P2600 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# **FLAX**

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Linum usitatissimum Source of strong fibre used in linen cloth. Linseed poultice is valuable for rheumatism and infections. Linseed oil is employed in the paint and varnish industries.

S2700 Seeds: Pkt/\$1.75, 100g/\$12, 1kg/\$85, 10kg/\$650



### FLAX, BLUE

Linum perenne

**+**\*\* Z4-9 SGE

P

Pretty border perennial with pale blue flowers. As with ordinary flax, seeds contain linseed oil. Has been used for rheumatic pains, diarrhea and coughs.

S2710 Seeds: Pkt/\$2.25, 100g/\$50, 1kg/\$350

### FLAX, FIBRE

Linum usitatissimum 'Evelin'



Specially bred for linen production. Fibres are longer, more uniform and stronger than ordinary flax. Fibres are prepared from the raw flax straw in a series of steps called retting, breaking, scutching and hackling. Instructions are included with each order.

-EVELIN High yielding variety for fibre production. S2702 Seeds: Pkt/\$3, 100g/\$7, 1kg/\$28, 10kg/\$220

### FO-TI

р Z7B-9

Polygonum multiflorum (He-shou-wu) Legendary Oriental "Elixir of Life" said to be used by a certain Professor Li who lived to the ripe old age of 256! Early in life Li started taking a daily concoction containing the "elixir of life." He is said to have outlived 23 wives, and left behind 11 generations of descendents when he died in 1933! Widely used tonic herb in traditional Chinese medicine. Roots are used to restore blood, liver and kidneys, and is prescribed for conditions as varied as vertigo, insomnia, lumbago, and constipation. Climber.

P2725 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15

Seed Propagation: 🔇 – spring; 🕑 – late summer/fall; 🔇 – anytime; 🔶 – special treatment req'd

# FORSYTHIA

Forsythia suspensa



(Lian Qiao) Important Chinese antibacterial herb used to treat flu and cold. Forsythiaside found in the fruits is effective against a wide spectrum of bacteria and fungi. Also effective against inflammations and helps to reduce fever and boost immunity. Hardy shrub with yellow flowers that appear before the leaves in spring. Prefers full sun and shelter from the wind.

S2727 Seeds: Pkt/\$3, 100g/\$37, 1kg/\$240 P2727 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### FOXGLOVE, GRECIAN Digitalis lanata

📕 🔩 B or P Z4-10 S GE

Source of the cardiac drug digoxin used to treat congestive heart failure. White flowers with bold brown veining on 1m/3ft spikes. S2732 Seeds: Pkt/\$3

P2732 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **FOXGLOVE, PURPLE**

#### Digitalis purpurea



B

Source of digitalis, important for its stimulating and regulating action on the heart, but too powerful to use without medicial supervision. Spotted bells arranged in spikes are highly ornamental. S2730 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$49, 1kg/\$320 P2730 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# GARDENIA

Gardenia jasminoides

+ = \*0 Р Z8-10 🚯 M

(Cape jasmine; Zhi zi) Scented white flowers used by the floral industry in arrangements and corsages. Flowers used to flavour Chinese tea and a source of important essential oil used in perfumery. Fruits are used in Chinese medicine for fever, high blood pressure, insomnia, hepatitis and for sprains, swellings and bruises. Evergreen shrub up to 2m/6ft high with dark green, leathery leaves. Succeeds as a house plant if kept warm (above 18°C/65°F).

S2775 Seeds: Pkt/\$3, 10g/\$7, 100g/\$42, 1kg/\$280



(Allium)

Garlic often sells out by September. Order early to avoid disappointment.

# Softneck Group (Allium sativum sativum)

Regular "softneck" form of garlic, so called because the stem does not dry hard in the centre of the bulb. Plants are shorter than the "hardneck" varieties.

# CHENGDU



Allium sativum sativum 'Chengdu' From a roadside market in the city of Chengdu, in western China. Has a robust garlic flavour with a touch of heat. Very early. Stores well.

R2780-100 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84

# **INCHELIUM RED**



Allium sativum sativum 'Inchelium Red' Rated as one of the best tasting at Rodale kitchens. The flavour is mild with a delightful tingle that lingers. Originally discovered on an Indian reservation, this large-bulbed variety is quietly gaining a reputation as an excellent producer. Bulbs are heavier and denser than other varieties also. 8-15 cloves per bulb.

R2780-200 Bulbs (Sept-Oct shipment): 250g/\$15, 2kg/\$60, 10kg/\$245



LORZ ITALIAN

# (Can,US only) (1) P Z3-8

Allium sativum sativum 'Lorz Italian' Vigorous large-bulbed variety originally brought to the U.S. from Italy by the Lorz family in the 1800s. Bulbs have 12-19 cloves in 3-5 overlapping layers, an arrangement that resembles a true artichoke. It has a great, strong flavour that sometimes can be hot. Tolerates heat well.

R2780-300 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

# **POLISH WHITE**

Allium sativum sativum 'Polish White' One of the best for northern growers, but does well in southern areas also. Plants are larger and hardier than most softneck varieties; cloves are large too. Strong flavour. Good variety for braiding. 8-

12 cloves per bulb. R2780-600 Bulbs (Sept-Oct shipment): 250q/\$15, 2kq/\$60, 10kq/\$245

# SUSANVILLE

(Can,US only) (1) + P Z3-8 G

Allium sativum sativum 'Susanville' Mild flavoured bulbs are white-skinned with occasional pink. Excellent for roasting: the cloves easily slip-apart after roasting and spread effortlessly on French bread or tomato slices. 11-13 cloves per bulb

R2780-800 Bulbs (Sept-Oct shipment): 250g/\$15, 2kg/\$60, 10kg/\$245

# Hardneck Group (Allium sativum ophioscordon)

Called "hardneck" because the stem dries hard in the centre of the bulb. Cloves are larger and easier to separate than the "softneck" type, but does not store as well. Esteemed for their strong garlic flavour. This group includes the rocambole or Italian garlics.

# BELARUS

# Allium sativum ophioscordon 'Belarus'

# (Can,US only) (1) + P Z3-8

Attractive purple-striped skins and dark green leaves. One of the earliest: it's the first to emerge in spring and the first to send up a scape later in summer. 6-9 cloves per bulb.

R2786 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

# **BAI PI SUAN**

(Can,US only) 😗 🛨 P Ź3-8 🕞 Allium sativum ophioscordon 'Bai Pi Suan'

Said to be from Xinjiang, the restive Muslim region of western China, otherwise known as Chinese Turkestan. It is a marbled purple stripe variety with excellent rich flavour and medium heat. Matures late season. Each bulb has 4-6 plump cloves. Bulbs can get up to as 70g /2.5oz each.

R2786-100 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84

# BOGATYR

(Can,US only) 😗 🛨 P Ź3-8 🕞

Allium sativum ophioscordon 'Bogatyr' Great bulbs of fire! One of the most spectacular garlic varieties in the world. Big bulbs, big easy-to-use cloves, and an even bigger hot garlic flavour with a pleasing aftertaste. It is also one of the nicest looking garlics, beautifully sculpted with white outer bulb wrappers

and purple inner wrappers. 5-7 cloves per bulb. R2786-200 Bulbs (Sept-Oct shipment): 250a/\$21, 2ka/\$84

# FIREBALL

Allium sativum ophioscordon 'Fireball'

(Can,US only) 🕦 🛨 P Z3-8 🕞 This variety gets its name from the purple wrapper and the rich,

spicy flavour. Originally from Poland, it is now a popular choice among garlic gourmands for seasoning soups or meats. Matures mid to late season. Each bulb has 7-8 red-skinned cloves.

R2786-400 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

## JOVAK

Allium sativum ophioscordon 'Jovak'

(Can,US only) 😗 🛨 P Z3-8 🟮 Marbled purple stripe variety originally from the Czech Republic. Late maturing. Bulbs can get up to 35g/1.2oz in size. R2786-600 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84

## **KAZAKHSTAN**



Allium sativum ophioscordon 'Kazakhstan' One of the earliest varieties. Matures 3-4 weeks earlier than the midseason variety, Music. It is a recent arrival from central Asia where probably many of today's commercial garlics came from originally. Plants are tall and strong; bulbs are white with 7-8 large cloves each. R2786-700 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

# **KYJEV**

(Can,US only) (1) + P Z3-8

Allium sativum ophioscordon 'Kyjev' Said to be a Czech variety, but the name — also spelled Kjev or Kiev suggests it came from the Ukraine. Bulbs are large, up to 45 grams each, with 4 large cloves per bulb.

R2786-750 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84

### METECHI



Allium sativum ophioscordon 'Metechi' Growers say that this is the most consistent producer of all garlic varieties. Even in bad years it comes through when others fail. Matures very late, but delivers big and beautiful bulbs with a big, bold taste. Bulbs have 4-7 large cloves.

R2786-950 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84

### MUSIC



Allium sativum ophioscordon 'Music' Best yielding strain, preferred by commercial growers in Ontario. Produces up to 15 tonnes per hectare/13,500 lbs/acre. White skin with a pink blush. Cloves are large, only 5-6 per bulb, and they are easy to separate and peel. Has a medium hot flavour. Will store up to 9 months.

R2787 Bulbs (Sept-Oct shipment): 250g/\$15, 2kg/\$60, 10kg/\$245



#### **PURPLE GLAZER** Allium sativum ophioscordon 'Purple Glazer'



This is one beautiful garlic, with brilliant shiny purple and silver wrappers. The flavour is strong, but not hot, and has no aftertaste. Kitchen tests prove that this variety is one of the best for baking, with a fine texture not unlike cooked carrots. Cloves, 8-12 per bulb, are easy to peel. Originally from the Republic of Georgia. R2787-450 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

### PURPLE TRILLIUM



about the same size as Siberian. Attractive purple blushed skins. 7 cloves per bulb. R2787-500 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

Earlier than Music by about 3 weeks; bulbs are a little smaller,

### SIBERIAN

Allium sativum ophioscordon

(Can,US only) 😗 🛨 Р Ž3-8 🥫

Very high in allicin which is responsible for garlic's antibiotic effect and for its ability to lower cholesterol and high blood pressure. Medium to strong flavour; light pink coloured skin. Produces 7-8 large cloves per bulb. Very hardy; excellent performer in northern climates.

R2788 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$74, 10kg/\$295

# UZBEKISTAN

(Can,US only) 😗 🛨 Ρ Z3-8 Allium sativum ophioscordon 'Uzbekistan' Comes from stock maintained by Germans in Washington State. We believe the original stock came from the central Asian republic of the same name. It is a glazed purple stripe variety with very colourful bulbs and large cloves, 6 per bulb.

R2788-500 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84



ZEMO

(Can,US only) 😗 🛨 Ž3-8 🚺 Р

Allium sativum ophioscordon 'Zemo' Beautiful large garlic similar to German White, with creamy white skin tinged with purple. Spicy flavour with moderate heat. Cloves are large, 2-6 per bulb. Tall dark green plants, very strong and hardy. Prefers cold weather. From the Republic of Georgia. R2788-800 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84

# **GARLIC, SOCIETY**

77-11

Z7-11

Tulbaghia violacea (Sweet garlic; Pink agapanthus) A more civil version of garlic can hardly be imagined: its showy lavender-pink flowers are sweetscented like hyacinths, and you don't get bad breath! Thei garlicky rhizomes, leaves and flowers can be used like garlic and chives. Flowers all summer; prefers full sun and sandy, well-drained soil. Ht. 30-40cm/12-16"

P2791 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **GARLIC, SILVER LACE SOCIETY**

Tulbaghia violacea 'Silver Lace' (Sweet garlic; Pink agapanthus) A lovely variegated version of the

standard green society garlic. The silver-edged leaves beautifully frame the large pink flowers that appear in summer. Silver is more prominent in summer and changes to a pinkish tinge in winter. Prefers full sun and sandy, well-drained soil. Ht. 30-40cm/12-16". P2791 Plants: \$6.25

#### GAYFEATHER Liatris spicata

Z4-9 SGE

(Blazing Star) Features strong spikes of deep rosy-purple flowers. Tuberous roots make a soothing tea valuable in kidney diseases or as a gargle for sore throat.

S2800 Seeds: Pkt/\$2.25, 10g/\$6, 100g/\$40

#### **GENTIAN, TIBETAN** Gentiana tibetica

Z5-7

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Rare medicinal species from Tibet. Used in Chinese medicine to expel wind dampness, damp heat, jaundice, for dry constipation, and as a tonic. Forms large rosettes, 50cm/2ft. high; leaves 30cm/12" long; flowers are tubular, greenish-white, to 3cm/1" long. Unlike other medicinal gentians, this is easier to raise from seed.

S2828 Seeds: Pkt/\$3.75

# eraniu

(Pelargonium)

## ALMOND

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Pelargonium quercifolium 'Pretty Polly' Z10-11+ Pungent, resinous, nutty odour, possibly reminiscent of almonds. Very showy pink flowers.

P2840-030 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# APPLE

Ŵ)**\*** Z10-11+

Pelargonium odoratissimum Ρ Charming Victorian favourite. Delightful apple and cinnamon fragrance.

P2840-050 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



# APRICOT

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Z10-11+

Z10-11+ P Pelargonium scabrum 'M. Ninon' Strong scent, possibly of apricots. Lovely deep rose flowers; dark glossy leaves.

P2840-070 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **ATTAR OF ROSES**

Ρ Z10-11+ Pelargonium capitatum 'Attar of Roses' Vigorous growing plant with deeply cut leaves. Excellent rose scent: useful perfume substitute for attar of roses. P2840-080 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# BRILLIANT

Р Z10-11+ Pelargonium 'Brilliant' Slight pungent scent. Attractive dark green leaves and brilliant cerise flowers.

P2840-140 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **CHARITY**

Pelargonium 'Charity' Very attractive! Leaves are two-toned with variegations of green

and lime-green. Excellent pot plant with a robust, dense uniform habit. Delicate rose scent.

P2840-180 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



# **CHOCOLATE-MINT**

#### Z10-11+ D Pelargonium quercifolium 'Chocolate-Mint' Strong minty scent that some noses swear has a hint of chocolate. Velvety, purple streaked leaves. P2840-190 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# CINNAMON

Р Z10-11+ Pelargonium crispum 'Cinnamon' Small crisped leaves have a lemon scent with a hint of cinnamon. Compact growth habit. P2840-200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

**CITROSA** 

Pelargonium 'Citrosa'

Claimed to keep mosquitoes, black flies and other biting insects at bay. Studies suggest that it is not effective. But even if it has no effect, its refreshing citronella scent and ease of culture make it worthwhile. P2840-205 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# COCONUT

(M) 🔆 Z10-11+ Р

Pelargonium grossularioides Coconut scent. Self-sows readily. Small dark leaves; compact somewhat trailing habit. Ideal for hanging baskets. P2840-220 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# FERNLEAF

Pelargonium denticulatum 'Filicifolium' Finely cut leaves resemble fern leaves. Pine scented. P2840-260 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **FINGERBOWL LEMON**

(M) 🔆

Z10-11+

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Pelargonium crispum 'Minor' Strong lemon scent. Tiny crisped leaves. Stiff upright habit. A fresh sprig added to the after dinner fingerbowl added an elegant touch to the Victorian dinner table.

P2840-290 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## FRENSHAM LEMON

Z10-11+ Pelargonium 'Frensham' P Absolutely delightful lemon scent. Neat compact growth habit. P2840-300 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **LEMON SCULPTURE™**

**())**\* Z10-11+

Pelargonium 'Bontrosai' Like a living sculpture! Completely new geranium with a pruned and sculpted look like bonsai. The tightly curled leaves and sparse, deliberate branching gives it a neat formal look. It keeps its sculpted look even in lower light, so it works well indoors on windowsills. The decorative possibilities are endless: try it as an eve-catching focal point for a balcony, deck or patio. Its good looks and refreshing citrus scent will make it hard to keep your hands off! Ht. 90cm/3ft.

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#PP15918). Lemon Sculpture is a trademark of Richters; all rights reserved.

P2840-440 Plants: \$8.25

# LIME

Pelargonium x nervosum Excellent lime scent. Small deep green leaves. P2840-450 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# MABEL GREY

(T)\*

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Z10-11+

Pelargonium citronellum 'Mabel Grey' P Z10-11+ Outstanding lemon-scented variety with dark green, sharply lobed leaves and showy flowers.

P2840-460 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



# **MRS. TAYLOR**

(¶)\*

Z10-11+

Pelargonium 'Mrs. Taylor' Ρ Z10-11+ Flowers bright red; very showy; pungent, crinkled leaves. P2840-485 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# NUTMEG

Pelargonium x fragrans Small dainty plant with a spicy nutmeg scent. P2840-520 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **OLD SPICE**

Р Z10-11+ Pelargonium x fragrans 'Logeei' Spicy like nutmeg geranium, but with a hint of apple . P2840-560 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

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Uses: 🕦 – culinary; 🚹 – medicinal; 💻 – beverage; 🧚 – aromatic; 🥥 – industrial; 🙊 – poisonous

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Z10-11+

# Z10-11+

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# PEACOCK

# Pelargonium 'Peacock'

Z10-11+

(W) \*

Z10-11+

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Delicious, intense rose fragrance. Foliage is flecked with white markings. Small lavender flowers. Vigorous growth habit. Ht. to 50cm/20"

P2840-570 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# PEPPERMINT

Pelargonium tomentosum

Refreshing mint scent. Large velvety leaves. Its trailing habit makes

it ideal for hanging baskets.

P2840-580 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



PRINCE OF ORANGE Pelargonium citrosum Orange-scented. Compact, showy plant. P2840-620 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55	Р	<b>∰</b> ¥ Z10-11+		
PRINCE RUPERT Pelargonium crispum 'Prince Rupert' Nice lemon scent. Plant has ruffled leaves and habit. P2840-640 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55		T10-11+ ight growth		
ROBER'S LEMON-ROSE       P         Pelargonium graveolens 'Rober's Lemon-Rose'       P       Z10-11+         Deeply scalloped leaves resemble tomato leaves. Sweet lemon-rose scent; vigorous growth habit.       P       P         P2840-690 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55       Sweet lemon-rose       P				
ROSE Pelargonium x asperum The traditional rose-scented geranium with deep P2840-700 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55	P oly c	(1) *** <b>Z10-11+</b> ut leaves.		

### SKELETON-ROSE

Z10-11+ Р Pelargonium radens (Dr. Livingston geranium) Lemon-rose scent. Finely cut leaves. P2840-750 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### STRAWBERRY

Р Z10-11+ Pelargonium x scarboroviae (Countess of Scarborough geranium) Small crisped leaves are pleasantly strawberry-scented. Tends to stay compact in size. P2840-850 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# VARIEGATED NUTMEG

**(1)**\*

Z10-11+ Pelargonium x fragrans 'Variegated' Р Attractive variegated version of nutmeg geranium with the same strong nutmeg scent.

P2840-910 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## **GERANIUM, AUSTRIAN**

+ Z8-11

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Pelargonium peltatum Who hasn't feasted on its masses of colour spilling out from hanging baskets and window boxes? But who knew they are also medicinal? The fresh juice of the leaves is antiseptic, and is used to treat earache, toothache, sore throat, and mouth ulcers in South Africa. CORAL

P2850-100 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12 PINK

P2850-200 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12 -RED

P2850-300 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

Order online at www.richters.com

# GERMANDER

Teucrium chamaedrys



(Hedge germander) Showy edging plant with glossy dark green leaves and rosy flowers. Infusion guiets upset stomach and promotes appetite. Once used in the treatment of gout. S2858 Seeds: Pkt/\$3, 1g/\$15, 10g/\$100

P2858 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12



# GHOST EGG

Datura metel ΘE (Ghost eggplant; Norligbuitsa) The Ewe herbalists of West Africa say that if you want to use this herb to heal you must offer a token and a prayer to the plant or it will harm the patient. It is used to treat swollen limbs and swollen areas on the head. Fresh leaves are pounded to a paste and applied as a compress to the affected part. The Ewe name norligbuitsa means "ghost eggplant", a potent reference to its power when misused to turn people into zombie slaves. Tubular flowers are spectacular in purple and white. Ht. 90cm/3ft

S2861 Seeds: Pkt/\$5

# **GINGER, WILD**

Asarum canadense

Р Z3-8 🔁 (Indian ginger) North American woodland native with aromatic roots like true ginger. Important Amerindian remedy for indigestion, coughs, colds, fever, sore throat, flatulence, and nervous conditions. P2862-300 Plants (Apr-June shipment): \$4.25, 3+/\$3.20, 12+/\$2.55

# GINKGO

◍┣ Р Z5-9 (3 **D** 

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Ginkgo biloba

(Maidenhair tree) An extremely hardy tree, resistant to pollution and disease. Very attractive fan-shaped foliage. In the West, the male tree is preferred because the female produces a foul-smelling fruit. However, the fruit contains a delicious nut which is a delicacy in China roasted or added to rice dishes. Medicinally, ginkgo is rapidly gaining a reputation as a brain tonic. According to recent European studies, the leaf extract increases blood supply to the brain and improves neural functioning and memory. Seeds take 3 to 12 months to germinate.

S2862-500 Seeds (Mar-June shipment): Pkt/\$7, 100q/\$15, 1kg/\$90 P2862-500 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75









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# sena

(Panax, Eleutherococcus)

AMERICAN GINSENG

#### Panax quinquefolius

#### -Z4-8 🔁 🕈 D

P

Native of cool hardwood forests throughout eastern and central North America. It has become extinct in many areas and is now cultivated to a large extent. Seeds are planted in hardwood forests or in specially prepared beds anytime from September until the ground freezes. The following spring, the seedlings appear, and in 3 to 6 years they mature. We offer high quality stratified seeds. Detailed growing instructions included.

S2863 Seeds (Sept-Oct shipment): Pkt/\$10, 100g/\$60, 1kg/\$420



### SIBERIAN GINSENG

+ Z3-8 **S** 

Eleutherococcus senticosus (Eleuthero ginseng; Ci wu jia) Species used by Russian cosmonauts and athletes to improve endurance. Possesses powerful tonic and restorative properties and was found to relieve the effects of mental and physical stress. Its action differs from that of true ginseng as it does not cause insomnia in large doses. Very hardy shrub; requires shade. Germination takes 1-2 years. S2864 Seeds: Pkt/\$10, 100g/\$50, 1kg/\$320

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P

### **GOJIBERRY:** See WOLFBERRY, CHINESE

# **GOLDENROD, EUROPEAN**

Solidago virgaurea

Recognized in the German Pharmacopoeia for the treatment of kidney and bladder disorders and for its excellent diuretic and antiphlogistic effects. Used for bladder and kidney stones and inflammation. An infusion of the flowering tops is used, often in conjunction with echinacea for urinary problems, upper respiratory infections, mucus congestion and postnasal drip. Ht. 75cm/30". S2908 Seeds: Pkt/\$3, 10g/\$16

# GOLDENSEAL

Hydrastis canadensis



Z3-8 **SGM** 

This North American woodland plant contains the alkaloid hydrastine which acts on the mucous membranes to alleviate catarrhal conditions such as sore gums, gastritis, nasal congestion, etc. Propagation by rootlets is more reliable than propagation by seed. Roots yield a beautiful yellow dye.

Live plants cannot be shipped to the U.S. per CITES rules.

S2920 Seeds (July-Oct shipment): Pkt/\$15, 10g/\$60, 100g/\$410, 1kg/\$2900

P2920 Plants (Apr-May shipment) (Not to US): \$8.25, 3+/\$6.20, 12 + / \$4.95

R2920 Rootlets (Mar-May shipment) (Can,US only): 100/\$220, 1000/\$1500



#### **GOTU KOLA** Centella asiatica



Small creeping tropical plant used for centuries in India. Believed to have remarkable rejuvenating properties. One or two freshly chopped leaves daily in salads or liquefied in juice are said to be sufficient to revitalize the cells of the brain and to retard the aging process. Research shows that it is valuable for the treatment of burns, wounds, scars and varicose veins because it stimulates the development of connective tissue. Of easy culture in humus-rich soil where humidity is high. May be necessary to enclose plants in plastic bags during dry winter months. Avoid direct sunlight. P3000 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15

# **GRAVELROOT:** See JOE-PYE WEED

# **GREEK MOUNTAIN TEA**

Sideritis syriaca



Z4-9

(Ironwort) Traditional tea consumed throughout Greece to treat the common cold. Sold in dried form in most Greek markets worldwide. Sideritis species have proven anti-inflammatory properties; research into anti-arthritic and antimicrobial uses is ongoing. In the wild, plants thrive on sunny, rocky, dry hillsides growing to 50cm/20" with attractive grey-woolly leaves. \$3010 Seeds: Pkt/\$5

P3010 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **GROUND IVY**

Glechoma hederacea

(Alehoof) Balsamic leaves make an excellent cooling tea, known as "Gill tea," for the dog days of summer. Useful for kidney problems, indigestion, as a poultice for ulcers and cancers, and as a "blood

purifier." Aggressive low creeper for moist, shady areas.

S3020 Seeds: Pkt/\$3 **GROUND IVY, VARIEGATED** 



6) GE

Glechoma hederacea 'Variegata' (Creeping Charlie) Attractive white-variegated variation of the previous. Excels in hanging baskets, trailing straight down 1m/3ft. or more. Easy to grow.

P3021 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **GUM ARABIC** Acacia senegal

Ρ Z11+ ØМ

Source of important resin. Has protective, soothing effect on inflamed mucous membranes. Used in throat lozenges and for diarrhea and dysentery. In the food industry it is used as a stabilizer, emulsifier and flavour fixative, and it is common in chewing gum and candy. Tropical shrub or small tree with pale yellow fragrant flowers. Good indoor pot plant.

S3048 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40, 1kg/\$260



# **GUMPLANT**

Grindelia robusta

Z7-10 SGE

(Gumweed; Rosinweed) Effective for colds, coughs, nasal congestion and bronchial irritations. Also used as a healing wash for burns, rashes, blisters and poison ivy. Attractive yellow flowers. \$3050 Seeds: Pkt/\$3, 10g/\$35

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# **GYNURA**

Gynura procumbens



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(Leaves of the Gods; Mollucan spinach; Sambung nyawa; Daun dewa) Traditional Asian herb for diabetes. In animal studies it lowered blood sugar but only in diabetic animals, unlike antidiabetic drugs. And it protects the kidneys and retinas from damage caused by high blood sugar. It also lowers blood cholesterol and triglycerides, lowers blood pressure, and has anti-inflammatory and antiviral activity. The edible young leaves are eaten fresh in salads or stir-fried with garlic and oyster sauce. Gynura will climb if you let it but is happy kept as a small bush with regular pruning. P3090 Plants: \$6.25

# HALIJORMA

Hyptis suaveolens

**G**E (Jamaican spikenard; Chan) Aromatic annual found throughout the tropics. In Central America its seeds are mixed with water to make a nutritious drink like chia but better tasting. The essential oils in the leaves vary from region to region. Our variety is from West Africa where it is used for the treatment of fevers, dysentery and diarrhea, and is burned indoors to repel mosquitoes. Recent studies show that the herb has potent antidiabetic, antimicrobial and wound healing effects. Ht. 1m/3ft. P3100 Plants: \$4.25



#### HEARTSEASE Viola tricolor

#### ¶) 🕇 Z4-9 SGE

В

(Johnny jump up) Old English favourite with charming small purple, lavender and yellow flowers. Was once a potent symbol of romance for courting couples. Used for dropsy, respiratory catarrh and skin eruptions. Flowers are edible.

S3140 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$50

### HEARTSEED

Cardiospermum halicacabum ΘE (Kanphuti; Balloon vine) Climbing annual common throughout India. Leaves are mixed in castor oil to treat stiff limbs, rheumatism and lumbago. Root has diaphoretic, diuretic and laxative properties. Leaf juice is used for earache. Cooked and eaten in India and Africa. Decorative black seeds with cute heart-shaped white faces are used for necklaces.

S3141 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70

# **HELIOTROPE**

Heliotropium arborescens

**∃**\*¢ Z11+ SOE

Sweet scented violet-blue flowers are favourites as pot plants or outdoor bedding plants. Cultivated for perfumery and for scenting bathing waters. Has been used for "clergyman's sore throat." S3144 Seeds: Pkt/\$3.75, 1g/\$7, 10g/\$40

P3144 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# HENBANE

Hyoscyamus niger



Powerful cerebral and spinal sedative used since remote ages to induce sleep and allay pains. Was once used to make nasty brews designed to throw victims into convulsions. S3155 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$35, 1kg/\$230

A or P

# HOLLYHOCK

#### Alcea rosea

+0 Z2-9 SGE

As a gargle a tea of the flowers helps soothe oral inflammations. Tall majestic flower spikes of red, pink, purple or yellow. S3274 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$70 P3274 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



#### HOLLYHOCK, BLACK Alcea rosea nigra

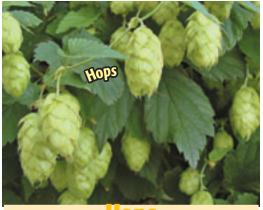
P Z2-9 SGE

Distinguished from the previous by its silky black-purple flowers which, when added to herb teas, give a lovely, deep rose-purple colour. Like other members of the mallow family, it helps sooth irritated mucous membranes.

S3278 Seeds: Pkt/\$2.25, 10a/\$12, 100a/\$85 P3278 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# HOLLYHOCK, DOUBLE

A or P Alcea rosea 'Double' Z2-9 **OGE** Soothing herb for irritations on skin and in mouth. Tall majestic flower spikes of double red, pink, purple or yellow blossoms. S3275 Seeds: Pkt/\$3, 10g/\$18, 100g/\$120



(Humulus)

# Beer Hops (Humulus lupulus)

These are the classic beer making hops used by European and North American brewers. The bitterness is rated by the alpha acid content — the higher the alpha acid, the more bitter the hop. All plants are female.

# HALLERTAUER HOPS

(Not to US) 🛨 💻 🧕 Z3-8

Humulus lupulus 'Hallertauer' Pleasant aroma. Used in German lagers. Alpha acid 3.5-5.5%. P3301-200 Plants: \$8.25, 3+/\$6.20, 12+/\$4.95

# MOUNT HOOD HOPS

(Not to US) 🗄 💻 😳

Humulus lupulus 'Mount Hood' Z3-8 Medium bitterness, mild flavour, good aroma; for Bavarian-style lagers. Alpha acid 4-5%.

P3301-300 Plants: \$8.25, 3+/\$6.20, 12+/\$4.95

# NUGGET HOPS

(Not to US) 🛨 💻 😳 Z3-8

Humulus lupulus 'Nugget' Strong bitter hop for stouts and ales. Alpha acid 12-13%. P3301-400 Plants: \$8.25, 3+/\$6.20, 12+/\$4.95

# WILLAMETTE HOPS

Humulus lupulus 'Willamette' Spicy aroma. Alpha acid 5-6%. P3301-500 Plants: \$8.25, 3+/\$6.20, 12+/\$4.95

(Not to US) 🛨 💻 🧿 73-8

Duration: A – Annual, B – Biennial, P – Perennial

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# **Other Hops** (Humulus spp.)

### HOPS

#### Humulus lupulus

# + 20 Z3-8 SGD4

Well known beer hops are forms of this species. Important medicinally for its calming effect. A pillow stuffed with hops flowers will overcome insomnia. Tall growing vine, ideal for covering antenna towers. Seeds will yield a mixture of male and female plants. **S3300 Seeds:** Pkt/\$3.75, 10g/\$16, 100g/\$120

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#### **GOLDEN HOPS**

#### (Not to US) 🛨 💻 🧔 Z5-8

Humulus lupulus 'Aureus' Like the brewing hop varieties, this is a vigorous climbing vine that can reach 6m/20' or more. Whether it can be used to brew beer, we don't know, but its beautiful golden leaves, turning to lime green by summer, make it a highly decorative hardy perennial for fences, walls, trellises, and posts.

#### P3302 Plants: \$10



## HOREHOUND

# Z4-8 SGE

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Marrubium vulgare Horehound candies were once the standard remedy for coughs in Europe and North America. An infusion of the herb is good for weak stomach, lack of appetite and persistent bronchitis. \$3340 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$42, 1kg/\$280

**P3340 Plants:** \$3.25, 3+/\$2.45, 12+/\$1.95, **Plug pack:** 12/\$12

#### HORSERADISH Armoracia rusticana

(Y) + Z3-10

Widely known condiment plant. Fleshy roots are grated for use as a pungent relish or appetizer with fish or meats. P3360 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **HYACINTH BEAN**

Lablab purpureus

(Lablab) Most of this legume vine from India is edible: the pods, leaves, flowers, dried seeds, sprouted seeds and roots are all commonly eaten in India. Not only is it versatile in the kitchen, but its purple-veined leaves add ornamental interest in the garden. In traditional Chinese medicine it is used as a tonic and for the treatment of dysentery, bloody stools and 'summer heat disorders'. Tall twining vine matures in about 75 days.

S3390 Seeds: Pkt/\$5, 10g/\$7, 100g/\$33, 1kg/\$210

### HYSSOP

Hyssopus officinalis

∰₽\* Z3-9 SGE

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Decorative plant with a refreshing aromatic scent. Essential oil used in perfumery. Slightly bitter leaves are finely chopped on game meats, and in salads, soups and stews. Helps digestion. Showy blue flower spikes.

S3470 Seeds: Pkt/\$1.75, 10q/\$10, 100q/\$70, 1kg/\$470 P3470 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### HYSSOP, NECTAR Hyssopus officinalis 'Nectar'

''()[€]\* Z3-9 🕄 🕞 🔁 🛛

Highly fragrant, early flowering form of hyssop. Will flower the first season if sown early enough (Feb-Mar). Excellent dry flower arrangements. Ht. 35-40cm/14-16".

### -BLUE NECTAR

S3471-300 Seeds: Pkt/\$3.75, 1g/\$8, 10g/\$45 WHITE NECTAR

S3471-320 Seeds: Pkt/\$3.75, 1g/\$8, 10g/\$45



ΘM

(Nutmeg bush) Small aromatic South African bush with showy panicles of whitish flowers. Usually grown as an ornamental, but its musk-scented leaves are delightful to use in potpourris to underline the main fragrance with an exotic, mysterious touch. P3482 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# INDIAN TOBACCO: See LOBELIA

# INDIGO

Indigofera tinctoria

Ancient dyeplant valued for the clarity and fastness of the blue produced. Leaves contain indican which is oxidized by fermentation to produce the dye. The fresh herb gathered in flower is steeped in water for 12-48 hours with frequent stirring. The blue sediment that forms is the dye. Needs long growing season. S3487 Seeds: Pkt/\$3, 10g/\$7, 100g/\$26, 1kg/\$160

# INDIGO, WILD

Z4-9 **S** 

Baptisia tinctoria Ρ Roots are a valuable antiseptic, useful for bacterial infections of the mouth, throat, respiratory system, and the skin. S3491 Seeds: Pkt/\$3.75, 10g/\$45, 100g/\$320



# JACOB'S LADDER

Ρ Z3-9 SGE

Polemonium caeruleum Leaflets are assembled in ladder form. Showy bright blue flowers. Remedy for nervous complaints, headaches and heart palpitations. \$3503 Seeds: Pkt/\$2.25, 10g/\$12, 100g/\$85 P3503 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



# JASMINE

Jasminum officinale affine

### Р Z9-11

(Poet's jasmine) The incomparable fragrance of jasmine has been an inspiration for poets throughout the ages. Its white flowers are a mainstay of the perfume industry. Normally vines, they can be kept bushy by pruning. For window or greenhouse. P3505 Plants: \$8.25, 3+/\$6.20

Uses: 🛞 – culinary; 🚹 – medicinal; 💻 – beverage; 🗱 – aromatic; 🧔 – industrial; 🙊 – poisonous

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# **JASMINE, ARABIAN**

Jasminum sambac

Few flowers capture the heart and soul of Asia as Jasminum sambac does. It is the national flower of Indonesia and the Philippines and a symbol of purity, beauty and eternal love. The white flowers open at night to emit an intoxicating sweet scent that few can resist. Used as religious offerings and to make welcome garlands for guests. In China the flowers are added to jasmine tea. Grows as a small sprawling shrub, 1-3m/3-10ft high, but can easily be kept to a more manageable size with pruning. Full or part sun. P3506 Plants: \$8.25

# JESSAMINE, NIGHT

Z11+ Cestrum nocturnum (Night-scented jasmine; Queen of the night) Shrub, spectacular for its intensely fragrant creamy-white flowers which emit waves of perfume at night. The fragrance has been described variously as "resembling orange blossoms" and "sweet musk mingled with heliotrope." Will bloom repeatedly through the year if well-fed and

watered. Can reach 2.5m/8ft in height if not pruned back.

P3508 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15

## **JEWELWEED**

Impatiens capensis

Z4-8 ਰ M North American woodland plant with distinctive orange-yellow

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pendant-like flowers. Juice or freshly crushed leaves are effective for poison ivy. When applied liberally to affected skin it works almost immediately to soothe the itchy rash. The fresh juice can be used to make effective poison ivy-fighting soaps. Prefers moist, shady locations with rich soil. Ht.1m/3-4ft.

S3509 Seeds (Sept-Oct shipment): Pkt/\$7

### **JOBS TEARS, CHINESE**

#### Coix lacroyma-jobi ma-yuen

(Hato-mugi; Yi yi; Japanese barley) A staple cereal crop in Japan and China, and an important medicinal herb. Nutritious soft-shelled seeds are widely consumed in macrobiotic cuisine. They can be brewed into beer or roasted to make a delicious coffee-like beverage. In Chinese medicine, the seeds strengthen the spleen and counteract "damp heat", and are used for edema, diarrhea, rheumatoid arthritis and difficult urination.

S3509-500 Seeds: Pkt/\$2.25, 100g/\$26, 1kg/\$160

#### **JOE-PYE WEED** Eupatorium purpureum

Z3-10 SGE

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(Gravelroot) Tall graceful native of eastern U.S. Leaves emit a vanilla-scent when crushed; flowers rosy-purple. Indians and pioneers used it to induce sweating to break fevers. Valuable remedy for kidney problems.

S3510 Seeds: Pkt/\$3, 10q/\$33, 100q/\$250 P3510 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



# JOJOBA

#### ••• Z9-10 🚺

Р Simmondsia chinensis Oil squeezed from the nuts has proved so valuable it is called the new "liquid gold" of the West, and jojoba "prospectors" are banking on its future. Used in cosmetics and pharmaceutical products, and as a top-quality industrial lubricant that may replace sperm whale oil. Used in shampoos; believed to arrest hair loss and induce new growth.

S3512 Seeds: Pkt/\$3, 10g/\$7, 100g/\$34, 1kg/\$220

# **KANTIKARI**

Solanum xanthocarpum

Kentk

(Yellow-berried nightshade) Spiny, diffuse herb found throughout India. Root is an expectorant; used in Ayurvedic medicine for for cough, asthma, chest pain. Also used for flatulence, sore throat, and toothache. Has high concentration of solasodine, a starting material for the manufacture of cortisone and sex hormones. Bitter fruits are used in Indian curries.

S3530 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$50, 1kg/\$350

# KENIKIR

Cosmos sulphureus

Indonesian favourite with a strong, pungent scent and flavour. Young shoots are eaten raw, mixed with coconut, or cooked with other greens. Bright yellow flowers. Height 75cm/30". S3533 Seeds: Pkt/\$2.25, 100g/\$12, 1kg/\$70

LA LOT

# Piper lolot



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(Lolot pepper) Vietnamese herb related to black pepper. Leaves are blanched briefly in boiling water and used as a flavouring wrap for beef which is then skewered and grilled. Alternatively, beef rolls made with ground beef and pork and wrapped in la lot leaves are fried and served with rice. The leaves can also be used fresh chopped on roast beef. Excellent house plant. Ht. 45-60 cm/18-24". P3565 Plants: \$8.25

# LACEFLOWER

Ammi maius

P Ammi majus (Bishopsweed) Known to the ancient Egyptians as a treatment for skin diseases this humble wild plant of the Nile valley was recently catapulted to the forefront of modern cancer research. Attractive white lacy flowers are excellent for fresh floral arrangements.

# \$3580 Seeds: Pkt/\$2.25, 10g/\$6, 100g/\$21 LACEFLOWER, GRACELAND

💶 😔 Z5-9 SE

(Bishopsweed) Developed for the commercial cutflower market. Stems are strong, straight and uniform for easier harvest. The white flowers are large flat umbels floating above the dark green foliage. When plants are in bloom it looks like the angels draped celestial white lace everywhere. Excellent garden annual for tall borders. Ht. 100-125cm/40-50" S3580-300 Seeds: Pkt/\$3, 1M/\$7, 10M/\$44

#### LADY'S MANTLE Alchemilla vulgaris

Z3-8 **SGM** Ρ

Beneficial for menstrual disorders, lack of appetite, rheumatism, stomach ailments, disorders of the muscles. Slow to germinate. S3600 Seeds: Pkt/\$5, 1q/\$10

P3600 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



30 Seed Propagation: (S) – spring; (B) – late summer/fall; (N) – anytime; - special treatment reg'd



Z5-9 SE



# LAMB'S EAR, WOOLLY

Stachys byzantina

Z4-9 6 CE Delightful soft, downy foliage resembles lamb's ears in feel and appearance. Silvery appearance is ideal for contrasting and grey gardens. Formerly used to bandage wounds. S3605 Seeds: Pkt/\$3, 10g/\$19, 100g/\$130

P3605 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### LAMB'S QUARTERS Chenopodium album

(Y) 🛨 6)E

Common weed, popular as a pot-herb. Young tender plants are a pleasant spinach substitute when boiled and served with butter. Rich source of vitamins A and C.

S3606 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55

# LANTERN, CHINESE

Physalis alkekengi

Z3-9 SGE

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Edible berries are borne inside fascinating orange chinese lanternlike calyces. Berries are eaten raw, or in preserves and pies. Recommended for fevers and gout. S3610 Seeds: Pkt/\$2.25, 10g/\$11, 100g/\$80

P3610 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# avender

(Lavandula)

# English Group (L. angustifolia)

The true lavender cherished for its sweet odour, which is more delicate than other types.

Note: when raised from seeds English lavenders (e.g. Hidcote, Munstead and Rosea) are not 100% true to type.

# **ENGLISH LAVENDER**

¶**+\*0** Z5-8 6 GM

Lavandula angustifolia Ρ Typical form. Compact, narrow foliage; flowers lavender-blue. S3625 Seeds: Pkt/\$1.75, 10g/\$9, 100g/\$68, 1kg/\$450 😳 **S3625-001 Seeds:** Pkt/\$3, 10g/\$10, 100g/\$72, 1kg/\$490 P3625 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



# FOLGATE LAVENDER

Lavandula angustifolia 'Folgate'

(h) **+** \*0 P Z5-9

Neat compact variety with dark mauve, mildly scented flowers on long spikes. Well suited for gardens and borders, and for cutting and drying. Developed at Folgate Nursery in England before 1924. Ht. 60cm/24"

P3626-600 Plants: \$6.25, 3+/\$4.70

# **HIDCOTE LAVENDER**

Р Lavandula angustifolia 'Hidcote' Compact silver-grey; flowers deep purple. Ht. 30cm/12". S3627 Seeds: Pkt/\$3, 10g/\$30, 100g/\$220 P3627 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15

# LADY LAVENDER

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Lavandula angustifolia 'Lady' Z6-8 **SGM** A very nice improvement on English lavender. This is the first strain to flower consistently in the first year from seed. Uniform, compact branching habit; 20-25cm/8-10" tall. Lavender-blue flowers. All-America selection 1994.

S3627-750 Seeds: Pkt/\$3.75, 1g/\$10, 10g/\$70, 100g/\$500 P3627-750 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15

# LAVANCE PURPLE LAVENDER

Lavandula angustifolia Compact and uniform variety with deep purple-blue flowers. The branching habit is very tight, close to the base and produces a rich flush of attractive flower spikes. Will flower the first season if started early. Ht. 25cm/10"

S3627-800 Seeds: Pkt/\$7, 1M/\$70, 10M/\$350

#### LODDON BLUE LAVENDER Lavandula angustifolia



Compact variety with mid to dark blue flowers and good aroma. Very uniform; lovely when planted in swaths through the garden. Can be used for hedging and for craft work. Hot, humid weather can cause sudden wilting. Introduced in 1959 by Loddon Nurseries in England, Ht. 55cm/22"

P3627-900 Plants: \$6.25, 3+/\$4.70



# MELISSA LAVENDER

**MH**\* Z5-8 Р

Lavandula angustifolia The sweetly fragrant flowers start out pure white and change to delicate pink as they mature. Flowers are earlier and last longer than other pink varieties. In the Lavender Capital of America, Seguim, Washington, there are spectacular displays of Melissa in arching rows interplanted with purple lavender. For cooking, the flowers have a prized mild and delicate flavour. Ht. 70cm/28" P3627-970 Plants: \$6.25, 3+/\$4.70

# **MUNSTEAD LAVENDER**

Z4-9 **S** 

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Lavandula angustifolia 'Munstead' Flowers lavender-blue, bluer and earlier than most. Compact narrow green foliage. Ht. 30-45cm/12-18"

S3628 Seeds: Pkt/\$2, 10q/\$17, 100q/\$120, 1kg/\$810 P3628 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15



# PINK PERFUME LAVENDER

Z5-8 **SGM** 

Р Lavandula angustifolia 'Pink Perfume' Produces masses of rosy pink flowers on mounds of aromatic grey green foliage. Ht. 60cm/24". \$3628-700 Seeds: Pkt/\$5

# **PROVENCE BLUE LAVENDER**

Ρ Z5-8 **SGM** Lavandula angustifolia 'Provence Blue' Variety typical of the Provence region of France. Despite the popularity of hybrid lavender among French growers, this original Provencal lavender, with its deep blue shades and its more refined fragrance, is still commonly grown. Ht. 50cm/20". \$3628-800 Seeds: Pkt/\$3.75, 1g/\$7, 10g/\$43, 100g/\$300



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Z4-8 00M

# **ROSEA LAVENDER**



P Z5-8

Ρ Lavandula angustifolia 'Rosea' (Jean Davis lavender) Very nice compact variety for borders and knot gardens. Pale pink. Ht. 30cm/12". **S3629 Seeds:** Pkt/\$5, 1g/\$22, 10g/\$160 P3629 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### JEAN DAVIS LAVENDER: See ROSEA LAVENDER

# SACHET LAVENDER

Lavandula angustifolia 'Sachet'

American variety from Oregon with a strong heady aroma and excellent oil quality. Large violet-mauve flowers are good for scented use in potpourris and sachets. Blooms in June and again August or September. Nice variety for culinary use. Ht. 70cm/28". P3630 Plants: \$6.25, 3+/\$4.70

#### TWICKEL PURPLE LAVENDER Lavandula angustifolia 'Twickel Purple'



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Deep purple flowers with long stems and outstanding fragrance. Ideal for sachets, for cut-flowers, and for craft work. Needs regular pruning to maintain a neat rounded shape. Developed at Twickel Castle in Holland before 1922. Ht. 60cm/2ft.

P3632 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15



**() ! ! ! New! VICENZA BLUE LAVENDER** Z5-9 60M Lavandula angustifolia 'Vicenza Blue' Ρ

Big improvement over other seed-grown lavenders!

Vincenza Blue challenges the conventional wisdom that seedgrown lavenders are inferior to varieties grown from cuttings. The flowers are big, often exceeding 15mm in diameter. Its flowering habit is more uniform and growth is more vigorous than other seedgrown lavenders. The highly scented flowers are a beautiful deep purple. Flowers the first season from seed if started early enough in spring. Performs well in both pots and in gardens. Ht. 40cm/16". S3632-700 Seeds: Pkt/\$7, 1M/\$40, 10M/\$270

# Lavandin Group (L. x intermedia)

Hybrids between English lavender L. angustifolia and spike lavender (L. latifolia). Includes the most important varieties for oil production.

### FRED BOUTIN LAVENDER

¶±\*0 Р Z5-9

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Z6-9

Lavandula x intermedia 'Fred Boutin' Forms low dense clumps of woolly-silver, almost white, leaves, with violet flowers on branched stalks reaching 50cm/20" high. P3636-400 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **GROS BLEU LAVENDER**

Lavandula x intermedia 'Gros Bleu'

Outstanding lavender from France and a stiff challenger to Grosso, the current favourite on lavender farms. Gros Bleu is guickly becoming a standard in the Pacific Northwest where it is widely grown for fresh and dried bouquets, potpourris, and for landscape use. Compared to Grosso, its flowers are deeper purple, and the aroma is sweeter. Flower spikes can be 10cm/4" long, on extra long stems making it an excellent choice for cutting. Ht. 1m/3ft. P3636-480 Plants: \$6.25

### **GROSSO LAVENDER**

Lavandula x intermedia 'Grosso'



Commercially important strain from the Vaucluse district of France. Discovered in 1972 when the standard commercial strain was nearly destroyed by disease. Violet flowers, strong scent. Ht. 75cm/30". P3636-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# PROVENCE LAVENDER

Lavandula x intermedia



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Z5-9

(Dutch lavender; Lavandin) Vigorous, long-stemmed variety in cultivation since the 1950s and still widely grown for fresh bouquets, lavender wands, and potpourri. Very fragrant. Not considered suitable for commercial oil production. Ht. 1m/3ft.

P3637 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

# SEAL LAVENDER

Lavandula x intermedia 'Seal'

Large bush with dark purple-violet flowers on long spikes. Old favourite for lavender bags. Its soft and pleasant aroma persists for at least two years. Was developed at the Seal Herb Farm before 1935 in England, where it was considered to be the best variety for commercial production, both for drying and for oil. Ht. 120cm/4ft. P3637-450 Plants: \$6.25, 3+/\$4.70

# SUPER LAVENDER

Lavandula x intermedia 'Super'

◍◼淋៰ D Z6-9

This is the main commercial lavender grown in France. Has the best perfume of all the hybrid lavenders. The scent is light and flowery and has little of the camphor notes found in other lavandins. The oil yield lower than other lavandins but the quality is much higher. Widely used in soaps and in aromatherapy. Ht. 1m/3ft. P3637-700 Plants: \$6.25

# French Group (L. stoechas)

Despite the name these lavenders are not grown in France for the fragrance industry. Their oils possess a pronounced camphorous note which is undesirable. However they make stunning aromatic bedding plants with showy butterfly-like "wings" dancing atop the flowers. Confusingly also known as Spanish lavender.

#### **FRENCH LAVENDER** Lavandula stoechas

# P Z8-9 SOM

(Spanish lavender) The standard form with narrow, grey downy leaves and dark violet flowers. Camphor-rosemary scent. \$3635 Seeds: Pkt/\$3.75, 10g/\$14

P3635 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15

#### **KEW RED LAVENDER** Lavandula stoechas 'Kew Red'

•••\* Z7-9 Р

Show-stopping pink and cerise flowers on intensely fragrant greygreen plants. Excellent for bedding, edging and container use. Ht. 45-60cm/18-24".

P3635-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15



# PURPLE RIBBON LAVENDER

(M) 🕇 Z7-10

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Р Lavandula stoechas 'Purple Ribbon' Lovely variety with large purple wing-like bracts resting upon a sea of dark purple flowerheads. Stunning in flower beds! Flowers the first season if started early (Jan-Feb). Ht. 35-40cm/14-16". S3635-700 Seeds: Pkt/\$7, 1M/\$52, 10M/\$380

# FRENCH LONG LAVENDER

Р Z8-9 🚯 M Lavandula stoechas pedunculata (Pedunculata lavender) Similar to the standard form, but has large magenta flower bracts and elongated 20-30cm/8-12" flower stalks. Height up to 75cm/30". Stronger scent; bushier habit. S3636 Seeds: Pkt/\$3, 10g/\$15, 100g/\$110

SowNatural<sup>™</sup> ۞ seeds are certified organic, organically grown, or wildcrafted.

# FRAGRANT BUTTERFLY

Lavandula stoechas pedunculata 'Fragrant Butterfly' Z8-9 SOM Impressive French stoechas lavender with elongated wing-like magenta petals extending from dark bracts on slender stalks. The effect is striking, as if masses of butterflies have gathered in the garden. Ht. 40-45cm/16-18".

\$3636-100 Seeds: Pkt/\$5, 1g/\$25, 10g/\$180

# **Other Lavenders**

## FERNLEAF LAVENDER

₽\* Z8-9 **SOM** 

Lavandula multifida P Soft, lacy, deeply-cut blue-green foliage. Blue-violet flowers appear all winter. Pungent scent.

S3634 Seeds: Pkt/\$3.75, 1g/\$17, 10g/\$120



## SPANISH EYES LAVENDER

Р Z9-10 SOM Lavandula multifida 'Spanish Eyes' Lovely ornamental lavender grown as an annual in flowerbeds. planters, and baskets. Set against its soft aromatic fern-like green leaves are masses of bright blue lavender flowers. Blooms all summer. Ht. 50-60cm/20-24".

S3634-500 Seeds: Pkt/\$5, 1M/\$29, 10M/\$200

## SPANISH LAVENDER

Lavandula dentata

(French lavender) Indented leaves are strongly resinous in odor. Light purple flowers and light purple large bracts near top of inflorescence. Ideal for indoor culture. P3638 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### **GOODWIN CREEK LAVENDER**

Lavandula x ginginsii 'Goodwin Creek'

Outstanding hybrid discovered by lavender specialist Jim Becker. It has attractive silvery toothed leaves and long spikes of deep purpleblue flowers reaching up to 70cm/28". Excellent for landscape use, and in containers, and is even suitable for use as topiaries. Withstands heat and humidity better than most varieties, flowering throughout the summer.

P3638-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

## SPIKE LAVENDER

Lavandula latifolia

¶**+**\*« P Z8-9 90M

Coarse, broad leaved variety. Yields camphor-like oil used primarily in soaps. Highly productive oil-yielding variety. S3640 Seeds: Pkt/\$3, 10g/\$18, 100g/\$120

### SWEET LAVENDER

Ρ Z8-9 Lavandula heterophylla Thought to be a hybrid between L. angustifolia and L. dentata. Grows quickly; fine scent. P3645 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# LEMONGRASS

Cymbopogon citratus

(West Indian lemongrass) Delightful lemon-scented grass grown throughout the tropics and in greenhouses. Tangy enlarged leaf bases are essential in Thai and Vietnamese dishes. Leaves are used to flavour fish, soups, curries and sauces, and to make a pleasant tea, consumed hot or cold.

P3680 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### LEMONGRASS, INDIAN Cymbopogon flexuosus

(f) + **-**\*0 р Z11+

Z5-10 SGM

Z5-10 SGN

Source of lemongrass oil used to flavour teas, ice cream, candy, pastries, desserts, and chewing gum. Also important in cosmetics and perfumery. Easy to grow and will produce leaves for tea and potpourris.

S3682 Seeds: Pkt/\$3, 10g/\$10, 100g/\$65, 1kg/\$440

# LEOPARD LILY

Belamcanda chinensis

(She-gan) Chinese medicinal. Attractive orange-yellow flowers with red-purple spots. Used for throat conditions, cough, wheezing, bronchitis and mumps.

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\$3690 Seeds: Pkt/\$3.75, 10g/\$7, 100g/\$50, 1kg/\$350 P3690 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## LESPEDEZA

Lespedeza capitata

(Round-headed bush clover) Medical evidence shows plant has antitumour activity and lowers blood cholesterol. Amerindians burned dried stems on skin to relieve neuralgia and rheumatism. S3695 Seeds: Pkt/\$3, 10g/\$25, 100g/\$180

# LICORICE

Glycyrrhiza glabra

Z7-10 SGM The source of most commercial licorice used in the making of candy, liquor, and as a sweetner for herb tea. Extracts flavour tobacco, beer, soft drinks and pharmaceutical products. Powerful anti-inflammatory properties effective for arthritis, gastritis, canker sores. Also a mild laxative. 3 year old roots are harvested in the autumn.

S3701-100 Seeds: Pkt/\$3, 10g/\$11, 100g/\$80, 1kg/\$540 P3701-100 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# LICORICE, CHINESE

Glycyrrhiza uralensis

Z9-10 SGM

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(Gan-cao) The most commonly used Chinese medicinal herb, occuring in almost all prescriptions, its use being associated with longevity. The sweet tonic herb is an expectorant, neutralizes toxins and balances blood sugar levels.

S3701-300 Seeds: Pkt/\$3, 10g/\$9, 100g/\$60, 1kg/\$430

# LICORICE, SILVER MINIATURE

Helichrysum petiolatum 'Miniature'

Z10-11+ Smaller version of the standard variety. Very cute! Excellent in strawberry planters, hanging baskets and patio planters. Leaves are 1cm, less than half those of the standard variety.

P3702-600 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### LILY OF THE VALLEY Convallaria majalis Pure white fragrant flowers. A favourite for moist, shady areas.

Strengthens and regulates the heart, but not to be used without medical supervision. Leaves yield green dyes. P3705 Plants (Mar-June shipment): \$3.25, 3+/\$2.45, 12+/\$1.95

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Z11+

Z7-9



# LION'S TAIL

Leonotis leonurus

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Z9-10 (Lion's ear; Wild dagga) The botanical species name means 'lion's ear' but the impressive orange flower spikes look more like a lion's tail than an ear! It is a tall native of southern Africa where it is used for epilepsy, headache, hypertension, and for stomach and bronchial problems. It is used like marijuana by Hottentot tribesmen as the resinous tops and leaves have an euphoriant effect. 'Dagga' is a local name for marijuana in southern Africa, hence the name 'wild dagga' . Ht. 90-180cm/3-6ft. P3733 Plants: \$15

# LIVE-FOREVER

Sedum telephium

Z5-9 SGE (Orpine stonecrop) Fleshy leaves boiled in milk stimulate the kidneys, used for diarrhea, piles, hemorrhages. Has a reputation as an anti-cancer herb. The juice mixed with vegetable oil heals burns. A neat plant for dry areas and rock gardens; bluish-green leaves and showy crimson flowers.

S3734 Seeds: Pkt/\$5, 10g/\$20, 100g/\$140

## LIVERWORT

Hepatica acutiloba

Small woodland native of eastern North America. Tea made from the leaves and flowers treats problems of the liver, gallbladder, kidneys and bladder. Stops gastric bleeding. Lavender, blue, pink or white flowers appear in early spring before the leaves emerge. P3736 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

# LOBELIA

Lobelia inflata

(Indian tobacco) In small doses lobelia acts as a stimulant, especially on the respiratory system. In larger doses it acts as a nerve depressant, and is useful for asthma and whooping cough. Excessive doses can cause severe depression.

S3744 Seeds: Pkt/\$2.25, 1g/\$11, 10g/\$80 P3744 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# LOBELIA, GREAT

Lobelia siphilitica

Z5-9 SGE Ρ

Showy U.S. native with large blue or white flower spikes. Employed by Indians along with mayapple (Podophyllum peltatum) to treat venereal disease.

\$3745 Seeds: Pkt/\$3 P3745 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# LOBELIA, RED

Lobelia cardinalis

# Z5-9 SGE Ρ

(Cardinal flower) One of our favourite wildflowers which provides a briliant splash of red color in damp, partially shaded locations. Said to be anthelminthic, nervine and antispasmodic. S3746 Seeds: Pkt/\$3.75, 1q/\$9, 10q/\$64, 100q/\$450

# LOVAGE

#### (h) **+ E**0 P Z5-8 **SGE**

Levisticum officinale Leaves have excellent flavour for soups, stews and casseroles. Flavour is reminiscent of celery, and of the famous yeast extract, Maggi. Can replace meat and bone stock in soups. Vigorous tall growing herb; one of the first to return in spring.

S3780 Seeds: Pkt/\$2, 10g/\$7, 100g/\$32, 1kg/\$200

\$3780-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$50, 1kg/\$390

**P3780 Plants:** \$3.25, 3+/\$2.45, 12+/\$1.95, **Plug pack:** 12/\$12

# LUFFA



(Loofah) Known as the 'dishcloth gourd' because the dried overripe fruits can be used to scrub dishes. Wonderful for bath and shower as it invigorates the skin without harsh abrasion. Used in Chinese cuisine as a vegetable and in medicine for rheumatic pains. S3795 Seeds: Pkt/\$3, 10g/\$7, 100g/\$30, 1kg/\$190

# LUNGWORT

Pulmonaria officinalis

(Jerusalem cowslip) Low-growing perennial with white spotted leaves and pink/blue flowers. Flowering tops are astringent; useful for coughs, bronchitis, excess mucus, hemorrhoids and diarrhea. Young leaves used in salads and soups. Prefers moist, shady locations. P3800 Plants: \$8.25

# **MA HUANG**

Ephedra sinica



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(Chinese ephedra; Cao ma huang) Chinese herb is the inspiration for today's popular antihistamine drugs. Ephedrine has an effect on the body similar to adrenaline. Very popular in traditional Chinese medicine for resolving 'wind and cold' conditions, such as chills, fever, headache, cough and wheezing. Very hardy; prefers dry, well-drained location with full sun exposure. Ht. 30cm/12". S3820 Seeds: Pkt/\$5, 10g/\$11, 100g/\$75, 1kg/\$510

MAIDENHAIR TREE: See GINKGO

# MALLOW, COMMON

Malva sylvestris

The infusion made from the pink flowers or leaves is used externally to moisturize and tone the skin and internally to soothe mucous membranes irritated and inflamed by coughs, stomach upsets and other intestinal problems.

S3850 Seeds: Pkt/\$2.25, 10g/\$15, 100g/\$110

#### MALLOW, MAURITIAN Malva sylvestris mauritanica

#### ΘE B Z4-9

(Tree mallow) Purple flowers yield an excellent natural colouring for drinks and herbal teas. Also great in salads. Medicinally similar to marshmallow. Ht. 1m/40".

\$3855 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$50

# MANUKA

Leptospermum scoparium

р Z9-10 🔇 E Attractive New Zealand shrub called the Tea Plant by Captain Cook because of the agreeably bitter tea his men made from the leaves. Traditional Maori remedy for kidney and bladder complaints, and to combat the miseries of the common cold.

S3865 Seeds: Pkt/\$2.25, 10g/\$15, 100g/\$110



# MARALROOT

Leuzea carthamoides 'Lujza'

Z2-7 SGE

Р (Leuzea) Siberian plant with remarkable metabolic and tonic effects. Used in the Russian athletic training program for decades. Increases endurance and improves reflexes, concentration, and speeds recovery from exertion. Studies show that the root extract increases the work capacity of muscles and normalizes blood sugar quickly after exertion. Contains ecdysteroids which have anabolic-like growth effects without the negative side effects associated with chemical steroids. Violet flowers appear in the second year. Reaches 80-160cm/30-60" in height. Grows in deep, well-drained fertile soil in full sun. Very hardy. S3867 Seeds: Pkt/\$7, 10g/\$12

P3867 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

Z5-8

## B or P Z4-9 SGE











# **MARGUERITE, GOLDEN**

Z4-8 SGE Anthemis tinctoria 'Kelwayi' P (Dyer's chamomile) Fine border plant; profusion of yellow daisies in August. Yields excellent yellow or gold dyes for fabrics. S3870 Seeds: Pkt/\$2.25, 10g/\$9, 100g/\$60, 1kg/\$400 P3870 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



(Tagetes)

# Citrus Marigolds (Tagetes tenuifolia)

Originally developed for their showy flowers but they have lovely citrus-like odour and flavour. Great for desserts, especially in dessert sauces made with wine. Easy to grow.

#### LEMON GEM MARIGOLD Tagetes tenuifolia

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Lemon yellow single flowers: free-blooming. Fine lacy foliage. **S3881 Seeds:** Pkt/\$2.25, 10q/\$13, 100q/\$90 P3881 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

### **ORANGE GEM MARIGOLD**

Tagetes tenuifolia Similar to other citrus marigolds; bright orange flowers. S3882 Seeds: Pkt/\$2.25, 10a/\$13, 100a/\$90 P3882 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

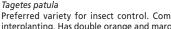
# **RED GEM MARIGOLD**

Tagetes tenuifolia Like other citrus marigolds, with bright red flowers. S3884 Seeds: Pkt/\$2.25, 10g/\$13, 100g/\$90 P3884 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **Insecticidal Group** (Tagetes spp.)

These marigolds control nematodes which attack roots of many plants. Planted throughout the garden, they can reduce nematode infestations by over 90%. Also discourages above-ground insects.

# **FRENCH MARIGOLD**



Preferred variety for insect control. Compact plants ideal for interplanting. Has double orange and maroon blossoms. S3886 Seeds: Pkt/\$1.75, 100g/\$20, 1kg/\$120

#### **MEXICAN MARIGOLD** Tagetes minuta



(Huacatay) 'Weedkiller' plant. It destroys noxious weeds, including ground elder, bindweed, couch grass and ground ivy. Also effective mosquito control. Dried leaves flavour soups, meats and vegetables. Recent research suggests it has powerful anti-viral properties. Tall (up to 2m/6ft) erect habit; rarely flowers in temperate zones. S3888 Seeds: Pkt/\$2.25, 1g/\$9, 10g/\$63

# Other Marigolds (Tagetes spp.)

# AZTEC MARIGOLD

Tagetes erecta 'Crackerjack'



(African marigold) Although better known by the misnomer, 'African marigold', this Central American annual is a popular bedding plant available in many ornamental hybrid forms. However, the 'Crackerjack' variety is rich in lutein, a compound that improves vision in patients with retinal degeneration. When added to chicken feed lutein-rich marigold flowers help make egg yolks a richer deeper colour. Excellent cut flower with colours in the yellow, orange and gold range. Ht. 60cm/24"

S3888-100 Seeds: Pkt/\$1.75, 100g/\$20, 1kg/\$120



LEMON MINT MARIGOLD Tagetes lemmonii

(1) + Z8-10

(Mount Lemmon marigold) Mexican native with a spectacular lemon-mint scent and flavour. A robust, fast grower, easily attaining a height of 90cm/30". Produces lots of edible foliage and edible yellow flowers. Effective when used in mass plantings because it blooms freely throughout the summer.

P3888-600 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# SWEET MARIGOLD

Tagetes lucida

(Mexican tarragon; Mexican marigold) Sweet-smelling leaves and flowers with a flavour similar to tarragon. In warm areas where French tarragon will not grow, this is an excellent substitute. Makes a stimulating tea. Golden yellow flowers. Slow to germinate. S3889 Seeds: Pkt/\$3.75, 10q/\$16, 100q/\$115

**TARRAGOLD™ MARIGOLD** Tagetes lucida



(Pot tarragon; Mexican tarragon) Improved tarragon substitute for southern and tropical gardens, for indoor growing, and for commercial greenhouse production. The flavour is very close to true tarragon (Artemisia dracunculus) — a little less biting and anise-y, but otherwise almost indistinguishable from the real thing. Excellent choice for warm climates where true tarragon does not thrive. Tarragold is a trademark of Richters. All rights reserved. P3889-500 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15

### MARIGOLD, POT: See CALENDULA

arioram

(Origanum)

HOP MARJORAM: See DITTANY OF CRETE

# **COMMON MARJORAM**

Z4-8 SGE

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Origanum vulgare (Wild oregano) Medicinal variety of oregano lacking true oregano's familiar aroma and flavour. Used for upset stomach, headache, cough, and diarrhea. Also as gargle for mouth and throat inflammations. Handsome purple or pink flowers attract honeybees. S3890 Seeds: Pkt/\$1.75, 10g/\$12, 100g/\$85, 1kg/\$590

S3890-001 Seeds: Pkt/\$2.25, 10g/\$14, 100g/\$100



(f) **+ \* Ö** Z9-11+ SOE

Leaves add strong, spicy flavour to soups, sauces, stuffings, stews. Rubbing with fresh leaves before roasting improves all strong meats. Adds special flavour to sausages and meatloaf. A must in German potato soup. Use plant tops to dye wool in shades of yellow, orange, brown and grey.

S3910 Seeds: Pkt/\$2, 10g/\$7, 100g/\$28, 1kg/\$180

\$3910-001 Seeds: Pkt/\$2.25, 10g/\$15, 100g/\$100, 1kg/\$710 P3910 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### VARIEGATED MARJORAM

Origanum vulgare 'Variegata'

Z4-9 (Variegated oregano) Attractive white-yellow variegated leaves; low, prostrate habit. Flavour is similar to common marjoram. P3914 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### MARSHMALLOW

Z3-9 6 CE

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Althaea officinalis Noted for soothing irritations and inflammations of the skin, throat, eyes, lungs and urinary organs. S3920 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$30, 1kg/\$200

P3920 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

-ERFURTER Up to 10% in medicinal mucilage. Very hardy. S3930 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70, 1kg/\$470

#### MAYAPPLE

Podophyllum peltatum

Z3-9 (American mandrake) A derivative of this herb is medically proven against certain cancers. Used by the Amerindians to treat hepatitis, syphilis, fevers, constipation, etc.

P3960 Plants (Mar-May shipment): \$6.25, 3+/\$4.70, 12+/\$3.75



### MEADOWSWEET

Filipendula ulmaria



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Attractive European wildflower with sweet almond-scented, yellowwhite or reddish flowers. Contains salicylic acid, chemically similar to ASA. Useful for flu, gout, rheumatism, arthritis, fever, etc. Once added to herbal beers and wine. S3965 Seeds: Pkt/\$3, 10g/\$12, 100g/\$90

P3965 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# MELILOT

Melilotus officinalis

Z3-8 **S** (Sweet clover) Important forage crop. Medicinally, it prevents blood clotting. Salve or poultice is useful for swellings, boils, arthritis and rheumatism.

S3970 Seeds: Pkt/\$1.75, 100a/\$8, 1ka/\$38, 10ka/\$270

#### MIGNONETTE Reseda odorata



Z5-8 **SGE** 

Legendary sweet ambrosial scent amply compensates for unimpressive yellow flowers. Victorian favourite commonly grown in pots and in window-boxes to scent the city air. For perfume, sachets and potpourris.

S3980 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$35, 1kg/\$210

# **MILKVETCH, CHINESE**

Astragalus membranaceus

(Chinese astragalus; Huang qi) One of the most important Chinese medicinal herbs, especially for its immune enhancing properties. Tonifies the spleen, especially in cases of fatigue. Boosts and tonifies chi. Cardiotonic; lowers blood pressure and blood sugar; improves circulation. Beneficial effect on kidneys, liver, and endocrine system. S3991 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55, 1kg/\$400

#### S3991-001 Seeds: Pkt/\$3.75

P3991 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### MILKWEED Asclepias syriaca

Z2-8 **SGM** 

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Apt name as all parts exude a milky juice when cut. Wild flower growing up to 1m/3ft high. Young shoots are eaten like asparagus. Silk-like down of seeds is used to stuff pillows. Root and rhizome are anodyne (pain killing). Used for asthma, painful cough and scrofula. Germination benefits from gibberellic acid treatment. \$3995 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$70



(Mentha)

# **Spearmint Group**

### **ENGLISH MINT**

Mentha spicata cv. P Z4-9 Traditional favourite for mint jelly, peas, carrots, potatoes, mint julep, lamb sauce. Won't grow in tropics.

P4010 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# MOROCCAN MINT

Mentha spicata

An exceptional sweet mint used widely throughout North Africa to brew Moroccan-style mint tea. Much like black tea is in England and India, and green tea is in China, preparing and serving Moroccan tea is a traditional art form and a symbol of hospitality. To prepare Moroccan tea, green tea is first brewed, then boiled with sugar, and then fresh mint is added and the mixture allowed to steep for several minutes before serving.

P4039 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### SPEARMINT Mentha spicata

◍ੇ₽₽\*0 Р Z4-9

Best cooking mint. Excellent with carrots, peas and potatoes, and for making mint sauces for roast lamb.

P4040 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

# **IMPROVED SPEARMINT**

Mentha spicata 'Kentucky Colonel'



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(n) + **P**\*0 P Z4-9

Also known as 'Kentucky Colonel' mint, this hybrid of applemint (M. suaveolens) and true spearmint (M. spicata) has a wonderful fruity spearmint aroma and flavour.

P4042 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12



#### SCOTCH SPEARMINT

Mentha x gracilis



(American apple mint; Red mint) This mint is one of the back bones of the American mint oil industry. It is the source of spearmint oil used mainly to flavour chewing gum. Has characteristic dark red or reddish purple stems and dark green leaves. Excellent sweet scent and flavour. Ht. 30-45cm/12-18".

P4044 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### VIETNAMESE MINT



Mentha x gracilis Terrific sweet spearmint flavour. Particular strain featured in Vietnamese dishes. P4053 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# **Peppermint Group**

#### **CHOCOLATE MINT**



Mentha x piperita piperita For years we were convinced the 'chocolateness' was a figment of someone's imagination. Peppermint is overlaid by something that adds up to a striking 'peppermint patty' scent. A real treat for discriminating noses!

P4006-300 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12



#### PEPPERMINT



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Mentha x piperita piperita (Candymint) Peppermint tea is an old favourite - a refreshing alternative to coffee and regular tea. Excellent for stomach indigestion. Lends its spiciness to many dishes. Don't be fooled by seeds labelled as 'peppermint', peppermint can't produce seeds because its flowers are sterile.

P4030 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### VARIEGATED PEPPERMINT

Р Mentha x piperita piperita 'Variegata' Same as regular peppermint except for attractive splashes of white. Reverts to green unless green branches are roqued out regularly.

## SWISS MINT

Mentha x piperita 'Swiss'

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Z5-9

Z4-9

This peppermint has a lighter, refreshing scent and flavour. Used in the manufacture of a Swiss brand of herbal candies. P4052 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

P4030-800 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# **Other Mints**

#### **APPLEMINT**

Mentha suaveolens

Soft gray-green round leaves have an apple-menthol fragrance. Delightful for tea.

P4000 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **BANANA MINT**

Ρ Z5-9 Mentha arvensis 'Banana' This mint from France really smells of bananas! The unexpected fruitiness inspires a creative gastronomic tangent. Dazzle friends and family with banana mint recipes!

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P4005-500 Plants: $4.25, 3+/$3.20, 12+/$2.55, Plug pack: 12/$12
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#### New! BEACH MINT Mentha canadensis

Z4-9

P This mint was discovered growing on a beach on the beautiful shores of Georgian Bay in Ontario. In the middle of the sand this mint staked out its claim on the beach. Mints, of course, are supposed to grow in rich wet soils, not dry sand, and so we were quite staggered. Like an injured bird we brought it back to nurture in our greenhouses where it continued to surprise us because it chose not to follow the usual script for mints of unruly, rapacious growth. Instead it is a rather well-behaved mint, and to boot it sports a wonderful minty scent and flavour. Ht. 30cm/12". P4005-600 Plants: \$6.25, 3+/\$4.70

#### **CORSICAN MINT**

(Y) + X Р Z7-9

Mentha requienii Low carpet-forming mint with tiny leaves. Strongly scented like pennyroyal. Not quite hardy in our area. P4007 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### GINGER MINT

Р Mentha arvensis 'Variegata' (M. x gentillis)' Gold-flecked leaves have a fragrance and flavour that is fruity with a hint of ginger.

P4015 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **GRAPEFRUIT MINT**

(n) + **E**\*0 Z5-9 Р

Mentha x piperita 'Grapefruit' This beguiling mint has a spearmint flavour with a strong grapefruit overtone. Hybrid of M. suaveolens and M. x piperita. P4018 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **MOJITO MINT** Mentha x villosa



Z5-9 Cuba's famed mojito cocktail, made with rum, sugar, lime juice and Cuba's unique mojito mint, is now an essential staple of cocktail lounges everywhere. While recipes call for any available spearmint the real drink can only be made with the true *mojito* mint. Clearly different from other mints — its scent and flavour are agreeably mild and warm, not pungent nor overly sweet like others. In a perhaps typically Cuban understated way its warm embrace lingers until you realize you want more. Salud!

For delicious alcoholic and non-alcoholic mojito recipes see www.richters.com/mojito/.

P4025 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15





Z6-9

#### **ORANGE MINT**

Mentha aquatica 'Citrata'



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(Eau de cologne mint; Bergamot mint) Treasured for its very special fragrance. Its hint of citrus is tantalizing in fruit punches, teas and potpourris. The oil is an ingredient in chartreuse and perfumes. P4028 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **PINEAPPLE MINT**

Mentha suaveolens 'Variegata'

P Z6-9 Similar to applemint with a sweeter, fruity scent. White streaks vary with the season.

P4032 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12



# Mentha spicata

Р Z4-9 66

Variety commonly sold as peppermint or spearmint. Flavour and odour is pungent, not sweet like the true root-propagated strains. Useful for tea, for medicinal purposes. S4041 Seeds: Pkt/\$2, 10g/\$30, 100g/\$210

PENNYROYAL MINT: See PENNYROYAL

# The Westerfield Mints (M. spp.)

Richters is pleased to offer these remarkable mints created by Jim Westerfield, a former innkeeper extraordinaire with a passion for herbs and for developing new varieties of mints

RICHTERS EXCLUSIVE: Richters holds exclusive propagation rights for all Westerfield mints in Canada.

The Westerfield mint names are trademarks of Richters. All rights reserved.

#### **HILLARY'S SWEET LEMON MINT**

chopped fresh or wonderful added as a garnish.



Mentha 'Hillary's Sweet Lemon' Developed from apple and lime mint, it has the sweet, fruity, aroma of applemint lined with a citrus edge. An aggressive female mint with lavender flower spikes. Named after Hillary Clinton. P4019 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

breeder and innkeeper Jim Westerfield continues to delight with

his mint creations and this is another winner. Leaves are tasty

#### **BERRIES & CREAM™ MINT**



Mentha 'Berries and Cream'

**CANDIED FRUIT™ MINT** 

Sweet and fruity, like a bowl of fresh berries and cream. Mint

it. In truth, it sold itself." P4019-382 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### FRUITASIA™ MINT

Mentha 'Fruitasia'



In Jim Westerfield's words: "This is one beautiful mint. It actually makes for one hell of a border plant. For sure, it is one excellent fruit dish mint. I call it a 'must have' mint."

P4019-385 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **ITALIAN SPICE™ MINT**

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In Jim Westerfield's words: "We always served this neat hybrid in our gourmet restaurant as a side dish. We combined it with garlic chives and fresh parmesan cheese. This was combined with angel hair pasta. And then to this was added lots of butter and maybe, just maybe a touch of fresh garlic. Mmmm!"

P4019-390 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### JULIA'S SWEET CITRUS™ MINT

Z6-9 Mentha 'Julia's Sweet Citrus' 'Julia's Sweet Citrus' has bright green leaves, roundish and slightly crinkly. The scent is a wonderful melange of citrus. Great for teas and punch, and for any dish calling for mint. Suited for a sunny garden, and makes a great hanging basket plant as it trails over. Flowers are white tinged with a touch of purple.

P4019-400 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15



#### PINK CANDYPOPS™ MINT Mentha 'Pink Candypops'

P Z6-11

We don't normally think of mints as ornamentals but breeder Jim Westerfield has found a way to make this mint look like a million bucks! When the pink puff flowers appear in summer they look like pink lollipops! Can be grown in beds or in containers.

P4019-360 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **CITRUS KITCHEN™ MINT**

Mentha 'Utility Citrus Kitchen'

(VI) **F** Р Z6-11

"Marilyn states outright that this is her favourite of all the hybrids I've produced. She uses it in, of all things, her early morning orange juice. We both predict that it will, in time, become one of the most used utility mints in the professional kitchens of the world." P4019-368 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **COTTON CANDY™ MINT** Mentha 'Cotton Candy'

Z6-11

Jim Westerfield's says: "The first time I smelled this hybrid a voice in my head said 'Cotton Candy'. It had a certain soft, sweet aroma, combined with, of all things, pink flowers! What's interesting is that there exists not one bottle of flavoring ANYWHERE on any shelf in the world, whose label reads 'Cotton Candy'. Nope, such a seasoning has simply NEVER existed."

P4019-370 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## JIM'S FRUIT™ MINT

Mentha 'Jim's Fruit' In Jim Westerfield's words: "Of all my hybrids, this just might be my favourite. Its leaves are deep green with a truly delicious, fruity aroma. It becomes a huge, robust mint, seemingly very proud of

P4019-380 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### FRUIT SENSATIONS™ MINT

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invariably raved about the delicious aroma and flavor of this

beautiful mint hybrid. When I was still in business, I sold a ton of

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(¶) **–** Z6-11

Mentha 'Candied Fruit' In Jim Westerfield's words: "In my early years I worked in a small grocery store. One day I was given the job of stocking a small seasoning rack. Along the way I couldn't resist sneaking a whiff of a small container marked 'Candied Fruit'. It seems that I NEVER forgot that delicious aroma." And so years later that memory lives

P4019-340 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55







# P4019-100 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

on as Candied Fruit mint.

#### CANDY LIME™ MINT Mentha 'Jim's Candy Lime'

It's hard to play favourites with your babies, but for breeder Jim Westerfield, this one holds a special place in his heart. It possesses a superb sweet lime aroma with many possibilities for the kitchen. Try it in candies, cookies, cakes, salads, seafood... anywhere where you need to create a new sensation. Interestingly, the sweet lime aroma of fresh-cut leaves gets stronger when stored overnight. P4019-350 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

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Z6-11

itself. And it should be, it's gorgeous!" Mentha 'Fruit Sensations'



#### **MARGARITA™ MINT**

Mentha 'Margarita



Here's to you! A big bold lime-scented mint for your next margarita. This hybrid is a beauty, with "lots of physical definition" as breeder Jim Westerfield puts it. And so it does, with perfectly shaped, groovy leaves, and a hint of dark bronze at the tips at times. This mint means fun. Does not spread by underground rhizomes like most mints, but it still gets around by aboveground runners.

P4019-450 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### MARILYN'S SALAD™ MINT

#### Mentha 'Marilyn's Salad'

Z6-11

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This is a completely different mint with a completely different use as a fresh salad green! The young leaves are very tender, and the flavour is mild, sweet and delicate, not at all like other stronger mints. And they're quite the sensation in salads - just pick the leaves, strip them from the stems, and throw them liberally into your salad mix. For tender foliage, grow this mint in partial shade and cut often to keep the young leaves coming.

P4019-470 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **MARSHMALLOW™ MINT**

Mentha 'Marshmallow

Z6-11 P

The scent is a swirl of different notes but marshmallow always seems to rise to the top. But perception can vary, perhaps dependent on your mood. But whatever your nose makes of this mint, you will likely find yourself reminiscing of the past, of happy summers, and of roasting marshmallows around the campfire! P4019-480 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **OREGANO-THYME™ MINT**

Mentha 'Oregano-Thyme'

## Z5-9

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Yes, this does have oregano and thyme in it; but it is not simply the sum total of those two herbs — it's something more. Breeder Jim Westerfield says that this mint has so much culinary potential "it's actually scary!" In fact, he is already featuring it in dishes created at his award-winning inn, The Westerfield House near St. Louis. P4019-600 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### SWEET PEAR™ MINT

Mentha 'Sweet Pear

This mint will make you laugh. It really gives off an unmistakable hint of ripe sweet pears! How Jim Westerfield managed to cross his mints to produce this remarkable gem is beyond us, but we are thrilled to grow it and offer it to our customers. Very attractive addition to any mint collection. Mature leaves are downy, ovate and silvery grey in colour; flowers are light pink-purple; and the growth habit is upright and robust. The delicate flavour is suitable wherever mint is called for.

P4019-800 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15



#### WINTERGREEN™ MINT

Mentha 'Sister Julie's Wintergreen'



In Jim Westerfield's words: "Four years ago my crossbreeding programs produced what seems to be the first true wintergreen mint. Although just about EVERYONE connects the wintergreen flavour and aroma to the mint world, the real wintergreen aroma is actually produced by the Gaultheria genus of plants. What's exciting is that this mint is exactly the wintergreen mint candy. All of the above equals one hell of a tea mint."

P4019-900 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

### **MINT, KOREAN**

Ρ Agastache rugosa Oriental variety of anise-hyssop with an anise-like flavour. Makes a pleasing tea and an unusual seasoning for meats and dressings. Helps clear fevers and strengthens the stomach.

S4060 Seeds: Pkt/\$3, 10g/\$10

\$4060-001 Seeds: Pkt/\$3.75

#### MINT, MOUNTAIN

Pycnanthemum pilosum

Hardy U.S. native. Leaves possess a wonderful menthol fragrance;

may be used just like peppermint. Excellent beeplant.

S4064 Seeds: Pkt/\$3, 1g/\$6, 10g/\$39 P4064 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **MITSUBA**

Ρ Z4-9 SGE

P Z4-6 S G & E

Cryptotaenia japonica (Japanese parsley) Unique flavour of leaves and leafstalks, either fresh or blanched, is pleasing in soups, salads, and fried foods. Of easiest culture; prefers moist, partly shady locations. \$4070 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$33, 1kg/\$210

#### MONKSHOOD: See ACONITE

MORMON TEA: See EPHEDRA, AMERICAN



#### MORNING GLORY

# Ipomoea tricolor 'Heavenly Blue'

**GE** Lovely fast growing vine with dark sky-blue flowers. Ideal for walls, trellises or tall fences. Used by the Aztecs as a hallucinogen in religious ceremonies.

S4085 Seeds: Pkt/\$1.75, 100g/\$12, 1kg/\$63

#### MORNING GLORY, MEXICAN: See OLOLIUQUI

#### MOTHERWORT

Leonurus cardiaca Z4-8 **SGE** Especially valuable for PMS, menstrual pain and delayed menstruation. Gentle sedative. Helps calm the entire nervous system. Strengthens the heart and often prescribed for palpitations.

S4100 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$70 P4100 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **MUCUNA**



Mucuna pruriens Twining annual found throughout India. Pods and young leaves are used as vegetable and fodder. Used as a nerve tonic in Avurvedic medicine. Seeds are a natural storehouse of L-dopa, a precursor of dopamine. In a recent clinical trial Parkinson's sufferers treated with crushed seeds regained some mobility with fewer side effects than conventional drugs.

S4115 Seeds: Pkt/\$3.75, 100g/\$24, 1kg/\$150

#### MUGWORT

Ρ Z4-10 SGE Artemisia vulgaris Bitter flower buds improve digestibility of rich meat, poultry or fish dishes. Used in Japan for moxibustion. S4120 Seeds: Pkt/\$2.25, 10g/\$9, 100g/\$60, 1kg/\$400

P4120 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### MUGWORT, JAPANESE: See YOMOGI



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#### MULBERRY





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Handsome tree bearing sweet, juicy berries that make fine conserves and wine. Rootbark decoction is a traditional remedy for tapeworms. Hardy in southwestern Ontario and B.C. coastal regions. Please note that a small percentage of seedgrown plants will be non-flowering and therefore non-fruiting. S4122 Seeds: Pkt/\$2.25, 100g/\$25, 1kg/\$160

P4122 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75



#### MULLEIN Verbascum thapsus

#### Z4-9 6 R

Striking yellow flower stalks rise from a woolly leaf base in the second year. Good remedy for coughs, hoarseness and bronchitis. All plant parts can be used to produce yellow, bronze and grey dyes. S4125 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$70

P4125 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **MUSTARD, BROWN**

Brassica iuncea

Stronger than white mustard, and gives extra pungency to continental European mustards. (The more delicate white mustard is used in English and American mustards.) Also used in ground mustard, usually in combination with white mustard. S4151 Seeds: Pkt/\$1.75, 100g/\$5, 1kg/\$17, 10kg/\$100

#### **MUSTARD, WHITE**

Brassica hirta

**OØE** (Mustard cress) True companion to curled cress for salads and sandwiches. Sow 4 days after cress to mature concurrently. Whole seeds are used to season pickles, sausages and sauerkraut. The well known condiment is prepared from ground mustard seeds. S4150 Seeds: Pkt/\$1.75, 100g/\$5, 1kg/\$17, 10kg/\$100

#### **MYRTLE, GERMAN**

Myrtus communis 'Microphylla' Dainty, small-leaved version of the previous. Traditionally used in

wedding bouquets. Lovely for corsages and arrangements. P4220 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **MYRTLE, GREEK**

Myrtus communis

Classic evergreen shrub from the Mediterranean. Fragrant white

flowers and leaves are used in potpourri. Spicy leaves can be used in cooking like bay leaf. Essential oil is used for fragrance. **S4200 Seeds:** Pkt/\$3.75, 10g/\$12, 100g/\$90

P4200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



## NASTURTIUM, CLIMBING

Tropaeolum majus



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Young leaves make a pleasant pepper substitute in pepper-restricted diets and are unusually high in vitamin C. Immature green seeds substitute for capers, and in tossed salads the gorgeous spicy flowers add a spectacular touch. Climbs trellises, fences or poles up to 2m/6ft high. Mixed colours.

S4250 Seeds: Pkt/\$1.75, 100g/\$13, 1kg/\$70, 10kg/\$500

#### NASTURTIUM, DWARF Tropaeolum minus



Peppery leaves and fragrant flowers are delicious used fresh in salads. High in vitamin C. Ideal for borders, window boxes and hanging baskets; yellow, orange and red colours. Ht 30cm/12". S4251 Seeds: Pkt/\$1.75, 100g/\$13, 1kg/\$70, 10kg/\$500

S4251-001 Seeds: Pkt/\$2.25, 100g/\$16, 1kg/\$90

#### **NEPITELLA**

P Z5-10 SGE

(Lesser calamint) A regional favourite in Tuscany where it is added to mushroom dishes and green vegetables for its distinctive minty flavour. Sauteed zucchini or mushrooms with fresh nepitella, tomatoes, and garlic is served with roast or boiled meat dishes. Easy to grow.

S4264 Seeds: Pkt/\$3.75, 1g/\$14, 10g/\$90, 100g/\$600 P4264 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **NETTLE, STINGING**



Drying or cooking removes stinging effect of the leaves. Use in saltreduced diets. Cooked young shoots are rich in iron. Important biodynamic herb: increasing the potency of neighbouring herbs, stimulating humus formation. Fresh whole leaves produce green, gold and chartreuse tones. Fresh nettles keep a larder free of flies and discourage frogs when planted near beehives.

S4270 Seeds: Pkt/\$2.25, 10g/\$5, 100g/\$25, 1kg/\$200 P4270 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **NEW JERSEY TEA**

Ceanothus americanus

P Z4-8 SGD (Red root) Used as a tea substitute during the American Revolution. Indians used it for skin problems, skin cancer and veneral sores. A good gargle for mouth and throat sores. S4273 Seeds: Pkt/\$5

#### **NIGELLA**

Nigella damascena

(Love-in-a-mist) Finely divided leaves create a mist effect surrounding

the lovely blue flowers. Seeds used in curries and bread, although

its close cousin black cumin is better. Seeds stored with clothing repel insects. Valued in perfumery trade.

S4275 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$26, 1kg/\$170

**OLD MAN ARTEMISIA:** See SOUTHERNWOOD

#### **OLEANDER, YELLOW**

#### Thevetia neriifolia

Р Z11+ 🔞 M Attractive shrub with yellow, bell-shaped flowers. Rich source of cardiac glycosides used for heart patients who are intolerant of digitalis. All parts are poisonous. Use under medical supervision. Can be kept to 1m/3ft tall in pots with regular pruning. S4290 Seeds: Pkt/\$3, 100g/\$20, 1kg/\$120

### OLOLIUQUI

#### Rivea corymbosa

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(Mexican morning glory) Sacred hallucinogenic herb used by the Aztecs in divination rituals. Once thought to be exterminated by the Spaniards in their zeal to exorcise "demonic" practices but the plant and the rituals were found alive in the mountains among the Mazatecs of Oaxaca, Mexico. Climbing vine with white flowers. P4292 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75



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#### **ONION, EGYPTIAN**



This fascinating mild-flavoured onion develops bulbs at the top of its slender leaves, not at the base like ordinary onions. Excellent for pickling and for seasoning soups and stews.

P4300 Plants (Not to ID): \$3.25, 3+/\$2.45, 12+/\$1.95

R4300 Bulbs (Sept-Oct shipment) (Can, US only): 10/\$10

#### **ONION, WELSH**

Allium fistulosum 'Evergreen'

Z3-9 SGE

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73-9

(Onion green; Bunching onion) A bulbless perennial onion green like chives, but has larger leaves and a stronger, zesty flavour. Ideal for cooked vegetables, soups, stews, casseroles and quiches. Try them in homemade potato soup for a real treat. Easy to grow; can be picked anytime ground is not frozen.

S4310 Seeds: Pkt/\$1.75, 10g/\$6, 100g/\$32, 1kg/\$200

\$4310-001 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55, 1kg/\$370



(Oriaanum)

WILD OREGANO: See COMMON MARJORAM

VARIEGATED OREGANO: See VARIEGATED MARJORAM

#### **GOLD CRISP OREGANO**

Origanum vulgare 'Aureum Crispum' Z7-9 Attractive variety with roundish, crinkled leaves. Gold crisp has a more delicate, ascendant habit; very nice in window boxes, hanging baskets and strawberry jars. Needs winter mulching to survive zones 5,6, or more suited as a pot plant. P4313 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### **GOLDEN OREGANO**

(Y) 두 P Z6-9

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Origanum vulgare 'Aureum' Golden foliage is a nice colour contrast for rock gardens and edges of flower beds. Mild oregano flavour.

P4314 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### **GREEK OREGANO**

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Р Origanum vulgare hirtum This is the true oregano collected wild in the mountains of Greece. White flowers; very hardy. Excellent flavour. S4315 Seeds: Pkt/\$2, 10g/\$17, 100g/\$121, 1kg/\$85 \$4315-001 Seeds: Pkt/\$2.25, 10g/\$28, 100g/\$200 P4315 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **KALITERI OREGANO**

Origanum 'Kaliteri'

◍∎≭ Р Z6-11+

'Kaliteri' means 'the best' in Greek, an apt nickname for this terrific oregano that first came to us without a name. Specially selected for its high oil content, this strain is grown commercially in Greece for the high quality oregano market. Spicy, silver-grey foliage. P4315-150 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### HERRENHAUSEN OREGANO

75-9

Origanum laevigatum 'Herrenhausen' Delightful sweet, fruity scented variety with dark green leaves and purple flowers. Dries well for arrangements.

P4315-200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### BRISTOL CROSS OREGANO Origanum 'Bristol Cross'

Z6-10

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Striking ornamental variety with a mild oregano flavour and aroma. Forms almost perfect globe-like balls when grown in baskets. Showy hop-like pink flowers similar to Kent Beauty but longer and more impressive. Ht. 20cm/8". P4315-220 Plants: \$4.25. 3+/\$3.20

#### **HOPLEY'S PURPLE OREGANO**

Z11+ Origanum laevigatum 'Hopley's Purple' Dark purple-green foliage, compact growth habit. Very attractive, with mild costmary-like scent and flavour. P4315-250 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

**ITALIAN OREGANO** 

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Origanum sp. Strong flavour. Similar to sweet marjoram. P4315-300 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

**()** + \* **KENT BEAUTY OREGANO** 

Origanum 'Kent Beauty' Z6-9 Round leaves on almost trailing branches and attractive pink or purple flower bracts. Good aroma and sharp, bitter oregano flavour. A hybrid between O. rotundifolium and O. scabrum. P4315-350 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



New! PROFUSION® OREGANO Origanum vulgare 'OV12'

**(1)** Z5-9

Super hardy! In the summer of 2012 a remarkable discovery was made on the Richters farm. Aromatic patches of oregano were found growing in amongst native grasses in the back field of the farm. These were descendants from a planting more than a guarter century ago when Otto Richter, co-founder of Richters Herbs, planted seeds from a highly aromatic strain from Greece that was not expected to survive the Canadian winter. After the crop was harvested plants were left to fend for themselves. A few hardy individuals survived that first winter and then eeked out an existence hidden by taller grasses for more than 25 years! With this discovery we have a super hardy strain that is intensely aromatic and flavourful -- and is able to elbow out competitors. We are very excited and proud to offer this super hardy oregano!

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P4315-600 Plants: \$6.25, 3+/\$4.70

#### SYRIAN OREGANO

Origanum maru Strong spicy flavour. P4316 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### TURKESTAN OREGANO

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Z8-10

Origanum tyttanthum Strong-flavour. Dark leaves; robust growth habit. Ideal for indoors. P4316-200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### ZORBA RED OREGANO

Origanum vulgare 'Zorba Red'

An entirely different oregano! Excellent for gardens, hanging baskets, and container gardens. Spectacular red-purple sprays dotted with pure white flowers appear in early summer and keep on coming well into the autumn. Its spreading growth habit, dark green aromatic foliage, and waves of flowers create an impressive floral display. Ht. 90cm/36"; spread 70cm/28".

Unauthorized propagation prohibited. U.S. patent (USPP#13,841) P4316-800 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$12

#### **OREGANO, CUBAN**

Plectranthus sp.

Z11+

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Z5-9

Fleshy small almost round leaves with small shallow rounded teeth on edges. Scent remini-scent of oregano, but it is not used in cooking. An attractive houseplant that releases a pleasant odour when brushed against.

P4317 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **OREGANO, MEXICAN**

Lippia graveolens



Often sold as true oregano in Mexico and southern U.S. where its fine oregano flavour is used to great advantage in chilis and other Mexican dishes. Properly pruned, it will grow into a miniature tree in a bright window or solarium.

P4318 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### ORRIS

Iris x germanica florentina

Z4-10 Produces nearly white flowers with traces of blue or purple. Dried powdered rhizome is the major source of orris, used in perfumery and potpourris.

P4319 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **OSAGE-ORANGE**

Maclura pomifera

# Z5-9 **SGM**

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Source of yellow, gold and khaki dyes. Boiled root decoction was once used to bathe irritated eyes. Good hedge plant; has vigorous habit and withstands heavy clipping. Hardy in southwestern Ontario and coastal B.C.

S4320 Seeds: Pkt/\$2.25, 10g/\$13, 100g/\$90



PANSY

Viola cornuta 'King Henry' Edible purple flowers have a wintergreen overtone. Use in soups, fruit and potato salads, ravioli, desserts, and as a garnish. S4333 Seeds: Pkt/\$1.75, 10a/\$14, 100a/\$95



(Petroselinum)

# **Curled Group**

The most popular type for garnishing with finely cut, tightly curled leaves. Strong aroma and flavour.

#### MOSSCURLED PARSLEY

Z6-9 Petroselinum crispum crispum R Standard curled variety. Bright green, deeply cut and finely divided leaves.

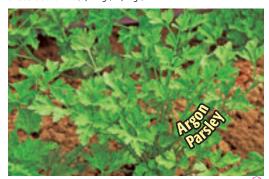
S4350 Seeds: Pkt/\$2, 100g/\$11, 1kg/\$58, 10kg/\$420 \$4350-001 Seeds: Pkt/\$2.25, 100a/\$20, 1ka/\$120 **P4350 Plants:** \$3.25, 3+/\$2.45, 12+/\$1.95, **Plug pack:** 12/\$12

# Plainleaf Group

Our favourite type because flavour is extra rich. Adds true European character to soups and stews.

#### New! ARGON PARSLEY

Petroselinum crispum 'Argon' B Z6-9 SE Improved plainleaf variety with dark green flat leaves and upright growth habit. High yields. Strong powdery mildew tolerance. S4365 Seeds: Pkt/\$3, 100g/\$13, 1kg/\$75



# **ITALIAN PARSLEY**

Z6-9 SE B Petroselinum crispum neapolitanum Dark green, glossy leaves, strong flavour. Taller, has larger leaves than standard strain. Very popular S4367 Seeds: Pkt/\$2, 100g/\$10, 1kg/\$50, 10kg/\$360 \$4367-001 Seeds: Pkt/\$2.25, 100g/\$14, 1kg/\$100 P4367 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### PLAIN PARSLEY

B Z6-9 SE

Petroselinum crispum neapolitanum Standard variety for flavouring, slightly earlier maturing than above. Deeply cut, bright green leaves with excellent flavour. S4370 Seeds: Pkt/\$1.75, 100g/\$9, 1kg/\$43, 10kg/\$300 S4370-001 Seeds: Pkt/\$2.25, 100g/\$14, 1kg/\$100, 10kg/\$800

# **Root Group**

Both leaves and its slender, parsnip-like root are used. Roots are excellent for flavouring soups, stews, or steamed to serve with butter or sauce.

### HAMBURG PARSLEY

B Z6-9 SE

Petroselinum crispum tuberosum Standard variety. Roots 20-25cm/8-10" long, flat leaves. S4360 Seeds: Pkt/\$1.75, 100g/\$11, 1kg/\$60

#### JAPANESE PARSLEY: See MITSUBA

#### PARTRIDGEBERRY

Mitchella repens

Z5-9 (Squaw vine; Checkerberry) Attractive low growing evergreen herb common in forests throughout eastern North America. According to native American practice the tea taken in the last few weeks of pregnancy promotes easier childbirth. The tea is also used as a wash for sore nipples.

P6020 Plants: \$8.25, 3+/\$6.20, 12+/\$4.95

#### **PASQUE FLOWER**

Anemone pulsatilla

Z5-7 **SGM** Pretty rock garden plant with masses of purple flowers appearing early in spring. Valuable in correcting membrane disorders of the respiratory and digestive passages. Slow to germinate.

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**S4400 Seeds:** Pkt/\$3, 1g/\$7, 10g/\$30 **P4400 Plants:** \$4.25, 3+/\$3.20, 12+/\$2.55



(Maypop) Important sedative used to treat insomnia, anxiety, restlessness, nervous disorders - especially in children. It is very safe; no side effects or contraindications are known. The herb is taken as a tea or in tablet or tincture form. Now incorporated in many commercial products, this herb has become a significant American herbal crop. Grows as a vine. Produces showy, sweet-scented flowers and edible fruits.

54440-100 Seeds: Pkt/\$5 P4440-100 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### PASSION FRUIT

Passiflora edulis

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Unusual vine bearing spectacular star-like lavender flowers. Edible purple fruits possess pleasant flavour. Used as table fruit and in sherbet, jam, and beverages. Grow in sunniest window or greenhouse and provide support of trellis. Slow to germinate. S4441 Seeds: Pkt/\$3.75, 10g/\$21, 100g/\$150

P4441 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### PATCHOULI

Pogostemon patchouli

Z11+ 👀 🕅 P One of the definitive perfumes of the Orient and of India in particular. Widely used in perfumes and soaps, and even to perfume India ink. Leaves are excellent in potpourris and sachets.

P4450 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### PENNYROYAL

#### Mentha pulegium

Р Once used to flavour puddings and sauces. The tea is still used today to ease headache. Strong minty aroma. Has insect repelling properties. The essential oil has abortifacient properties and should

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not be used by pregnant women. S4460 Seeds: Pkt/\$2.25, 10g/\$30, 100g/\$220 P4460 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### PENNYROYAL, PURPLE SNOWCONES

Mentha pulegium 'Purple Snowcones'

Z5-9 Pennyroyal, the forgotten maiden among the mints, has long needed a makeover to match its big minty aroma and taste. Now with this variety it is ready to take its place in gardens, hanging baskets, and container gardens. 'Snowcones Purple' has a cascading growth habit and sends up flowering branches that look like purple scoops of snow. Ht. 60cm/24".

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#12.971)

P4463-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **PENNYROYAL, CARPET**

¶**+\*** P Z6-9

Mentha pulegium 'Nanum' (Dwarf pennyroyal) Neat mat-forming version of pennyroyal. Same scent, flavour and uses. Useful ground cover in wet areas. P4462 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### PENNYROYAL, SPICE BALL

Mentha pulegium 'Spice Ball' No wonder it's called 'Spice Ball': in hanging baskets and containers



it develops spherical displays of tightly-woven foliage with an intense, almost spicy, mint aroma. Exceptional! Richters exclusive. Unauthorized propagation prohibited.

P4463-700 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



# **Mexican Chiles**

Mexican chiles do best where the growing seasons are long and hot, but do not let that stop you from trying them in less torrid areas. Even in a cold, wet summer, we managed to get a respectable crop of chiles in Goodwood. In Canada, and most of the northern U.S., chiles need to be started indoors early (Jan-Mar) and transplanted out after the danger of frost is over.

**ANAHEIM CHILE PEPPER** 

Capsicum annuum 'Anaheim'

ΘE

About 15cm/6" long, 5cm/2" across. Used fresh either green or ripe red, or dried ripe. Excellent stuffed fresh (chiles rellenos), and in stews and sauces. Dried in ristras and powdered as chile colorado. Heat: 2-3.

S4470-100 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$50, 1kg/\$330

ANCHO POBLANO CHILE PEPPER



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Capsicum annuum 'Poblano Ancho' The most commonly used dried chile of Mexico; essential for sauces and moles. In fresh form it is known as Poblano and in dried form it is known as Ancho. Brickred to black-purple when dry; 10cm/4"long by 7cm/3" wide. Mild, sweet flavour. Heat: 3-5. S4470-120 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$43, 1kg/\$270

### **DE ARBOL CHILE PEPPER**

()E A Capsicum annuum 'De Arbol' Cayenne type, 5-7cm/2-3" long, 5-7mm across. Use powdered for sauces, soups, stews. Heat: 7.5.

S4470-330 Seeds: Pkt/\$1.75, 10q/\$19, 100q/\$130



### HABANERO CHILE PEPPER

Capsicum chinense habenero

Small 5cm/2" chiles are the hottest of the hot — 30-50 times hotter than Jalapeño! Used fresh or dried in salsas, chutneys, marinades. Heat: 10!

S4470-450 Seeds: Pkt/\$2.25, 10g/\$23, 100g/\$165 S4470-451 Seeds: Pkt/\$3 P4470-450 Plants: Plug pack: 12/\$12

JALAPEÑO CHILE PEPPER

Capsicum annuum 'Jalapeno' ΘE Best known hot chile, 5-7cm/2-3" long, 2-3cm/1-1.5" in diameter. Used fresh either green or ripe red in salsa, stews, breads, sauces, dips, or just about anything that needs spicing up. Known as chipotle when dried by smoking. Heat: 5.5.

\$4470-501 Seeds: Pkt/\$2.25, 10g/\$9, 100g/\$60, 1kg/\$400 P4470-500 Plants: Plug pack: 12/\$12

#### SERRANO CHILE PEPPER

Capsicum annuum 'Serrano'

(Y)) 🕂 **ØE** 

Use when green or ripened to scarlet. Small: 2cm/1" long, 1cm/0.5" across. Thick flesh; clean biting heat. Salsas, pickled, or roasted for sauces. Heat: 7.

S4470-800 Seeds: Pkt/\$1.75, 100g/\$20, 1kg/\$120



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#### TABASCO CHILE PEPPER

Capsicum annuum 'Tabasco'



The chile pepper used to make the famous hot sauce of the same name. Its origin is the southern Mexican state of Tabasco, but it is now principally in Louisiana and other Gulf states. Attractive: fruits point upright, changing from yellow to orange and finally to bright red at which stage they are harvested. Compact bushes 30-120cm/12-48" high can bear as much as 100 chiles each. Heat: 9. S4470-950 Seeds: Pkt/\$3.75, 10g/\$40, 100g/\$280



# **Other Chiles**

#### **CAYENNE CHILE PEPPER**

ØĒ Capsicum annuum 'Long Slim' The red hot chiles, about 3 inches long, are indispensable in Mexican, Indonesian and Italian dishes. Dried powder adds zest and piquancy to soups, sauces, egg and meat dishes. Ground pods and a little soap in water is a useful insect-repellent for the garden. Heat: 8

🛟 S4470-321 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55 P4470-320 Plants: Plug pack: 12/\$12

#### SCOTCH BONNET PEPPER

**ØE** Capsicum chinense 'Scotch Bonnet' The famous hot pepper of the Caribbean with more or less spherical fruits about 4cm/1.5" in diameter. Has a fiery, apple-cherry tomato flavour. Great for salsas and sauces. Closely related to 'Habanero' chile. 120 days. Heat: 9-10.

S4470-750 Seeds: Pkt/\$5, 10g/\$19, 100g/\$130

#### THAI CHILE PEPPER Capsicum annuum 'Thai'

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(Chile dé arbol Coreano) One of the hottest chiles, used widely throughout Asia and in Mexico. Baby finger-sized chiles, 4cm long and 5mm across. Heat: 8.5.

S4470-900 Seeds: Pkt/\$5, 10g/\$45, 100g/\$300 P4470-900 Plants: Plug pack: 12/\$12

#### JAMAICAN YELLOW PEPPER

Capsicum annuum 'Jamaican Yellow' ΘE If you like heat and flavour... this is a good one! Mushroom shaped, thin walled, green to bright yellow, fiery hot taste similar to Habanero types. 5cm/2" fruits are good pickled or dried for seasoning. Heat: 9.

🔇 S8532-501 Seeds: Pkt/\$3, 10g/\$21, 100g/\$150

#### PERILLA

#### Perilla frutescens

(Shiso) Decorative green or purple foliage reminiscent of coleus. Cinnamon-scented leaves are popular in Japan for flavouring raw fish, bean curd, pickles and tempura. Before sowing, chill seeds at 5°C/40°F for 3 days in moist sand.

GREEN Great flavour; preferred variety for sushi.

S4474-100 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$46, 1kg/\$300

-PURPLE Purplish red leaves; preferred for pickled plums and preserved ginger.

S4474-200 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$46, 1kg/\$300

#### PERIWINKLE

#### Vinca minor

Excellent ground cover for shaded areas. Dark green, evergreen leaves; violet-blue flowers. Astringent and sedative properties. Formerly used for diarrhea and hemorrhages. Known as Violet of the Sorcerers in France where it was once hung at entrances to ward off evil spirits and witches.

P4474-900 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### PERIWINKLE, VARIEGATED

Vinca minor 'Variegata' Glossy dark green evergreen leaves with pale yellow edges; violet blue flowers. One of the few herbs that adds colour to shady areas. Mat forming. Ht. 15cm/6".

P4474-950 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



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#### **PIG'S EARS**

#### Cotyledon orbiculata

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(Plakkies) Excellent wart remedy, widely recommended even by medical doctors, in South Africa. Works on pets too. Thick, fleshy, grey-green leaves are sliced lengthwise and placed cut side on the wart for 8-12 hours daily. Succulent shrub with showy coral flowers on a stem up to 60cm/2ft. Very easy to grow. 54481 Seeds: Pkt/\$7

P4481 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### PIMPERNEL

Anagallis arvensis

Reputation for treating depression, melancholy, and allied mental disorders. Scarlet, white or blue flowers close when bad weather is imminent, hence the name Weatherglass. S4484 Seeds: Pkt/\$3, 10g/\$17, 100g/\$120

#### **PINE NUT**

#### Pinus pinea

р Z9-10 🚺 E Source of the richly delicious pine nuts used in pestos and other Mediterranean dishes. Attractive pot plant, but will not produce pine nuts unless grown where it can reach mature size. Native tree of southern Europe where it grows up to 20m/65ft. S4487 Seeds: Pkt/\$3, 10g/\$7, 100g/\$35



#### **PINK, SWEET**

Z4-8 SGE Ρ Dianthus x hybrida 'Rainbow Loveliness' One of the most heavily scented pinks, strikingly sweet and clovelike. Edible flowers are wonderful in many dishes where colour and its clove scent and flavour add a new twist. 54488 Seeds: Pkt/\$5

P4488 Plants: \$4,25, 3+/\$3,20, 12+/\$2,55

#### **PISS-OFF PLANT**

#### Plectranthus 'Sumcol 01'

711+ Cats and dogs won't go near it. Much as we love our feline and canine friends, they can be a royal pain in the you-know-where when they carouse in our gardens. They romp around damaging plants, dig holes, and otherwise 'do their business' where they shouldn't. But dogs and cats (and rabbits too) stay away if a Piss-Off Plant is nearby. For some reason not yet understood they detest the odour of this plan. When planted three feet apart, the Piss-Off Plant will protect a whole garden. Not offensive to humans, and does not harm

children or pets. Unauthorized propagation prohibited. Protected by U.S. patent (USPP#13,843)

P4490 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75



Z4-8

#### **PLANTAIN, RIBGRASS**



Plantago lanceolata Leaf juice is reputed to have blood cleansing properties, to strengthen weak lungs, and to fight colds, diarrhea and similar digestive complaints. Poultice of fresh leaves on wounds prevents infection.

S4495 Seeds: Pkt/\$2.25, 100g/\$17, 1kg/\$100



#### PLEURISY ROOT

Asclepias tuberosa

Z4-9 SGE (Butterfly weed) Bright orange-red flowers are worthy of attention as an ornamental. Roots act specifically on the lungs as an expectorant and anti-inflammatory. Valuable for all chest complaints, including pleurisy.

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S4510 Seeds: Pkt/\$3, 10g/\$12, 100g/\$90

#### POKEROOT

Phytolacca americana



(Pokeweed) The young unfolded leaves in early spring (older leaves are poisonous) can be boiled and eaten like asparagus. Used to treat cancerous ulcers, rheumatism, arthritis and respiratory infections. S4600 Seeds: Pkt/\$3, 10g/\$40, 100g/\$280 P4600 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### POMEGRANATE, DWARF

Punica granatum 'Nana'

1 Z7-10 🔇 M

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Showy orange-red fuchsia-like flowers are followed by miniature fruits. Considered an excellent remedy for tapeworms since ancient Greece times. Needs occasional pruning. P4651 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **POPPY, CALIFORNIA**

Eschscholzia californica

Mildly narcotic colourless juice was used by Californian Indians to treat toothache. Brilliant orange flowers. Best sown direct very early in spring as it prefers cool weather.

S4720 Seeds: Pkt/\$2.25, 100g/\$12, 1kg/\$90

#### POPPY, CORN

Panaver rhoeas

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Z3-7 **SGE** 

Seeds are delectable on cookies, breads, rolls, and cakes, adding texture and mild nutty flavour. Also desirable in buttered noodles. Colourful garden annual.

S4730 Seeds: Pkt/\$2.25, 100g/\$16, 1kg/\$115

#### **PRAIRIE-CLOVER**

Petalostemum candidum

Navajo remedy for stomachache, abdominal pain, diarrhea and fever. The roots were regarded by the Navajo and Pawnee Indians as a 'life medicine' and panacea. S4740 Seeds: Pkt/\$3, 10g/\$5, 100g/\$28

**PUMPKIN, STYRIAN** Cucurbita pepo styriaca



Hull-less seeds yield a medicinally-active oil used in Central Europe for inflammations, hypertrophy of the prostate, and for arteriosclerosis. Has high vitamin E content, and like evening primrose stimulates the synthesis of prostaglandins. Culture like other pumpkins.

#### S4758 Seeds: Pkt/\$3, 100g/\$28, 1kg/\$180

#### **PYRETHRUM, HIGH POTENCY**

Chrysanthemum cinerariifolium Z4-9 🕥 Source of one of the safest of all insecticides for the control of aphids, mites, leafhoppers, cabbageworms and others. Does not harm fish, waterfowl, plants or mammals. To make pyrethrum spray, mix 1 tblsp freshly ground dried flowers with 2 gt./2 litres hot water. Add a little soap and let stand. This is a high potency strain grown for the world pyrethrum market.

\$4760-400 Seeds: Pkt/\$3.75, 1g/\$7, 10g/\$40, 100g/\$280 P4760-400 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### PYRETHRUM, PAINTED DAISY

Р Z5-9 66 Chrysanthemum coccineum Also source of insecticide. Lovely cut flower and border plant in a mixture of red, rose and white.

S4761 Seeds: Pkt/\$2.25, 10g/\$12, 100g/\$90 P4761 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

# **OUEEN ANNE'S LACE**

## Daucus carota

B Z3-10 SGE (Wild carrot) Infusion is used in the treatment of dropsy, chronic kidney disease and bladder afflictions. Leaves applied with honey soothe external sores and ulcers.

\$4800 Seeds: Pkt/\$2.25, 10g/\$5, 100g/\$25, 1kg/\$180

#### **RAU OM**

Limnophila aromatica

((())+)\* Z10-11+

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(Rau ngo) A refugee of war, this remarkable little herb came to North America with the thousands who fled Vietnam in the 1970s. The scent and flavour of rau om have a beguiling floral character that is entirely unique among herbs. Its fresh leaves are essential in several sweet and sour Vietnamese dishes, including a delightful soup made with tamarind and cantaloupe.

P4840 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### New! REINECKIA, CHINESE Reineckia carnea

Z6-9

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(Ji xiang cao) In Chinese medicine it is said to "brighten the eye" and strengthen the memory, and is described as a safe cardiotonic herb. It is an important herb of the Miao people of China who use it to treat cough and sore throats. Several active saponins and antiinflammatory steroids have been discovered in the roots. In Chinese culture it is said to bring luck and fortune if it flowers in the garden. Maybe it does because we had much felicity in the air when it flowered for us! An attractive low growing ground cover plant suited for moist shady areas. It spreads slowly much like lily-of-thevalley but with showy pink flowers. Ht. 10cm/4". P4844 Plants: \$8.25, 3+/\$6.20

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#### **REISHI MUSHROOM**

Ganoderma lucidum



(Ling-xhi) The legendary Oriental mushroom of immortality. It is still in great use as a tonic and for the treatment of obesity, angina pectoris, bronchitis, hepatitis and insomnia. Scientific evidence is building that suggests that reishi has hypotensive, anti-tumour, hypoglycemic and immunostimulatory activity. We ship blocks of colonized sawdust which will yield beautiful, orange-red mushrooms in 3-4 months. Instructions are provided.

R4845 Colony (Apr-May shipment): Pkg/\$40

#### **RESCUEHERB<sup>TM</sup>**

Solenostemon monostachyus



African treatment for panic attacks! (Nyale) Virtually unknown in the West, this herb is considered one of the best spiritual cleansing herbs of Africa. When the mind is disturbed and the heart races African herbalists use this herb to bring anxiety and panic under control. The fresh herb is crushed in water, strained, and the liquid taken until the anxiety subsides. Also used for colic, convulsions, fever, headache and cough, especially in children. Research suggests that its anticonvulsant activity comes from its ability to calm the central nervous system. Has thick succulent-like stems and aromatic leaves. Ht. 60cm/24".

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P4849 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

**RIBGRASS:** See PLANTAIN, RIBGRASS

#### **ROCKET, SWEET**



Hesperis matronalis B The flower of deceit: its lovely perfume is released only in the evening. The flowers stimulate the glands and are aphrodisiac. Leaves picked before flowering are nutritious greens for salads. \$5010 Seeds: Pkt/\$2.25, 100g/\$10, 1kg/\$65



BIG HERBS for your instant garden!

Available starting in June. Check our website for varieties.



(Rosa)

No flower has stirred the imagination and passions of poets and romantics quite like the rose. Symbol of love, and of compassion, friendship and honour. As Charlemagne decreed, it ought to grow in every garden.

# **Classic Roses**

Renowned for their scent and classic colours. Many bloom only once or twice a year, which makes them all the more appreciated when in bloom. All roses grafted on hardy understocks. Dimensions where given are height x breadth. Blooming times are given by the month, or if repeat bloomers, distinguished between recurrent (more than once) or continuous bloomers. Dates listed denote year of introduction.

#### All Classic Roses Ship in Spring. Due to USDA regulations, Roses cannot ship to the United States.

#### **APOTHECARY ROSE**

Rosa gallica 'Officinalis'

Z4-8

One of the oldest in cultivation — since before 1300 A.D. Was used for inflammations, stomachache, headache, and toothache, for insomnia, and for "purification of the mind". Best rose for potpourri. Semi-double, crimson flowers in June. Intensely fragrant. . 1.2m/4ft x 1.2m/4ft.

P5015-040 Plants: \$18



KÖNIGIN VON DÄNEMARK ROSE		*
Rosa 'Königen von Dänemark'	Ρ	Z4-9
(Alba type) Beautiful vivid crimson-pink, turning flesh-pi very double, very fragrant. 1826. <b>P5015-400 Plants:</b> \$18	nk f	lowers.,

LA REINE VICTORIA ROSE		*
Rosa 'La Reine Victoria'	Ρ	Z4-9
(Bourbon type) Deep pink, double, sweet fragrance, blooming. 1872. <b>P5015-430 Plants:</b> \$18	, coi	ntinous
LEDA ROSE		*

Rosa 'Leda' Z4-9 (Painted damask rose) Bluish pink, crimson edges, dbl, strong fragrance, somewhat recurrent. 1827. 1m/3ft x 1m/3ft. P5015-450 Plants: \$18

#### **MME. HARDY ROSE**

Z4-9

Rosa 'Mme. Hardy' (Damask type) Pure white, very double, very strong fragrance with a hint of lemon. Exceptional old rose. 1832. P5015-500 Plants: \$18

## MAIDEN'S BLUSH ROSE

ж Z4-9

Rosa 'Maiden's Blush' (Alba type) Bluish pink, semi-double, rich perfume, June. Ht 1.3m/4ft. P5015-510 Plants: \$18

#### **MAXIMA ROSE** Rosa x alba 'Maxima'

D 74-9 Blue tinted turning creamy-white, double, large, very fragrant, June. 1.8m/6ft x 1.5m/5ft. Before 1500. P5015-530 Plants: \$18

Salet Rose

#### **ROSA MUNDI**

Rosa gallica 'Versicolor' D Z5-9 Very showy crimson striped with white, slight fragrance, June. 1.2m/4ft x 1.2m/4ft. Before 1500. P5015-700 Plants: \$18

#### **ROSE DE RESCHT**

Rosa 'Rose de Rescht'

\* Z4-9

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(Damask type) Bright purplish-red, fading to lilac, very double, strong fragrance, recurrent. 90cm/3ft x 75cm/30". No date. Superb! P5015-720 Plants: \$18

#### SALET ROSE

P Z4-8 Rosa centifolia 'Salet' Deep pink cerise, moss-type flowers. Very fragrant. Repeat flowering. Ht. 120cm/4ft. 1854.

P5015-800 Plants: \$18

#### YORK AND LANCASTER ROSE

Р Z4-9 Rosa x damascena 'Versicolor' Red, pink and white, semi-double, large,slight fragrance, June-July. Ht. 1m/3ft. 1551. P5015-900 Plants: \$18

## **Species Roses**

#### **DOG ROSE**

Rosa canina

#### (\*\*) + \*\* P Z5-8 60

(Wild rose) Fruits (rosehips) are 20 times richer in vitamin C than oranges. Used in preserves, sauces and tea. Pink flowers have delicate fragrance; June.

S5020 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$290



#### New! RUGOSA ROSE

Rosa rugosa rubra

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Excellent source of hips. (Japanese rose; Saltspray rose) Hips are tomato-red and are large, up to an inch across. Repeat bloomer with purple-red single flowers. Easy to grow, tolerates part shade, and is very hardy. Excellent for group or hedge plantings. 120cm/4ft x 90cm/3ft. 1796. P5024 Plants: \$18

#### SWEET BRIAR ROSE



Rosa rubiginosa (Eglantine rose) Spicy, sweet fragrant leaves fill the air, especially after a shower. Pink scentless flowers appear in June. S5025 Seeds: Pkt/\$3, 10g/\$18, 100g/\$120

#### ROSELLE

Hibiscus sabdariffa

#### (") Z9-11 SOE

Р (Hibiscus) Flowers known throughout the tropics for their flavouring qualities. Tea made from the fleshy calyces has a lemony flavour and beautiful ruby colour. Refreshing hot or iced. \$5028-001 Seeds: Pkt/\$3, 10g/\$19, 100g/\$135



(Rosmarinus)

#### ROSEMARY

Rosmarinus officinalis

¶**+=**\*0 Z8-10,11+ SOM

Regular variety. Upright bush habit. \$5030 Seeds: Pkt/\$2, 1g/\$7, 10g/\$50, 100g/\$350 \$5030-001 Seeds: Pkt/\$3, 1g/\$10, 10g/\$69, 100g/\$480 P5030 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15

#### **ARP ROSEMARY**

Rosmarinus officinalis 'Arp'

◍◾ਛਂ\*੦ Z7-10

This is the hardiest variety, reliable to zone 7, even surviving some years in zone 6 with protection. Interestingly, it not only takes the cold well, it thrives better in the U.S. South where summer heat can be a problem. Foliage is grey-green with good flavour and aroma. P5031 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **BARBEQUE ROSEMARY**

Rosmarinus officinalis 'Barbeque'

Z8-10

Make skewers for kebabs with sticks of rosemary! Produces nice long, straight branches that can be cut to skewer lengths to grill meats, veggies, and even fruits such as strawberries or pineapple. The savoury essence of rosemary comes through beautifully without overpowering the food. After one try you won't want to go back to ordinary skewers again. Neat upright growth habit, reaching up to 1.5m/6ft high.

P5031-700 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **BLUE BOY ROSEMARY**

Rosmarinus officinalis 'Blue Boy'

Diminutive, compact size and free flowering habit makes it ideal for indoor pot culture. Excellent flavour. Ht. 60cm/24". P5033 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **BLUE RAIN ROSEMARY** Rosmarinus officinalis 'Blue Rain'

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Z8-10

An outstanding trailing variety for hanging baskets and patio pots. The "runners" reaching 45-60cm/18-24" become loaded with light blue flowers and stay in bloom for longer than most other rosemary varieties.

Richters exclusive for North America. Unauthorized propagation prohibited.

P5033-300 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### FOXTAIL ROSEMARY

(Y) **+** Z8-10

Rosmarinus officinalis 'Foxtail' Dense branches arise from the base making an impressive show for planters and hanging baskets. The eye-catching plume-like growth habit is unique among rosemaries. Mid-blue flowers. Ht. 1m/3ft. P5033-800 Plants: \$4.25, 3+/\$3.20, Plug pack: 12/\$15

#### **GOLDEN RAIN ROSEMARY**

¶**+\*** Z8-10

Rosmarinus officinalis 'Joyce Debaggio' Attractive golden streaks cover new growth in spring. P5034 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### **GORIZIA ROSEMARY**

Z8-10 Rosmarinus officinalis 'Gorizia' This is an outstanding variety from well-known herb grower and author Tom DeBaggio. It is tall, upright, with long straight branches, and large luscious leaves, and it produces showy clusters of light blue flowers in summer. It gives the overall impression of strength and robust health, a kind of inspiring vigour that gardeners and

cooks like to have around. DeBaggio describes the aroma as "gentle, sweet, and a bit gingery." Can reach up to 150cm/5ft.

P5034-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **HUNTINGTON CARPET**



hugging foliage and masses of deep blue flowers create a dramatic flowing "waterfall" effect. Excellent in containers, window boxes and baskets also. Ht. 30-45cm/12-18".

P5034-700 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **MAJORCA ROSEMARY**



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Rosmarinus officinalis 'Majorca' Showy dark blue flowers; upright to trailing growing habit. P5037 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### PINE ROSEMARY

Р Z8-10 Rosmarinus angustifolia Strong pine scent; fine, needle-like leaves. Not suited for culinary use; but available for adoption as a miniature living Christmas tree! West Indians make a tea with milk

P5037-350 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### PINK MAJORCA ROSEMARY

## Rosmarinus officinalis 'Pink Majorca'

P Z8-10 Lovely pink-flowered version of 'Majorca'. Upright growth habit; prolific bloomer.

P5037-420 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **REX ROSEMARY**

Rosmarinus officinalis 'Rex'

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Stately variety with large, dark green leaves and deep blue flowers; vigorous upright growth habit. Prefered culinary variety. P5037-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### SANTA BARBARA ROSEMARY

#### Z8-10

Rosmarinus officinalis 'Santa Barbara' Prostrate or trailing variety, very similar to 'Lockwood', but faster growing and earlier flowering. The flowers can be so dense that it seems as though the plants are covered in blue snow. Excellent for hanging baskets and container plantings. Will even climb if the branches have no other place to go!

P5037-900 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### SAWYER'S SELECT ROSEMARY

Rosmarinus officinalis 'Sawyer's Select' P Z8-10 Attractive narrow-leaf form with light purple flowers. Graceful branching habit densely covered with strongly scented leaves. Choice addition to any rosemary collection.

P5037-950 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

**TUSCAN BLUE ROSEMARY** Rosmarinus officinalis 'Tuscan Blue'

Z8-10 Gorgeous upright columnar form with thick stems, succulent broad leaves, and large clear-blue flowers. The flavour and aroma is a little milder than others, but its sheer majesty is a thing to behold. Excellent variety for topiary use and for hedging in warm zones. Ht. 125-180cm/4-6ft.

P5039 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

## ROSEROOT

Rhodiola rosea



Adaptogenic like ginseng. (Golden root) Has the ability to restore the body and mind after physical and mental exertion and stress. Its rose-scented roots improve learning and memory, and act as a tonic. In folk medicine the leaves were used like aloe on cuts and burns, and the Eskimos made a decoction of the flowers for stomach and intestinal problems. Attractive flowers are greenish-yellow with reddish and purplish tones competing for attention. One of the hardiest medicinal plants known: it survives in the Arctic with ease! Ht. 5-40cm/2-16"

\$5040 Seeds: Pkt/\$7, 1q/\$19

P5040 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### RUE

(Not to US) 😗 🛨 Z5-9 9 3E

Z7-9

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Ruta graveolens Pungent bitter leaves used sparingly in stews, salads, sandwiches and vegetable juice. Two chewed will quickly relieve nervous headache. In early times judges relied on fresh sprigs of rue to repel fleas brought into court by prisoners.

\$5050 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$65, 1kg/\$440 P5050 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **RUE, SYRIAN**

Peganum harmala Source of the famous dye "Turkish Red", a characteristic colour of

Persian carpets. In Egypt, the oil expressed from the seeds is said to be an aphrodisiac. Seeds possess hallucinogenic alkaloids. \$5060 Seeds: Pkt/\$3, 10q/\$35

#### SADADHATURA

Datura inoxia

Used in India like stramonium in treatment of asthma, whooping cough and bronchitis. Poultice of leaves used for rheumatic swellings of the joints, lumbago, painful tumours.

S5140 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$260

#### SAFFLOWER

Carthamus tinctorius

(False saffron) Important source of good quality cooking oil, and yellow or red dyes. Thistlelike flowerheads colour silk, wool, rouge and are used as a saffron substitute in rice dishes. S5160 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$45, 1kg/\$300

S5160-001 Seeds: Pkt/\$3



#### SAFFRON

#### (Can,US only) 😗 🛨 Z6-8

Crocus sativus Saffron is the world's costliest spice; it takes the stigmas of 150,000 flowers to make one kilo. It is quite easy to grow in the garden; but north of zone 6, winter indoors in a cool place. Six plants will produce enough spice for one recipe. Lovely lavender blossoms in fall. Pistils produce yellow dye used for Buddhist monks' robes in Far East. Also produces copper and olive tones with mordants. NOTE: Order early to avoid disappointment.

R5162 Bulbs (Sept-Oct shipment): 10/\$14, 100/\$85





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(Salvia)

# **Garden Sages**

#### **GARDEN SAGE** Salvia officinalis

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(Dalmatian sage) The main culinary varieties popular for poultry stuffing and for flavouring rich meats like pork or duck. Also in homemade sausage, omelettes, cheese and bean dishes. Sage tea gargle is valuable for sore throat. Grey-green pebbly leaves, pale blue flowers. The most common culinary variety.

S5170 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$32, 1kg/\$210 S5170-001 Seeds: Pkt/\$3, 10g/\$14, 100g/\$100, 1kg/\$710

P5170 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **BERGGARTEN SAGE**

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Z5-8 Salvia officinalis 'Berggarten' Choice strain, similar to Holt's Mammoth but with larger greyblue silvery leaves and robust, low habit. P5170-300 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **DWARF SAGE**



Salvia officinalis 'Dwarf' Dwarf version of the standard variety. Excellent for small areas, rockeries, borders. Ht. 25cm/10". P5170-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **EXTRAKTA SAGE**

Р Salvia officinalis 'Extracta' Z5-8 **S** Improved strain for commercial production. Contains up to 2.5% essential oil; yields up to 3 tonnes/ha/1.2 ton/acre. S5170-550 Seeds: Pkt/\$2, 10g/\$9, 100g/\$60, 1kg/\$400

#### **GOLDEN SAGE**

Salvia officinalis 'Aurea'

Z7-9 Ρ

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Leaves a lovely charteuse-yellow enhanced by dark green splashes around the veins. Best grown in zones 7-9.

P5171 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **HOLT'S MAMMOTH SAGE**

Z5-8 Ρ Salvia officinalis 'Holt's Mammoth' Similar to the standard variety, but leaves are larger. P5171-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12



#### **PURPLE SAGE**

РЖ Z6-9 P

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Salvia officinalis 'Purpurea' Aromatic purple foliage. Used in stuffings, sausages, omelettes, soups, stews. Winter mulch.

P5172 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### TRICOLOR SAGE Salvia officinalis 'Tricolor'

Z6-9 Aromatic foliage with white and pink streaks. Grow in/outdoors in full sun. Winter mulch.

P5173 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### WHITE DALMATION SAGE

Р 75-8

Salvia officinalis 'White Dalmation' A superior selection for commercial field production. Has a clean

aroma and flavour, with little of the bitterness found in other varieties. Leaves are smaller and have a whiter appearance compared to standard garden sage.

P5173-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# Autumn Sages (Salvia greggii

Outstanding ornamentals from Mexico and Texas with small, fruit-scented leaves and wonderful bright coloured flowers. Called autumn sage because early fall brings on a glorious spurt of autumn flowers to cap off a continuous display that begins in June. Aromatic leaves are used as a seasoning in Mexico, and the edible nectar-filled flowers are excellent in salads, even adding to the 'crunch'! Magnet for hummingbirds. Does well in full or half sun. Ht. 75-100cm/30-40".

#### **BIG PINK SAGE**

Z7-10

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Z7-10

Salvia greggii 'Big Pink' Large violet-pink flowers, nearly 3.5 cm/1.5" across, are set on dark maroon calices. Flowers appear May-July and later from September until frost. Shiny foliage and neat upright habit. P5164-055 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **CHERRY CHIEF SAGE**

Salvia greggii 'Cherry Chief' Many scarlet flowers, 2.5cm/1". Does better than most during hot summer months.

P5164-060 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

LOWRY	''S PE	ACH SAGE	(¶)*
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Salvia greggii 'Lowry's Peach' Z9-10 Orange-peach flowers, 2.5cm/1". P5164-070 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

(¶)\* **RASPBERRY ROYALE SAGE** Z8-11 Salvia greggii 'Raspberry Royale' Salvia collector Richard Dufresne discovered this growing in his sage garden. It turned out to be one of his best releases, dishing out an abundance of raspberry-purple colour spring, summer and fall.

Ht. 30-45 cm/12-18" P5164-073 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

# **Other Sages**

#### SAGE, MEADOW: See CLARY, MEADOW

#### CARDINAL SAGE

Salvia fulgens Ρ Z9-10 (Mexican red sage) Showy scarlet flowers; pungent scent. Height: 60-90cm/2-3ft. Infusion of leaves is used for colic in Mexico. P5164-100 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **DIVINERS SAGE** Salvia divinorum

Z11+

Sacred sage of Mexico's Mazateca Indians. Chewing fresh leaves would induce divinatory visions. Psychotropic effects similar to mescaline are attributed to compounds called salvinorins. Prefers humid, shaded conditions and humus-rich, moist soil. Rangy plant, reaching 2m/7ft unless pruned.

P5164-500 Plants: \$15



## FRUIT SAGE

Salvia dorisiana

The strong aroma of mixed fruits makes this plant an ideal ingredient for potpourri and other fragrant concoctions. Its large velvety leaves and shocking pink flowers make it an attractive houseplant. Needs good light. Pinch to keep bushy.

P5165 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### **GRAPE-SCENTED SAGE**

Salvia melissodora

(Tarahumara indian sage) Leaves and seeds are used medicinally by the Tarahumara Indians of Mexico. Thought to contain the same psychotropic compound found in diviners sage (S. divinorum). Foliage is pleasantly aromatic but it is the lavender flowers that possess the remarkable grape scent. In bloom from late spring until frost, it is a perpetual magnet for bees, butterflies and hummingbirds. Ht. 1.5-2m/5-6ft.

P5169 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **GREEK SAGE**

Salvia fruticosa

Much imported sage is, in fact, this species, not the true garden or Dalmatian sage (S. officinalis) as is commonly believed. Of ancient use; its distinctive trilobate leaves are visible in the wonderful Minoan frescoes at Knossos, dated 1400 B.C. Although somewhat inferior in quality, Greek sage offers the advantage that it is easier to grow indoors.

P5174 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **HONEY MELON SAGE**

Salvia elegans 'Honey Melon'

Z9-10

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р Looks and grows much like pineapple sage but has a stunning honeydew melon scent. There is nothing else like it in the world of herbs! Red flowers are edible, and they are favourite haunts of hummingbirds. Prefers filtered light but can tolerate full sun. Reaches 1-1.3m/40-50", but can be grown in hanging baskets. P5175 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### HUMMINGBIRD SAGE

Salvia guaranitica 'Black and Blue' Z7-10 (Anise-scented sage; Guarani sage) This is the best of the sages for attracting hummingbirds. Praised for its brilliant deep blue and black flowers on 38cm/15" spikes appearing from early summer until frost. Ht. 1-1.3m/3.5-4.5ft.

P5175-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **PURPLE VOLCANO SAGE**

Salvia lyrata 'Purple Volcano'

Z5-8 SGE (Cancerweed) Medicinal herb with impressive horticultural potential! Its rich bronze-purple foliage can be used for season-long contrast in virtually any garden setting. Try it in low borders or flower beds next to green or grey plants. Tolerates partial shade well. Used like lyreleaf sage for cancer and other conditions. Ht. 20-25cm/8-10". S5177 Seeds: Pkt/\$7, 1M/\$35, 10M/\$250

#### **MEXICAN BUSH SAGE**

#### Salvia leucantha

Z8-10 Increasingly popular as accent and contrast plants because the green-gravish pointed lanced-shaped leaves and velvety purple

flower spikes are very showy. Good cut or dried flower. Removing spent flowers or 'deadheading' will promote more flowering and help keep plants more upright. Aromatic leaves. Ht. 1.2m/4ft. P5178 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



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#### PINEAPPLE SAGE Salvia elegans

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Z9-10

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Z9-10

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Fabulous pineapple scent. Brilliant red flowers. Use for drinks, chicken, cheese and in jams and jellies. Grow indoors in good light. Pinch to keep bushy.

P5180 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### PERUVIAN SAGE

Salvia discolor

Scent is a rather pleasant complex of fruit, eucalyptus and resin. Striking deep purple flowers.

P5186-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

TANGERINE SAGE

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Salvia elegans cv. Similar to pineapple sage but has slightly rounded leaves with a light citrusy scent. Scarlet flowers.

P5189 Plants: \$4.25. 3+/\$3.20. 12+/\$2.55

#### WHITE SAGE Salvia apiana

White

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Z7-9 SD Important ceremonial herb among the California Indians, used for purification much like wormwood (Artemisia ludoviciana). Roots were used for afterbirth to heal and to clean the womb. Leaves were smoked, taken as a tea, or used in sweatlodges to cure colds. S5190 Seeds: Pkt/\$3, 1g/\$7, 10g/\$37, 100g/\$260 P5190 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

### SAGE, RUSSIAN

Z3-9 **SGM** 

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Not exactly sage nor Russian, this hardy native of Crimea, Afghanistan and Pakistan was named Perennial Plant of the Year for 1995. Has beautiful purple-blue flowers that dry well for dried arrangements. Leaves are pleasantly aromatic with a strong camphor scent works well in potpourris. Excellent beeplant.

#### 55191 Seeds: Pkt/\$5

P5191 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### SAMPHIRE

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Crithmum maritimum Р (Sea fennel) Aromatic herb found growing along European seashores. Succulent leaves are delicious boiled with salt and pickled in vinegar and spices. Herbalists have long extolled the beneficial effects of pickled samphire on the digestive system. Has potential in the treatment of obesity. Good diuretic. Does best in sandy or gravelly soil. Height 30-60cm/1-2ft. S5198 Seeds: Pkt/\$5, 1g/\$17, 10g/\$120

#### **SANTOLINA**

Santolina chamaecyparissus

# P Z6-8 SOM

(Lavender cotton) Attractive low bushy herb with aromatic greygreen leaves. Traditionally planted in knot gardens or low hedges. Leaf oils are used in perfume. Hang dried bunches in closets to repel moths. Dried flowers are used in floral arrangements.

\$5280 Seeds: Pkt/\$5, 10q/\$14 P5280-200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### SANTOLINA, GREEN

Santolina virens Z6-10 Excellent contrast plant for grey santolinas; for borders, hedges, and knot gardens.

P5280-300 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### SANTOLINA, ROSEMARY

Santolina rosmarinifolia

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Rare species with green foliage reminiscent of rosemary in appearance. Like its grey cousin, S. chamaecyparissus, it is particularly effect in knot gardens when clipped as low hedges. Aromatic sprigs are placed among clothing to repel moths. S5281 Seeds: Pkt/\$7



(Satureja)

#### **CREEPING SAVORY** Satureia repandra

(\*) Ρ Z7-8

Delightful creeping species for rock gardens and edgings. Strong flavour, similar to winter savory. Rare. P5289 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### SUMMER SAVORY

#### Satureja hortensis

Most preferred, having the most delicate flavour. Easiest to grow. S5290 Seeds: Pkt/\$1.75, 100g/\$14, 1kg/\$95, 10kg/\$750

#### **MIDGET SAVORY**

Satureja hortensis 'Midget'

Improved uniform selection for commercial production. Bushier and higher foliage mass than other varieties, and has high essential oil content. Ht. 30cm/12"

S5293 Seeds: Pkt/\$2.25, 100g/\$17, 1kg/\$100

#### WINTER SAVORY

Satureja montana

Strong, pungent flavour. A low bush for borders and edgings. \$5300 Seeds: Pkt/\$1.75, 10g/\$16, 100g/\$110, 1kg/\$770 \$5300-001 Seeds: Pkt/\$3, 10g/\$25, 100g/\$180 P5300 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **SCHISANDRA** Schisandra chinensis

P Z5-8 SGD

(Wu-wei-zi) Chinese medicinal; astringent and demulcent berries are used to treat nervous conditions, chronic cough, asthma, thirst, too frequent urination, and diarrhea. Sometimes referred to as 'Chinese Prozac'. Hardy climbing vine, to zone 5. Has adaptogenic and immune-enhancing properties similar to ginseng. \$5345 Seeds: Pkt/\$3, 10g/\$7, 100g/\$48, 1kg/\$330

#### SCULLCAP

Scutellaria lateriflora

Z3-8 SGE Ρ

Effective, reliable remedy for headache and neuralgia. Good sedative for insomnia, restlessness, hysteria and convulsions. \$5360 Seeds: Pkt/\$3.75, 1g/\$11, 10g/\$80 P5360 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

## SCULLCAP, BAIKAL

Scutellaria baicalensis



(Huang-qin) Important Chinese medicinal herb for fevers, colds, hypertension, insomnia, headaches, hepatitis, shingles, and other ailments. Many of its traditional uses are supported by clinical studies. Showy blue flowers. Ht. 40cm/15". Needs good drainage, and does not transplant well; otherwise easy to grow and very hardy. S5361 Seeds: Pkt/\$2, 10g/\$12, 100g/\$80, 1kg/\$560

S5361-001 Seeds: Pkt/\$3

P5361 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### SCULLCAP, ORIENTAL BLUE

P Scutellaria baicalensis 'Oriental Blue' Z5-8 **ØE** (Baikal scullcap; Huang qin) One of Chinese medicine's most

important herbs is now all dressed up for the flower garden! English breeders managed to coax the hardy perennial to throw up bigger purple-blue flowers. A beautiful new ornamental herb for sunny borders or mass plantings. Ht. 40cm/15".

\$5361-500 Seeds: Pkt/\$3.75, 1g/\$21, 10g/\$150

#### SEA LAVENDER Limonium latifolium

Z4-9 SE

Graceful sprays of small mid-blue papery blossoms last for months in dried flower arrangements or potpourris. Astringent tonic useful for diarrhea and dysentery. \$5373 Seeds: Pkt/\$3

#### **SEA-ONION**

Ornithogalum caudatum

P Z8-11+ A fascinating onion-like medicinal herb for sunny windows. Known

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as the "pregnant onion", for bulges develop on its sides where eventually baby bulbs burst through the skin. Juice of the leaves is claimed to be as effective as aloe vera in treating cuts and sores. P5375 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### SEABUCKTHORN Hippophae rhamnoides

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North Eurasian tree of increasing economic importance. Orange acidic berries are rich source of vitamins A and C, and make pleasing sauces, jellies and marmalades. Decoction used to treat skin eruptions. Seeds require 90 days stratification at 5°C/40°F to overcome dormancy.

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\$5370 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40, 1kg/\$350

#### SENEGA, CHINESE

Polygala tenuifolia



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(Yuan zhi; Siberian milkwort) Roots are excellent for coughs, particularly when there is excess phlegm, and for bronchitis and asthma. In Chinese medicine, it is used for anxiety, insomnia, palpitations, poor memory, and depression, especially in cases of excessive brooding and pent-up emotions. Very hardy. Needs full or partial sun in a well-drained location. Ht. 25cm/10". \$5378 Seeds: Pkt/\$5, 10g/\$12, 100g/\$90, 1kg/\$600

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#### SENNA, AMERICAN

Cassia marilandica

Z6-9 SGE

Effective laxative much in use by American herbalists. Usually taken in combination with coriander to prevent cramps. Also used to expel worms and for fevers. Ht. 1-1.8m/3-6ft. \$5379 Seeds: Pkt/\$2.25, 10g/\$11

#### SENNA, CHINESE

#### Cassia tora

(Jue-ming-zi) Excellent laxative: safe and effective for chronic constipation. Promotes clear vision, and relieves swelling, soreness and redness of the eyes caused by liver inflammation. Also used for high blood pressure, headaches, and dizziness. Ht. 30-90cm/1-3ft. \$5385 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$45, 1kg/\$300

#### SESAME

Sesamum indicum

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Important in commercial baking as roasted seeds add nutty flavour to breads and buns. Excellent addition to green salads, and very palatable with butter. Cultivated in India and China since remote times for the oil used in cooking, medicine and as fuel for lamps. Needs long growing season; sow early in peat pots. Do not disturb roots when transplanting.

\$5390 Seeds: Pkt/\$1.75, 100g/\$15, 1kg/\$100, 10kg/\$750



(Allium)

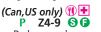
#### **DUTCH SHALLOT**



Allium cepa (Aggregatum) (Multiplier onion) Pleasant onion flavour. Orange-yellow skin, white flesh. Excellent keeper.

R5400 Bulbs (Apr-May shipment): 250g/\$12, 2kg/\$38, 10kg/\$100

#### FRENCH SHALLOT



Allium cepa (Aggregatum) The true shallot with superb garlicky flavour. Dark orange-brown skin, purple white flesh. Plant bulbs in spring or fall.

R5405-001 Bulbs (Apr-May shipment): 250g/\$13, 2kg/\$50, 10kg/\$200 R5405-002 Bulbs (Sept-Oct shipment): 250g/\$16, 2kg/\$62, 10kg/\$250

#### FROG'S LEG SHALLOT

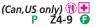
Allium cepa (Aggregatum)

Mildest variety; excellent sweet flavour. Large elongated bulbs like a bull frog's leg. Dark orange-brown skin, purple-white flesh. Very productive.

R5407 Bulbs (Sept-Oct shipment): 250g/\$21, 2kg/\$84, 10kg/\$325

#### **GREY SHALLOT**

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Allium cepa (Aggregatum) Strong onion flavour. Considered by connoisseurs to be the true French shallots. Grey-orange skin, purple-white flesh.

R5408 Bulbs (Sept-Oct shipment): 250g/\$18, 2kg/\$72, 10kg/\$295



### SHEPHERD'S PURSE

Capsella bursa-pastoris

Infusion is excellent for stopping internal and external hemorrhages. Recommended for excessive menstruation. \$5420 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$27, 1kg/\$170

#### SILVER LICORICE

#### Helichrysum petiolatum

Excellent hanging basket plant with small rounded woolly leaves. This is not the source of licorice flavour; used mainly for dried arrangements.

P3702 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **SNOWBUSH, AFRICAN** Eriocephalus africanus



Z10-11+

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(African rosemary; Wild rosemary; Kapokbos) Aromatic shrub from the velds of South Africa's Western Cape province. When in bloom its upper branches are covered with a thick blanket of white flowers like snow. Has an invigorating effect on the skin and hair like rosemary does and can be used as a seasoning like rosemary. Traditionally used to treat coughs and colds, flatulence, colic and other ailments. Also in potpourris, sachets and in aromatherapy. Easy to grow. Can be grown as a summer annual in zones down to 4. P5465 Plants: \$4.25, 3+/\$3.20

#### SOAPWORT Saponaria officinalis

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Excellent shampoos, skin rinses and washes for delicate fabrics are made by steeping roots in water. Lathers like soap when agitated. Skin rinse helps to relieve itchiness.

\$5490 Seeds: Pkt/\$2.25, 10g/\$9, 100g/\$62 P5490 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### SOLOMONS SEAL Polygonatum biflorum

Ρ Z5-6 🔁

Z3-9 SGE

American Indians used the root for upset stomach, excessive menstruation, general debility, lung problems, cough, insomnia, and as a laxative. Has also been used for rheumatism, arthritis and skin irritations. Woodland native, 30-90cm/1-3ft.

P5580 Plants (Mar-May shipment): \$8.25, 3+/\$6.20, 12+/\$4.95



(Rumex)

#### **GARDEN SORREL**

Rumex acetosa 'Blonde de Lyon'

Most famous for sorrel soup. Large, succulent, slightly acid-tasting leaves give zest to salads and any dish which is insipid in itself. Remove flowering tops as they appear to keep leaves tender.

Whole plant produces blue and green dyes. S5680 Seeds: Pkt/\$1.75, 100g/\$29, 1kg/\$180 P5680 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

**PROFUSION® SORREL** 



Rumex acetosa 'TM683' Unlike standard sorrel varieties, Profusion does not go to seed at all. Produces bushels of tender, fleshy leaves all season, long after standard varieties turn tough and bitter.

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P5683 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### SHEEP SORREL Rumex acetosella

Z4-8 SGE

Traditionally used for fevers, inflammation, diarrhea, excessive menstruation and cancer. One of the four ingredients of the Essiac® anti-cancer remedy. Although leaves are small and time-consuming to gather, they are delicious to eat.

\$5688 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$50, 1kg/\$350



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Z4-8 **SGOE** 

#### **TRUE FRENCH SORREL**

Rumex scutatus

True French sorrel, although garden sorrel is much more commonly used for sorrel soup. Smaller leaves are more concentrated in flavour and a little will go a long way. **P5696 Plants:** \$4.25, 3+/\$3.20, 12+/\$2.55

#### SOUTHERNWOOD

Artemisia abrotanum P Z5-9 (Old man artemisia) Leaves can be used in sachets and potpourris, and as a moth repellent. Try a leaf in salads or throw on the fire to refresh the air.

P5710 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **SOUTHERNWOOD, CAMPHOR** *Artemisia camphorata*

**())** 

Z5-9

74-8

Camphor-scented form of the previous with a more compact growth habit, ideal for low hedges. Ht. 60cm/2ft. **P5715 Plants:** \$4.25, 3+/\$3.20, 12+/\$2.55

#### SOUTHERNWOOD, CITRUS

Artemisia abrotanum cv.

Some people say the scent of the delicate foliage is tangerine and others say it's more like lemon. We can't decide which, but it does have a lovely fresh citrusy scent with a dash of pine. Taller and more feathery than the standard southernwood. Ht. 1.2-1.8m/4-6ft.

# **P5720 Plants:** \$4.25, 3+/\$3.20, 12+/\$2.55

#### SPEEDWELL

Veronica officinalis

**Z3-9 S F** 

Infusion is useful for coughs and catarrh. As a lotion it is effective on skin eruptions and slow-healing wounds. Low creeping herb with pale blue flowers. **55810 Seeds:** Pkt/\$3, 10g/\$17

**P5810 Plants:** \$3.25, 3+/\$2.45, 12+/\$1.95



#### SPEEDWELL, CREEPING

#### Veronica filiformis



(Slender speedwell) Low ground cover for sun or shade. Grows in dense mats that produce masses of light mauve-blue flowers in late spring. It is a fast grower but it is also easy to contain because it does not spread by seed. Very hardy in our zone 5, with no die back occurring in over a decade of growing it. Has become naturalized in Europe and parts of North America. Ht. 3-8cm/1-3". **P5811 Plants:** \$3.25, 3+/\$2.45, 12+/\$1.95



## SPEEDWELL, SILVER

Veronica incana P Z3-9 S Has astringent properties. Ideal for grey gardens or rockeries. Silver-white foliage and vivid blue flower spikes. Compact habit. Ht. 30cm/12". SS813 Seeds: Pkt/\$10

**P5813 Plants:** \$3.25, 3+/\$2.45, 12+/\$1.95

SQUAW VINE: See PARTRIDGEBERRY



(Hypericum)

#### **ST JOHN'S WORT**

Hypericum perforatum

Standard variety. **S5195 Seeds (Not to Calif.,ND,OR):** Pkt/\$2, 10g/\$11, 100g/\$75, 1kg/\$500 **P5195 Plants (Not to Calif.,ND,OR):** \$3.25, 3+/\$2.45, 12+/\$1.95

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#### **TOPAS ST JOHN'S WORT**

Hypericum perforatum P Z4-8 OPE Improved strain for commercial production. Up to 0.5% hypericin; yields 2.5 tonnes/ha/1 ton/acre.

55195-800 Seeds (Not to Calif.,ND,OR): Pkt/\$3, 10g/\$10, 100g/\$65, 1kg/\$480

#### **HELOS ST JOHN'S WORT**

Hypericum perforatum



Z4-8 8

The first St John's wort variety tolerant of anthracnose disease! 'Helos' is not completely resistant, but it has shown good tolerance to the disease and, unlike other varieties, will yield a crop if infected. If you have tried St. John's wort in the past without success, it is worth trying 'Helos'.

S5196-500 Seeds (Not to Calif.,ND,OR): Pkt/\$3, 10g/\$23, 100g/\$160, 1kg/\$1100

#### **STEVIA** Stevia rebaudiana

P Z11+ 👀 🕅

Hot crop! Remarkable herbal sugar substitute containing steviosides hundreds of times sweeter than sugar but without the calories. Leaf powder can be used in place of sugar in drinks, baked goods, desserts, preserves, etc. Has a pleasant flavour of its own that never dominates or overwhelms. A very hot crop for commercial growers. The market is expanding rapidly.

\$6030-001 Seeds: Pkt/\$5, 1g/\$60, 10g/\$400
P6030 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15

#### STEVIA, CANDY

Stevia rebaudiana 'Candy'

P Z11+ **OM** 

Supersized stevial This is undoubtedly the most robust variety of stevia that we have ever seen. The whole plant has a sturdy upright look with strong thick stems and monstrous leaves that can exceed 10cm/4" long and 5cm/2" across. Even when grown in pots the plants reach heights of 90cm/36" or more. Taste is similar to regular stevia.

S6032 Seeds: Pkt/\$7, 1g/\$90, 10g/\$630





(Fragaria)

#### WILD STRAWBERRY

#### Fragaria vesca

#### • Z5-9 SGE

Infusion of leaves and rootstock is effective for diarrhea, dysentery and problems of the urinary tract. Especially useful for convalescents and children. Cultivated varieties are much less potent medicinally. S6075 Seeds: Pkt/\$3, 1g/\$7, 10g/\$31, 100g/\$220



#### **ALPINE STRAWBERRY** Fragaria vesca 'Ruegen'

### Z5-6 SGE

Р

Sweet, tangy berries about twice the size of the wild ones on compact, runnerless plants. Bears fruit from June til frost. Will bear in first year. Can even be grown indoors in direct sun. S6080 Seeds: Pkt/\$3, 1g/\$7, 10g/\$30, 100g/\$210

P6080 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### WHITE SOUL STRAWBERRY

#### (Y) 🛨 Z5-6 SGE

Fragaria vesca 'White Soul' This variety is heavy cropping, bearing white fruit all season long on runnerless plants. Berries are very sweet, with a faint pineapple tang, excellent for eating fresh out of hand, or for use in jams. Can be direct sown outside. A perfect border plant for the garden, it does best in part shade.

S6081 Seeds: Pkt/\$3.75, 1g/\$8, 10g/\$55

### **CLIMBING STRAWBERRY**

Z5-9 P Fragaria 'Hecker' Produces large sweet berries from June till frost in gardens, trained to fences, or in hanging baskets. P6085 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### SUMAC, SWEET

Z4-9 SGD4 Ρ

Rhus aromatica Indian remedy for colds, bleeding, stomachaches, and grippe. S6100 Seeds: Pkt/\$3.75, 10g/\$11, 100g/\$70

### SUNFLOWER

Helianthus annuus

Familiar large yellow sunflowers are a favourite valued for the highly nutritious seeds eaten roasted or raw. Source of an excellent quality cooking oil. Large seeded variety well filled with meat. S6140 Seeds: Pkt/\$1.75, 100g/\$7, 1kg/\$50, 10kg/\$400

S6140-001 Seeds: Pkt/\$2.25, 100g/\$13, 1kg/\$75

#### SUSHNI

#### Marsilea minuta



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Brain food! (Waterclover; Fern Clover; Sak) Gotu kola, bacopa, and sushni make a trinity of South Asian herbs used to enhance brain function. Sushni is commonly sold in vegetable markets as a medicinal leafy green to help overcome insomnia — cheaper and more readily available than prescription drugs. Fresh leaves are ground into a paste and eaten as chutney, or the whole leaves are eaten in salads or cooked like spinach. The plant contains marsiline, a substance with sedative and anticonvulsant properties. Has a powerful anti-cholesterol effect also: in one study it significantly reduced blood and liver cholesterol in animals. Grows into beautiful mats like clover but is actually a type of miniature fern. Like mimosa the leaves fold up at night. Prefers full sun. P5430 Plants: \$6.25, 3+/\$4.70

#### SWEET VERNAL GRASS: See VANILLA GRASS



#### SWEET WILLIAM Dianthus barbatus

Z3-9 **S** 

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Z3-9

В

Sweet clove-scented flowers are edible. Adds striking red, pink and white colour to salad, fish dishes, tea, marmalade and sorbet. S6150 Seeds: Pkt/\$1.75, 100g/\$15, 1kg/\$85

#### SWEETGRASS

Hierochloe odorata

Traditional Amerindian ceremonial grass used in peace and healing rituals. Vanilla-like scent.

P6160 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



#### TAMARIND Tamarindus indica

#### (1) **t** р Z10-11+ 🚺 E

Tropical fruit and timber tree used widely in the food, chemical, and pharmaceutical industries. Tart fruits are commonly used in Indian curries, sauces, chutneys and beverages, and in Indian medicine for their carminative and laxative properties. Cooling tea made from leaves is useful for fevers, dysentery and morning sickness. Poultice of fresh leaves helps reduce swellings and boils and relieves pain. **S6170 Seeds:** Pkt/\$3, 100g/\$22, 1kg/\$140

#### TANSY

Tanacetum vulgare

(Not to ND) 🕦 🛨 🗱 Ρ Z4-9 SGE

Pretty yellow button flowers were once used by the Indians to induce abortion. Now used in cosmetic preparations. Repels ants from counters or around baseboard. Repels cockroaches as well. Blooming flower heads and leafy shoots produce yellow and green fabric dyes. S6180 Seeds: Pkt/\$2.25, 10g/\$10, 100g/\$70, 1kg/\$460 P6180 Plants: \$3.25. 3+/\$2.45. 12+/\$1.95

#### TANSY, SILVER

Tanacetum niveum 'Jackpot'



Р

(Jackpot tansy) Sensational variety from England. Soft downy woolly-grey leaves are soon overwhelmed by a shroud of white flowers — so much so that you almost cannot see the leaves. Has the same insect-repelling properties as other tansies. Not invasive. S6184 Seeds: Pkt/\$3.75, 10g/\$21

P6184 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



Order by email at orderdesk@richters.com





(Artemisia)

#### **MEXICAN TARRAGON:** See SWEET MARIGOLD

#### FRENCH TARRAGON

Artemisia dracunculus sativa

(Y) 🕇 D Z4-7

The true tarragon, which does not propagate by seeds. Dark green, shiny leaves possess distinctive flavour. Grows to 90cm/36". Requires light, well-drained soil in a sunny location.

P6200 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### **RUSSIAN TARRAGON**

(") + Z2-9 SGE р

Artemisia dracunculus dracunculoides Not recommended. Coarser foliage; almost completely lacks the odour and flavour characteristic of the true French variety. Tall, vigorous habit; Ht. 150cm/5ft.

S6210 Seeds: Pkt/\$2.25, 10g/\$21, 100g/\$150

TEA

Camellia sinensis

P Z7-11+ 🕅 M (Cha; Chai) The world's most important caffeine beverage. It is a shrub or small tree grown in the warm temperate parts of Asia. Tea stimulates the central nervous system, is diuretic and astringent, relaxes smooth muscles, and increases coronary flow. It has significant anticancer and antioxidant effects and even has been shown to prevent tooth decay due to its high fluoride content. Can be grown indoors in a cool window.

S6240 Seeds (Nov-Mar shipment): Pkt/\$10, 100g/\$18, 1kg/\$120

#### TEA TREE

Melaleuca alternifolia

The oil has proven antibacterial, antifungal and antiviral properties which makes it valuable for skin infections, burns, bruises, cuts, herpes, warts, yeast infections, gingivitis and many other conditions requiring a powerful antiseptic. Can be applied directly on sensitive tissues without irritation. Easy to grow in containers. S6250 Seeds: Pkt/\$7, 1g/\$12, 10g/\$45

#### TEASEL, FULLER'S

Dipsacus sativus

Comb-like flowerheads were once used for raising nap on woolen

#### cloth. Excellent in dried arrangements. Water trapped in leaf basins is valued as an eyewash.

S6260 Seeds: Pkt/\$1.75, 10g/\$11, 100g/\$80

#### THISTLE, BLESSED

Cnicus benedictus

Main value is a tonic, particularly for the digestive system. Improves circulation, strengthening the brain and memory. S6290 Seeds: Pkt/\$2.25, 10g/\$9, 100g/\$58, 1kg/\$390

#### THISTLE, MILK

Silvbum marianum

A or B Z7-8 SE Striking plant with glossy leaves painted with veins of creamy white. According to tradition the milk of the Virgin once fell upon a plant. Important tonic herb for the liver.

#### THISTLE, SILVER

Carlina acaulis

# Z5-7 SE

B

(Carline thistle) Root is used as a liver, gall bladder and kidney tonic, and an ingredient in Swedish Bitters. Extracts used to treat herpes and skin rashes. Large stemless flower with creamy-yellow centre and silver bracts is excellent for dried arrangements. Not invasive like other thistles; a protected wildflower in Germany. S6340 Seeds: Pkt/\$5, 1g/\$7, 10g/\$35, 100g/\$240

(Thymus)

# **Garden Group**

Indispensable in French cooking. There is almost no stew, soup, or ragout that does not call for a pinch or two. Appropriate seasoning for rich meats and fish, improving their digestibility. Essential in bouquet garni.

#### **ENGLISH THYME**

¶**+\***C P Z4-9 SG@E

Thymus vulgaris (German thyme; Winter thyme) Most popular variety. Broad dark green leaves. Robust growth habit. S6450 Seeds: Pkt/\$2, 10g/\$9, 100g/\$63, 1kg/\$440

S6450-001 Seeds: Pkt/\$2.25, 10a/\$20, 100a/\$140, 1ka/\$950 P6450 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### COMPACT THYME

Thymus vulgaris 'Compactus'



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Z4-9 SG@E

Attractive compact variety of English thyme. Very uniform growth habit. Excellent as pot plants.

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P6452 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### FRENCH THYME

#### Thymus vulgaris

(Summer thyme) Narrow leaves, distinctly greyer and sweeter than English. Preferred by the French. Needs some winter protection. S6455 Seeds: Pkt/\$2.25, 10g/\$13, 100g/\$100, 1kg/\$700

S6455-001 Seeds: Pkt/\$3, 10g/\$16, 100g/\$120, 1kg/\$800 P6455 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95



P Z4-8

Thymus vulgaris 'Argenteus' Same flavour and fragrance as English thyme. Lovely accent plant. For hanging baskets and as garden edging. P6456 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

# **Citrus Group**

Delightful citrus flavour for fish, chicken, meat, salads and tea.

### **LEMON CARPET™ THYME**

Thymus herba-barona cv.



Here is something special! This ground hugging lemon thyme is the lowest yet, and with its wiry stems it tolerates trampling better than others. The wonderful fragrance and flavour is lemon with a hint of spice. Excellent choice to plant between paving stones in walkways and patios.

Lemon Carpet is a trademark of Richters: all rights reserved. P6458 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

Z3-9 SGE

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#### ΘE SILVER THYME



Z11+ 🔞 M

#### **CREEPING LEMON THYME**

**())** Z5-9 P

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Z4-9

Thymus pulegioides 'Lemon' Similar to wild thyme — aggressive creeper, up to 20cm/8" thick. Strong lemon scent. P6459 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

LEMON THYME

#### Thymus x citriodorus

Small upright bushy habit; dark green leaves. P6460 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12



#### **GOLDEN LEMON THYME**

#### Thymus x citriodorus 'Aureus'

•• P Z5-9

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Scattered yellow edges on some leaves create an attractive foliage contrast.

P6462 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

### **HIGHLAND CREAM LEMON**

Р Thymus 'Highland Cream' Z5-8 Low mat-forming lemon-scented variety with delicate dark green leaves edged with cream. Excellent between paving stones in pathways, along borders and in rock gardens. Ht. 2.5cm/1". P6462-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### PURPLE CARPET LEMON

♥ 🛨 💵 🗱 Z2-9 P

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Z5-9

Thymus praecox articus 'Purple Carpet" Terrific low mat-forming lemon thyme, similar to 'Magic Carpet', except the flowers are bright mauve-purple. Dark green foliage never exceeds 5cm/2" in height.

P6462-700 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### LIME THYME

Thymus sp.

P

Scented leaves hint of lime. Low creeping habit; excellent ground cover. Lime-green coloured leaves. P6464-250 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

### **ORANGE BALSAM THYME**

Thymus 'Orange Balsam'

#### ◍ੇ∎≝ P Z5-9

Sensational orange scent and flavour. Deserving of experimentation in tea, cooking, and as a garnish. A favourite among West Indians. P6465-700 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

### **ORANGE SPICE™ THYME**

Thymus 'TM95'

•••• Р Z4-9

Wonderful orange and spice scent, a rare combination in the world of herbs. The remarkably strong clear orange flavour lingers in the mouth pleasingly without the harsh aftertaste of other thymes. This has all manner of possibilities in the kitchen and in tea. Forms dense ground-hugging mats.

RICHTERS EXCLUSIVE. Orange Spice is a trademark of Richters; all rights reserved.

P6465-800 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15



# **Other Thymes**

#### CARAWAY THYME

Р 75-7 Thymus herba-barona Delightful sweet caraway scent and flavour. Ideal in rock gardens. P6440 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **CREEPING THYME**

Ŵ¥ P Z4-8

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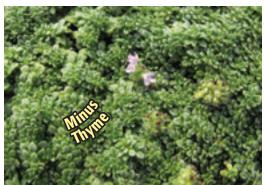
Thymus praecox articus Low mat-forming thyme splashed with either white or rose flowers in July. Perfect complement to woolly thyme. P6463 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### LAVENDER THYME Thymus thracicus

Z5-9

Strong lavender scent. Creeper forming dense furry mats; lavenderpurple flowers. Very attractive.

P6464 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12



#### MINUS THYME

Z5-9 Thymus praecox articus 'Minor' P Ground hugging thyme, lower than other varieties. Dense, tightfitting foliage, pink flowers. Excellent for pathways. Never exceeds 2cm/1"

P6464-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

NUTMEG THYME	◍ੇ ∎*
Thymus praecox articus	P Z5-9

Pretty small leaved trailing species with an aroma and flavour of nutmeg.

P6465 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$12

#### **ROSE PETAL™ THYME** ("|) 🛡 Thymus 'TM122' P 75-9

A beautiful creeping thyme that comes up smelling like roses! Forms dense mats that emit a scent very similar to the scent of rose geranium when stepped upon. Excellent for walkways and rockeries. RICHTERS EXCLUSIVE. Rose Petal is a trademark of Richters. All rights reserved.

P6467-500 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75, Plug pack: 12/\$15

#### WILD THYME Thymus praecox

Z4-8 **S** 

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(Mother-of-thyme) A creeper, well suited as ground cover. Perfumes the air when trodden upon. Helps to clear mucous congestion. Used in cookina.

S6470 Seeds: Pkt/\$1.75, 10g/\$9, 100g/\$63, 1kg/\$420 P6470 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

### WOOLLY THYME

Thymus pseudolanuginosus

P Z5-7

Lovely low carpets of grey, woolly leaves and pale pink flowers. Lacking scent or flavour, its virtues are mainly visual and tactile. Superb contrast plant for greener herbs.

P6472 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

## THYME, BROADLEAF

#### Р Z11+

Plectranthus amboinicus Quite unlike other thymes, this favourite of tropical America has large fleshy leaves. A keynote flavour in Jamaican cuisine. P6478 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



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#### New! TOBACCO, ONTARIO BOLD

Nicotiana tabacum 'CT572



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(Flue-cured Tobacco; Bright Tobacco) A leading commercial variety in Ontario. It was developed by crossing Canadian and American varieties to improve quality and disease resistance and to lower nicotine. Its slightly heavier, thicker leaves cure nicely with a high percentage of mahogany and orange leaves. The flavour is said to be somewhat stronger than other varieties. S6492-750 Seeds: Pkt/\$3, 1g/\$24, 10g/\$160



### **New! TOBACCO, ONTARIO LIGHT**

Nicotiana tabacum 'CT157'

(Flue-cured Tobacco; Bright Tobacco) Commercial variety grown in Ontario, developed by crossing Delgold, the longtime industry standard, with an American variety. Improvements include lower nicotine content and better resistance to disease. Its slightly thinner and lighter leaves cure well, producing a high quality tobacco with a light flavour.

S6492-800 Seeds: Pkt/\$3, 1q/\$24, 10q/\$160

#### **TOBACCO, WILD**

Nicotiana rustica

(Aztec Tobacco) Originally grown and smoked by the Indians. Now the chief source of nicotine sulfate, an important insecticide for the control of aphids, thrips, whiteflies and mites. S6493 Seeds: Pkt/\$2.25, 1g/\$15, 10g/\$100

#### TOLOACHE

Datura wrightii

**ØE** Long history of use as a hallucinogen by the Mexican Indians. The effects of this plant are well described by Castaneda in The Teachings of Don Juan.

S6500 Seeds: Pkt/\$5, 10g/\$25

#### TOOTHACHE PLANT: See TOOTHACHE CRESS

TRICHOSANTHES: See CUCUMBER, CHINESE

#### **UMKCALOABO**

Pelargonium sidoides

### Z10-11+ SOM

(Wild geranium) Medicinal geranium from southern Africa with potent antibacterial properties. Root is used for acute and chronic infections of the throat, nose and ear cavities, for sinusitis, acute and chronic bronchitis, and tuberculosis. Englishman Charles Henry Stevens claimed this herb cured his tuberculosis back in 1897. He built a business selling the root powder in Europe without revealing the origin of the medicine. But in 1972 German research identified the plant and now umckaloabo products are sold widely. Striking plant with trailing stems, grey foliage, deep burgundy-black flowers. P6562-600 Plants: \$15

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#### **UVA URSI**

Arctostaphylos uva-ursi



(Bearberry; Kinnikinnik) Used for kidney and bladder infections on account of its diuretic and antiseptic properties. Likes damp, acidic soil. Attractive glossy green leaves and pink bell-shaped flowers. P6565 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75



(Valeriana)



Valeriana officinalis Standard variety. S6580 Seeds: Pkt/\$2, 10g/\$12, 100g/\$85, 1kg/\$600 P6580 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### ANTHOS VALERIAN

VALERIAN

Valeriana officinalis 'Anthos'

P Z4-9 66 Improved strain of valerian for commercial production; root yield

up to 2.5 tonnes per hectare/1 ton/acre; contains 0.7% essential oil (bornyl acetate, valepotriate and valerenic acid). S6581-050 Seeds: Pkt/\$3.75, 10a/\$12, 100a/\$86, 1ka/\$580

#### VALERIAN, RED



Centranthus ruber (Jupiter's Beard) Fragrant red flowers. Young leaves eaten in salads or as cooked greens; roots used in soups. Not to be confused with the true medicinal valerian. S6590 Seeds: Pkt/\$3.75, 1q/\$7, 10q/\$35

P6590 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### VANILLA GRASS



P

Z9-11

Anthoxanthum odoratum P (Sweet vernal grass) European grass with a sweet vanilla aroma, similar to woodruff. Pollen causes hay fever, but interestingly, a tincture of its flowers in wine is said to give immediate relief from hav fever.

S6600 Seeds: Pkt/\$2.25, 100g/\$23, 1kg/\$140

#### VERBENA, ANISE

Lippia alba

Slow growing shrub whose leaves possess a remarkable sweet anise scent.

P6618 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75

#### VERBENA, LEMON

Aloysia triphylla

Z8-10 This plant is a "must"! Its sweet, strongly lemon-flavoured leaves blend well with most other tea herbs. Leaves enhance all drinks, salads, jellies, sauces, soups, fish or meat dishes and desserts which call for lemon as an ingredient or a garnish.

P6620 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15



#### VERVAIN

Verbena officinalis

Z4-8 6) () E

Aphrodisiac, said to "secure the favour of the ladies". Historically associated with sorcerers and witches, bestowing magical powers to those who use it. Slightly bitter tisane is of very old usage as a digestive and sedative nightcap. Also used in Chinese medicine. S6630 Seeds: Pkt/\$2.25, 10g/\$15, 100g/\$100 P6630 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **VERVAIN, BLUE**

Verbena hastata



Native North American wildflower growing in damp areas. Has a tranquilizing effect; useful for insomnia and other nervous conditions. Needs cold period (5°C/40°F; 4-8 weeks) followed by warm (20°C/70°F) and exposure to light (do not bury seeds) for successful germination.

S6631 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$53 P6631 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### VICKS PLANT

#### Plectranthus purpuratus

An apt name, as the odour of the fleshy leaves closely resembles that of the chest cold remedy, and is used for the purpose. Easy houseplant.

P6645 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

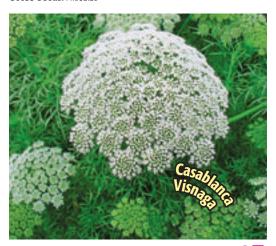
VINCA: See PERIWINKLE

#### VISNAGA

Ammi visnaga



A or B (Honeyplant) Seeds contain compounds khellin and visnadin used to treat angina pectoris, muscle spasm, gastrointestinal cramp, colic, painful menstruation and bronchial asthma. Leaves have pleasant cress-like pungent flavour. S6655 Seeds: Pkt/\$2.25



#### VISNAGA, CASABLANCA

# Z5-9 SE

Ammi visnaga 'Casablanca' A or B (Honeyplant) Commercial variety for the cutflower market. It is earlier to flower and more uniform than the standard form. Flowers look like white umbrellas mounted on strong, straight stems. Impressive in fresh floral arrangements! Casablanca is also a fine garden flower for tall borders. Ht. 100-125cm/40-50". S6655-200 Seeds: Pkt/\$3.75, 1M/\$18, 10M/\$130

### WALLFLOWER

**Ø**E Cheiranthus cheiri Old English favourite for cottage gardens. Fragrant golden yellow flowers are delightful in potpourris and as cutflowers. S6690 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$260

#### WATERLEAF

Talinum triangulare

Ρ Z11+

(Leaf ginseng; Surinam spinach) Attractive edible houseplant with glossy, dark-green whorled leaves and tiny red flowers. Young leaves and tender stems can be added to salads or soups, or parboiled, steamed and sauteed. In Indonesia, its tonic gualities are as highly regarded as ginseng

P6740 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### WELD

Reseda luteola Known since antiquity as a yellow dye source of great importance. For wool, cotton or silk.

S6800 Seeds: Pkt/\$2.25, 10g/\$12, 100g/\$80

#### WILLOWHERB

#### Epilobium parviflorum

Z5-8 SGE Praised for inflammation of the prostate gland, and bladder and kidney disorders. An ingredient of Swedish Bitters. S6830 Seeds: Pkt/\$3, 10g/\$26, 100g/\$180

#### WINTERGREEN

Gaultheria procumbens

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Aromatic low shrub used for headaches and other aches and pains, inflammations and rheumatism. Common flavouring for chewing gum, toothpaste, mouthwash. Needs cold 60 days at 5°C/40°F followed by warmth to germinate.

S6850 Seeds: Pkt/\$7, 1g/\$20, 10g/\$160 P6850 Plants: \$6.25, 3+/\$4.70, 12+/\$3.75



#### WINTERGREEN, VERY BERR Gaultheria procumbens 'Very Berry' Z۷ Р

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A stunning improvement over the wild species: n uniform, with multitudes of bright red berries appearing in fall. The breeders have suggested that this plant will be an excellent fall and winter plant for holiday pot sales, and we agree. Wonderfully scented leaves and berries are every bit as medicinal as the wild species. Ht. 20cm/8"

**S6851 Seeds:** Pkt/\$7, 1M/\$32, 10M/\$200

#### WOAD

Isatis tinctoria

For ages the main source of blue dye in Europe, until the introduction of indigo in the 17th century. Contains the same dyestuff as indigo, though in lower concentration. Because it is hardy (unlike indigo) woad is still grown for natural dyeing. S6920 Seeds: Pkt/\$3, 10g/\$11, 100g/\$80, 1kg/\$540

#### WOAD, CHINESE

Isatis indigotica



(Da ging; Qiug dai) Contains indican and isatin B, both of which can be converted to indigo. Considered antibacterial, antiviral, and anti-inflammatory. Leaves and roots are effective against flu, encephalitis, measles, hepatitis, and mumps. S6922 Seeds: Pkt/\$3, 10g/\$7, 100g/\$42, 1kg/\$270

#### WOLFBERRY, CHINESE Lycium barbarum

) **+** р Z5-9 SGE

(Gojiberry; Gou-gi-zi; Matrimony vine) Chinese culinary and medicinal herb. Used to strengthen muscles and bone, liver function, to restore "vital essences," and to improve vision. Increases white blood cell counts, and stimulates tissue development. Young leaves and shoots are popular as cooked greens in Canton. Sweet berries are eaten raw as a snack or added to soups and stews.

Seed is sold in dried berry form, not pure seed. S6925 Seeds: Pkt/\$3, 100g/\$14, 1kg/\$90 P6925 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55







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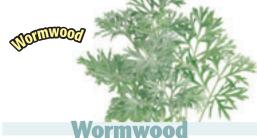
#### WOODRUFF, SWEET Galium odoratum

#### (41) Z5-9 D

Vanilla-scented leaves are essential in Maybowl, a traditional German punch. Helpful for migraine, nervous conditions, stomach pain. Needs shade.

P6940 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$15

WORMSEED: See EPAZOTE



(Artemisia)

#### WORMWOOD



Artemisia absinthium Bitter leaves were important in absinthe, vermouth, and other liqueurs. Has great reputation for stimulating the appetite and improving digestion. One of the oldest known remedies for worms. S6960 Seeds (Not to ND): Pkt/\$2.25, 10g/\$11, 100g/\$78, 1kg/\$520 P6960 Plants (Not to ND): \$3.25, 3+/\$2.45, 12+/\$1.95

#### SILVER KING WORMWOOD

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Artemisia ludoviciana 'Silver King' Z5-9 Lovely white ghost-like flowers and attractive silver foliage, excellent for dried arrangements. Used for diarrhea, headaches, stomach-ache, menstrual problems. Native Americans use it for ceremonial smudging.

P6981 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### SILVER MOUND WORMWOOD

Artemisia schmidtiana 'Nana' P Z5-8 Soft, silky, shimmering silver foliage, in neat 30cm/12" mounds. P6982 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55, Plug pack: 12/\$15

#### SILVER QUEEN WORMWOOD

Artemisia ludoviciana 'Silver Queen' Similar to Silver King except foliage is more jagged and less ghostly silver grey and plants are shorter (90cm/30in). Dries well for herbal

wreaths. Slightly aromatic. P6982-500 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **TREE WORMWOOD**



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Р Z5-9

Artemisia arborescens Striking small tree with soft, feathery grev-white leaves. Fine tubplant. Mediterranean favourite for its bitter stomachic properties. P6985 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### YAM, CINNAMON Dioscorea oppositifolia

Z5-10 0E Р (Chinese yam; Shan yao) Climbing vine with white, cinnamonscented flowers and edible tubers that weigh up to 2kg (5lb). Traditionally used as a herbal tonic and as a contraceptive. It stimulates the stomach and the spleen and has been used to treat diabetes, asthma, diarrhea, and emotional instability. S6990 Seeds (Oct-Nov shipment): Pkt/\$10 P6990 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



(Achillea)

#### WHITE YARROW

Z3-10 SGE

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Р Achillea millefolium The most medicinally active variety. White flowers and feathery foliage. Proven mosquito repellent. \$7000 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$160, 10kg/\$1250

P7000 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **MOONSHINE YARROW**

Achillea taygetea 'Moonshine' Z4-8 Choice variety for everlastings. Leaves silver-white, flowers soft lemon-yellow, large. Up to 60cm/24" high. P7001 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

## **MONGOLIAN YARROW**



Z2-8 Hardy native of grasslands and mountain slopes in northern China, Mongolia and Siberia. Has showy light pink flowers fading to white. The whole herb is used to treat fever, enteritis, rheumatic pain and the pain of bone fractures. Ht. 15-50cm/6-20" P7003 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **RED YARROW**

Z5-10 SGE Achillea millefolium 'Cerise Queen' Similar to common white yarrow. Flowers cherry-red. S7005 Seeds: Pkt/\$2, 10g/\$12, 100g/\$83 P7005 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95, Plug pack: 12/\$12

#### **SNEEZEWORT YARROW** Achillea ptarmica

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Z3-9	<b>O G E</b>

According to Gerard, the powder snuffed up the nose was prescribed to 'cleanse the head of tough slimy humours.' White or pinkish flower clusters inspire its other name, the Pearl. S7007 Seeds: Pkt/\$3, 10g/\$11, 100g/\$75

#### WOOLLY YARROW

Z3-9 SGE

P Achillea tomentosa 'Aurea' Low mat-forming variety with woolly leaves and golden flowers. 57009 Seeds: Pkt/\$3

#### YELLOW YARROW

Z2-10 SGE

Achillea filipendulina 'Cloth of Gold' Ρ Fern-like leaves; height up to 1.5m/5ft. Large yellow flowers. S7010 Seeds: Pkt/\$2.25, 10g/\$11, 100g/\$75



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#### YERBA BUENA

Clinopodium douglasii



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(Indian mint) Trailing mint-scented plant, excellent in hanging baskets, windowboxes and as a fragrant ground cover. Yerba buena is Spanish for 'good herb', and so it is - for insomnia, colds, fever, and stomach problems. Delicious as a tea for everyday enjoyment. Also an aphrodisiac according to Native American lore. P7015 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### YOMOGI

Artemisia princeps

Z5-9 🕄 🔂 🔁 🖪 (Japanese mugwort; Kui hao) The Japanese make delicious rice dumplings called yomogi mochi with this herb. Young leaves are boiled slightly and then pounded into dumplings made with gelatinous rice, adding distinctive and delightful colour, aroma and flavour. Young leaves and seedlings are used in soups and salads also. Leaves are used in moxa in Japan. Prefers full or partial sun and well-drained soil. Ht. 1m/3ft.

S7060 Seeds: Pkt/\$3, 10g/\$12, 100g/\$90

### YUCCA

Yucca glauca

#### +\*0 Z5-10 SCE

Roots contain 2% saponin, a soapy substance valuable in shampoos; leaves a fine sheen to hair. Easy to use: chopped roots are soaked in water and stirred to a lather. Spectacular towering spikes of creamy white flowers.

S7100 Seeds: Pkt/\$3, 100g/\$24, 1kg/\$145



#### ZAATAR Origanum maru

# Z8-10 SOL

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One of the world's great seasonings. Throughout the Middle East it gives life to hummus, dips, and soups, and it is mixed with olive oil on the traditional flatbreads served with meals. Each region has its own version of zaatar: in some areas it is a blend of herbs and spices while in others it is just one herb from among several varieties depending on the region. Our zaatar is from the mountains of northern Israel where it is popular among both Arabs and Jews. The attractive greyish-green foliage has a spicy aroma and flavour that is truly divine. Easy to grow from seeds. Ht. 40cm/16".

P7130 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **ZHI MU**



Anemarrhena asphodeloides Chinese medicinal herb that looks and grows like a tall grass but isn't. It spreads by underground rhizome like grasses, but unlike grasses it has fragrant yellow-white or light purple flowers that open in the evening in late summer and autumn. Used in China for 2000 years. The rhizomes are noted for their antidiabetic and antibacterial properties, and are used for pneumonia, bronchitis, high fever, irritability and insomnia.

S7150 Seeds: Pkt/\$3, 10g/\$7, 100g/\$55



#### **ZUTA LEVANA**

Micromeria fruticosa



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(Little mint; Tea hyssop) One of the most popular tea and spice herbs of Israel and the Middle East. Makes a refreshing sweet minty tea. A popular bread dip is made with the leaves mixed with olive oil and salt. In Turkey, the tea is used to treat stomach ulcers . Contains pulegone; should not be taken by women who are pregnant or while trying to conceive. Ht. 25cm/10". P7190 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55



for your instant garden! Available starting in June. Check our website for varieties.

**Richters.com/Colosso** 

# **Collections**

# **Herb Plant Collections**

We ship from April to November. Out-of-stock plants will be substituted with plants of equal or higher value.

### **RICHTERS GARDEN OF LIVE HERBS**

A herb garden of 12 live herb plants shipped anywhere in Canada or the U.S.A. It's a great way to introduce friends and family to really sumptuous eating, featuring fresh herbs from the garden. Included in the Richters collection are many of the favourites: lemon balm, bay laurel, garlic chives, English lavender, lovage, Greek oregano, rosemary, sage, winter savory, garden sorrel, French tarragon and English thyme. Complete planting instructions and plans for garden layout will be included.

P7400 Plants: \$40

#### SHADY REFUGE Shade Herb Garden

For those tough shady spots in your garden under a tree or near a building where other herbs won't grow. For full or partial shade. Chameleon Fish Mint (3), Periwinkle (3), Sweet Woodruff (3), Sweet Cicely, Columbine, Valerian.

#### P7410 Plants: \$36

#### **MOSQUITO GUARD** Lemon Thyme Collection

Research has shown that lemon thymes work quite well against mosquitoes. That research inspired us to put together this collection of our best low growing lemon thymes. Plant them as a border along pathways or in between stepping stones, or in an open patch where you like to sit and enjoy summer evenings. Creeping Lemon (3), Lemon Carpet (3), Highland Cream (3), Magic Carpet (3). P7420 Plants: \$32

#### **BRAIN BOOSTER Brain Herb Garden**

Three of the most important brain booster herbs from South Asia used to boost mental clarity and memory. Gotu kola and sushni are also food plants used as fresh or cooked greens. Grow on a bright windowsill. Bacopa (2), Gotu Kola (2), and Sushni (2). P7430 Plants: \$26

#### **GRILL MAGIC Barbeque Herb Garden**

Fire up the barbeque for summer entertaining magic with these grilling herbs! Make rosemary skewers for kebab. Try lemon thyme, tarragon and bronze fennel on fish or lemon thyme on chicken and pork. Tip: slit meat and stuff with oregano, mint and thyme before grilling. Contains Barbeque Rosemary, French Tarragon, Lemon Thyme, Greek Oregano, Spearmint, Bronze Fennel. P7440 Plants: \$26

#### **HEARTY FLAVOURS** Soup Garden

Fall and winter is the time for hearty soups and stews made with these favourites. Italian Parsley, Garlic Chives, Lovage, Winter Savory, Thai Basil, Lemongrass.

P7450 Plants: \$26





# **Herb Seed Collections**

#### CULTIVATE YOUR COOKING **Culinary Herb Garden**

Twelve favourites for indoors or out, wherever there is plenty of light. Lemon Balm, Chervil, Chives, Dill, Marjoram, Oregano, Parsley, Sage, Savory, Sorrel, Sweet Basil and Thyme. S7500 Seed Collection: \$15

#### **GREAT BEGINNINGS** Salad Herb Garden

Glorious green succulence as never before. Salad Burnet, Garlic Chives, Lovage, Watercress and Garden Sorrel. S7510 Seed Collection: \$7

#### **TEA TIME** Tea Herb Garden

Soothing tisanes to collect the spirit, Anise-Hyssop, Lemon Balm. Chamomile, Menthol mint and Bergamot. S7515 Seed Collection: \$7

#### HOME MEDICINE CHEST **Healing Herb Garden**

Here's to good health, naturally! Cayenne, Comfrey, Valerian and Calendula

S7525 Seed Collection: \$7

#### **RICHTERS WINDOWSILL GARDEN**

Five of our best herb varieties specially chosen for growing in pots or windowboxes. Italian Parsley, Fernleaf Dill, Spice Globe Basil, Greek Oregano, and Grolau Chives. S7530 Seed Collection: \$7

### FLIGHTS OF FANCY **Butterfly Garden**

Mountain Mint, Hyssop, Bergamot, Faassens Catnip, Lavender, Clove Pink, Clary Sage, Mignonette, Siam Queen Thai Basil, Hollyhock, Feverfew. S7535 Seed Collection: \$18

#### **CHEF'S SALAD BOUQUET Edible Flower Garden**

Feast for the eyes — pleasing to the palate. Herbs with edible flowers to add to salads, omelettes, desserts, and drinks. They can even be candied. Borage, Calendula, Heartsease, Nasturtium, Citrus Marigold.

S7550 Seed Collection: \$7

#### **HERBES DE PROVENCE** French Herb Garden

Captures the warm flavours and aromas of the sunny south of France where lavender hugs the hills and thyme is plentiful. A classic seasoning for chicken, vegetables or meat. French Thyme, Sweet Basil, Summer Savory, Sweet Fennel, Sweet Lavender. S7560 Seed Collection: \$7

#### **ORIENTAL CRUISE** Asian Herb Garden

Enjoy the lively flavours on a cruise to the Orient, from India to Thailand and Vietnam, to Japan and China. Thai Basil, Cilantro, Chinese Chives, Perilla, Edible Chrysanthemum. S7570 Seed Collection: \$7

# **Gourmet Vegetables**

#### **ARTICHOKE, GLOBE**

Cynara scolymus 'Large Green Globe' P Z9-11+ SE European delicacy. Flowerbuds made up of thick fleshy scales and solid hearts are cooked and served drenched with melted butter. Start early indoors Feb/March. Requires two seasons to produce; complete instructions provided.

S8016 Seeds: Pkt/\$3, 10g/\$6, 100g/\$35, 1kg/\$260 P8016 Plants: \$3.25, 3+/\$2.45, 12+/\$1.95

#### **ARUGULA:** See ROOUETTE

ARUGULA, WILD: See SYLVETTA

#### **ASPARAGUS**

(Can,US only) Z5-9

Asparagus officinalis 'Jersey Giant' Plant this year and harvest your first crop next spring! Male variety is 30% more productive than other "co-ed" varieties. About 95% of plants are male.

Order early to avoid disappointment.

R8022 Roots (Apr-May shipment): 10/\$16, 100/\$120, 1000/\$900



#### **BARBA DI CAPPUCCINO**

A or P Z6 SE Plantago coronopus 'Minutina' (Buckhorn plantain; Barbatella; Erba stella) In southern Italy this wild green with striking jagged lance-like leaves is added to tasty mixed salads called misticanze. It grows along the coasts among rocks where it forms neat star-like annual or perennial clumps up to 30cm /1ft high. The leaves are slightly bitter and salty at the same time. Though the greens are usually collected from the wild the plant is also easy to grow and can be quite a nice producer of fresh greens. Even the older less tender leaves can be blanched a few seconds and added to salads. Now what is the connection with cappuccino? We do not honestly know, but we love the name anyway. S8040 Seeds: Pkt/\$3, 10q/\$9, 100q/\$65



(Phaseolus, Vigna)

#### **ASPARAGUS BEAN**

**ØE** 

Vigna unquiculata sesquipedalis (Yard long bean; Dow gauk) Stringless bean with a mildly sweet flavour. Beans will grow from 60cm/2ft-90cm/3ft long but pick them when they're tender (40cm/16" long). Excellent stir fried. Best started early indoors. Needs plant support. S8035 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$200

#### **GOLDEN WAX BEAN**

**ØE** Phaseolus vulgaris 'Golden Wax' Stringless, tender yellow pods with a light and delicate buttery flavour, good fresh, canned or frozen. Bush bean. 25cm/10". 50 days. \$8041-001 Seeds: Pkt/\$1.75, 100g/\$10, 1kg/\$80

#### **KENTUCKY WONDER BEAN**

ΘE Phaseolus vulgaris 'Kentucky Wonder' Very productive pole bean with meaty pods of distinctive flavour, rich in vitamins A and C, iron and calcium with very good keeping qualities. Introduced prior to 1864. 70 days. S8043-001 Seeds: Pkt/\$1.75, 100q/\$10, 1kq/\$80



#### TENDERGREEN BEAN

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Phaseolus vulgaris 'Tendergreen' Highly productive bush bean producing deep green, stringless, fleshy tender pods of excellent quality, terrific for eating raw with dips or lightly steamed and served whole. 25cm/10". 55 days. S8045-001 Seeds: Pkt/\$1.75, 100g/\$12, 1kg/\$90

#### **BEET, CHIOGGIA** Beta vulgaris 'Chioggia'

ΩE

An heirloom Italian cultivar with sweet flavour, bright red nicely rounded shape, the raw interior flesh, when sliced is beautifully marked in alternating rings of cherry red and creamy white, making it very attractive sliced raw. Very mellow flavour when cooked with mild tasting bright green tops. 50 days.

\$8050-001 Seeds: Pkt/\$3, 100g/\$31, 1kg/\$200



## **BEET, DARK RED DETROIT**

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Beta vulgaris crassa 'Dark Red Detroit' Α Prolific variety with blood red roots and red-tinged green tops. Low in geosmin, the substance that gives other beetroot varieties an unpleasant earthy taste. Roots are globular, 6-8cm/2.5-3" across with smooth skin. Keeps well. Resistant to downy mildew. 58 days. \$8051-201 Seeds: Pkt/\$1.75, 100g/\$20, 1kg/\$120

### **BEET, GOLDEN DETROIT**

Beta vulgaris crassa 'Golden Detroit'

ΘE

Attractive, bright golden-orange roots, are best eaten when small, but retain their sweet flavour and do not become fibrous when larger. Tops are used as cooked greens. Excellent pickled, in salads, gourmet borscht or grilled. 55 days

S8051-001 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$54, 1kg/\$360 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$54, 1kg/\$360



#### **BROCCOLI, CALABRESE**

Brassica oleracea 'Calabrese'



Heirloom Italian variety producing small, deep blue-green cental heads with numerous side shoots throughout the season. Very tender and mild tasting, good raw in salads and with dips, or lightly steamed, drizzled with herb butter. Seeds are used as sprouts, similar to alfalfa, for a nutritious addition to sandwiches or salads. 50cm/20". 60 days.

S8052-001 Seeds: Pkt/\$2.25, 100g/\$20, 1kg/\$145 **P8052 Plants: Plug pack: 12/\$12** 

### **BROCCOLI, DE CICCO**

Brassica oleracea 'de Cicco'

**ØE** 

Rich tasting old Italian cultivar with small heads projected well above the foliage. Long harvesting period. Ideal for dips, stir fries, or steamed. For spring or fall crops. 50cm/20". 60 days. \$8055-001 Seeds: Pkt/\$2.25, 100g/\$16, 1kg/\$115

#### **CABBAGE, CHINESE**

Brassica rapa (Pekinensis) 'Michihli'

#### GE

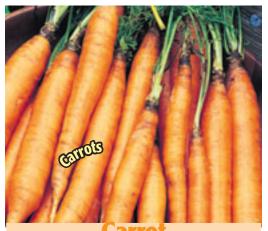
Tall cylindrical heads are pure white inside. Tender, crisp leaves are sweet and spicy. Delicious cooked or served raw. A unique addition to cole slaw. Freezes well. Best sown out at mid-summer as heads bolt during hot weather.

S8100 Seeds: Pkt/\$1.75, 100q/\$9, 1kg/\$44

#### **CABBAGE, RED EXPRESS**

**ØE** Brassica oleracea capitata 'Red Express' Good mid season variety with solid deep red head weighing about 2kg/5lb. Slow to burst, forms a tight, dense head with small core. Crisp, tender adds colour to salads and fine flavour to cooked dishes. 85 days

🛟 S8110-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$45, 1kg/\$300



(Daucus)

### LITTLE FINGER CARROT

**ØE** Daucus carota sativus 'Little Finger' B Only 10cm/4" long, this very tender, deep orange, sweet tasting baby carrot is a gourmet delight suitable for canning, pickling or serving raw. 60 days.

🛟 S8202-001 Seeds: Pkt/\$2.25, 100g/\$45, 1kg/\$315

#### NANTES CARROT

Daucus carota sativus 'Nantes'

Rich in vitamin A, this early maturing, brilliant orange colour, coreless crispy variety is of exceptional sweet flavour! Great for juicing, freezing or fresh use. 70days. 🛟 **S8204-001 Seeds:** Pkt/\$2.25, 100g/\$31, 1kg/\$210

## **ROYAL CHANTENAY CARROT**

Daucus carota sativus 'Royal Chantenay' ßE Heirloom variety, good for heavier soils. Broad tapered roots with red core, light orange flesh. Keeps well in storage, retaining its 'real' carrot flavour, sweet and smooth! 65 days

S8205-001 Seeds: Pkt/\$2.25, 100g/\$35, 1kg/\$230

#### **CAULIFLOWER, SNOWBALL**

Brassica oleracea var. botrytis 'Snowball' Heritage variety from the I800s with compact growth of medium size pure white heads, mild flavour, excellent keeper and suitable

cooked, raw or frozen. Plant seeds in early spring for fall harvest. 70 days.

\$8206-001 Seeds: Pkt/\$3, 100g/\$45, 1kg/\$290

#### CORN, TRUE GOLD SWEET Zea mays 'True Gold Sweet' GF

An heirloom favourite with a truly delicious, buttery, rich flavour. Large 20cm/8" ears with golden-yellow kernels and long-lasting sweetness. Productive plants resist lodging. Excellent for chicos. 70-80 days.

\$8216-001 Seeds: Pkt/\$3, 100g/\$17, 1kg/\$100

#### CORNSALAD

Valerianella locusta 'Broadleaf Dutch' Α ရှင်နှ Frequently found in summer salads in France and Germany. Pleasant alternative to lettuce or endive, possessing its own special piquant flavour. Ready to use when 3-4 leaves have developed. Repeat sowings till mid-August for continuous supply. S8285 Seeds: Pkt/\$1.75, 100g/\$11, 1kg/\$60



(Cucumis)

#### AFRICAN CUCUMBER

Cucumis metuliferus

(Horned melon) Quite unlike other cucumbers, this one has small orange spiny fruits, 8-13cm/3-5" long, possessing a subtle bananalime flavour. They keep up to six months! Start seeds in March. S8288 Seeds: Pkt/\$5, 10g/\$16, 100g/\$110

#### LEMON CUCUMBER

Cucumis sativus 'Lemon'

**ØE** Heirloom variety producing 3"/8cm oval fruits on vigorous vines. Very prolific, delicate flavour with slight lemony fragrance in late stages of development. Adds colour to salads, good for slicing and pickling. Slice, blend with fernleaf dill and sour cream or yogurt for a quick, tasty appetizer! 65 days.

S8289-001 Seeds: Pkt/\$2.25, 100g/\$30, 1kg/\$190

#### MUNCHER CUCUMBER

#### Cucumis sativus 'Muncher'

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Bitter free cucumber at all slicing stages. Harvest young fruits at 8cm/2-3" for making pickles. Mature fruits are attractive, smooth skinned, medium green in colour 18cm/6-7" long, 5cm/2" diameter. 60 days

\$\$289-301 Seeds: Pkt/\$2.25, 100g/\$31, 1kg/\$200

#### **ORIENTAL CUCUMBER**

Cucumis sativus

ΘE

Long, slender fruit with an edible peel. Can be eaten without fear of indigestion, stomach pains or heartburn. Start early indoors, plant out with support.

S8290 Seeds: Pkt/\$3.75, 10g/\$19, 100g/\$130

#### STRAIGHT EIGHT CUCUMBER

Cucumis sativus 'Straight Eight' ΘE Vigorous productive vine produces straight, deep green fruit, 20cm/8" long, bright white flesh with bitter-free flavour. Excellent for slicing, in salads and also used for pickling when small. 60 days. S8292-001 Seeds: Pkt/\$2.25, 100g/\$31, 1kg/\$200

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#### DAIKON

6) (3 E Raphanus sativus longipinnatus 'Long White' Α (Chinese radish) A large radish with white carrot-shaped roots 30-40cm/6-8" long. Texture is crisp and tender and flavour is pungent. Sow in fall for spring harvest or in spring for early summer harvest. S8300-001 Seeds: Pkt/\$2.25, 100g/\$9, 1kg/\$40

#### **DANDELION, FRENCH**

Taraxacum officinale sativum 'Thick-leaved' P Z3-10 S CE This strain of the lowly dandelion boasts tender fleshy leaves, topping all other fruits and vegetables for iron content. Enjoy in a spring salad, or cooked like spinach. Treat as a biennial - sow one year, pick the next.

S8310 Seeds: Pkt/\$1.75, 10g/\$19, 100g/\$130, 1kg/\$900



#### EGGPLANT, BLACK BEAUTY Solanum melongena 'Black Beauty'

Introduced by Burpee over 100 years ago this large-fruited variety is still popular today. Smooth black oval fruits are 16cm/6.5" long, 13cm/5" across, and average 1kg/2lb. Holds well and retains good color. 72-85 days.

\$8318-001 Seeds: Pkt/\$1.75, 10g/\$8, 100g/\$60



#### EGGPLANT, JAPANESE

Solanum melongena 'Kurume Long Purple' ßE Slender fruits are excellent for frying, cooking and pickling. Plants are highly productive and disease resistant. Yields of 40-50 fruits per plant are not unusual.

🛟 S8320-001 Seeds: Pkt/\$2.25, 100g/\$36, 1kg/\$230 **P8320 Plants: Plug pack: 12/\$12** 

ENDIVE, RED: See RADICCHIO

#### **ENDIVE, TRES FINE**

Cichorium endivia 'Tres Fine'

Extra finely cut, lacy leaves with mild, nutty-flavour, delicate crispy ribs and cream coloured hearts are fast growing and are a great addition to salads, adding flavour, body and crunchy texture. Cool weather crop, so harvest leaves young during hot weather to avoid bitterness. 60 days.

\$8322-001 Seeds: Pkt/\$3, 100g/\$44, 1kg/\$290

#### FENNEL, FLORENCE

Foeniculum vulgare azoricum

(Finocchio) Unlike sweet fennel, this produces a bulbous base of delicate anise flavour and crisp texture. Superb sliced raw in green salads, sauteed, or quartered in chicken casseroles. Does best in cool weather: sow direct in July to mature by fall or start early indoors and plant out in spring.

S8340-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$44, 1kg/\$290 **P8340 Plants: Plug pack: 12/\$12** 

#### GOBO

Arctium lappa 'Takinogawa Long'

B Z2-10 SE

(Japanese burdock) Japanese vegetable with powerful medicinal properties. Slender, smooth-skinned roots up to 1m/40" long have a delightful oyster-like flavour similar to salsify, but stronger. Peel, slice, and cook 30 minutes, drain and cook again for 10 minutes. Season with butter, salt and herbs and serve. Japanese research shows that this variety has potent anti-tumour effects. Commonly used as a blood purifier.

S8370 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$32, 1kg/\$200 P8370 Plants: \$4.25, 3+/\$3.20, 12+/\$2.55

#### **KALE, LACINATO**

Brassica oleracea acephala 'Lacinato' ΘE (Black cabbage; Cavolo nero) Large, dark green, serrated leaves growing to a height of 60cm/2', are useful for culinary purposes as well as ornamental. Very winter hardy. Freezing temperatures tenderize it bringing out its full flavour. Wonderful raw, in soups, stews, steamed or stir-fried, especially blended with fresh, chopped chives and coriander! 100 days.

\$8421-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$36, 1kg/\$235 **P8421 Plants: Plug pack:** 12/\$12

#### **KALE, RED RUSSIAN**

GF Brassica napus 'Red Russian' Tender sweet leaves of excellent flavour are highly nutritious and the attractive blue-green/red frilly leaves are cold hardy, making it possible to harvest during the winter. Tasty steamed, stir-fried or in salads. 65 days.

\$8422-001 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$160

#### LEEK, AMERICAN FLAG

Allium ampeloprasum 'American Flag'

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B Z4-9 SE

A cornerstone of French cuisine. Sweeter, milder and more delicate than the mildest onion. Start in March. Very hardy - may be gathered even after light snow, or left in the ground until spring. S8460-001 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$260 P8460 Plants (Not to ID): Plug pack: 12/\$12



# **Butterhead Lettuce**

#### BUTTERCRUNCH LETTUCE

ΘE

Lactuca sativa 'Buttercrunch' A long time favourite of gardeners with crisp, dark green, reddishtinged leaves and a yellowish-white heart. Keeps its buttery sweetness well even in the heat of summer and is more boltresistant than other butterhead varieties. 50-75 days.

S8470-101 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$160



# Leaf Lettuce

#### LOLLA ROSSA LETTUCE

Lactuca sativa 'Lolla Rossa' ΘE Attractive heavily-frilled, medium green leaves tipped with a strong, warm red make this mild flavoured, heat tolerant lettuce a great garnish or addition to salads. Used as cut and come greens or left to head up for a single serving. 52 days.

😳 S8471-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$50, 1kg/\$350

#### **OAKLEAF LETTUCE**

ΘE Lactuca sativa 'Oakleaf' Compact rosettes of delicately thin, tender, light green oakleafshaped leaves that stand heat well and does not become bitter. Old fashioned variety that is now popular as a gourmet specialty. 45 days. \$8472-001 Seeds: Pkt/\$2.25, 100g/\$30, 1kg/\$200

#### **RED OAKLEAF LETTUCE**

Lactuca sativa 'Red Oakleaf'

Lovely oakleaf-shaped leaves in hues of burgundy, maroon and crimson. Like the sandard type it stands heat well and does not become bitter. 45 days.

\$8472-301 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$31, 1kg/\$200

#### **BLACK-SEEDED SIMPSON LETTUCE**

()E Lactuca sativa 'Black-Seeded Simpson' Still a huge favourite after more than 150 years, this leaf lettuce has crinkly light-green leaves that are tender and juicy. Large upright plants are tolerant to heat, drought and light frost. 45 days. S8474-001 Seeds: Pkt/\$1.75, 100g/\$25, 1kg/\$160

#### SALAD BOWL LETTUCE

Lactuca sativa 'Salad Bowl

**GE** 

ßE

Large rosettes of tender, deep-lobed oak-like leaves. Good resistance to bolting and good heat tolerance. Does not get bitter in hot weather. Produces baby leaves in 28 days and full size in 49-60 days. \$8475-001 Seeds: Pkt/\$1.75, 100g/\$27, 1kg/\$170

#### **RED SALAD BOWL LETTUCE**

Lactuca sativa 'Red Salad Bowl'

**ØE** 

A loose type with a striking bronze burgundy oak-shaped leaves. Very popular for all season use. Stays bitter-free and is heat tolerant. Ready for baby leaf use in 28 days or full-size use in 51-58 days. S8475-101 Seeds: Pkt/\$1.75, 100q/\$27, 1kg/\$170

# **Romaine Lettuce**

#### PARIS ISLAND COS LETTUCE

Lactuca sativa 'Paris Island'

**ØE** 

Romaine lettuce that forms long, deep green, upright leaves with that delicious juicy crunch, creamy white midriffs that are sweet and crisp. Great for use in sandwiches, salads, garnish or wraps. Heat tolerant, heavy heads. 65 days.

\$8473-001 Seeds: Pkt/\$2.25, 100g/\$25, 1kg/\$165



#### New! POMEGRANATE CRUNCH LETTUCE

ßF Lactuca sativa 'Pomegranate Crunch' Α Open headed romaine with gorgeous pomegranate-red leaves. Highly resistant to common fungal diseases. \$8473-501 Seeds: Pkt/\$3.75, 1M/\$14, 10M/\$100

#### **MELON, HEARTS OF GOLD**

# Cucumis melo 'Hearts of Gold'

**GE** Produces firm, round fruit weighing 1-2kg/3-4 lbs. with deep salmon coloured flesh that is thick, firm with a sweet, intense flavour Good for short season gardeners. 90 days.

\$\$\$ \$8480-001 Seeds: Pkt/\$2.25, 100q/\$25, 1kg/\$160

### **MELON, HONEY DEW GREEN FLESH**

Cucumis melo 'Honey Dew Green Flesh' **GE** Long time standard honey dew variety for home gardens and farms. Fruits are large, up to 6 lbs, with a pale-green rind that ripens to light gold. The sweet flesh is a luscious lime-green with high sugar content, and seed cavities are small so you get plenty of flesh per fruit. 105-115 days.

\$8483-001 Seeds: Pkt/\$1.75, 100g/\$24, 1kg/\$150



Mesclun

Mesclun is commonly defined as "a mixture of salad greens". Sowing successively every ten days will produce a regular supply of tasty salad greens.

#### **RICHTERS SPECIAL MESCLUN**

**GE** Mixed species Contains Kagraner lettuce, red leaf lettuce, roquette, radicchio, cornsalad, borage, mizuna, mustard spinach, chervil and curled cress. Sow in early spring or late summer. S8495 Seeds: 10g/\$9

#### HERBAL MESCLUN

Mixed species

**ØE** Sweet basil, borage, roquette, sweet fennel, sugar beet, red leaf lettuce. Heat tolerant; suited for mid-summer sowings. S8496 Seeds: 10q/\$11

#### SPICY MESCLUN

ΘE

Mixed species Contains pak-choi, chinese mustard, mustard spinach, shungiku, curled cress, roquette and mizuna. Sow in early spring or late summer.

S8497 Seeds: 10q/\$9



#### **OYSTER MUSHROOM**

Pleurotus ostreatus

(Can,US only) Þ Z5-8

Oyster mushrooms look, smell and taste like oysters. They are commonly used in Chinese and Japanese dishes, but they have jumped the pot and are now found in dishes of many cuisines. The fragrant smoky-gray caps have a soft, chewy texture and are delicious cooked in omelettes, casseroles, pasta, kebabs, soup, stews. Try them in a simple stir fry with garlic, butter, soy sauce, white wine and rosemary. Contains statins which help to control cholesterol. Oyster mushrooms are so effective at breaking down organic compounds they are being used for mycoremediation, the rehabilitation of contaminated soils. Easy to grow: we supply live colonies in ready-to-grow sawdust blocks. Complete instructions are provided.

R8490-700 Colony (Apr-May shipment): Pkg/\$32

#### SHIITAKE MUSHROOM

Lentinus edodes



Oriental delicacy cooked and eaten much like ordinary mushrooms but the taste is richer and more satisfying. Considered an elixir of life in Japan; modern research has shown it lowers blood cholesterol and possesses antitumour, antiviral and antibiotic activities.

-GROWING KIT(Can, US only) Live colony supplied in readyto-grow sawdust block. Complete instructions are provided. R8655-100 Colony (Apr-May shipment): Pkg/\$40

SPAWN PLUGS(Can, US only) Inoculate your own shiitake logs with these certified organic sawdust spawn plugs. Just drill logs and insert plugs and you're done - it's that easy. HOW TO GROW: Use only fresh cut logs, cut preferably before trees leaf out in spring. Inoculate when daytime temperatures are between 10-18°C/55-70°F. One tray of 600 plugs will inoculate 12-15 logs. Logs last for 4-5 years. Complete instructions provided.

R8656-001 Spawn Plugs (Apr-May shipment): 600/\$50

**Uses:** (1) – culinary; - medicinal; 💻 – beverage; 🧚 – aromatic; 🤨 – industrial; 🙊 – poisonous

# Mustard

(Brassica)

#### **MIZUNA MUSTARD**

#### Brassica rapa (Japonica)

#### ßF

(Japanese mustard) Attractive, finely-cut curled leaf mustard with pleasant, mild flavour. Japanese favourite for sukiyaki-like dishes. Also great in salads and as a garnish. Unlike other mustards, will regrow after cutting. 65 days.

S8500-001 Seeds: Pkt/\$2.25, 100q/\$32, 1kg/\$200



#### MIBUNA MUSTARD

#### **ØE**

Brassica rapa (Japonica) (Japanese mustard) Traditional Japanese green dating back to the Edo period. Lance-shaped leaves, produced in abundance, have a mild mustard flavour and are delicious in mixed salads and in stir fries and soups. Mibuna is regarded as a cold-season vegetable but is also heat-tolerant and doesn't bolt during the warm season. Quick crop: matures in 40 days, but baby leaves can be harvested in as few as 20 days.

\$8501-001 Seeds: Pkt/\$1.75, 100a/\$40, 1ka/\$290

#### MUSTARD, SOUTHERN GIANT CURLED 6) (3 E А

Brassica juncea 'Southern Giant Curled'

Sharp-flavoured curly leaves are excellent in salads and sandwiches or cooked. Harvest when young and tender. Repeat sowings for a continuous crop. Cold tolerant. 45 days.

🔇 S8510-001 Seeds: Pkt/\$2.25, 100g/\$15, 1kg/\$85

#### **RED GIANT MUSTARD**

Brassica juncea 'Red Giant'

(Chinese mustard; Indian mustard) A splash in the salad bowl and in the garden! Brilliant maroon leaves with light green midribs are both delicious and strikingly ornamental. Spicy leaves are excellent in mixed salads or alone, and they are delicious steamed and tossed with sesame oil and soy sauce or stir fried with ginger and bok choy and chicken. Sow in early spring. Can even be grown in containers. Cold tolerant. 45 days.

\$\$\$511-001 Seeds: Pkt/\$1.75, 100g/\$26, 1kg/\$160

#### **TENDERGREEN MUSTARD**

Brassica perviridis 'Tendergreen'

#### **O G E**

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Broad spinach-like leaves can be eaten as cooked greens or in salads and sandwiches. Remains crisp and mild even during hot weather. For continuous supply sow every month or so. Will regrow some after cutting. 20-30 days.

S8516-001 Seeds: Pkt/\$1.75, 100q/\$30, 1kg/\$190

#### TATSOI MUSTARD

Brassica narinosa 'Tatsoi'

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#### 6) (JE

Α

(Spoon mustard) Oriental green with a soft creamy texture and distinctive subtle flavour. When seeded thickly the small dark green baby greens are ready to harvest in 21 days after sowing. When seeded less thickly the leaves form a compact, thick rosette in 45 days, perfect for bunching. Very cold tolerant: can be harvested even from under the snow.

\$8517-001 Seeds: Pkt/\$1.75, 100g/\$40, 1kg/\$290

#### NEW ZEALAND SPINACH

Tetragonia tetragonioides Unlike ordinary spinach, its spreading branches produce succulent leaves and stemtips of very fine flavour throughout the season, long after all other varieties finish. In fact, the more they are picked, the more they produce. Cooked like regular spinach. S8520 Seeds: Pkt/\$2.25, 100g/\$10, 1kg/\$55, 10kg/\$380

#### **OKRA, BURGUNDY**

GF Abelmoschus esculentus 'Burgundy' Deep-red "baby" pods make very attractive menu additions and older pods remain tender even at 20cm/8" length, and retain their red colour when cooked. The attractive red stems and branches, red-veined green leaves are ornamental as well as tasty! 60 days. S8522-001 Seeds: Pkt/\$2.25, 100g/\$19, 1kg/\$110

### **OKRA, CLEMSON SPINELESS**

Abelmoschus esculentus 'Clemson Spineless 80' ရှင် First introduced in 1939 this variety is now the most popular on the market. Vigorous 1m/4ft high plants produce straight spineless pods that are excellent in soups, stews and relishes. Pods are most tender when 7cm/3" long or less. 48-60 days.

\$8522-201 Seeds: Pkt/\$1.75, 100g/\$14, 1kg/\$77

#### **ONION, BUNCHING**

Allium fistulosum 'Evergreen'

Z3-9 SE Very hardy green onion with long white slender stalks and little or no bulbing. Useful at any stage of growth having a tender, mildly pungent taste. Sow seeds in spring or fall. 65 days. S4310 Seeds: Pkt/\$1.75, 10g/\$6, 100g/\$32, 1kg/\$200

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S4310-001 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55, 1kg/\$370



#### **New! ONION, GABRIELLA** Allium cepa var. cepa 'Gabriella'

Α

A very attractive round onion with yellow-brown skin and large uniform shape, up to 8-11cm/3-4" across. The flavour is mild and sweet, perfect for fresh use on burgers and in salads. Stores well, lasting up to 3-5 months. Slow to bolt, a feature that enhances its large size.

\$8523-401 Seeds: Pkt/\$3.75, 1M/\$10, 10M/\$85

#### **ONION, WALLA WALLA**

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Allium cepa var. cepa 'Walla Walla' Old fashioned variety from France, and although not a longkeeper, these are one of the sweetest onions to grow. Large globes with light brown skin are ultra-mild and the crunchy, white flesh is delicious either raw or cooked. Try baking them like potatoes in their own skin! 110 days.

S8524-001 Seeds: Pkt/\$3, 10g/\$14, 100g/\$100 P8524 Plants (Not to ID): Plug pack: 12/\$12

#### **ORACH, RED FLASH**

Atriplex hortensis 'Red Flash'

(French spinach) Ancient Greek and Roman spinach-like green, and still popular in France today. The tender young shoots can be boiled and buttered, creamed, added to quiches, or rolled up in crepes. Adds gorgeous colour to tossed salads. Striking in the

garden too, reaching 2-3ft/60cm. S8527-700 Seeds: Pkt/\$3, 10g/\$12, 100g/\$90

#### **PAK-CHOI**

Brassica rapa (Chinensis) 'White Stemmed' (Bok choy) Popular standard ingredient in many Chinese dishes like chow mein and wonton soup. Leaves are thick and glossy with a hint of mustard flavour. Stalks are pure white, crisp and very tender. Try bite-sized slices stir fried with tofu, meat and seasonings. Grows

25cm/10" in 45 days.

\$8529-001 Seeds: Pkt/\$2, 100g/\$25, 1kg/\$150



#### PEA, MAMMOTH MELTING Pisum sativum 'Mammoth Melting'

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Thick, succulent light green edible pods with a distinct, sweet flavour. Grows to 120-150cm/4-5ft, so some staking is required... very prolific. Excellent for stir frys, steaming, freezing and fresh in salads. 75 days.

\$8530-001 Seeds: Pkt/\$1.75, 100q/\$16, 1kg/\$90, 10kg/\$675

## PEA, OREGON SUGAR POD

ßF Pisum sativum 'Oregon Sugar Pod' Light green, smooth edible pods 10cm/4" long by 2cm/3/4" diameter with a mild flavour good for eating raw, in stir fries or steamed. Freezes well, retaining the full, sweet flavour and colour. Sets double pods, very productive vines over a long period of time. Height 60cm/24-30". 65 days.

\$\$\$30-201 Seeds: Pkt/\$1.75,100g/\$16, 1kg/\$90



# Pepper

(Capsicum)

For chile peppers please see the HERBS section.

# Sweet Pepper

## **CAL WONDER PEPPER**

Capsicum annuum 'Cal Wonder' ΘE Early maturing, old fashioned variety of bright red pepper with thick walls of juicy, sweet and tender fruits. Can be harvested at green stage for use in salads, stir fries, as a crudite or stuffed! 75 days. S8531-001 Seeds: Pkt/\$3, 10g/\$9, 100g/\$64, 1kg/\$430 P8531 Plants: Plug pack: 12/\$12

#### **GOLDEN CAL WONDER PEPPER** Capsicum annuum 'Golden Cal Wonder'

ΘE

Old fashioned variety that matures to a golden-yellow at maturity. Sweet, thick walled fruits add splash of colour to salads, vegetable trays, and stir fries. 72 days. S8532-001 Seeds: Pkt/\$3.75, 10g/\$14, 100g/\$95

P8532 Plants: Plug pack: 12/\$12

#### SWEET CHOCOLATE PEPPER

Capsicum annuum 'Sweet Chocolate' Prolific plant, tolerant of cool nights bearing medium-small, tapered

fruit of dark glossy green, ripening to a rich chocolate brown. The flesh below the skin is an attractive brick red, cooked or raw. The sweet, crisp fruit is wonderful in salads, stir fries and vegetable trays.

65 davs. \$8533-001 Seeds: Pkt/\$3.75, 10g/\$19, 100g/\$130 **P8533 Plants: Plug pack: 12/\$12** 

#### **PUMPKIN, BIG MAX**

Cucurbita pepo 'Big Max'

Large pumpkin often weighing up to 45kg/100lb ripening to a pinkish orange with very thick flesh. Flesh is used for pie filling, soups, delicious grilled with onion, garlic, lovage and sweet peppers. Can be used as jack-o-lantern and is ideal for entering into fairs for competition on heaviest squash! 120 days.

\$8534-001 Seeds: Pkt/\$2.25, 100g/\$23, 1kg/\$145

#### **PUMPKIN, CASPER**

Cucurbita pepo 'Casper'

ΘE White skinned pumpkin with dark orange flesh, suitable for jacko-lanterns and pies! Great halloween novelty, as outer skin can be painted on mature fruits of 30cm/8-10", weighing about 10-16lbs/5kg. 110 days.

\$8534-301 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$40, 1kg/\$260

#### PUMPKIN, SMALL SUGAR

Cucurbita pepo 'Small Sugar' ΘE Heirloom variety from the 1800s. Fruit is small-22cm/9" diameter and weighing 2-3kg/5-6 lbs with deep orange, thick hard skin. Moderately thick flesh is yellow-orange, fine-grained, sweet and well flavoured. This is the standard pie pumpkin, also used for soups, grilling and mini- jack o lanterns. 100 days.

S8535-001 Seeds: Pkt/\$2.25, 100g/\$23, 1kg/\$150

#### PURSLANE, GOLDEN LEAF FRENCH

**G**F Portulaca oleracea sativa Succulent leaves are popular in France for salads, cooked greens or in soups. Good summer green performing best in hot weather. Much improved over its wild relative. Leaves are a light golden colour

S8539 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$28

#### **PURSLANE, GREEN LEAF FRENCH**

Portulaca oleracea sativa

Succulent leaves are popular in France for salads, cooked greens or in soups. Good summer green performing best in hot weather. Much improved over its wild relative. S8540 Seeds: Pkt/\$1.75, 100g/\$27, 1kg/\$170

#### RADICCHIO

**GE** R Cichorium endivia (Red endive) Grows like Belgian endive. Rootstocks produce compact rounded heads of purplish red foliage when being forced after fall harvest of roots. The red colour, crisp, crunchy texture, and slightly bitter taste add distinction to any green salad. S8575 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$38, 1kg/\$240

### **RADISH, CHERRYBELLE**

Raphanus sativus 'Cherrybelle'

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Mild flavour and early maturing round bright red with pure white, crisp interior is a garden favourite. Somewhat heat tolerant. 22 days S8576-201 Seeds: Pkt/\$1.75, 100g/\$29, 1kg/\$180

### **RADISH, FRENCH BREAKFAST**

Raphanus sativus 'French Breakfast' ΘE Heirloom variety, rose skin fading to white with crisp, tender mildly pungent flavour that is wonderful in salads, sliced thin on buttered bread, as a garnish or appetizer. 25 days.

\$8576-001 Seeds: Pkt/\$1.75, 100g/\$24, 1kg/\$150

### **RADISH, SPARKLER**

Raphanus sativus 'Sparkler' Globe shaped root of deep scarlet and pure-white tips. Holds its crisp, mild flavour long after maturing, never becoming hollow at the heart. Delicious when steamed slightly and served drizzled with plain or herb and garlic seasoned butter. Lovely for salads, garnish and appetizers. 25 days.

**\$ \$8577-001 Seeds:** Pkt/\$1.75, 100g/\$30, 1kg/\$190



#### **New! RADISH, WHITE PEARL**

Raphanus sativus 'White Pearl'

A very nice white radish with strong vigour and good resistance to cracking. A nice change from ordinary red radishes! \$8576-701 Seeds: Pkt/\$3.75, 1M/\$8,10M/\$55

#### RAPINI

#### Brassica rapa (Ruvo)

Flowering stems and leaves have pleasant bitter flavour when cooked, steamed or sauteed. Popular Italian appetizer served with garlic and olive oil. Sown in early spring for harvest before hot weather or in mid-to-late summer for fall harvest. 60 days.

🍪 S8580-001 Seeds: Pkt/\$2.25, 100g/\$41, 1kg/\$270

#### ROQUETTE

#### Eruca vesicaria sativa

6) (JE

(Arugula) Strong tasting spinach-like green common in Mediterranean markets. Popular in salads, or cooked and served like spinach.

\$8630-001 Seeds: Pkt/\$2.25, 100g/\$19, 1kg/\$110

#### SPINACH, BLOOMSDALE

Spinacea oleracea 'Bloomsdale'

ΘE

Long standing variety with thick, textured, dark green leaves very rich in iron and perfect for salads, soup or lightly steamed. Rich flavour without the strong metallic overtone as some heat tolerant varieties have. 43 days.

🍪 S8662-001 Seeds: Pkt/\$3, 100g/\$31, 1kg/\$200

#### **New! SPINACH, CORVAIR**

**ØE** Spinacea oleracea 'Corvair' A beautiful spinach with succulent oval dark green leaves that stand upright, ready for easy harvest. Adapts well to different growing situations and does well in spring or autumn. Reliable heavy yielder and highly resistant to downy mildew. S8662-101 Seeds: Pkt/\$3.75, 10M/\$14, 100M/\$120



(Cucurbita)

# Summer Squash

### **GREEN ZUCCHINI**

Cucurbita pepo

Very dark green skin covers flesh of greenish white, delicate tasting and tender whether picked early with their blossoms still attached or allowed to mature. Used sliced fresh at all stages in salads or as crudite, steamed or sauteed with herbs and garlic, grilled on the barbeque or in tantalizing zucchini bread. Young blossoms are edible as well! 55 days.

\$8664-001 Seeds: Pkt/\$2.25, 100g/\$23, 1kg/\$140

### **CROOKNECK SQUASH**

# Cucurbita moshata 'Crookneck'

ΘE

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Heirloom variety from the 1800s. Curved, club shaped fruit grows to 22cm/9" long with golden-yellow skin and creamy texture with a nutty sweet flavour, that can be eaten raw with dips, steamed, grilled, or poached in broth and served with herb butters and seasonings. Early summer variety. 55 days.

\$8665-001 Seeds: Pkt/\$2.25, 100g/\$23, 1kg/\$140

#### **BLACK BEAUTY SQUASH**

#### Cucurbita pepo

A zucchini squash with greenish-black skin and tender creamywhite flesh. Excellent for cooking and for freezing. Fruits are ready to eat when 15-20cm/6-8" long. Bushy plants take minimum space, perfect for crowded city gardens. Matures in 50 days and keeps producing for an extended time.

\$8666-001 Seeds: Pkt/\$1.75, 100g/\$23, 1kg/\$140

### EARLY PROLIFIC STRAIGHTNECK SOUASH

Cucurbita pepo 'Early Prolific Straightneck' Prolific yellow squash with excellent firm, fine-grained flesh. Clubshaped fruits are best eaten when 10-15cm/4-6" long. Delicious sliced and sautéed with zucchini, onion, garlic and herbs in olive oil and and butter. Bushy plants are heavy yielders, starting in 45-60 days. S8667-001 Seeds: Pkt/\$3.75, 100g/\$25, 1kg/\$160

# YELLOW PATTYPAN SQUASH

Cucurbita pepo 'Yellow Pattypan' ရှင် (Sunburst squash) Distinctive small disk-like squash with scalloped edges, like a toy top or a flying saucer. The flavour is pleasantly nutty. They are most tender when just 5-8cm/2-3" across. They can be steamed whole, or hollowed out, stuffed and baked, or they can be sliced and sauteed in butter until golden brown. They also make a most decorative container at the dinner table for other foods

when scooped out. Easy to grow. 49 days. \$\$\$668-001 Seeds: Pkt/\$3.75, 100g/\$38

## **GREEN PATTYPAN SQUASH**

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Cucurbita pepo 'Green Pattypan' Like the yellow variety, this is a distinctive small disk-like squash with scalloped edges, like a toy top or a flying saucer. The flavour is pleasantly nutty. They are most tender when just 5-8cm (2-3") across. They can be steamed whole, or hollowed out, stuffed and baked, or they can be sliced, sauteed in butter until golden brown. They also make a most decorative container at the dinner table for other foods when scooped out. Easy to grow. 49 days. \$\$\$668-201 Seeds: Pkt/\$3.75, 100g/\$38

# Winter Squash

#### SWEET DUMPLING SQUASH

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Cucurbita pepo 'Sweet Dumpling' (Vegetable gourd) Small 8cm/3in melons taste like a sweet winter squash. Delicious stuffed like bell peppers with meat and rice and baked.

S8400 Seeds: Pkt/\$1.75, 10g/\$7, 100g/\$49, 1kg/\$325

### BURGESS BUTTERCUP SQUASH

ßF Cucurbita maxima 'Burgess Buttercup' Unique, turban shaped fruit, deep dark green skin flecked and striped with grey. Flesh is deep orange with moist and very fine texture and sweet flavour that is high in fibre and beta carotene. These store well for winter use and are delicious baked, steamed or grilled using your favourite herb blend. 105 days. \$8663-001 Seeds: Pkt/\$2.25, 100g/\$31, 1kg/\$200

## WALTHAM BUTTERNUT SOUASH

Cucurbita moshata 'Waltham Butternut' ΩE Butternut type with smooth light-tan skin, orange flesh and nutty taste. Fruits are 20-30cm/8-10" long, 10cm/4" across, and weigh 1.5kg/3lbs. Delicious steamed, roasted and toasted, stuffed, or even raw in salads. Can be puréed or mashed for soups, casseroles, breads, and muffins. Grows as a vine but can bear big crops in small spaces. Stores well. 95 days.

S8663-501 Seeds: Pkt/\$1.75, 100g/\$24, 1kg/\$150



### SPAGHETTI SQUASH

Cucurbita pepo ΘE Egg-shaped squash with flesh that really does look like spaghetti. Delicious served hot with spaghetti sauce, cheese or butter, or chilled in salads. Melons keep for 1-2 months. S8670 Seeds: Pkt/\$1.75, 100g/\$11, 1kg/\$60



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#### SWISS CHARD, FORDHOOK GIANT

Beta vulgaris cicla 'Fordhook Giant'

Since 1934 this has been the standard green variety for home gardens. It is vigorous, tolerates heat and cold, and even tolerates partial shade. It is slow to bolt so the harvest period can last months. Young leaves can be added raw to salads and larger leaves are steamed, stir-fried or sautéed with olive oil and garlic or onion. Leaves 20cm/10" or shorter are best. Does well in large containers. 50-60 days.

S8671-801 Seeds: Pkt/\$1.75, 100g/\$15, 1kg/\$90

#### SWISS CHARD, RAINBOW

Beta vulgaris cicla 'Rainbow'

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Beautiful technicolour ornamental edible Swiss chard with big bright green leaves and stems in shades of either red, orange, purple, yellow or white. Very tender, delicious flavour and crunch. Real show stoppers in the garden and for flower arrangements. Succulent leaves used in salads, stir frys, sauteed or in casseroles. 60 days

S8672-001 Seeds: Pkt/\$2.25, 100g/\$30, 1kg/\$190



#### SWISS CHARD, RUBY RED

Beta vulgaris cicla 'Ruby Red'

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With a prominent display of bright crimson stalks and dark green crinkly leaves veined in red, this swiss chard is highly ornamental. Impressive in borders, cottage gardens, containers, and in vegetable gardens. Leaves are delicious when young in salads, and larger leaves can be steamed, stir fried, or sauted. Easy to grow. 55-60 days. S8672-101 Seeds: Pkt/\$1.75, 100g/\$33, 1kg/\$200

### **SYLVETTA**

Diplotaxis erucoides

(Wild arugula; White wall rocket) Wild relative of the ever popular roquette or arugula salad green. Described as spicy and pungent, this has become very popular in Europe, particularly in Germany and northern Italy. Extremely cold hardy and a very quick and easy crop. Leaves can be used fresh or added to pasta dishes. Grows to 30-38cm/12-15" in any good well-drained soil in full sun. Slower to bolt than roquette.

\$\$\$ \$\$675-001 Seeds: Pkt/\$3.75, 10g/\$9, 100g/\$60

#### TOMATILLO

Physalis ixocarpa 'Rendidora'

A fixture in Mexican salsa verde, the mildly hot green sauce served with tacos and chile rellenos. Resembles green tomatoes and ground cherries, but neither is a substitute for the tomatillo. Tomatillos will keep well through the winter if stored loose in a cool place. Easy to grow — rather like tomatoes. Start indoors 4-6 weeks before the last frost date for an early start.

S8685 Seeds: Pkt/\$1.75, 10g/\$23, 100g/\$160 **P8685 Plants: Plug pack: 12/\$12** 

# Tomato

(Lycopersicon)

#### **AMISH PASTE TOMATO**

Lycopersicon lycopersicum 'Amish Paste' GF Heirloom paste tomato with very large, heart shaped fruit, meaty interior with very little juice or seeds. Excellent flavour for sauces, catsup, purees, bruschetta and soups. 85 days. \$\$\$686-001 Seeds: Pkt/\$3.75, 10g/\$25, 100g/\$170, 1kg/\$1200

**P8686 Plants: Plug pack: 12/\$12** 

Lycopersicon lycopersicum 'Beefsteak' Prolific producer of very large, brilliant crimson scarlet fruit that has solid, meaty, deep red flesh, and nearly seedless. Good old fashioned "real" tomato flavour is excellent for slicing, soups, sauces, baked and more. 85 days.

S8688-001 Seeds: Pkt/\$3, 10a/\$8, 100a/\$53, 1ka/\$350 P8688 Plants: Plug pack: 12/\$12

#### **BRANDYWINE TOMATO**

Lycopersicon lycopersicum 'Brandywine' ΘE Heirloom variety from the 1800s producing medium-large fruits of dark reddish pink with an extremely fine distinctive flavour, of gourmet quality. Good for slicing, in salads and sandwiches. 74 days. S8689-001 Seeds: Pkt/\$3.75, 10g/\$25, 100g/\$180 **P8689 Plants: Plug pack: 12/\$12** 

#### **CURRANT TOMATO**

ßF Lycopersicon pimpinellifolium Indeterminate, vigorous vines with heavy foliage, red or yellow currant-sized fruits grow in clusters, intensely sweet flavour, perfect for relish trays, salads and snacking. Some staking required.

RED 65 davs.

\$\$\$ \$8689-801 Seeds: Pkt/\$3.75, 10g/\$39, 100g/\$270

-YELLOW 75 days. Less acidic than red.

S8689-901 Seeds: Pkt/\$3.75, 10g/\$27, 100g/\$190 P8689-900 Plants: Plug pack: 12/\$12



#### **New! LILIPUT TOMATO**

Lycopersicon pimpinellifolium 'Liliput' ရှ A Heirloom native from Brazil. Not commercially cultivated. Sweet tiny tomatoes

S8689-860 Seeds: Pkt/\$3.75

#### **ROMA TOMATO**

Lycopersicon lycopersicum 'Roma' **ØE** Small, plum shaped bright red fruit that is thick walled with meaty interior and few seeds. Fine tomato flavour that is excellent for paste, sauce, canning or freezing whole. Very prolific. 75 days. S8690-001 Seeds: Pkt/\$3, 10a/\$8, 100a/\$56, 1ka/\$370 P8690 Plants: Plug pack: 12/\$12

#### **SWEETIE TOMATO**

Lycopersicon lycopersicum 'Sweetie' Bright red fruit of over 2.5cm/1" in diameter are unusually sweet and flavourful with a high vitamin C content. Plants grow tall, so staking is recommended as the vine bears fruit in long clusters of 12 to 20 fruits. Great for snacking, salads and low sugar preserves. One of our favourite cherry tomatoes! 65 days. \$\$\$ \$8691-001 Seeds: Pkt/\$3.75, 10g/\$25, 100g/\$180

**P8691 Plants: Plug pack: 12/\$12** 

#### WATERMELON, CRIMSON SWEET

Citrullus lanatus 'Crimson Sweet'

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Produces 10kg/25lb fruits with juicy flesh that is bright red with old fashioned sweet flavour and fine texture. Great for slicing, in fruit salads and juicing...the rind is guite thick and lends itself to being its own tureen or punch bowl for soups and summer libation. 85 days.

😯 S8695-001 Seeds: Pkt/\$2.25, 100g/\$36, 1kg/\$240



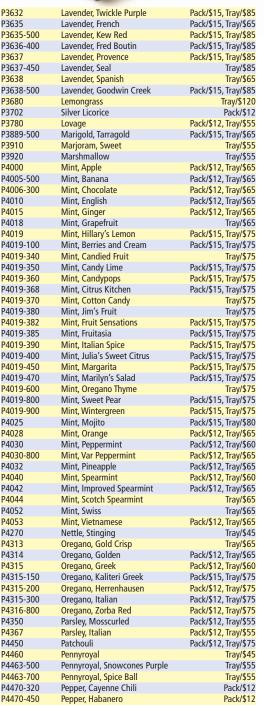
# Plug Packs & Trays

Richters plugs make it easy and economical to plant a beautiful landscape. If you are a commercial grower they make it easy to plant a field or grow potted plants to sell.

Plug packs come 12 plugs per pack and are shipped April-May. Minimum pack order is 2 packs. Order early to avoid disappointment!

Plug trays are planted to order in 128 cell trays (counted as 120 plugs). Please allow at least 8 weeks for delivery. Shipped from March to November. No cancellations after 4 weeks of order. Check our Ordering Information page for our plug tray cancellation policy.

P1145	Anise-Hyssop	Pack/\$12, Tray/\$55	P363
P1232	Aztec Sweet Herb	Pack/\$12, Tray/\$65	P363
P1240	Balm, Lemon	Pack/\$12, Tray/\$55	P363
P1255-100	Basil, Greek Bush	Pack/\$12	P363
P1256	Basil, Spicy Globe	Tray/\$50	P368
P1273	Basil, Genovese	Pack/\$12, Tray/\$55	P370
P1280	Basil, African Blue	Pack/\$12, Tray/\$65	P378
P1283-900	Basil, Pesto Perpetuo	Pack/\$15, Tray/\$80	P388
P1290	Basil, Thai	Pack/\$12, Tray/\$55	P39
P1300	Bay Laurel	Tray/\$120	P392
P1380	Bergamot	Pack/\$12, Tray/\$45	P400
P1380-050	Bergamot, Blue Stocking	Pack/\$15, Tray/\$65	P400
P1380-500	Bergamot, Marshalls Delight	Pack/\$15, Tray/\$80	P400
P1380-800	Bergamot, Rose-Scented	Pack/\$15, Tray/\$80	P40
P1381	Bergamot, Red	Pack/\$15, Tray/\$80	P40
P1670	Catnip	Pack/\$12, Tray/\$55	P40
			P40
P1679	Chamomile, English	Pack/\$15, Tray/\$70	P40
P1682	Chamomile, Roman	Pack/\$12, Tray/\$55	
P1790	Chives	Pack/\$12, Tray/\$40	P40
P1790-300	Chives, Grolau	Pack/\$12, Tray/\$55	P40'
P1793	Chives, Garlic	Pack/\$12, Tray/\$55	P401
P1798	Cicely, Sweet	Pack/\$15, Tray/\$75	P40'
P1825	Clove-Pink	Pack/\$12, Tray/\$45	P401
P1829	Clover, Dragon's Blood	Pack/\$15	P40'
P1891	Coriander, Vietnamese	Pack/\$12, Tray/\$65	P40'
P1892	Coriander, Mexican	Pack/\$12, Tray/\$65	P40'
P2061	Curry Plant, Miniature	Pack/\$12, Tray/\$65	P401
P2170	Dittany of Crete	Pack/\$15	P401
P2280	Echinacea	Pack/\$12, Tray/\$55	P401
P2280-500	Echinacea, White Swan	Pack/\$12, Tray/\$55	P401
P2281	Echinacea, Narrowleaf	Pack/\$15, Tray/\$65	P401
P2480	Feverfew	Pack/\$12, Tray/\$45	P40'
P2725	Fo-Ti	Pack/\$15, Tray/\$65	P40'
P2840-050	Geranium, Apple	Tray/\$120	P402
P2840-080	Geranium, Attar of Roses	Tray/\$120	P402
P2840-190	Geranium, Chocolate Mint	Tray/\$120	P403
P2840-200	Geranium, Cinnamon	Tray/\$120	P403
P2840-205	Geranium, Citrosa	Tray/\$120	P403
P2840-290	Geranium, Fingerbowl	Tray/\$120	P404
P2840-300	Geranium, Frensham Lemon	Tray/\$120	P404
P2840-450	Geranium, Lime	Tray/\$120	P404
P2840-520	Geranium, Nutmeg	Tray/\$120	P405
P2840-570	Geranium, Peacock	Tray/\$120	P405
P2840-700	Geranium, Rose	Tray/\$120	P42
P2840-850	Geranium, Strawberry	Tray/\$120	P43'
P2850-100	Geranium, Austrian Coral	Pack/\$12, Tray/\$55	P43'
P2850-200	Geranium, Austrian, Pink	Pack/\$12, Tray/\$55	P43
P2850-300	Geranium, Austrian, Red	Pack/\$12, Tray/\$55	P43'
P2858	Germander	Pack/\$12, Tray/\$55	P43
P3000	Gotu Kola	Pack/\$15, Tray/\$55	P43'
P3340	Horehound	Pack/\$12, Tray/\$45	P43
P3470	Hyssop	Pack/\$12, Tray/\$45	P43
P3508	Jessamine, Night Blooming	Pack/\$15, Tray/\$70	P436
P3605	Lamb's Ear, Woolly	Pack/\$12, Tray/\$45	P44
P3605	Lavender, English	Tray/\$75	P44
P3625 P3627	Lavender, Hidcote		P44
P3627 P3627-750		Pack/\$15, Tray/\$65	P440
P3627-750 P3628	Lavender, Lady Lavender, Munstead	Pack/\$15, Tray/\$65	P440
P3628 P3629	Lavender, Rosea	Pack/\$15, Tray/\$65	P44
73029	Lavenuel, NUSed	Tray/\$65	r 44.



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P4470-500	Pepper, Jalapeno	Pack/\$12
P4470-900	Pepper, Thai Chili	Pack/\$12
P4474-950	Periwinkle, Variegated	Tray/\$80
P4761	Pyrethrum, Painted Daisy	Tray/\$45
P4840	Rau Om	Tray/\$65
P5030 P5031	Rosemany Arr	Pack/\$15, Tray/\$75
P5031-700	Rosemary, Arp Rosemary, Barbecue	Pack/\$15, Tray/\$80 Pack/\$15, Tray/\$80
P5033	Rosemary, Blue Boy	Tray/\$80
P5033-800	Rosemary, Foxtail	Pack/\$15, Tray/\$80
P5034	Rosemary, Golden Rain	Tray/\$65
P5034-500	Rosemary, Gorizia	Pack/\$15, Tray/\$75
P5034-700	Rosemary, Huntington Carpet	Pack/\$15, Tray/\$75
P5037	Rosemary, Majorca	Tray/\$75
P5037-420	Rosemary, Pink Majorca	Pack/\$15, Tray/\$75
P5037-500	Rosemary, Rex	Pack/\$15, Tray/\$80
P5037-900	Rosemary, Santa Barbara	Pack/\$15, Tray/\$75
P5039	Rosemary, Tuscan Blue	Pack/\$15, Tray/\$80
P5164-060	Sage, Cherry Chief	Pack/\$15, Tray/\$75
P5164-070	Sage, Lowry's Peach	Pack/\$15, Tray/\$75
P5170	Sage, Garden	Pack/\$12, Tray/\$55
P5170-300	Sage, Berggarten	Tray/\$65
P5170-500	Sage, Dwarf Garden	Tray/\$55
P5171	Sage, Golden	Pack/\$15, Tray/\$65
P5171-500	Sage, Holt's Mammoth	Pack/\$12, Tray/\$65
P5172	Sage, Purple	Pack/\$15, Tray/\$65
P5173	Sage, Tricolor	Pack/\$15, Tray/\$65
P5180	Sage, Pineapple	Pack/\$12, Tray/\$65
P5190	Sage, White	Tray/\$95
P5191 P5195	Sage, Russian St. John's Wort	Pack/\$12, Tray/\$65
P5195 P5280-200	Santolina	Tray/\$55 Pack/\$12, Tray/\$65
P5280-300	Santolina, Green	Tray/\$80
P5289	Savory, Creeping	Tray/\$65
P5300	Savory, Winter	Tray/\$55
P5360	Scullcap	Tray/\$55
P5680	Sorrel, Garden	Tray/\$55
P5696	Sorrel, True French	Tray/\$80
P5710	Southernwood	Tray/\$65
P6030	Stevia	Pack/\$15, Tray/\$75
P6080	Strawberry, Alpine	Pack/\$12, Tray/\$55
P6200	Tarragon, French	Pack/\$15, Tray/\$80
P6440	Thyme, Caraway	Tray/\$55
P6450	Thyme, English	Pack/\$12, Tray/\$55
P6452	Thyme, Compact	Pack/\$12, Tray/\$65
P6455	Thyme, French	Tray/\$55
P6456	Thyme, Silver	Pack/\$12, Tray/\$65
P6458	Thyme, Lemon Carpet	Pack/\$15, Tray/\$65
P6459	Thyme, Creeping Lemon	Tray/\$65
P6460	Thyme, Lemon	Pack/\$12, Tray/\$65
P6462	Thyme, Golden Lemon	Pack/\$12, Tray/\$65
P6462-500 P6462-700	Thyme, Highland Cream Lemon	Tray/\$65
P6462-700 P6463	Thyme, Purple Carpet Thyme, Creeping	Pack/\$15, Tray/\$65 Pack/\$12, Tray/\$65
P6464	Thyme, Lavender	Pack/\$12, Tray/\$65
P6464-500	Thyme, Minus	Pack/\$15, Tray/\$65
P6465	Thyme, Nutmeg	Pack/\$12, Tray/\$65
P6465-700	Thyme, Orange Balsam	Pack/\$12, Tray/\$65
P6465-800	Thyme, Orange Spice	Pack/\$15, Tray/\$75
P6467-500	Thyme, Rose-Petal	Pack/\$15, Tray/\$65
P6470	Thyme, Wild	Pack/\$12, Tray/\$55
P6472	Thyme, Woolly	Pack/\$12, Tray/\$65
P6580	Valerian	Tray/\$55
P6605-100	Fish Mint, Chameleon	Pack/\$15, Tray/\$60
P6620	Verbena, Lemon	Pack/\$15, Tray/\$75
P6631	Vervain, Blue	Tray/\$55
P6940	Woodruff, Sweet	Pack/\$15, Tray/\$75
P6960	Wormwood	Tray/\$55
P6981	Wormwood, Silver King	Pack/\$15
P6982	Wormwood, Silver Mound	Pack/\$15, Tray/\$65
P6982-500	Wormwood, Silver Queen	Tray/\$75
P7000	Yarrow	Pack/\$12, Tray/\$55
P7005	Yarrow, Red	Pack/\$12, Tray/\$55

# Veggie Plugs

P8052	Broccoli, Calabrese	Pack/\$12
P8320	Eggplant, Japanese	Pack/\$12
P8340	Fennel, Florence	Pack/\$12
P8421	Kale, Lacinato	Pack/\$12
P8460	Leek	Pack/\$12
P8524	Onion, Walla Walla	Pack/\$12
P8531	Pepper, Cal Wonder	Pack/\$12
P8532	Pepper, Golden Cal Wonder	Pack/\$12
P8533	Pepper, Sweet Chocolate	Pack/\$12
P8685	Tomatillo	Pack/\$12
P8686	Tomato, Amish Paste	Pack/\$12
P8688	Tomato, Beefsteak	Pack/\$12
P8689	Tomato, Brandywine	Pack/\$12
P8689-900	Tomato, Yellow Currant	Pack/\$12
P8690	Tomato, Roma	Pack/\$12
P8691	Tomato, Sweetie	Pack/\$12

For more Veggie Plugs see richters.com/VeggiePlugs



# Home & Garden

#### ROOT-A-MAKER™ NATURAL ROOTING POWDER

If you start your own cuttings, this is the best rooting aid we have ever seen - and it's 100% natural! Compared to synthetic chemical rooting hormones, our tests show that Root-A-Maker makes cuttings root faster, and they grow on to be healthier and stronger plants. Made with Canadian organic humic acids and a special naturallyfungicidal clay, Root-A-Maker not only stimulates root formation, it protects the cut tissue from infection as the callus and roots form. Use it exactly like conventional artificial rooting hormones: just dip the cutting in the powder and plant. HW200 Rooting powder (409): \$12



#### BUG-A-BUG™ NEEM OIL

We can't tell you exactly what neem oil does because pest control laws are out-oftune with today's trend to safe, organic products. But we can tell you that this an excellent foliar spray for your plants. Neem, the wonder tree from India, has been used for centuries on plants. Harmless to humans and pets. Bug-A-Bug is a highly refined neem oil you make into your own plant spray: just add to water with a few drops of detergent, shake and spray. **HW210 Neem oil (113mL): \$**15

#### MAXICROP SEAWEED

Contains powerful growth hormones, vitamins and all trace elements needed by plants. Used in conjunction with your regular fertilizer it will increase yields, extend the storage life of fruits and vegetables, improve frost and disease resistance, retard senescence, and increase chlorophyll content. Seeds soaked in seaweed germinate better and develop thicker roots. Applied when growing conditions are extreme it relieves stress and encourages new growth. **T120 Powder:** 15( (makes 15L)/\$4, 1000/\$12

#### QR-HERBAL COMPOST MAKER

An amazing compost maker from England, made from 7 herbal ingredients which break down vegetable waste, manure and even garbage into rich organic compost. Satisfied customers tell us they use QR in the barn to control odour and flies. **T1300 Compost maker: \$5** 



#### SCANMASK

#### (Can,US only)

Predatory nematodes attack over 230 species of soil and boring insects including cutworms, gypsy moth larvae, grubs and weevils. Excellent against fungus gnats. Harmless to humans, pets, plants, earthworms, bees and ladybugs; can be used indoors. Apply 1 pint per 20m2 or 200 sq.ft.

T2600 Live nematodes (Apr-Nov shipment): 1 pint/\$29

#### VINYL LABELS

Long lasting, weatherproof labels made of sunproof vinyl. Will outlast any styrene, plastic or wood labels. Mixed colours — not available in separate colours. Comes with waterproof, sunproof, permament black marker.

T3500 Labels: Pkg of 50/\$10, Pkg of 1000/\$69

Makes biodegradable plant pots from newspaper!



Makes biodegradable plant pots from newspaper PotMaker makes plant pots from strips of old newspaper, ideal for starting young plants, seedlings or cuttings. PotMaker is easy to use - with just a twist of the wrist anyone can make pots, even a child. Helps recycle newspaper and lessens the need for plastics used to make plastic garden pots.

PotMakers make great gifts for your gardening friends. And if you need something new for your next fundraiser, order a case of PotMakers wholesale and sell them at a profit! See below for wholesale pricing.

PotMaker design and trademark registered Otto Richter and Sons Limited.

T3900 PotMaker: \$12.95 N3900-012 Display of 12 PotMakers: 12/\$94 N3900-020 Case of 20 PotMakers: 20/\$142



# HerbWild



# TEA BLENDS

CHAMOMILE SMOOTH DREAMS

Whether or not you have trouble sleeping, this tea will help you relax. Lemon balm added to soften the chamomile. **HW011 Tea Blend (55g):** \$9

#### MEGA VOLTAGE TEA

A morning jolt without the caffeine! Our own blend of 8 organic herbs and spices. Helps to fight colds and flus too! HW012 Tea Blend (100g): \$9

#### CUPID'S TONIC

Get in the mood with our invigorating "love potion" made with ginseng, damiana and 6 other, shall we say, stimulating herbs. **HW013 Tea Blend (100g):** \$9



# **ORGANIC SPICE BLENDS**

We searched the world over for the best organic ingredients for these outstanding blends. Each tin comes with a history of the blend and recipes.

#### **ETHIOPIAN BERBERE**

Berbere is the "signature" spice of Ethiopia. It is used in traditional stews, called wats, and in sauces and coatings for fried food. Add to stews, or mix with water or oil for a paste. HW022 Spice Blend (100g): \$8

#### CHINESE 5-SPICE

"5-spice" symbolizes nature's five elements in five basic flavours: sour, bitter, sweet, pungent and salty. 5-Spice adds wonderful character to stir fry dishes and marinades and mixes well with soy sauce, garlic and ginger.

HW024 Spice Blend (100g): \$8

#### HERBES DE PROVENCE

From the south of France we have the classic herbes de provence. Indispensible in salads, soups, quiches, casseroles, sauces, and in grilling, sautéing, steaming or baking. HW025 Herb Blend (100g): \$8

#### SAVORY MASALA

Masalas from India are typically fiery hot, but this one is smooth and more mild. Masala may be added to any dish while cooking, or a paste may be be made for coating and marinating. HW026 Spice Blend (100g): \$8

#### ZAHTAR

Zahtar is a Middle Eastern blend of herbs and spices, ground sumac leaves and sesame seeds. The sumac adds a wonderful lemony note. Used in hummus, dips, soups, and is traditionally mixed with oil to make a paste for grilling flatbread. HW027 Spice Blend (100q): \$8



# **BODY CARE**

#### ΤΑΚΕ-Α-ΗΙΚΕ!™

Current pest control laws, completely out of step with today's trend to natural, chemical-free products, prevent us from telling you what exactly this product does. But we can tell you to spray this on your skin and clothes before you hike and will notice that life's little irrations will go away. Take-A-Hike! contains wild yarrow, catnip and wormwood prepared in an infusion of witchhazel, with added essential oils of eucalyptus, lavender, rosemary, citronella, rose geranium and lemongrass. No preservatives and no 'chemical soup' on your skin. Smells nice too!



HW100 Take-A-Hike spray (113 mL): \$17

#### Poison Ivy Rescue Kit Jewelweed Spray, Salve & Soap

Ow!... the painful itchy rashes of poison ivy! The First Nations people long ago discovered a highly effective natural herbal antidote to the rash of poison ivy and poison oak. They learned to apply the native herb jewelweed to affected areas and like magic - the pain and itching goes away. And clinical studies have confirmed jewelweed's amazing ability to combat the effects of poison ivy and poison oak. Kit comes with soap, ointment and spray, all made with fresh jewelweed. Soap is used to wash the affected areas; ointment and spray are used to sooth and heal the inflamed skin. Kit includes: 4oz /113g bar of soap, 2oz/57g tin of ointment, 4oz/113mL bottle of spray.

HW130 Poison ivy rescue kit: \$53



# **Dried Herbs**

# Organic and Wildcrafted Dried Herbs!

Richters dried herbs are sourced from the best sources. They are either certified organic, organically grown, or wildcrafted. They are never fumigated or irradiated and never grown from genetically modified stock.

				D 11/ Cl	100 (40 1) (450
H1012	Agrimony herb cut	100g/\$8, 1kg/\$45	H2130	Devil's Claw roots cut	100g/\$8, 1kg/\$50
H1020-100	Alfalfa leaf powder	100g/\$8, 1kg/\$45	H2135	Devil's Club root bark cut	100g/\$21, 1kg/\$150
H1020	Alfalfa leaf cut	100g/\$7, 1kg/\$40	H2185	Dock, Curled roots cut	100g/\$8, 1kg/\$50
H1100	Allheal herb cut	100g/\$10, 1kg/\$65	H2190	Dong Quai root powder	100g/\$10, 1kg/\$65
H1110	Allspice berries whole	100g/\$8, 1kg/\$45	H2280-100	Echinacea pur. roots cut	100g/\$12, 1kg/\$80
	•		H2280-150	Echinacea pur. roots powder	100g/\$11, 1kg/\$75
H1130	Angelica root cut	100g/\$9, 1kg/\$55	H2281-050		100g/\$15, 1kg/\$100
H1150		, 100g/\$43, 1kg/\$330		Echinacea ang. roots cut	5 . 5
H1200	Prickly Ash bark cut	100g/\$11, 1kg/\$75	H2281-100	Echinacea ang. roots powder	100g/\$15, 1kg/\$105
H1210	Ashwagandha root powder	100g/\$9, 1kg/\$55	H2300-050	Elder, European berries whole	100g/\$8, 1kg/\$50
H1240	Balm, Lemon leaves cut	100g/\$8, 1kg/\$50	H2300	Elder, European flowers whole	100g/\$10, 1kg/\$65
H1270	Basil, Sweet leaves cut	100g/\$10, 1kg/\$65	H2320	Elecampane roots cut	100g/\$9, 1kg/\$55
H1298	Bayberry rootbark cut	100g/\$8, 1kg/\$50	H2330-050	Elm, Slippery bark cut	100g/\$12, 1kg/\$80
	, ,		H2330-100	Elm, Slippery bark powder	100g/\$13, 1kg/\$85
H1300-100	Bay Laurel leaves powder	100g/\$11, 1kg/\$75			
H1300	Bay Laurel leaves whole	100g/\$14, 1kg/\$95	H2360	Eucalyptus leaves cut	100g/\$8, 1kg/\$45
H1360	Benzoin gum powder	100g/\$9, 1kg/\$55	H2390	Eyebright herb cut	100g/\$10, 1kg/\$65
H1390	Betony herb cut	100g/\$7, 1kg/\$40	H2460	Fenugreek seeds whole	100g/\$5, 1kg/\$25
H1410-050	Bilberry berries whole	100g/\$16, 1kg/\$110	H2480	Feverfew leaves cut	100g/\$8, 1kg/\$50
H1410	Bilberry leaves cut	100g/\$8, 1kg/\$45	H2725	Fo-Ti root cut	100g/\$9, 1kg/\$55
	,		H2740	Frankincense gum cut	100g/\$8, 1kg/\$45
H1438	Blackberry root cut	100g/\$10, 1kg/\$60		5	
H1450	Bloodroot root cut	100g/\$18, 1kg/\$125	H2780	Garlic powder	100g/\$7, 1kg/\$40
H1467	Boneset herb cut	100g/\$9, 1kg/\$55	H2862-100	Ginger root powder	100g/\$8, 1kg/\$50
H1470	Borage herb cut	100g/\$10, 1kg/\$60	H2862-500	Ginkgo leaves cut	100g/\$7, 1kg/\$40
H1540	Buchu leaves cut	100g/\$18, 1kg/\$125	H2862	Ginger root cut	100g/\$8, 1kg/\$50
H1550	Buckthorn bark cut	100g/\$8, 1kg/\$45	H2863		, 100g/\$35, 1kg/\$265
	Bupleurum root powder		H2864	Ginseng, Siberian root powder	100q/\$8, 1kq/\$45
H1563		100g/\$11, 1kg/\$75			
H1567-100	Burdock roots cut	100g/\$8, 1kg/\$50	H2920-050		100g/\$41, 1kg/\$315
H1567-200	Burdock root powder	100g/\$9, 1kg/\$55	H2920-100	Goldenseal roots powder 10g/\$6	5 . 5
H1630	Calendula flowers whole	100g/\$13, 1kg/\$90	H3000	Gotu Kola herb cut	100g/\$9, 1kg/\$55
H1650	Caraway seeds whole	100g/\$5, 1kg/\$25	H3120-200	Hawthorn leaf & flower cut	100g/\$8, 1kg/\$45
H1658-100	Cardamom fruits powder	100g/\$18, 1kg/\$125	H3120	Hawthorn haw whole	100g/\$7, 1kg/\$40
H1658	Cardamom fruits (green) whole	100g/\$15, 1kg/\$100	H3300	Hops flowers whole	100g/\$15, 1kg/\$105
				Horehound leaves cut	
H1664	Cascara Sagrada bark cut	100g/\$8, 1kg/\$45	H3340		100g/\$8, 1kg/\$50
H1670	Catnip herb cut	100g/\$9, 1kg/\$55	H3360	Horseradish root cut	100g/\$11, 1kg/\$65
H1672-100	Cat's Claw root bark powder	100g/\$8, 1kg/\$45	H3365	Horsetail herb cut	100g/\$7, 1kg/\$40
H1672-500	Cedar branches cut	100g/\$7, 1kg/\$45	H3400	Hydrangea, American root cut	100g/\$8, 1kg/\$50
H1673	Celandine leaves cut	100g/\$6, 1kg/\$45	H3470	Hyssop herb cut	100g/\$8, 1kg/\$45
H1678	Centaury herb cut	100g/\$8, 1kg/\$50	H3491		100g/\$29, 1kg/\$215
			H3510	Joe-Pye Weed root cut	100g/\$11, 1kg/\$70
H1680	Chamomile, German flowers whol			,	
H1710	Chaparral herb cut	100g/\$6, 1kg/\$35	H3520	Juniper berries whole	100g/\$8, 1kg/\$45
H1712	Chastetree berries whole	100g/\$7, 1kg/\$40	H3531	Kava Kava root cut (Not to Can)	100g/\$13, 1kg/\$90
H1715	Cherry, Wild bark cut	100g/\$7, 1kg/\$40	H3560	Kudzu root cut	100g/\$8, 1kg/\$45
H1730	Chickweed herb cut	100g/\$7, 1kg/\$40	H3600	Lady's Mantle herb cut	100g/\$9, 1kg/\$55
H1740	Chicory, Wild root cut	100g/\$10, 1kg/\$60	H3625-050	Lavender, English flowers whole	100g/\$11, 1kg/\$75
			H3670	Lemon peel cut <b>(Not to US)</b>	100g/\$8, 1kg/\$50
H1798-510	Cinnamon bark cut	100g/\$8, 1kg/\$50			
H1798-520	Cinnamon bark powder	100g/\$10, 1kg/\$65	H3680	Lemongrass herb cut	100g/\$7, 1kg/\$40
H1798-530	Cinnamon bark whole	100g/\$11, 1kg/\$75	H3701-100	Licorice root cut	100g/\$8, 1kg/\$45
H1798-600	Cassia bark whole	100g/\$6, 1kg/\$30	H3701-110	Licorice root sliced	100g/\$8, 1kg/\$45
H1798-610	Cassia bark cut	100g/\$6, 1kg/\$30	H3715	Linden leaves & flowers cut	100g/\$11, 1kg/\$75
H1798-620	Cassia bark powder	100g/\$6, 1kg/\$30	H3744	Lobelia herb cut	100g/\$18, 1kg/\$125
			H3750	Lomatium root cut	100g/\$20, 1kg/\$145
H1830-100	Clover, Red flowers whole	100g/\$18, 1kg/\$130			
H1830	Clover, Red tops cut	100g/\$8, 1kg/\$45	H3800	Lungwort herb cut	100g/\$9, 1kg/\$55
H1831-050	Cloves buds powder	100g/\$9, 1kg/\$55	H3910	Marjoram, Sweet leaf cut	100g/\$6, 1kg/\$35
H1831	Cloves buds whole	100g/\$12, 1kg/\$80	H3920	Marshmallow root cut	100g/\$9, 1kg/\$55
H1839	Cohosh, Black root cut	100g/\$12, 1kg/\$80	H3960	Mayapple root cut	100g/\$8, 1kg/\$50
H1840	Cohosh, Blue roots cut	100g/\$8, 1kg/\$50	H3965	Meadowsweet herb cut	100g/\$8, 1kg/\$50
H1848	Coltsfoot leaves cut	100g/\$8, 1kg/\$50	H3991	Milkvetch, Chinese root cut	100g/\$8, 1kg/\$50
			H4030	Mint, Peppermint leaves cut	100g/\$8, 1kg/\$45
H1870-100	Comfrey, Common leaves cut	100g/\$8, 1kg/\$50			5 . 5
H1870-200	Comfrey, Common roots cut	100g/\$8, 1kg/\$50	H4040	Mint, Spearmint leaves cut	100g/\$8, 1kg/\$45
H1890	Coriander, Spice seed whole	100g/\$5, 1kg/\$25	H4069	Mistletoe leaves cut	100g/\$9, 1kg/\$55
H1894	Cornsilk silk cut	100g/\$8, 1kg/\$50	H4100	Motherwort herb cut	100g/\$8, 1kg/\$50
H1980	Crampbark bark cut	100g/\$18, 1kg/\$130	H4120	Mugwort leaves cut	100g/\$7, 1kg/\$40
H2050	Cumin seeds whole	100g/\$8, 1kg/\$45	H4125-050	Mullein flowers whole	100g/\$22, 1kg/\$160
			H4125	Mullein leaves cut	100g/\$8, 1kg/\$50
H2059	Curryleaf leaves cut (Not to US)	100g/\$8, 1kg/\$50			
H2098	Damiana leaves cut	100g/\$8, 1kg/\$50	H4150	Mustard, White seeds whole	100g/\$5, 1kg/\$25
H2100-050	Dandelion leaf cut	100g/\$9, 1kg/\$55	H4180	Myrrh gum cut	100g/\$8, 1kg/\$50
H2100	Dandelion root cut	100g/\$10, 1kg/\$65	H4270	Nettle, Stinging leaves cut	100g/\$8, 1kg/\$45

H4273	New Jersey Tea root cut	100g/\$9, 1kg/\$55	Ex
H4278-100	Nutmeg nuts powder	100g/\$18, 1kg/\$125	
H4278	Nutmeg nuts whole	100g/\$18, 1kg/\$125	
H4280	Oak, White bark cut	100g/\$8, 1kg/\$45	High
H4285	Oat straw whole	100g/\$6, 1kg/\$35	
H4299	Onion bulbs powder	100g/\$7, 1kg/\$40	Low a
H4311	Orange peel cut (Not to US)	100g/\$7, 1kg/\$40	
H4315	Oregano, Greek leaves cut	100g/\$12, 1kg/\$80	Super st
H4318-500	Oregon Grape root cut	100g/\$8, 1kg/\$50	extracts
H4319	Orris roots powder	100g/\$13, 1kg/\$95	best her
H4322-100	Osha root whole	100g/\$20, 1kg/\$140	liquid es
H4342	Paprika fruit powder	100g/\$8, 1kg/\$45	made 1:
H4440-100	Passion Flower, American herb cut	100g/\$10, 1kg/\$60	This me
H4450	Patchouli lvs cut	100g/\$8, 1kg/\$50	herb is s
H4455	Pau D'Arco bark cut	100g/\$6, 1kg/\$30	
H4460	Pennyroyal herb cut	100g/\$8, 1kg/\$50	liquid. T
H4469-100	Pepper, Black corns powder	100g/\$8, 1kg/\$50	alcohol
H4469	Pepper, Black corns whole	100g/\$8, 1kg/\$50	unless o
H4470-320	Pepper, Cayenne Chile chile powde	er 100g/\$7, 1kg/\$40	
H4474-900	Periwinkle herb cut	100g/\$8, 1kg/\$45	E1012
H4489	Pipsissewa herb cut	100g/\$8, 1kg/\$45	E1150
H4495	Plantain, Ribgrass herb cut	100g/\$8, 1kg/\$45	E1410
H4510	Pleurisy Root root cut	100g/\$11, 1kg/\$75	E1438-50
H4600	Pokeroot root cut	100g/\$8, 1kg/\$50	E1466
H4720	Poppy, California herb cut	100g/\$13, 1kg/\$90	E1567-10
H4733-200	Poppy, Blue Seed Opium seeds whole	100g/\$7, 1kg/\$20	E1633
H4733-300	Poppy, White Seed Opium seeds whole		E1650
H4790	Quassia wood chips cut	100g/\$7, 1kg/\$40	E1672-10
H4830	Raspberry leaves cut	100g/\$8, 1kg/\$45	E1676
H4900-100	Rhubarb, Chinese root powder		E1678
	Rhubarb, Chinese root cut	100g/\$9, 1kg/\$55	E1710
H4900		100g/\$10, 1kg/\$55	E1715
H5014	Rose buds/petals whole	100g/\$8, 1kg/\$50	E1798-20
H5020	Rose, Dog hips cut	100g/\$8, 1kg/\$45	E1890
H5030	Rosemary leaves cut	100g/\$6, 1kg/\$35	E1950
H5050	Rue herb cut	100g/\$10, 1kg/\$65	
H5170	Sage, Garden leaves cut	100g/\$9, 1kg/\$55	E2048
H5195-050	St John's Wort tops cut	100g/\$8, 1kg/\$45	E2190
H5284	Sarsaparilla, Wild roots cut	100g/\$11, 1kg/\$70	E2281
H5285	Sassafras bark cut	100g/\$13, 1kg/\$85	E2320
H5290-100	Savory, Summer leaves whole	100g/\$12, 1kg/\$80	E2330
H5290	Savory, Summer leaves powder	100g/\$7, 1kg/\$40	E2380
H5345	Schisandra berries whole	100g/\$10, 1kg/\$65	E2390
H5360	Scullcap herb cut	100g/\$11, 1kg/\$70	E2480
H5390	Sesame seeds whole	100g/\$5, 1kg/\$25	E2760
H5420	Shepherd's Purse herb cut	100g/\$8, 1kg/\$45	E2862
H5450	Skunk Cabbage root cut	100g/\$12, 1kg/\$80	E2862-50
H5688-100	Sorrel, Sheep herb powder	100g/\$10, 1kg/\$65	E2864
H5688	Sorrel, Sheep herb cut	100g/\$10, 1kg/\$60	E2908
H5850	Spikenard root cut	100g/\$15, 1kg/\$100	E2920-05
H6020	Partridgeberry herb cut	100g/\$20, 1kg/\$140	E2920-20
H6025-100	Star Anise fruit powder	100g/\$10, 1kg/\$60	E3120
H6025	Star Anise fruit whole	100g/\$9, 1kg/\$55	E3350
H6030-100	Stevia extract powder	100g/\$60, 1kg/\$35	E3715
H6030	Stevia herb cut	100g/\$9, 1kg/\$55	E3744
H6050	Stoneroot roots whole	100g/\$10, 1kg/\$65	E3850
H6180	Tansy herb cut	100g/\$8, 1kg/\$45	E3991
H6200	Tarragon, French leaves whole	100g/\$15, 1kg/\$100	E4100
H6290	Thistle, Blessed herb cut	100g/\$8, 1kg/\$45	E4120
H6450	Thyme, English herb cut	100g/\$7, 1kg/\$40	E4455
H6560	Turmeric root powder	100g/\$7, 1kg/\$40	E4470-32
H6563		100g/\$81, 1kg/\$635	E4488-80
H6565	Uva Ursi leaves cut	100g/\$8, 1kg/\$50	E4600
H6580	Valerian roots cut	100g/\$15, 1kg/\$100	E4800
H6620	Verbena, Lemon leaves cut	100g/\$8, 1kg/\$50	E5160
H6631	Vervain, Blue herb cut	100g/\$8, 1kg/\$50	E5195
H6820	Willow, White bark cut	100g/\$8, 1kg/\$45	E5345
H6850	Wintergreen herb cut	100g/\$8, 1kg/\$50	E5386
H6870-100	Witch-Hazel bark cut	100g/\$8, 1kg/\$50	E5460
H6870-200	Witch-Hazel leaves cut	100g/\$8, 1kg/\$50	E5688
H6870-200 H6960	Witch-Hazer leaves cut Wormwood herb cut		E6040
H6960 H6995	Yam, Wild roots cut	100g/\$8, 1kg/\$45	E6075
		100g/\$8, 1kg/\$50	E6310-09
H7000	Yarrow, White tops cut Yerba Santa herb cut	100g/\$8, 1kg/\$50	E6580
H7030 H7100		100g/\$10, 1kg/\$60	E6995
H7100	Yucca rootbark cut	100g/\$8, 1kg/\$50	
			10a = 1

# **Extracts**

# High potency. Low alcohol.

Super strength liquid extracts made from the best herbs. Richters liquid extracts are all made 1:3 in 20% alcohol. This means that 1 part herb is steeped in 3 parts liquid. The liquid is 20% alcohol and 80% water, unless otherwise noted.



	10g = 1/30	<b>z.</b> $100g = 3\frac{1}{2}$ oz.	
50	E6995	Yam, Wild root	50mL/\$21
5 <mark>0</mark>	E6580	Valerian root	50mL/\$20
50	E6310-090	Thistle, Milk seed	50mL/\$19
50	E6075	Strawberry, Wild leaf	50mL/\$10
15	E6040	Stillingia root	50mL/\$10
50	E5688	Sorrel, Sheep herb	50mL/\$18
50	E5460	Smilax bark	50mL/\$21
50	E5386	Senna, Indian leaf	50mL/\$10
15	E5345	Schisandra berries	50mL/\$24
50	E5195	St John's Wort herb	50mL/\$19
50	E5160	Safflower petal	50mL/\$17
00	E4800	Queen Anne's Lace herb	50mL/\$10
50	E4600	Pokeroot root	50mL/\$18
35	E4488-800	Pinkroot bark	50mL/\$15
10	E4470-320	Pepper, Cayenne Chile pod	50mL/\$15
10	E4455	Pau D'Arco bark	50mL/\$18
15	E4120	Mugwort herb	50mL/\$14
00	E4100	Motherwort herb	50mL/\$19
15		· · · · · · · · · · · · · · · · · · ·	
55 1E	E3850 E3991	Milkvetch. Chinese root	50mL/\$10
55	E3744 E3850	Mallow, Common herb	50mL/\$21
35	E3715 E3744	Lobelia herb	50mL/\$12
55	E3350 E3715	Linden flower & leaf	50mL/\$21
50	E3120 E3350	Horny Goat Weed herb	50mL/\$20
10	E3120	Hawthorn haw	50mL/\$20
	E2920-200	Goldenseal leaf	50mL/\$19
00	E2920-050	Goldenseal root	50mL/\$27
50	E2908	Goldenrod, European herb	50mL/\$18
55	E2864	Ginseng, Siberian root	50mL/\$20
+J 30	E2862-500	Ginkgo leaf	50mL/\$19
15	E2862	Ginger root	50mL/\$18
25	E2760	Garcinia fruit pulp	50mL/\$21
70	E2480	Feverfew herb	50mL/\$18
55	E2390	Eyebright herb	50mL/\$24
10	E2380	Evening Primrose herb	50mL/\$10
30	E2330	Elm, Slippery bark	50mL/\$21
35	E2320	Elecampane root	50mL/\$15
70	E2281	Echinacea, Narrowleaf root	50mL/\$25
15	E2190	Dong Quai root	50mL/\$20
55	E2048	Culver's Root root	50mL/\$12
55	E1950	Cowslip herb	50mL/\$10
35	E1890	Coriander, Spice seed	50mL/\$10
15	E1798-200	Cinchona bark	50mL/\$10
50	E1715	Cherry, Wild bark	50mL/\$21
55	E1710	Chaparral leaf	50mL/\$15
55	E1678	Centaury herb	50mL/\$10
15	E1676	Celery seed	50mL/\$15
10	E1672-100	Cat's Claw root bark	50mL/\$18
31	E1650	Caraway seed	50mL/\$10
20	E1633	Calumba root	50mL/\$10
90	E1567-100	Burdock root	50mL/\$18
50	E1466	Boldo leaf	50mL/\$19
75	E1438-500	Bladderwrack leaf	50mL/\$18
15	E1410	Bilberry leaf	50mL/\$21
15	E1150	Arnica, European flower	50mL/\$17
15	E1012	Agrimony herb	50mL/\$15
10			

1kg = 2.2 lbs 10kg = 22 lbs

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**WEIGHT CONVERSIONS** 

# Fragrance & Flavour | Books

# **Herbal Oils**

Pure essential oils and fragrance oils from natural sources only. Fragrance oils, denoted by an (F), are intended for scent purposes only and not for internal use.—CAUTION: Most essential oils can cause severe irritation if applied to the skin or ingested in their pure form. Essential oils should always be diluted in a carrier oil such as almond oil or olive oil before use.

on such as an		use.
T5040	Basil	4mL/\$6, 25mL/\$25
T5050	Bergamot	4mL/\$5, 25mL/\$20
T5052	Camphor	4mL/\$5, 25mL/\$15
T5055	Caraway	4mL/\$5, 25mL/\$15
T5062	Cedarwood	4mL/\$5, 25mL/\$15
T5065	Cinnamon, Leaf	4mL/\$5, 25mL/\$15
T5070	Citronella	4mL/\$5, 25mL/\$15
T5080	Clove	4mL/\$5, 25mL/\$15
T5100	Eucalyptus	4mL/\$5, 25mL/\$15
T5149	Frankincense	4mL/\$12, 25mL/\$48
T5157	Hibiscus(F)	4mL/\$5, 25mL/\$15
T5160	Honeysuckle(F)	4mL/\$5, 25mL/\$15
T5170	Jasmine(F)	4mL/\$5, 25mL/\$15
T5175	Juniper Berry	4mL/\$8, 25mL/\$40
T5180	Lavender	4mL/\$5, 25mL/\$15
T5200	Lemongrass	4mL/\$5, 25mL/\$15
T5210	Lilac(F)	4mL/\$5, 25mL/\$15
T5220	Lily of the Valley(F)	4mL/\$5, 25mL/\$15
T5230	Magnolia(F)	4mL/\$5, 25mL/\$15
T5240	Musk, Dark(F)	4mL/\$5, 25mL/\$15
T5250	Nutmeg	4mL/\$6, 25mL/\$20
T5290	Sweet Orange	4mL/\$5, 25mL/\$15
T5295	Oregano	4mL/\$7, 25mL/\$35
T5300	Patchouli	4mL/\$6, 25mL/\$20
T5310	Peppermint, Natural	4mL/\$5, 25mL/\$15
T5315	Petitgrain	4mL/\$5, 25mL/\$15
T5330	Rosemary	4mL/\$5, 25mL/\$15
T5340	Rose(F)	4mL/\$5, 25mL/\$15
T5342	Rose Geranium	4mL/\$11, 25mL/\$60
T5350	Sage	4mL/\$6, 25mL/\$25
T5360	Sandalwood	1mL/\$25, 4mL/\$75
T5370	Spearmint, Natural	4mL/\$5, 25mL/\$15
T5380	Tangerine	4mL/\$5, 25mL/\$15
T5382	Tea Tree	4mL/\$5, 25mL/\$15
T5385	Thyme	4mL/\$6, 25mL/\$25
T5390	Wintergreen	4mL/\$5, 25mL/\$15
T5395	Ylang-Ylang	4mL/\$5, 25mL/\$20
T5398	Zaatar	4mL/\$6, 25mL/\$20

# Food & Drink

#### MRS. RICHTER'S SPECIAL HERBAL TEA **BLEND**

Exquisite blend of five herbs, painstakingly harvested and dried in Mrs. Richter's special way. Its unique flavour and aroma will please all who try it. Both refreshing and relaxing — a special delight for anytime.

N7000 Tea blend: 20g/\$6, 100g/\$19

#### **RENESSENCE™**

Rene Caisse's famous tonic tea prepared according to Dr. Gary Glum's recipe. Our blend contains high quality organically grown or wildcrafted herbs mixed exactly to Dr. Glum's directions. Contains burdock, slippery elm, sheep sorrel and Chinese rhubarb (also known as 'Turkey rhubarb').

N5000 Herb mix: 50g (20 day supply)/\$19, 1kg/\$105

#### **SWEDENBITTERS**

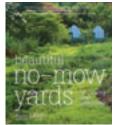
Healing Gift from Sweden! The recipe given by the famous herbalist, Maria Treben, in her book, Health From God's Garden. "There is hardly any illness where Swedish Bitters is not of benefit" (excerpt from Maria Treben's book). N4120 Powder: 35g (makes 700 mL)/\$19



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Varieties for Growing, Crafting, and Cooking, Sarah Berringer Bader. A coterie of professional and amateur enthusiasts in the New World are challenging Old World supremacy in lavender by developing homegrown expertise in growing and improving lavender for North American conditions. This is a beautiful compilation of deep knowledge from years of experience growing lavender in America. 192 pp. Hardcover B6181: \$28

**New! THE CHINESE MEDICINAL HERB FARM:** A Cultivator's Guide to Small-Scale Organic Herb Production, Peg Schafer. Chinese medicinal herbs

often seem like an inaccessible world to Western herb enthusiasts, especially to those who like grow their own. Too often the only alternative is to use imported herbs of uncertain quality. But a small industry has developed in America growing Chinese herbs using safe organic methods. This is the first book to focus on commercial cultivation in the West, and already it is a must-have bible. 312 pp. Softcover **B1750:** \$35





# **Ordering Information**

#### What is the minimum order?

Except for plants, there is no minimum order. For plants the minimums are: Potted plants - 6; Roses - 3; Plug Packs - 2; Plug Trays - 1.

#### What shipping charges apply?

See order form for shipping charges.

#### What are the applicable taxes?

No taxes apply to U.S. and international orders. For customers in ON, NB, NF add 13% HST. For customers in NS add 15% HST. For customers in PE add 14% HST from April 1. For customers in BC add 12% HST until March 31 or add 5% GST from April 1. For customers elsewhere in Canada add 5% GST.

#### What payment methods do you accept?

Cheque or money order in either Canadian or US currency, or Visa and Mastercard. No COD orders accepted.

#### Do you accept returns?

All perishable goods such as seeds, rootstock, bulbs and plants cannot be returned. With prior authorization, all non-perishable goods may be returned for credit. A 20% re-stocking charge will apply. Contact customer service for authorization.

#### How do you handle back orders?

Perishable seeds, rootstock, bulbs and plants may be back ordered and shipped when ready. All back ordered items will be charged at time of order. Out of stock items will be back ordered if expected within a few months. We won't back order if the total value is less than \$5.

### How will my order be shipped?

Seeds are generally shipped by mail, plants by UPS, Canpar or Xpresspost and all other items by surface mail or UPS. No matter where you live in Canada or the United States, we can deliver herb plants safely. We use our own patented shipping container that withstands the tough handling of today's delivery services. Plants are guaranteed to arrive safely!

### When will my order be shipped?

We cannot ship perishable items, such as plants, bulbs, etc. until our weather permits. All other items are shipped as soon as we process your order. Seasonal items (e.g. short-lived seed or rootstocks) are shipped in season. The main plant shipping season is April to June. This may not coincide with the planting season in your area. Because of sheer volume in spring, some plant orders may not be shipped until early June. If you wish to specify an earlier shipping date on your order, we will try to accommodate you, but we cannot guarantee that date. We ship plants till November, weather permitting.

### What if I have problems with my order?

Occasionally shipments are delayed, damaged or lost in transit, or there may be packing, invoicing or other errors. Please contact our customer service department for assistance. Please note that claims for damaged plants must be substantiated by photos emailed to **custserv@richters.com** (maximum 4MB file size) within 48 hours of delivery.

#### How do I contact customer service?

You can contact us by mail, phone or fax. You can also contact us at: www.richters.com/CustomerCare.



# **Commercial Growers**

Check our online GrowerZone resources at www.growerzone.com.

**Prices:** While we try to maintain pricing in the face of fluctuating currency markets and uncontrollable market conditions, we reserve the right to change prices without notice.

**Discounts:** A 10% early booking discount applies to plug tray orders placed prior to November 30 for delivery next season.

**Billing:** Plug trays are invoiced at 100% at time of order booking. Freight is also charged at this time. If paying by cheque, please include full payment including the freight charge with your order. Customers with established accounts with credit terms are billed at time of shipping.

**Cancellations:** Orders must be cancelled in writing. Because plug trays are planted to order there is no credit or refund if cancelled after 4 weeks. Plug tray orders will be fully credited or refunded if cancelled within 2 weeks of ordering; or 50% if cancelled within 4 weeks.

**Delivery:** Seeds are shipped year round, but some seeds are only available seasonally. Plug trays are shipped weather permitting and depending on availability. Please specify your preferred shipping date and we will do our best to meet your requirements, but we cannot guarantee that we will ship on that date.

**Shipping:** Shipping method is at the discretion of Richters based on your location, cost and the time of year. Our standard method for plug trays is either UPS or Xpresspost; for seeds and other goods, surface mail or ground courier. You may specify an alternate carrier and pay freight at cost.

**Claims:** Occasionally shipments are delayed, damaged or lost in transit. Claims must be made within 48 hours of delivery. Claims for damage must be substantiated by photos emailed to **custserv@richters.com** (maximum 4MB email size). Richters Customer Service staff will be happy to assist you.

**Phytosanitary certificates:** CANADA: Not required. USA: Supplied free of charge for all seed and plant orders. INTERNATIONAL: Please check with your Department of Agriculture for import requirements and restrictions for seeds. Phytosanitary certificates are provided at cost where required.

Warranty: Richters guarantees plants to be true to name and healthy when shipped. Plants may vary in appearance depending on season and stage of growth. While we endeavour to supply only the highest quality seed and plant material, no warranty concerning the identity, germination or productiveness of seeds sold, or guarantee of delivery, is expressed or implied. Any liability is strictly limited to the purchase price; we do not assume responsibility for incidental loss.







2013 terb of the Yea Elderberr

> 1.905.640.6641 Email:

OrderDesk@Richters.com Web:

www.Richters.com



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					Richters
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					www.richters.com
					Phone
					Call 9 am to 5 pm ET, Monday to Friday 1-905-640-6677
					1-905-040-0077
					<b>Fax</b>
					1-905-640-6641
					Email
					orderdesk@richters.com
					Mail
					Richters
					357 Highway 47
					Goodwood, Ontario, LOC 1AO Canada
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Add extra sheets if you need more space.

#### CALCULATE YOUR SHIPPING CHARGES HERE

POSTAL CODES	PLANTS & PLUG PACKS*	ROSES	SEEDS	OTHER ITEMS Dried herbs, extracts, gardening supplies, oils, books, etc.
H-P	\$9 + 30¢/pot + \$1/pack	\$10 + \$1.75/rose	\$6 + if you ordered kilogram (kg) seed items add \$2/kg.	8 + 2/kg for kilogram (kg) items + 5% of value of other items under 1kg. If you ordered seeds also, deduct \$6.
B-G, R-S	\$18 + 85¢/pot + \$2.50/pack	\$12 + \$2/rose	\$6 + if you ordered kilogram (kg) seed items add \$3/kg.	\$9 + \$3/kg for kilogram (kg) items + 7% of value of other items under 1kg. If you ordered seeds also, deduct \$6.
A, T-Y	\$19 + \$1.30/pot + \$4/pack	\$14 + \$3/rose	\$6 + if you ordered kilogram (kg) seed items add \$4/kg.	\$10 + \$4/kg for kilogram (kg) items + 10% of value of other items under 1kg. If you ordered seeds also, deduct \$6.
Air Stage Points**	\$28 + \$2.20/pot + \$7/pack	\$16 + \$13/rose	\$6 + if you ordered kilogram (kg) seed items add \$7.50/kg.	\$15 + \$7.50/kg for kilogram (kg) items + 20% of value of other items under 1kg. If you ordered seeds also, deduct \$6.

\*For plug tray shipping charges please call 1-800-268-4372.

\*\* Some very remote northern destinations in postal codes beginning with A, G, J, and P-Y are designated "Air Stage" points by Canada Post. To check if your postal code is an air stage point visit <u>www.richters.com/AirStagePoints</u>

#### For large or heavy shipments, postage may be charged at cost instead of using the above rates.

If you are not in Canada, please contact us for shipping charges for your area or go online www.richters.com

#### DELIVERY

Small orders will be shipped by Letter Mail if possible. Other non-plant orders will be shipped by Parcel Post. Delivery times range from 2-7 business days.

Potted plant, plug pack and plug tray orders will be shipped by Xpresspost. Rose orders will be shipped by Parcel Post. Most plant orders placed before April 15 will be shipped during the main shipping season from April 15 to June 15. Due to potential frost hazard we cannot ship until our weather conditions permit. This may mean that your plants will arrive several weeks after optimum spring planting time in your area. Orders placed after April 15 will be shipped as soon as possible.

If you require faster delivery please contact our customer service department at custserv@richters.com or 1-905-640-6677 for shipment options and rates.